

# ABOUT HCSA INCLUSIVE AND ACCESSIBLE SPORTS

Team activities are a normal, healthy part of growing up. Children and youth dream of scoring a winning goal, hitting a homerun or crossing the goal line for a touchdown. Competition and team experiences are beneficial for everyone. HCBA activities are for participants with special needs. These programs provide the opportunity to develop and improve endurance, coordination, skills and confidence at recreational or competitive skill levels.

Along with the enjoyment of participating in a team sport, is the benefit of social interaction with teammates and volunteers. Teamwork and fair play are encouraged, friendships develop and are maintained throughout the year and the level of fun and enjoyment of life is enhanced.

# WHO CAN PARTICIPATE?

Membership in the HCSA is available to any person ages 5 years and up with special needs. Activities are at junior and senior levels and are structured to prioritize involvement and fun.

## BASEBALL

Inch Park Baseball Diamonds Central Mountain, 400 Queensdale Ave E, Hamilton June to the end of August

Recreational skill level baseball involves Jr. & Sr. teams playing house-league games at Inch Park on Hamilton Mountain. Buddies may assist players; however, players are encouraged to participate to the maximum of their ability. Baseball rules are adapted as required so that participation and teamwork are emphasized.

Tier 1 / Tier 2 skill levels are for players who can play independently and want to be challenged to the maximum of their skill levels and play more competitive games.

# **INDOOR SPORTS**

Westmount Recreation Center West Mountain, 35 Lynbrook Dr, Hamilton October to end of March

Fall Sports Program (October to mid December) and Winter Sports Program (January to end of March) have a variety of fun and challenging activities. The programs are 2 hours each evening, players can choose 2 activities that each last 50

Basic Boccia Skills	Non-competitive Boccia played in a fun and and engaging style with lots of social interaction
Boccia Skills Development	Be challenged to improve your Boccia skills whilce spending a fun evening with friends
Gymnasium Bowling	Enjoy a fun, adapted and non-competitive style of bowling with your friends
Floor Curling	Challenge yourself to learn the gymnasium version of curling in a non-competitive setting
Basketball	Learn and improve your basketball skills and then enjoy a fun basketball game
Baseball Skills	Baseball skills training at a 'Recreational' skill level for HCSA's signature sport
Soccer Skills	Soccerl skills training at a 'Recreational' skill level

HCSA's intention is to make all activities inclusive and accessible for everyone, regardless of ability. Registration levels may limit our ability to make all sports available for all ability levels. Players may bring buddies to assist them.

HCBA provides the opportunity for challenged youth and adults to enjoy the physical and social benefits and the challenges of participating in team sports at recreational or competitive skill levels.

CHALLENGER Sports	Hamili	558 Uppe Unit Hamilto	nger Sports . er Gage Avenu 2, Suite 245 n. ON. L8V 4Je ww.hcba.on.ca	e	Genallen BASE		
		NEW PLAY	<u>ER REGISTRA</u>	TION			
Returning Players: please e	email <u>hcba.coni</u>	nect@outlook.c	om and reques	at your pre-complet	ted registration for		
Name			Gend	er E	Birthdate		
Address			Address				
City	Postal Code	Ph	one	Cell Phone	Txt OK		
e-Mail Address							
e-Mail Address 2							
Disabilty Info							
Wheelchair Walker			es Visually Im	paired Hearing	g Impaired Flight	Risk	
Health Card							
				xt Cell Phone			
	NI						
				Cell Phone		<u> </u>	
Youth XS Youth S Youth 24" 26" 28' Baseball - 2025	M Youth L ' 32"	Adult S Adul 36" 40	t M Adult L Ad			ult 5XL 64"	
		Weeknight	Activity 1 Start	Activity 2 Start	Location		
<b>Sport</b> Jr Recreational		Monday	6:30 PM	Activity 2 Start	Location Inch Park		
Jr Semi Competitive		Monday	6:30 PM		Inch Park		
Sr Competitive		Monday	6:30 PM		Inch Park		
Sr Semi Competit	ive	Monday	6:30 PM	6:30 PM	Inch Park		
Sr Recreational		Tuesday	6:30 PM	6:30 PM	Inch Park		

Please see Policy / Guidelines on Next Pages

e-Mail completed form to hcba.connect@outlook.com

# **Rowan's Law: Concussion Safety**

- A concussion is a brain injury. It can't be seen on X-rays, CT scans or MRIs. It may affect the way a person thinks, feels and acts.
- Any blow to the head, face or neck may cause a concussion. A concussion may also be caused by a blow to the body if the force of the blow causes the brain to move around inside the skull. A concussion can happen to anyone – anywhere – including:
- at home, school or your workplace
- from participating in games, sports or other physical activity
- following a car, bike or pedestrian accident

• A concussion is a serious injury. While the effects are typically short-term, a concussion can lead to long-lasting symptoms and even long-term effects.

