

## Get to know your school-based therapist

# Erin Yancey, Psy.M

Meet Child and Adolescent Behavioral Health's Erin Yancey, who is the school-based therapist at Alliance Intermediate School.

Erin, who graduated from Central Catholic High School in Springfield, went on to earn her bachelor's degree in psychology from the University of Dayton with a minor in biology and criminal justice and is attending Wright State University School of Professional Psychology for graduate school.

Erin said the best part of her job is, "Helping children feel seen, valued and capable are some of the things that I love about my job!"

Hobbies: Crafting, spending time with my family and dogs, walking, and reading

Favorite book: Harry Potter Favorite movies: 27 Dresses

Child and Adolescent Behavioral Health's (C&A's) school-based consultation services include behavioral health screening and referral, crisis intervention, student social/emotional skill development and behavioral health and wellness education, community linkage and referrals, parent/guardian engagement/education, CARE team meetings and collaboration with school staff. When indicated, students may receive formal diagnostic and treatment services, provided at the school, by the school-based therapist.

- Students are referred to counseling by school staff and CARE teams to screen for mental health or substance issues
- Parents are asked to be engaged in the process
- C&A will assist with linking families to community resources as needed.
- C&A's clinical staff collaborates closely with school staff to enhance a supportive social/ emotional school environment





For more information, call 330-433-6075 www.childandadolescent.org

### Services at a Glance

#### Child and Adolescent Behavioral Health (C&A)

MISSION STATEMENT: Working together to be the premier resource for emotional and behavioral health services and products that help children, youth, and families successfully meet life's challenges.

Ages Served: Birth – 24 years old

**Locations:** Services may be offered in homes, schools, C&A's four Stark County offices, and other community locations throughout Stark County.

#### Services and Programs Available:

Case Management Prevention and consultation services

Diagnostic Assessment Psychiatric evaluations/medication management
Dialectical Behavioral Therapy Sexually Inappropriate Behavioral Remediation

Early Childhood Consultation and Treatment

Substance Abuse Treatment

Individual and Family Therapies Transitional Aged Youth Services
Intensive home-based services/MST Trauma Focused CBT

Parenting Skills Development Trauma Informed Day Treatment

Peer Mentoring Services

#### Concerns Addressed (include but are not limited to):

Anxiety LGBTQ

Autism Spectrun Disorders

Bereavement, grief and loss

Oppositional and conduct disorders

Parent/child relationship issues

Bullying Psychosis

Court/Legal Involment School difficulties
Depression/mood disorders Self-injurious behaviors

Disruptive behaviors

Divorce, separation, and loss

Social/relationship issues
Substance use/abuse

Emotional regulation/anger management Trauma - physical, sexual abuse

Fetal Alcohol Spectrum Disorders