

Time	Item/Task	Auditorium	Speaker	Conference Rm 5
Friday				
4pm - 6pm	Registration opens - please join us today to register your attendance & a welcome sausage sizzle on the lawn			
6pm	Welcome			
6:15pm - 7:30pm	Meeting	Meeting <b>S</b> - So, I'm an alcoholic	ID meeting	
Saturday				
6:45AM	Registration opens			
7am - 7:45am	Meditation - Run by Daksh			
7:45am - 8:45am	Breakfast in the marquee			
9AM	Welcome			
9:15am - 10:15am	Meetings	Meeting <b>O</b> - One day at a time	Teacher Ben - then members will be invited to share	Al-Anon meeting 1 - Topic: Benefits of Fellowship
10:15am - 10:45am	Morning Tea in the marquee & Music by Kate			
10:45am - 11:45pm	Meeting & workshop	Meeting <b>B</b> - Bravery & courage	Kiama Debbie - then members will be invited to share	AA workshop - Topic: Service - How AA spreads its message" Run by Rona
12:00pm - 1:00pm	AA Meeting & Al-Anon workshop	Meeting <b>R</b> - Resentments & what to do with them	Gary S (Albion Park) - then members will be invited to share	Al - Anon Workshop 1 - Topic: Focus on us, not them - detachment with love/surrender/serenity/let go & let God. Speakers: sam, Kate & Kerrie
1:00pm - 2:15pm	Lunch in the marquee & Music with Tony			
2:15pm - 2:45pm	AA Sobriety countdown with Al-Anon participation			
2:45pm - 3:45pm	Meeting	Meeting <b>I</b> - It works if you work it	Helen S (West Wollongong) - then members will be invited to share	
4pm - 5:00pm	Meetings	Meeting <b>E</b> - Easy does it	Little Steve (Corrimal) - then members will be invited to share	Al - Anon meeting 2 - Topic: Adult Children - hosted by Albion Park Rail group
6pm onwards	Dinner in the marquee & Music with Kate & Meg			
7:15pm for 7:30pm start	Trivia in the Auditorium  expected 9:30pm finish			
Sunday				
7:30AM	Registration opens			
8am - 9am	Break fast			
8:45am	Welcome			
9am - 10am	Meeting	Meeting <b>T</b> - To thine own self be true	Kaye (Corrimal) - then members will be invited to share	
10:15am - 11:15am	Meeting	Meeting <b>Y</b> - Your experience, strength & hope	ID meeting	
11:15am - 11:30am	Thankyou & farewell			

*Sobriety By The Sea*