There are many signs and symptoms of a concussion to look out for, including:

• ringing in the ears

headache

nausea

nausea

 dizziness memory loss light sensitivity

light sensitivity

If you notice signs of a concussion in others, or experience any symptoms yourself, consult with a physician or nurse practitioner. **Rowan's Law: Concussion Awareness Resources** 

Review the Concussion Awareness Resources (if you are an athlete, parent, coach, team trainer or official).

## **Requirements for Sport Organizations**

Ontario is a national leader in concussion management and prevention. Rowan's Law (Concussion Safety), 2018 makes it mandatory for sports organizations to:

• ensure that athletes under 26 years of age,\* parents of athletes under 18, coaches, team trainers and officials confirm every year that they have reviewed Ontario's Concussion Awareness Resources

- establish a Concussion Code of Conduct that sets out rules of behaviour to support concussion prevention
- establish a Removal-from-Sport and Return-to-Sport protocol

## \* Special Rule: A sport organization that is a university, college of applied arts and technology or other post-secondary institution must not register any athlete regardless of age unless the same requirements are met

- Rules requiring the review of Concussion Awareness Resources and Concussion Codes of Conduct are in effect Jul 1, 2019
- The rules for removal-from-sport and return-to-sport protocols came are in effect on Jan 1, 2022.
- Read more about the concussion requirements for sport organizations

# HCBA/HCSA Code of Conduct

HCBA/HCSA fosters a sense of community and an environment of inclusion where all can feel safe, valued, cared for and given an opportunity to form meaningful connections with each other. We cherish diversity, including differences in age, race, ethnicity, range of abilities, sexual orientation, gender identity, financial means, education, religion and political perspective. These beliefs and practices apply to all activities and to participants, volunteers and spectators.

**Participants** 

permission

unattended

home

## Health and Safety

- Make healthy and safe practices the top priority in all activities
- Use all equipment only in the way in which it was intended and

follow all safety and protective equipment procedures to the best of each person's ability

- First Aid kits are avilable, however, in case of a participants
- injury/illness, caregivers are responsible for first aid
- No smoking or use tobacco products at or within 20 feet of activities HCBA/HCSA Caregivers
- No one is permitted to participate if they are under the influence of/impaired

by alcohol or recreational drugs

• HCBA/HCSA is not responsible for managing or ensuring travel for participants

# Language and Interactions

 Treat everyone with courtesy, sensitivity, tact, consideration, empathy, humility

• Refrain from callous - unsympathetic behavior, inappropriate language, hitting or harming any participant, volunteer or spectator. Absolutely no profanity

• Respect the cultures, beliefs, opinions and decisions of others

 No dogs (support dogs excepted) around dugouts or on playing field, players may have fears and/or anxiety

• Activities are adapted as required, participation, teamwork, fun are emphasized

• Refrain from leaving their area of activity unless supervised or with

• Caregivers must ensure participants requiring support are not left

• If an activity ends early, participants must have access to a ride

 Volunteers keep up to date with policy/communications. Police checks required

• HCBA/HCSA can not ensure adequate Volunteer training for care of participants. Participants with special medical needs or potential behavioral struggles must be accompanied by a caregiver who is trained to care for them.

• Participants who require assistance with transportation to and from HCBA/HCSA activities must be accompanied by caregiver to assist with the participants travel

• Players may have Buddies assist them during games, however, the priority of the buddies is to encourage players to participate to the maximum of their ability.

 HCBA/HCSA is not able to provide volunteer buddies, participants who require assistance must bring a buddy



## **Registration, Privacy Assurance and Consent**

#### WHAT IS THIS PRIVACY ASSURANCE FOR?

Baseball Ontario's Privacy Assurance provides an overview of our privacy principles and practices and seeks your consent to the collection, use and disclosure of your personal information in the course of providing our programs and services. Further details about our privacy principles and practices may be found in our Privacy Policy available online at baseballontario.com. To the extent of any conflict between this Privacy Insurance and the Privacy Policy, the Privacy Policy shall prevail.

#### **DUAL REGISTRATION**

By registering to play baseball in the Province of Ontario, you are registering with both the local association you are registering with, and Baseball Ontario.

