Get to know your school-based therapist

Amy Perkins, MA, LPC

Meet Child and Adolescent Behavioral Health's Amy Griffiths, who is the school-based therapist at GlenOak High School.

Griffiths, who graduated from GlenOak High School, went on to earn her bachelor's degree in psychology and her master's degree in clinical mental health counseling from the University of Akron.

Griffiths said the best part of her job is, "seeing clients become more confident in themselves."

Hobbies: Video games, reading
Favorite book: *Ready Player One* by Ernest Cline
Favorite movies: *Everything, Everywhere, All at Once*

Child and Adolescent Behavioral Health's (C&A's) school-based consultation services include behavioral health screening and referral, crisis intervention, student social/emotional skill development and behavioral health and wellness education, community linkage and referrals, parent/guardian engagement/education, CARE team meetings and collaboration with school staff. When indicated, students may receive formal diagnostic and treatment services, provided at the school, by the school-based therapist.

- Students are referred to counseling by school staff and CARE teams to screen for mental health or substance issues
- Parents are asked to be engaged in the process
- C&A will assist with linking families to community resources as needed.
- C&A's clinical staff collaborates closely with school staff to enhance a supportive social/emotional school environment

C&A Child & Adolescent Behavioral Health
an affiliate of Goodwill Industries

PLAIN LOCAL SCHOOLS

For more information, call 330-433-6075
www.childandadolescent.org

Services at a Glance

Child and Adolescent Behavioral Health (C&A)

MISSION STATEMENT: Working together to be the premier resource for emotional and behavioral health services and products that help children, youth, and families successfully meet life's challenges.

Ages Served: Birth – 24 years old

Locations: Services may be offered in homes, schools, C&A's four Stark County offices, and other community locations throughout Stark County.

Services and Programs Available:

Case Management
Diagnostic Assessment
Dialectical Behavioral Therapy
Early Childhood Consultation and Treatment
Individual and Family Therapies
Intensive home-based services/MST
Parenting Skills Development
Peer Mentoring Services
Prevention and consultation services
Psychiatric evaluations/medication management
Sexually Inappropriate Behavioral Remediation
Substance Abuse Treatment
Transitional Aged Youth Services
Trauma Focused CBT
Trauma Informed Day Treatment

Concerns Addressed (include but are not limited to):

Anxiety
Autism Spectrun Disorders
Bereavement, grief and loss
Bullying
Court/Legal Involment
Depression/mood disorders
Disruptive behaviors
Divorce, separation, and loss
Emotional regulation/anger management
Fetal Alcohol Spectrum Disorders
LGBTQ
Oppositional and conduct disorders
Parent/child relationship issues
Psychosis
School difficulties
Self-injurious behaviors
Social/relationship issues
Substance use/abuse
Trauma - physical, sexual abuse