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**ARLINGTON**  
BOYS & GIRLS CLUB

WINTER 2023



**REGISTRATION:** ONLINE SWIM ONLY: **NOV 7** at **10:00AM**, ONLINE ALL OTHER PROGRAMS: **NOV 8** at **10:00 AM**,  
WALK-IN, PHONE-IN: **NOV 9** at **10:00 AM**

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## Registration Info

1. Online **SWIM** registration begins **Tuesday, November 7th** at **10:00 AM**.
2. Online registration for all other winter programs begins **Wednesday, November 8th** at **10:00 AM**.
3. Walk-in and phone-in registration begins **Thursday, November 9th** at **10:00 AM**.
4. Club membership must be current throughout the program for which you are registering.
5. Classes may be cancelled due to lack of enrollment. Fees will be returned.
6. There are no make-up classes or refunds for cancellation or absences, weather, mechanical failure or business interruption.
7. **NO REFUNDS** or **CREDITS** for classes or memberships.

## Inclement Weather Policy

- When Arlington Public Schools have a delayed opening, the Club will open at 11:30 AM and conduct afternoon and evening programs as scheduled. The ABC Preschool will be closed for the day.
- When Arlington Public Schools are closed, the Club will **ATTEMPT** to open at 11:30 AM and conduct afternoon and evening programs, weather permitting. **Check [ABGClub.org](http://ABGClub.org) for status.**

## Scholarship Awards

Each year the Club awards scholarships to current or former members who are pursuing post-secondary education. Applications are available mid-February at [ABGClub.org](http://ABGClub.org), and must be returned by **Friday, March 29th**.



## Your support can make a difference

The Arlington Boys & Girls Club (ABGC) provides a fun, safe place for kids to go during out-of-school time. At the Club, kids get to be kids. They can make friends, develop relationships with caring adults, and take part in activities that promote academic success, healthy lifestyles, good character, and citizenship. Because of your donation of money and time, children can explore their full potential and realize their dreams. The powerful combination of generous donors, caring staff, and tireless volunteers ensures an enduring and positive impact on the many youth who pass through our doors.

The Arlington Boys & Girls Club is a 501(c)(3) non-profit organization. Your contributions are tax-deductible. Here are some of the ways you can invest in the future of a child:

**Donate** - Your donation, no matter its form, enables us to serve more young people. You can make a one time or recurring donation directly to the Club or make a donation through payroll deductions with your company's charitable giving program. You can donate via our website, [ABGClub.org](http://ABGClub.org), or mail a check to: Arlington Boys & Girls Club, 60 Pond Lane, Arlington, MA 02474.

**Matching Gifts** - Many companies sponsor matching gift programs that will match any charitable contribution made by their employees. Contact your Human Resources Department. Your gift could be doubled or even tripled!

**Tribute Gifts** - Memorial and tribute gifts to the Club are a powerful way to honor your loved one, recognize family, special friends or business colleagues. The Club can help you celebrate a special occasion such as a wedding, anniversary, birthday, retirement or to remember a deceased loved one.

**Estate Plan Giving** - You can include the Club in your estate planning through a bequest in a will or revocable trust, a living trust, a beneficiary designation on a life insurance policy, or a gift of stocks, retirement benefits, savings bonds, real property, or other investments. We will be pleased to work confidentially with you and your advisors.

**Facebook and Instagram Fundraising** - Holding a fundraiser for the ABGC through your social media network on Facebook and Instagram is a great way to expand your reach in raising awareness of our mission!

**Donate your Car, Truck, or Boat** - We accept all types of vehicles nationwide — cars, trucks, SUVs, motorcycles, and boats and the proceeds help support the Club. To start the process visit <http://abgclub.careasy.org> or call 1-855-8 BCG-CAR (1-855-824-2227).

## Special Events

### Arlington Boys & Girls Club Calendar

<b>Nov 11</b>	Sa	Veterans Day - Club Closed
<b>Nov 13-18</b>	M-Sa	ABGC 86th Birthday Week
<b>Nov 22</b>	W	Club closes at 6:00 PM
<b>Nov 23</b>	Th	Thanksgiving Day - Club Closed
<b>Nov 25</b>	Sa	Christmas Tree Sale begins at 9:00 AM
<b>Dec 4</b>	M	Session A begins
<b>Dec 25-26</b>	M, Tu	Christmas Holiday - Club Closed
<b>Dec 27-29</b>	W-F	Club Kids Program 9:00 AM to 4:45 PM No classes
<b>Dec 30</b>	Sa	Club Closed
<b>Jan 1</b>	M	New Years Holiday - Club closed
<b>Jan 15</b>	M	Martin Luther King Day - Club Closed
<b>Jan 22</b>	M	Session B begins
<b>Feb 8</b>	Th	\$10,000 Raffle Virtual Drawing, 7:00 PM
<b>Feb 19</b>	M	Presidents Day - Club Closed
<b>Feb 20-23</b>	Tu-Sa	Club Kids Program 9:00 AM to 4:45 PM No classes

