

Get to know your school-based therapist

Amy Griffiths, MA, LPC

Meet Child and Adolescent Behavioral Health's Amy Griffiths, who is the school-based therapist at GlenOak High School.

Griffiths, who graduated from GlenOak High School, went on to earn her bachelor's degree in psychology and her master's degree in clinical mental health counseling from the University of Akron.

Griffiths said the best part of her job is, "seeing clients become more confident in themselves."

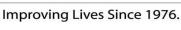
Hobbies: Video games, reading

Favorite book: Ready Player One by Ernest Cline **Favorite movies:** Everything, Everywhere, All at Once

Child and Adolescent Behavioral Health's (C&A's) school-based consultation services include behavioral health screening and referral, crisis intervention, student social/emotional skill development and behavioral health and wellness education, community linkage and referrals, parent/guardian engagement/education, CARE team meetings and collaboration with school staff. When indicated, students may receive formal diagnostic and treatment services, provided at the school, by the school-based therapist.

- Students are referred to counseling by school staff and CARE teams to screen for mental health or substance issues
- Parents are asked to be engaged in the process
- C&A will assist with linking families to community resources as needed.
- C&A's clinical staff collaborates closely with school staff to enhance a supportive social/ emotional school environment







For more information, call 330-433-6075 www.childandadolescent.org

Services at a Glance

Child and Adolescent Behavioral Health (C&A)

MISSION STATEMENT: Working together to be the premier resource for emotional and behavioral health services and products that help children, youth, and families successfully meet life's challenges.

Ages Served: Birth – 24 years old

Locations: Services may be offered in homes, schools, C&A's four Stark County offices, and other community locations throughout Stark County.

Services and Programs Available:

Case Management Prevention and consultation services

Diagnostic Assessment Psychiatric evaluations/medication management
Dialectical Behavioral Therapy Sexually Inappropriate Behavioral Remediation

Early Childhood Consultation and Treatment

Substance Abuse Treatment

Individual and Family Therapies

Transitional Aged Youth Services

Intensive home-based services/MST Trauma Focused CBT

Parenting Skills Development Trauma Informed Day Treatment

Peer Mentoring Services

Concerns Addressed (include but are not limited to):

Anxiety LGBTQ

Autism Spectrun Disorders

Bereavement, grief and loss

Oppositional and conduct disorders

Parent/child relationship issues

Bullying Psychosis

Court/Legal Involment School difficulties

Depression/mood disorders

Disruptive behaviors

Divorce, separation, and loss

Self-injurious behaviors

Social/relationship issues

Substance use/abuse

Emotional regulation/anger management

Trauma - physical, sexual abuse

Fetal Alcohol Spectrum Disorders