Baseball Ontario appoints the local association to collect fees on its behalf, included in the registration fee collected through this process. No additional monies is charged to the parent registering locally. Baseball Ontario invoices the local association for fees collected.

#### **PROTECTION OF PERSONAL INFORMATION**

Baseball Ontario strives to protect and respect personal information of its customers, employees, business partners, and so on in accordance with all applicable provincial and federal laws. The Privacy Policy applies to all Personal Information within Baseball Ontario's possession and control.

#### WHAT IS PERSONAL INFORMATION

We consider "Personal Information" to mean any information about an identified individual or an individual whose identity may be inferred or determined from such information, including name, date of birth, address, phone number, e-mail address, birth certificate number, etc., other than business contact information (e.g. name, title, business address, business telephone number). The Privacy Policy does not cover aggregated data from which the identity of an individual cannot be determined. Baseball Ontario retains the right to use aggregated data in any way that it determines appropriate. **WHY BASEBALL ONTARIO MAY COLLECT PERSONAL INFORMATION** Baseball Ontario collects and uses Personal Information solely for the purpose of conducting its operations and offering its programs

and services to players, coaches, umpires and member associations. The personal information we ask for will depend upon which services you may be interested in obtaining.

# HOW BASEBALL ONTARIO COLLECTS AND USES PERSONAL INFORMATION

Consent to the collection occurs and is obtained when an individual signs (including electronic submission) an application or other form containing Personal Information, thereby authorizing Baseball Ontario to collect, use and disclose the individual's Personal Information for the purposes stated on the form or in the Why Baseball Ontario May Collect Personal Information section of the Privacy Policy.

#### CONSENT

Unless permitted by law, no Personal Information is collected, without first obtaining the consent of the individual concerned, for the collection, use and dissemination of that information. However, we may seek consent to use and disclose Personal Information after it has been collected in those cases where Baseball Ontario wishes to use the information for a purpose not identified in The Privacy Policy or not previously identified or for which the individual concerned has not previously consented. By providing Personal Information to Baseball Ontario you agree and consent that we may collect, use and disclose your Personal Information in accordance with The Privacy Policy. In addition, where appropriate, additional authorizations or consents may be obtained from time to time. In most cases and subject to legal and contractual restrictions, you are free to refuse or withdraw your consent at any time upon reasonable, advance notice. It should be noted that in certain circumstances, certain services can only be offered if you provide Personal Information to Baseball Ontario. Consequently, if you choose not provide us with any required Personal Information, we may not be able to offer you the services requested. We will inform you of the consequences of the withdrawal of consent.

#### THE ACCURACY AND RETENTION OF PERSONAL INFORMATION

We keep your Personal Information only as long as it is required for the reasons it was collected. The length of time we retain information varies, depending on the service and the nature of the information. This period may extend beyond the end of a person's relationship with us but it will be only for so long as it is necessary for us to have sufficient information to respond to any issues that may arise at a later date.

When your Personal Information is no longer required for Baseball Ontario's purposes, we have procedures to destroy, delete, erase or convert it into an anonymous form.

#### WE LIMIT DISCLOSURE

We do not disclose your personal information to third parties except as described in the Privacy Policy or as permitted or required by law, unless such disclosure is required in order to provide a participant or member organization with our services.

Please note that there are circumstances where the use and/or disclosure of Personal Information may be justified or permitted or where Baseball Ontario is obliged to disclose information without consent. Such circumstances may include:

Where required by law or by order or requirement of a court, administrative agency or governmental tribunal;

Where Baseball Ontario believes, upon reasonable grounds, that it is necessary to protect the rights, privacy, safety or property of an identifiable person or group;

Where it is necessary to establish or collect monies owing to Baseball Ontario;

Where it is necessary to permit Baseball Ontario to pursue available remedies or limit any damages that we may sustain; or Where the information is public.

Where obliged or permitted to disclose information without consent, Baseball Ontario will not disclose more information than is required. Baseball Ontario does not sell, trade or barter Personal Information.

#### **RESOLVING YOUR PRIVACY CONCERNS**

In the event of questions about: (i) access to your Personal Information; (ii) our collection, use, management or disclosure of Personal Information; or (iii) The Privacy Policy; please contact Baseball Ontario's privacy officer by sending an e-mail to **privacy.officer@baseballontario.com** or calling **519-740-3900**. Baseball Ontario will investigate all complaints and if a complaint is justified, we will take all reasonable steps to resolve the issue

#### Baseball Ontario Registration, Privacy Assurance and Consent



#### LIABILITY WAIVER

On behalf of myself and the player being registered, I recognize that baseball entails serious risks. Consequently, except as noted below, I and the player being registered relinquish all rights to a claim of any kind, including the right to a claim for bodily and material damages, regardless of the cause, against Baseball Ontario, its member associations, including the local association and their respective officers, employees, coaches, umpires, assignees, agents, representatives, and sponsors, even if such damages result from negligence of Baseball Ontario, its member associations, including the local association and their respective officers, employees, coaches, umpires, assignees, agents, representatives, and sponsors.