### Spring Registration

- Online preview available **Tuesday, January 23rd**
- Online **SWIM** registration begins **Tuesday, January 30th 10:00 AM**
- Online registration for all other spring programs begins **Wednesday, January 31st 10:00 AM**
- Walk-in and phone-in registration begins **Thursday, February 1st 10:00 AM**

### Inclusion Statement

We believe every kid has what it takes. The mission and core beliefs of the Arlington Boys & Girls Club fuel our commitment to promoting safe, positive, and inclusive environments for all. The Arlington Boys & Girls Club supports all youth and teens – of every race, ethnicity, gender, gender expression, sexual orientation, ability, socio-economic status, and religion – in reaching their full potential.

## OUR MISSION

*Our mission is to provide a fun, safe, supportive place for children to learn and grow; to have ongoing relationships with caring adults; and to take part in life enhancing programs emphasizing leadership, character development, education, health and life skills, sports, fitness and recreation.*

### ABGC 86th Birthday Week Celebrating 86 Years of Great Futures! November 13 - 18

Members are invited to join us all week long as we celebrate the programs that make us GREAT. For details on special events please visit **ABGCclub.org**. Not a member? New children and teens can purchase an annual membership for only \$10.00! **This deal is valid at the front desk only November 13-18.**

<b>Monday</b>	Birthday Festivities at ABC Preschool
<b>Tuesday</b>	Birthday Festivities at ABGC After School
<b>Wednesday</b>	Club Kids Birthday Party at 4:00 PM ages 8-17
<b>Thursday</b>	Adult Members Brunch 10:30-11:30 AM
<b>Friday</b>	Teen Music Bingo Night! Open to members 6th Grade & Up at 6:30 PM. Non-members are \$5 (or take advantage of our new member deal!). There <b>WILL</b> be prizes.

### Annual Celebration - May 2024

Please join the Club at this fun, annual, evening event where we celebrate our generous donors, volunteers, member families, and recognize our service award winners. It is a lovely evening to see old friends, meet new ones, visit with staff, support our community, and help to make great futures! Details will be posted on the website as the event draws closer.

### Youth Service Awards

Youth Services Awards will be presented at the Annual Celebration. We will present deserving individuals with the following awards. If you would like to nominate an individual or an organization who fits the criteria, applications will be available on our website in early December. The application deadline is **Friday, March 1st**.

#### George P. Faulkner Citizens Award for Service to Youth

- Must be over 21 years of age
- Individual or group has given generously of their time and energy volunteering at a non-profit youth activity or organization
- Is a positive role model providing guidance and encouragement
- Instills good morals and promotes citizenship

#### Youth Service Award

- Must be under 21 years of age
- Individual has given generously of their time and energy volunteering at a non-profit Arlington activity

For more information email Kevin Flood at **kflood@abgclub.org**.

## General Information for those 17 & under

### Annual Child Membership - \$30

Membership is required prior to enrolling in classes. Children ages 8-17 can participate in the supervised Club Kids Program. Members must bring their card and check in each time they come to the Club. Members may bring a guest (must be at least 8 years of age). Guests 8-17 years are \$5. Guests must be accompanied by a current member and limited to one visit before membership is required.

### Family Swim

**Tuesdays & Thursdays 10:30-11:15 AM (limited to 25 people), Saturdays 9:00-9:45 AM (limited to 75 people).**

Open to all members and immediate family. Children must be accompanied by an adult in the water. One person in the family must be a current member of the Club.

### Family Gym

This is an open time for members to run and play! Friday mornings will be designated for tots ages 1-5. On Saturdays we will divide the gym in half allowing tots to play on one side and elementary school children on the other. Children must be accompanied by an adult at all times. **Fridays 9:30-11:00 AM** with the support of TOM Mystic Valley Early Intervention **and Saturdays 2:00-3:00 PM.**

## Sign-In Procedure

All members and guests must sign in when entering the Club.

## Club Bank

Youth members can deposit any amount of money for the day and withdraw as they need. Money must be withdrawn at day's end.

## What is the Arlington Boys & Girls Club?

- A place to go and have fun.
- A place where children can be children while learning to understand themselves.
- A place where children can feel they are important.
- A place that provides physical fitness, health, and athletic programs.
- A place that provides arts and crafts to develop skills and talents.
- A place that provides leadership development and decision-making responsibilities.
- A place to develop new friendships.

## Code of Conduct

- Be honest / act honestly.
- Follow Club rules.
- Behave in a respectful manner to each other, Club staff, volunteers, and visitors.
- Respect all property belonging to you, others, and the Club.
- Recognize and focus on effort, positive behavior, and excellence.
- Honor differences.

