

SUPPORTING YOUTH MENTAL HEALTH SERVICES



2026 SPONSORSHIP OPPORTUNITIES

Strengthening our community by empowering youth and families to build healthy, resilient lives.



CHILDANDADOLESCENT.ORG

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ABOUT C&A

Child and Adolescent Behavioral Health



Child and Adolescent Behavioral Health (C&A) is a non-profit, full service, trauma-informed mental health organization specializing in the emotional and behavioral needs of children, adolescents, young adults and their families from birth to 24 years of age.

The needs of youth seeking mental health services has grown during the last three years. Last year, 32% of new clients were diagnosed with stress and anxiety. That number will continue to rise.

There is still a stigma associated with seeking treatment in spite of well-known celebrities and athletes speaking out and bringing awareness through their own struggles. The need for services at our agency continues to increase, yet the field is currently experiencing a shortage of available clinicians. This is not a unique situation to Stark County, but across the country.

Our Mission

Strengthening our community by empowering youth and families to build healthy, resilient lives.

Our Vision

Health, hope, happiness and opportunity for all children, youth and families.



OUR GOAL

Equipping Youth with Mental Health Tools

The agency's home, office and school-based clinical staff collaborate with Stark County youth to equip them with tools and strategies for managing stress, anxiety, emotional challenges, behavioral issues and trauma-related experiences.

Providing Support for Parents

We offer free parenting classes, materials and resources to help them understand their child's emotional and behavioral needs. These supports include educational materials and coping strategies that promote positive mental health and overall well-being. These programs include Positive Parenting Program and the Family Success Network

Overcoming Adolescent Challenges

Adolescence can be a challenging period. C&A provides specialized programs for teenagers facing suicidal thoughts, inappropriate sexual behaviors, substance abuse and difficulties with self-identity. Our family mental health therapists and qualified mental health specialists (case managers) are dedicated to meeting each child's needs, offering tools and support to help them overcome these obstacles and become productive members of the community.

PROGRAMS & SERVICES

Prevention

Prevention aims to equip young individuals with the knowledge and skills to make positive choices and alter harmful behaviors. Programs like Stark County Youth Led Prevention (ages 12-17) and Adult Led Prevention (CIC) (ages 18-24) promote healthy lifestyles. Additionally, Triple P offers parents and caregivers effective solutions for various challenges they may face.

School-based Consultation Services

School-based clinicians are on-site and are able to immediately help a student or teacher who is struggling with emotional or behavioral issues. Services include a behavioral health screening and referral, crisis intervention, brief skill-building, community linkage and parent/guardian engagements and education.

Case Management provided by a Qualified Mental Health Specialist

Qualified Mental Health Specialists (QMHS) is a community-based service designed to provide skill-building for clients and linking families to community resources. A QMHS helps youth practice skills they learn in a real-life setting.

Transitional Youth (Peer Services)

C&A's Transitional Youth program works with adolescents ages 14 to primarily 19. In some cases, the clinicians will work with young adults until the age of 24. Clients in this program are receiving mental health services and in many cases are learning independent skills needed to successfully transition from adolescence to adulthood.

Juvenile Justice

Treatment for adolescents involved with the courts and legal system about conduct, delinquency or inappropriate sexual behavior.

The department provides threat assessments for a child suspended or expelled from school before they can return to school.

SUCCESS IN OUR PROGRAMS

School-Based Consultation:

- 847 students served, strengthening support networks.
- 98% of families increased their behavioral health knowledge.
- 97% of families identified essential skills and community supports.
- 96% of youth (10+) screened for suicide at every contact.

Behavioral Health Prevention:

- 71% of youth improved interpersonal skills.
- 95% maintained abstinence or reduced substance use.
- 100% reduced suicide risk.

Early Childhood Mental Health (ECMH) Prevention:

- 99% of children improved social-emotional competence.
- 92% of parents enhanced participation and understanding of their children's needs.



