



Get to know your school-based therapist

Tiffany Martin, LPCC-S

Meet Child and Adolescent Behavioral Health's Tiffany Martin, who is the school-based therapist at Lake Middle/High School.

Tiffany, who graduated from Lake High School went on to earn her bachelor's degree in psychology and minored in child and family development and earned her master's degree in community counseling at the University of Akron.

Tiffany said, the best part of her job, "seeing growth in the kids I work with."

Hobbies: camping, video games and time with family

Favorite book: Anything by Karen Kingsbury

Favorite movies: *Hunger Games*

Child and Adolescent Behavioral Health's (C&A's) school-based consultation services include behavioral health screening and referral, crisis intervention, student social/emotional skill development and behavioral health and wellness education, community linkage and referrals, parent/guardian engagement/education, CARE team meetings and collaboration with school staff. When indicated, students may receive formal diagnostic and treatment services, provided at the school, by the school-based therapist.

- Students are referred to counseling by school staff and CARE teams to screen for mental health or substance issues
- Parents are asked to be engaged in the process
- C&A will assist with linking families to community resources as needed.
- C&A's clinical staff collaborates closely with school staff to enhance a supportive social/emotional school environment



Child & Adolescent
Behavioral Health

Improving Lives Since 1976.



For more information, call 330-433-6075
www.childandadolescent.org

Services at a Glance

Child and Adolescent Behavioral Health (C&A)

MISSION STATEMENT: Working together to be the premier resource for emotional and behavioral health services and products that help children, youth, and families successfully meet life's challenges.

Ages Served: Birth – 24 years old

Locations: Services may be offered in homes, schools, C&A's four Stark County offices, and other community locations throughout Stark County.

Services and Programs Available:

Case Management
Diagnostic Assessment
Dialectical Behavioral Therapy
Early Childhood Consultation and Treatment
Individual and Family Therapies
Intensive home-based services/MST
Parenting Skills Development
Peer Mentoring Services

Prevention and consultation services
Psychiatric evaluations/medication management
Sexually Inappropriate Behavioral Remediation
Substance Abuse Treatment
Transitional Aged Youth Services
Trauma Focused CBT
Trauma Informed Day Treatment

Concerns Addressed (include but are not limited to):

Anxiety
Autism Spectrum Disorders
Bereavement, grief and loss
Bullying
Court/Legal Involvement
Depression/mood disorders
Disruptive behaviors
Divorce, separation, and loss
Emotional regulation/anger management
Fetal Alcohol Spectrum Disorders

LGBTQ
Oppositional and conduct disorders
Parent/child relationship issues
Psychosis
School difficulties
Self-injurious behaviors
Social/relationship issues
Substance use/abuse
Trauma - physical, sexual abuse