## Violations of the Code of Conduct will follow the three strike policy

1. Staff will sit the child down and explain what rule was broken.
2. Staff will contact caregiver about child's behavior.
3. Child may be suspended, depending on the severity of behavior.

## Club Kids Program Information

A yearly non-refundable membership fee of \$30 is required of all members. This fee allows members ages 8-17 access to the Club during program hours to participate in daily games, tournaments, open gym, free swim, and special events. Membership fees are renewable one year from date of purchase. Members ages 8-17 are supervised at the Club. The Club has an open door policy, which means members may go in and out of the building as they please. Caregivers should limit how far their children can stray from the Club. Children not mature enough to handle this responsibility should enroll in other programs with direct supervision.

## Club Kids Program Hours

	Ages 8 - 11	Ages 12 - 17
<b>Mon</b>	2:30-6:00 PM	2:30-6:00 PM
<b>Tues</b>	2:30-7:00 PM	2:30-8:45 PM
<b>Wed</b>	1:00-7:00 PM	1:00-7:00 PM
<b>Thu</b>	2:30-7:00 PM	2:30-8:45 PM
<b>Fri</b>	2:30-7:00 PM	2:30-8:45 PM
<b>Sat</b>	3:00-4:45 PM	3:00-4:45 PM

## Club Kids Frequently Asked Questions

- 1. Is my child safe?**  
There are staff members located in all program areas. Staff have background checks performed annually and are CPR and First Aid certified.
- 2. Can my child go outside?**  
The Club has an open door policy, which means members may come and go as they please. Caregivers should limit how far their child can stray from the Club. Children not mature enough to handle this responsibility should enroll in programs with direct supervision. It is imperative you establish and enforce these rules. The Club cannot be responsible for members prior to arrival or if they leave voluntarily.
- 3. What should my child bring to the Club?**  
Children should bring a bathing suit, towel, and a snack or money for snacks. Vending machines are available. If your child brings money, please check the money in at the Club bank.
- 4. What shouldn't my child bring to the Club?**  
Please do not bring expensive items to the Club. The Club is not responsible for lost or stolen items.

## Project Learn

Our Club staff uses all areas and programs in the Club to create opportunities for high yield learning activities to enhance the "Club" experience for our members. All activities are included in our Club Kids program. All programs are inclusive of individuals identifying as transgender, non-binary, and gender nonconforming. No pre-registration is required.

**Diplomas to Degrees:** Provides a range of services to guide teens as they work toward high school graduation and prepare for post-secondary education and career success. **Open to members in grades 11 & 12 on Tuesdays, 6:00-8:00 PM.**

**E-Sports:** Play popular games against other youth while developing real-world skills such as teamwork, communication, and critical thinking. **Open to members ages 12-17 on Tuesdays, 6:00-7:00 PM.**

**Girls Open Gym:** This girl-only time slot allows female members to practice their skills and improve their confidence in the gym. Girls can shoot hoops, practice soccer, softball, volleyball, or learn how to use the equipment in the Fitness Room. **Open to members ages 12-17 on Wednesdays, 7:00-8:00 PM.**

**Healthy Habits:** Through small-group learning experiences, Club members are invited to join us in the kitchen to learn

more about nutrition and basic cooking skills. **Open to members 12-17 on Mondays, 4:00-5:00 PM.**

**Power Hour:** Making Minutes Count helps Club members achieve academic success by providing homework help and encouraging members to become self-directed learners.

**Smart Girls:** A small group health, fitness, prevention/education, and self-esteem enhancement program designed to meet the developmental needs of girls. **Open to members ages 8-11 on Tuesdays, 3:45-4:30 PM.**

**The Arts:** Creativity and the arts give people new and unique ways of thinking and expressing. **Open to members ages 8-17 on Wednesdays & Thursdays, 6:00-7:00 PM.**

**Triple Play:** Implemented into our daily programs as we strive to improve the overall health of members by increasing their daily physical activity, teaching nutrition, and helping develop healthy relationships.

**Weight Lifting:** This class will educate members on how to use gym equipment and learn the proper form for a wide variety of different exercises. **Open to members ages 12-17 on Wednesdays, 6:00-7:00 PM.**

## Program Area Schedule for Winter Session Ages 8 - 17

Program Area	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Games Room</b>	2:30 - 6:00 PM	2:30 - 7:00 PM	1:00 - 7:00 PM	2:30 - 7:00 PM	2:30 - 7:00 PM	3:00-4:45 PM
<b>Pond Room Ages 12 - 17</b>	3:30 - 6:00 PM	3:30 - 7:00 PM	3:30 - 6:00 PM	3:30 - 7:00 PM	3:30 - 7:00 PM	
<b>Free Swim Ages 8 - 17</b>		5:10 - 5:40 PM	5:10 - 5:40 PM	5:10 - 5:40 PM	5:10 - 5:40 PM	4:00 - 4:30 PM
<b>Open Gym Ages 8 - 17</b>	3:15 - 4:00 PM	3:15 - 4:00 PM	3:15 - 4:00 PM	3:15 - 4:00 PM	3:15 - 4:00 PM	3:00-4:30 PM
<b>Open Gym &amp; Fitness Room Ages 12 - 17</b>		7:00 - 8:45 PM		7:00 - 8:45 PM	7:00 - 8:45 PM	

## Youth Swim

### Swim Class Registration

Limited to one swim class per session.