PROGRAMS & SERVICES

continued...

Psychiatric Evaluations & Medication Management

C&A offers a comprehensive range of psychiatric services for children and adolescents, provided by psychiatrists, psychiatric mental health nurse practitioners and registered nurses. Treatment includes therapy, case management, and additional services, with medication being just one component of the overall

Trauma Informed Day Treatment

The Trauma Informed Day Treatment Program (TIDTx) is an intensive mental health program which provides educational services for those children and adolescents who have experienced trauma and who are unable to behaviorally and/or emotionally be cared for in a public school setting with less intensive services.

Care Pathway (Dialectical Behavior Therapy)

C&A offers Dialectical Behavior Therapy (DBT) as part of the Care Pathway Program to assist the most at-risk youth who have a history of suicidal ideation, suicide attempts or self-harm acts. DBT services can teach them the skills they need to respond to their intense emotions in productive ways to get those emotional needs met.

Multi-Systemic Therapy (MST)

Multi-Systemic Therapy (MST) is an intensive in-home therapy for adolescents ages 12 to 17 and their families who are experiencing oppositional behavior.

WANT TO KNOW MORE?





WHY SUPPORT?

Untreated anxiety disorders in youth can lead to serious consequences, such as poor academic performance, limited social interactions and a higher risk of substance abuse. Stark County has seen a troubling rise in young people experiencing stress and anxiety.

As demand for mental health services increases, the number of available clinicians has unfortunately decreased, with many professionals leaving the field to prioritize their own well-being.

Supportive donors like you have recognized this urgent need, and your generous contributions have made a significant impact. Our goal is to expand our staffing to better meet the rising demand for youth services in Stark County. Together, we can create meaningful change in the lives of these young individuals.

- When your business sponsors one or more events totaling \$1,000, you'll receive exclusive recognition with your company's name prominently displayed on our Donor Wall at our Shipley office.
- Your sponsorship directly supports our 12 vital programs and services, making a meaningful difference in the lives of those we serve. With just one donation check for the entire year, you can specify the events your company would like to sponsor, ensuring your support aligns with your goals.
- Additionally, your business name will be featured on the event webpage and our social media channels, amplifying your visibility within the community.
- Interested in a tour of our offices to learn more about our work? Please reach out to us at sponsorship@childandadolescent.org.
- All sponsors will also be acknowledged in our Annual Report, showcasing your commitment to supporting our mission. Join us in making a positive impact today!



LET YOUR LIGHT SHINE



Let Your Light Shine is our premiere fundraising event, reflecting our agency's dedication to supporting the youth and families of Stark County. This themed evening features a gourmet dinner, captivating entertainment, and exciting live and silent auctions.

Attracting more than 200 prominent community leaders, the event consistently raises more than \$100,000 annually, directly benefiting the essential programs and services provided by C&A. The event also enjoys significant visibility through coverage on multiple local media channels, offering valuable exposure for our sponsors.

This vibrant celebration not only showcases our mission but also fosters lasting connections within the community. By participating, you'll be part of an inspiring evening that supports our vital work. Join us in making a meaningful impact in our community!

MEET OUR TEAM



MELISSA COULTAS

CHIEF EXECUTIVE
OFFICER



DAN MUCCI

MISSION
ADVANCEMENT
DIRECTOR



AUTAUM KENDLE

DEVELOPMENT
COORDINATOR

C&A's Marketing Team

C&A's Marketing Team focuses on enhancing the agency's outreach, fundraising and community engagement efforts. This team works to promote the agency's mission and programs, build relationships with donors and community partners. By developing strategic initiatives and fostering collaboration, the team aims to expand C&A's impact and increase awareness of mental health and wellness issues in the community.

TO BE A SPONSOR OF ANY OF OUR EVENTS, PLEASE CONTACT

sponsorship@childandadolescent.org or
call 330.470.4061, ext. 145