

FINAL RACE INSTRUCTIONS 2025



Organised by the Dorset Doodlers running club and local volunteers.

The race starts at 10:30am on Sunday 26th October 2025. **Please note the clocks go back overnight so you have an extra hour in bed!**

The race is predominantly trail, with some road with marshalled crossings and over 1600ft of ascent. As such, please wear trail shoes and note there will be mud, uneven ground and technical descent sections on Hod and Hambledon hills. This is an area of outstanding beauty so **please only leave your footprints and only take photos.**

There is livestock on the course, with sheep on Hod and cows on Hambledon.

CAR PARKING IS LIMITED, SO WE DO ENCOURAGE YOU TO CAR SHARE PLEASE.

As you approach Shillingstone we will have car parking signs and/or marshals directing you to the most suitable car park. We have lost the use of one of our main car parks, the area behind the station, so will be using Child Okeford Primary School in its place for cars coming from the Sturminster and Shaftesbury directions (with a short minibus shuttle service to drop you closer to Shillingstone). Please allow plenty of time to get from the car parks to Race HQ, as this may take 15 minutes or more, and you also then need 5-10 minutes to get from Race HQ to the start.

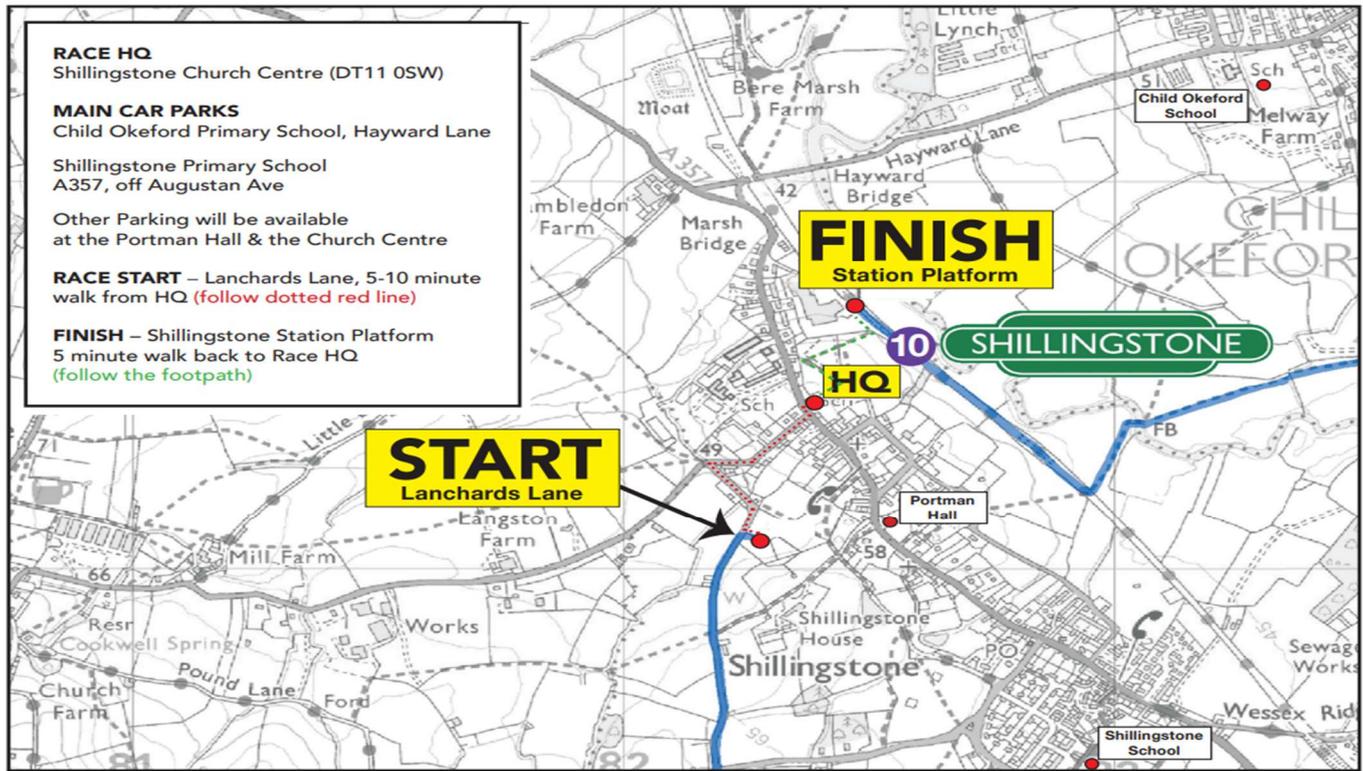
You will need to collect your race numbers from registration at Race HQ which will be open from 08:30am. The Race HQ is based at Shillingstone Church Centre (see map below), where there will be tea/coffee and homemade cakes available.

Please note that the start is a 5-10 minute walk from Race HQ, located off Lanchards Lane (see map below). As you walk to the start please stick to the left-hand side of the road, taking care as you cross the A357, as none of the roads are closed. We start in a private field and the owners have kindly requested no 'country wees' so please do use the toilets and portaloos at Race HQ!

The race finishes on the platform at Shillingstone Station and is a 5 minute walk back to Race HQ (see map below).

We have a strict cut off time of 75 minutes at the halfway point at Durweston road crossing (the cut off is there for your safety and wellbeing, so please listen to our marshals).

We have three water stations – first one at the top of Okeford Hill, just after the beacon, next at Durweston Mill (halfway) and the final one at the bottom of the tricky chalk hill path up Hambledon Hill. The race is CUPLESS.



Please follow the signs and listen to the marshals, in particular at Durweston, as you approach the halfway point and cross the main A357 road. Please cross the road only as directed by marshals, it's a brilliant race and we want you to get back in one piece.

Race results, from Race Timing Solutions, will be available on our website after the race. Please email results@racetimingsolutions.co.uk with any results queries.

There are cakes, hot drinks and refreshments available at Race HQ, and also at the finish from the café at Shillingstone station.

Charles Whitton and his team will be out on the course taking photos, which will be available shortly after the event at: <https://bit.ly/TheStickler2025-CharlesWhittonPhotography>

There are a number of great local pubs serving delicious food for after the race, such as the Old Ox, The Fontmell, The Fiddleford Inn, The White Horse at Hinton St Mary and The White Horse at Stourpaine. Book a table to avoid disappointment.

Finally huge thanks to:

- Our sponsors Van Haven, Honeybuns, Hall & Woodhouse and Friars Moor.
- All of the volunteers who have helped make this race happen either as a marshal out on the course or at the water stations, and those helping at registration and setting up before the race.

If you have any queries please email: director@thestickler.co.uk

See you on Sunday 26th (and don't forget the extra hour),

Adam Frampton.

Stickler Race Director.