1. A waitlist will be established once classes are filled.
2. Participants must be at least six years of age to register for youth level classes.
3. Concerned about what level to register for? Contact Kim at [kurquhart@abgclub.org](mailto:kurquhart@abgclub.org).

### Locker Room Safety Rules

1. Food, gum, beverages, and glass items are NOT allowed.
2. Do NOT stand on the benches.
3. NO running or chasing in the Locker Room.
4. Shower before entering the pool.
5. Use of a cell phone in any of the locker room areas is NOT allowed.
6. The Club is NOT responsible for lost or stolen items.
7. Report all losses or injury to the front desk staff.
8. The contents of the lockers will be removed daily and unclaimed items will be donated to charity.
9. Lockers may not be used to store items overnight. Personal locks will be cut off and discarded and items will be confiscated.

### Locker Room Access

1. We encourage families to have children come dressed to the Club in their bathing suits in order to make for an easier transition into the pool for your lesson.
2. Children five years of age or younger may enter the locker room of the opposite gender.
3. Children age six or older are not allowed in the locker room of the opposite gender; an individual restroom and changing room are available next to the Learning Center for those who still require assistance from parent/caregiver.
4. Locker rooms are closed to adults when our After School and Club Kids programs are in session.
5. During After School and Club Kids hours, children age six or older will need to use locker rooms independently or the individual changing stalls available next to the Learning Center.
4. During After School and Club Kids hours all adults must use the individual restroom available next to the Learning Center.
5. Children are welcome to use the locker room that best aligns with their gender identity.

### Youth Level I: Introduction to Water Skills Ages 6 & Up

**Purpose:** Comfort in water. Basic water safety rules. Bobbing, blowing bubbles, and locating a submerged object. Swimming, floating and gliding on front and back.

Activity #	Day	Time	Date	Fee	No Class
221071-AA	Tu	3:25-3:55 PM	12/5-1/16	\$100	12/26
221071-AB	W	4:00-4:30 PM	12/6-1/17	\$100	12/27
221071-AC	Th	3:25-3:55 PM	12/7-1/18	\$100	12/28
221071-AD	F	4:00-4:30 PM	12/8-1/19	\$100	12/29
221071-AE	Sa	2:45-3:15 PM	12/9-1/20	\$100	12/30
221071-AF	Sa	3:20-3:50 PM	12/9-1/20	\$100	12/30
221071-BA	Tu	3:25-3:55 PM	1/23-3/5	\$100	2/20
221071-BB	W	4:00-4:30 PM	1/24-3/6	\$100	2/21
221071-BC	Th	3:25-3:55 PM	1/25-3/7	\$100	2/22
221071-BD	F	4:00-4:30 PM	1/26-3/8	\$100	2/23
221071-BE	Sa	2:45-3:15 PM	1/27-3/9	\$100	2/24
221071-BF	Sa	3:20-3:50 PM	1/27-3/9	\$100	2/24

### Youth Level 2: Fundamental Aquatic Skills Ages 6 & Up

**Purpose:** Success with fundamental skills. Water safety rules. Submerge entire head, front and back glide, and tread water. Bob in water, float, swim using combined stroke on front and back. Includes time in the shallow end and the deep end.

Activity #	Day	Time	Date	Fee	No Class
221072-AA	Tu	3:25-3:55 PM	12/5-1/16	\$100	12/26
221072-AB	Tu	4:00-4:30 PM	12/5-1/16	\$100	12/26
221072-AC	W	3:25-3:55 PM	12/6-1/17	\$100	12/27
221072-AD	W	4:00-4:30 PM	12/6-1/17	\$100	12/27
221072-AE	Th	3:25-3:55 PM	12/7-1/18	\$100	12/28
221072-AF	Th	4:00-4:30 PM	12/7-1/18	\$100	12/28
221072-AG	F	3:25-3:55 PM	12/8-1/19	\$100	12/29
221072-AH	F	4:00-4:30 PM	12/8-1/19	\$100	12/29
221072-AI	F	5:45-6:15 PM	12/8-1/19	\$100	12/29
221072-AJ	Sa	2:45-3:15 PM	12/9-1/20	\$100	12/30
221072-AK	Sa	3:20-3:50 PM	12/9-1/20	\$100	12/30
221072-BA	Tu	3:25-3:55 PM	1/23-3/5	\$100	2/20
221072-BB	Tu	4:00-4:30 PM	1/23-3/5	\$100	2/20
221072-BC	W	3:25-3:55 PM	1/24-3/6	\$100	2/21
221072-BD	W	4:00-4:30 PM	1/24-3/6	\$100	2/21
221072-BE	Th	3:25-3:55 PM	1/25-3/7	\$100	2/22
221072-BF	Th	4:00-4:30 PM	1/25-3/7	\$100	2/22
221072-BG	F	3:25-3:55 PM	1/26-3/8	\$100	2/23