Without restricting the generality of the preceding, I and the player being registered also relinquish the right to any claim against Baseball Ontario, its member associations, including the local association and their respective officers, employees, coaches, umpires, assignees, agents, representatives, and sponsors resulting from a decision on their part, regardless of the nature of this decision.

This release of Baseball Ontario, the local association and the other persons noted above does not preclude myself or the player being registered from making a claim under any sports accident coverage provided by Baseball Ontario and/or the local association to their players. An overview of the current sports accident coverage provided by Baseball Ontario can be found on the Baseball Ontario website in the Insurance Program Overview.

#### **HCBA/HCSA PHOTO CONSENT**

I authorize Hamilton Challenger Sports (HCSA) to use photographs, video and other media image provided for any HCSA promotional, educational or other pertinent uses. These images may include, but are not exclusive to, club, coach, athlete and/or parent, and/or volunteer submissions by various member associations of HCSA. I authorize HCSA to permit the use and display of photographs and/or recordings of the named minors in any HCSA publication, multimedia production, including video and web usage, display, or advertisement. I agree that HCSA may use name, likeness, or information supplied by the undersigned. The undersigned releases and forever discharges HCSA and their respective officers and employees from any and all claims and demands arising out of or in connection with the use of said photographs / recordings, including but not limited to, any claims for invasion of privacy or defamation.

I agree to this photo consent for HCBA/HCSA as set out above. You can withdraw your consent at any time.

#### HCBA/HCSA & Baseball Ontario request permission to contact you.

To improve our communications and service we would like to correspond with you via email. In order to comply with Canadian legislation relating to commercial electronic messages, we are seeking your consent to communicate with you via electronic messages, including email, related to your relationship with HCBA and with Baseball Ontario including team selection, program, membership, promotional materials and other HCBA or Baseball Ontario information.

I consent to receiving electronic messages from **HCBA/HCSA**, as set out above. You can withdraw your consent at any time. emailng us at <u>hcba.connect@outlook.com and typing "UNSUBSCRIBE" in the Subject Line</u>

Necessary for HCSA Communications. email address is not shared

I consent to receiving electronic messages from Baseball Ontario, as set out above. You can withdraw your consent at any time. by emailing us at unsubscribe@baseballontario.com

#### **ROWAN'S LAW**

Under Rowan's Law, before any player can be registered with HCBA and Baseball Ontario, the player, and the parent or legal guardian of the player if the player is under 18 years of age, must review one of the Concussion Education Resources provided by the Province of Ontario and must review the Player Code of Conduct. Links to these resources are provided here - **Province of Ontario Concussion Education Resources**: www.ontario.ca/concussions Baseball Ontario Player Code of Conduct:

https://www.baseballontario.com/filestore/htmleditattachedfiles/player code of conduct2017-03-30t09-47-05v001 by 292.pdf

### **Required by Government of Ontario and for Insurance coverage**

#### NOTE: Waiver acceptance required once per year. Your waiver acceptance applies to all sports for the calendar year

I hereby confirm that the player being registered to participate in sports activities with HCBA and Baseball Ontario, (and if the player is under 18 years of age, the parent or legal guardian of the player being registered), have <u>reviewed one of the concussion education resources</u> provided by the Province of Ontario as referenced above and have <u>reviewed both player code of conducts</u> as referenced above. I / we further acknowledge understanding the nature and risk of concussion and head injury to athletes, including the risks of continuing to play after a concussion or head injury is suspected.

By signing this form below, you acknowledge that you have received, reviewed and agree with the terms of **HCBA/HCSA's** and **Baseball Ontario's** Code of Conduct and with Baseball Ontario's Privacy Assurance and Privacy Policy, dual registration with both Baseball Ontario and HCBA, whose registration form is attached, injury waiver and consent to collection, use or disclosure of your personal information for the purposes and in the manner described herein.

Dated \_\_\_\_

\_\_\_, 20\_\_\_

Print First & Last Name of Parent/Guardian (Or Player if 18 Years or Older)

Signature