221072-BH	F	4:00-4:30 PM	1/26-3/8	\$100	2/23
221072-BI	F	5:45-6:15 PM	1/26-3/8	\$100	2/23
221072-BJ	Sa	2:45-3:15 PM	1/27-3/9	\$100	2/24
221072-BK	Sa	3:20-3:50 PM	1/27-3/9	\$100	2/24

### Youth Level 3: Stroke Development Ages 6 & Up

**Purpose:** Build on Level 2 skills by additional guided practice. Front and back glide, front crawl, elementary backstroke, and scissors kick. Sitting and kneeling dive. Rotary breathing. Survival float and back float. This class is in the deep end.

Activity #	Day	Time	Date	Fee	No Class
221073-AA	Tu	3:25-3:55 PM	12/5-1/16	\$100	12/26
221073-AB	Tu	4:35-5:05 PM	12/5-1/16	\$100	12/26
221073-AC	W	4:00-4:30 PM	12/6-1/17	\$100	12/27
221073-AD	Th	3:25-3:55 PM	12/7-1/18	\$100	12/28
221073-AE	Th	4:00-4:30 PM	12/7-1/18	\$100	12/28
221073-AF	Th	4:35-5:05 PM	12/7-1/18	\$100	12/28
221073-AG	F	4:00-4:30 PM	12/8-1/19	\$100	12/29
221073-AH	F	5:45-6:15 PM	12/8-1/19	\$100	12/29
221073-AI	Sa	11:10-11:40 AM	12/9-1/20	\$100	12/30
221073-AJ	Sa	11:45-12:15 PM	12/9-1/20	\$100	12/30
221073-BA	Tu	3:25-3:55 PM	1/23-3/5	\$100	2/20
221073-BB	Tu	4:35-5:05 PM	1/23-3/5	\$100	2/20
221073-BC	W	4:00-4:30 PM	1/24-3/6	\$100	2/21
221073-BD	Th	3:25-3:55 PM	1/25-3/7	\$100	2/22
221073-BE	Th	4:00-4:30 PM	1/25-3/7	\$100	2/22
221073-BF	Th	4:35-5:05 PM	1/25-3/7	\$100	2/22
221073-BG	F	4:00-4:30 PM	1/26-3/8	\$100	2/23
221073-BH	F	5:45-6:15 PM	1/26-3/8	\$100	2/23
221073-BI	Sa	11:10-11:40 AM	1/27-3/9	\$100	2/24
221073-BJ	Sa	11:45-12:15 PM	1/27-3/9	\$100	2/24

### Youth Level 4: Stroke Improvement Ages 6 & Up

**Purpose:** Develop confidence in strokes and aquatic skills. Survival float, back float, elementary backstroke, breaststroke, butterfly, side stroke, and throwing assist. Front and back crawl, open turn on front and back, and diving. Swim 25 yards.

Activity #	Day	Time	Date	Fee	No Class
221074-AA	Tu	4:35-5:05 PM	12/5-1/16	\$100	12/26
221074-AB	W	3:25-3:55 PM	12/6-1/17	\$100	12/27
221074-AC	Th	4:35-5:05 PM	12/7-1/18	\$100	12/28
221074-AD	F	3:25-3:55 PM	12/8-1/19	\$100	12/29
221074-AE	F	6:20-6:50 PM	12/8-1/19	\$100	12/29

221074-AF	Sa	10:00-10:30 AM	12/9-1/20	\$100	12/30
221074-AG	Sa	10:35-11:05 AM	12/9-1/20	\$100	12/30
221074-BA	Tu	4:35-5:05 PM	1/23-3/5	\$100	2/20
221074-BB	W	3:25-3:55 PM	1/24-3/6	\$100	2/21
221074-BC	Th	4:35-5:05 PM	1/25-3/7	\$100	2/22
221074-BD	F	3:25-3:55 PM	1/26-3/8	\$100	2/23
221074-BE	F	6:20-6:50 PM	1/26-3/8	\$100	2/23
221074-BF	Sa	10:00-10:30 AM	1/27-3/9	\$100	2/24
221074-BG	Sa	10:35-11:05 AM	1/27-3/9	\$100	2/24

### Youth Level 5: Stroke Refinement Ages 6 & Up

**Purpose:** Provide coordination and refine strokes, survival swimming, shallow angle dive, front and back crawl. Tuck and pike surface dive. Front crawl and backstroke, flip turns. Elementary backstroke, butterfly, breaststroke, sidestroke. Swim 50 yards.

Activity #	Day	Time	Date	Fee	No Class
221075-AA	Tu	4:00-4:30 PM	12/5-1/16	\$100	12/26
221075-AB	W	4:35-5:05 PM	12/6-1/17	\$100	12/27
221075-AC	F	4:35-5:05 PM	12/8-1/19	\$100	12/29
221075-BA	Tu	4:00-4:30 PM	1/23-3/5	\$100	2/20
221075-BB	W	4:35-5:05 PM	1/24-3/6	\$100	2/21
221075-BC	F	4:35-5:05 PM	1/26-3/8	\$100	2/23

### Youth Level 6: Fitness Swimmer Ages 6 & Up

**Purpose:** Ease, efficiency, power, and smoothness through water exercises. All classes work on strokes and endurance.

Activity #	Day	Time	Date	Fee	No Class
221076-AA	W	4:35-5:05 PM	12/6-1/17	\$100	12/27
221076-AB	F	4:35-5:05 PM	12/8-1/19	\$100	12/29
221076-BA	W	4:35-5:05 PM	1/24-3/6	\$100	2/21
221076-BB	F	4:35-5:05 PM	1/26-3/8	\$100	2/23

### Mission: Swim Possible Ages 10 - 17

A Learn-to-Swim class focusing on water safety for children that have never learned to swim or are not comfortable in deep water.

Activity #	Day	Time	Date	Fee	No Class
<b>Ages 10 - 12</b>					
221100-AA	F	6:20-7:05 PM	12/8-1/19	\$120	12/29
221100-BA	F	6:20-7:05 PM	1/26-3/8	\$120	2/23
<b>Ages 12 - 17</b>					
221101-AA	F	7:10-7:55 PM	12/8-1/19	\$120	12/29
221101-BA	F	7:10-7:55 PM	1/26-3/8	\$120	2/23

## Intramural Swim Team Grades 2 - 5

This is a great option for children in grades 2-5 who want a swim team experience. Each team will feature stroke development & refinement, turn/diving drills, and timed swims. **Participants must be able to swim 50 yards in deep water.**

Activity #	Day	Time	Date	Fee	No Class
221181-AA	M	3:30-4:15 PM	12/4-3/4	\$198	12/25, 1/1, 1/15, 2/19
221181-AB	M	4:20-5:05 PM	12/4-3/4	\$198	As above

## Intramural Swim Team Grades 6 - 12

This is a great option for children in grades 6-12 who want a swim team experience. This team will feature stroke development & refinement, turn/diving drills, and timed swims. **Participants must be able to swim 50 yards in deep water.**

Activity #	Day	Time	Date	Fee	No Class
221182-AA	M	5:10-5:55 PM	12/4-3/4	\$198	12/25, 1/1, 1/15, 2/19

## Red Cross Lifeguard Training Ages 15 - 17

**Course Description:** The course will provide training for pool settings. 100% attendance, with full participation in all scheduled classes, successful completion of all critical skills, and written exams (with an 80% or better) will certify the candidate in American Red Cross Lifeguard Training with First Aid and CPR for the Professional Rescuer (valid for two years).

**Requirements:** Minimum age 15 years old. Swim 300 yards continuously using these strokes in the following order:

- 100 yards of front crawl using rhythmic breathing and a stabilizing, propellant kick. Rhythmic breathing can be performed either by breathing to the side or to the front.
- 100 yards breast stroke using a pull, breathe, kick and glide sequence.
- 100 yards either front crawl or breaststroke. This 100 yards may be a combination of front crawl and breaststroke.
- Swim 20 yards starting in the water, surface dive 7-10 ft, retrieve a 10lb object, return to the surface, swim 20 yards back to the starting point with the object and exit the water without using a ladder or steps, within 1 minute 40 seconds.
- Tread water for two minutes, no hands.

Class fee includes \$50 non-refundable fee. The swim test will be given at the beginning of the first class.

Activity #	Day	Time	Date	Fee
221130-F1	Tu,W,Th	9:00-5:00 PM	2/20-2/22	\$350

## Youth Sports & Fitness

### Biddy Basketball Grades 1 - 3

Designed for players in grades 1-3. On game day, there is a skills and drills session at their scheduled game time each week. Skill sessions last about 15 minutes, followed by a game consisting of (2) 16 minute halves. Games will be played on lowered hoops and officiated by experienced Club staff. Time will be spent learning the rules that apply to the game of basketball. **Volunteer coaches needed.** Email Ryan at [rcconnolly@abgclub.org](mailto:rcconnolly@abgclub.org).

Activity #	Day	Time	Date	Fee	No Class
222461-A1	Sa	10:00-1:00PM	12/9-3/9	\$152	12/23, 12/30, 2/24

**Week 1 & 2** will be skills and drills sessions. Players with last names A-K: 10-11 AM and last names L-Z: 11:30 AM-12:30 PM. For remainder of the season please refer to the schedule given out on week two.

### Jr. Basketball One & Two Grades 3 - 8

An intramural league designed for fun and stresses the importance of individual and team sportsmanship. The most important concept in our program is that we play to have fun. Everyone plays! Fundamentals are emphasized. Focus is placed on cooperation, not competition. This is a program that involves respect for everyone and a clear understanding of the rules by players, coaches, referees, and caregivers. Games will be played once per week. **Volunteer coaches needed.** Email Ryan at [rcconnolly@abgclub.org](mailto:rcconnolly@abgclub.org).

Activity #	Day	Time	Date	Fee
<b>Junior One Grades 3 - 5:</b>				
222462-A1	Tu & F	5, 6, or 7PM	12/8-3/8	\$152

Players in 3rd grade should be comfortable playing on a 10 foot hoop. Less experienced players should start with the Biddy Basketball League. **Week 1 & 2** will be skills and drills sessions, Fridays 6:00-7:00 PM. For remainder of the season please refer to the schedule given out on week two.

Activity #	Day	Time	Date	Fee
<b>Junior Two Ages Grades 6 - 8:</b>				
222463-A1	Th	5 or 6 PM	12/7-3/7	\$152

**Week 1 & 2** will be skills and drills sessions, Thursdays 6:00-7:00 PM. For remainder of the season please refer to the schedule given out on week two.



## Karate Ages 5 - 14

This class is taught by Jared Blake, a Black Belt with over 20 years of teaching experience. In this martial arts class, we pull the best from multiple forms of defense systems including Kenpo karate, Shoto Kan, Tae Kwon Do, and Jujitsu. Advantages include physical exercise, conditioning, and the development of life skills. Uniform fee \$35, payable to the instructor at first class.

Activity #	DayTime	Date	Fee	No Class
<b>Ages 5 - 7</b>				
222452-A1	Sa 8:45-9:30 AM	12/9-3/9	\$330	12/30, 2/24
222452-A2	Sa 10:45-11:30 AM	12/9-3/9	\$330	12/30, 2/24

### Ages 8 - 14

222453-A1	Sa 9:45-10:30 AM	12/9-3/9	\$330	12/30, 2/24
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## Girls Volleyball Grades 5 - 8

This program covers basic volleyball skills including serving, passing, setting, hitting, and blocking. Games will be played with the primary focus of building and improving the skill sets of each participant. All programs are inclusive of individuals identifying as transgender, non-binary, and gender nonconforming.

Activity #	Day Time	Date	Fee	No Class
<b>Grades 5 - 6:</b>				
222754-A1	W 5:15-6:00 PM	12/6-1/17	\$86	12/27
222754-B1	W 5:15-6:00 PM	1/24-3/6	\$86	2/21

### Grades 7 - 8:

222755-A1	W 6:15-7:00 PM	12/6-1/17	\$86	12/27
222755-B1	W 6:15-7:00 PM	1/24-3/6	\$86	2/21



## Youth Enrichment

### Babysitting Course Ages 11 - 15

Designed to prepare students to manage young children, feed, diaper, and care for infants, respond to emergency situations, and make good decisions under pressure. Children will receive a certificate upon completion.

Activity #	Day Time	Date	Fee	No Class
223640-B1	Th 4:00-5:00 PM	1/25-3/7	\$86	2/22

### Lego Robotics Grades K - 5

The We-Do Robotics system features LEGO models that incorporate working motors and sensors with simple programming software. Kids will work as scientists and engineers to build, program, and test working models. Building dancing birds, drumming monkeys, and roaring lions to learn about simple machines, complex motion, and the concept of randomness. Classes taught by Wicked Cool for Kids.

Activity #	Day Time	Date	Fee	No Class
<b>Grades K - 2:</b>				
223691-B1	W 3:30-4:30 PM	1/17-4/3	\$315	2/14, 2/21

### Grades 3 - 5:

223692-B1	W 4:45-5:45 PM	1/17-4/3	\$315	2/14, 2/21
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### Modding with Minecraft Grades 2 - 5

Explore, create, or survive! Mine deep into the Minecraft world and create the future! In this creative class, challenge the odds, craft your own kinds of weapons, and build dream worlds using code. Do this while also learning fundamental programming concepts, level design, and problem-solving skills. You will make use of ready-made coding blocks to create mini versions of Minecraft games. Classes taught by The Code Wiz.

Activity #	Day Time	Date	Fee	No Class
223693-B1	Th 4:45-5:45 PM	1/25-3/7	\$200	2/22



## December & February Vacation Club K - 5th Grade

This full day program for members in grades K-5 will include designated gym time, swim time, arts and crafts, and outdoor play (weather permitting). Required paperwork is needed once registered. \*ABGC After School participants do not need to submit additional paperwork, but must register for desired day(s). For more information please contact Jeff at [jjamgochian@abgclub.org](mailto:jjamgochian@abgclub.org).

Activity #	Day	Time	Date	Fee
755208-D1	W	8:30-4:45 PM	12/27	\$85
755208-D2	Th	8:30-4:45 PM	12/28	\$85
755208-D3	F	8:30-4:45 PM	12/29	\$85
755208-F1	Tu	8:30-4:45 PM	2/20	\$85
755208-F2	W	8:30-4:45 PM	2/21	\$85
755208-F3	Th	8:30-4:45 PM	2/22	\$85
755208-F4	F	8:30-4:45 PM	2/23	\$85

### Club Kids Ages 8 - 17

The Club Kids Program will be open from 9:00 AM-4:45 PM during school vacation, for ages 8-17 years old. Fun activities will be scheduled for the pool, gym, and games room. Please visit [ABGClub.org](http://ABGClub.org) for more information and a schedule of events and special programs.

### Family Activities

Family Swim & Family Gym will be offered during school vacation. These special events are open to members and their immediate families. A caregiver must accompany children at all times. Please visit [ABGClub.org](http://ABGClub.org) for more information and a specific schedule.

## Tot Swim

### Swim Class Registration

Limited to one swim class per session.

1. A waitlist will be established once classes are filled.
2. Children who register for a tot swim class without a caregiver must be at least 34 inches to chin level.
3. Children not toilet trained must wear swim diapers or rubber pants over diapers
4. Concerned about what level to register for? Contact Kim at [kurquhart@abgclub.org](mailto:kurquhart@abgclub.org).

### Locker Room Safety Rules

1. Food, gum, beverages, and glass items are NOT allowed.
2. Do NOT stand on the benches.
3. NO running or chasing in the locker room.
4. Shower before entering the pool.
5. Use of a cell phone in any of the locker room areas is NOT allowed.
6. The Club is NOT responsible for lost or stolen items.
7. Report all losses or injury to the front desk staff.
8. The contents of the lockers will be removed daily and unclaimed items will be donated to charity.
9. Lockers may not be used to store items overnight. Personal locks will be cut off and discarded and items will be confiscated.

### Locker Room Access

1. We encourage families to have children come dressed to the Club in their bathing suits in order to make for an easier transition into the pool for your lesson.
2. Children five years of age or younger may enter the locker room of the opposite gender.
3. Children age six or older are not allowed in the locker room of the opposite gender; an individual restroom and changing room are available next to the Learning Center for those who still require assistance from parent/caregiver.
4. Locker rooms are closed to adults when our After School and Club Kids programs are in session.
5. During After School and Club Kids hours, children age six or older will need to use locker rooms independently or the individual changing stalls available next to the Learning Center.
6. During After School and Club Kids hours all adults must use the individual restroom available next to the Learning Center.
7. Children are welcome to use the locker room that best aligns with their gender identity.

## DONATE YOUR UNWANTED VEHICLE & HELP A CHILD



Donate your unwanted car, truck, trailer or boat to the Arlington Boys & Girls Club. Your vehicle will be towed away free of charge and you can help the Club. Tell your friends and neighbors! For more information or to schedule a pick-up call 1-855-824-2227

## Tot Water Babies with Caregiver

Designed to introduce children to the aquatic atmosphere at a young age. Skills include blowing bubbles, kicking on stomach and back, paddling arms, sliding/jumping in, gliding, floating and going underwater. Includes group skills, free play, games & songs.

Activity #	Day	Time	Date	Fee	No Class
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### Ages 6 - 24 months:

211011-AA	Sa	10:00-10:30 AM	12/9-1/20	\$92	12/30
211011-BA	Sa	10:00-10:30 AM	1/27-3/9	\$92	2/24

### Ages 24 - 36 months:

211012-AA	Sa	10:35-11:05AM	12/9-1/20	\$92	12/30
211012-AB	Sa	11:10-11:40AM	12/9-1/20	\$92	12/30
211012-BA	Sa	10:35-11:05AM	1/27-3/9	\$92	2/24
211012-BB	Sa	11:10-11:40AM	1/27-3/9	\$92	2/24

### Ages 36 - 48 months:

211013-AA	Sa	11:45-12:15PM	12/9-1/20	\$92	12/30
211013-BA	Sa	11:45-12:15PM	1/27-3/9	\$92	2/24

### Ages 6 months - 4 years:

211014-AA	W	10:20-10:50AM	12/6-1/17	\$92	12/27
211014-AB	F	10:20-10:50AM	12/8-1/19	\$92	12/29
211014-BA	W	10:20-10:50AM	1/24-3/6	\$92	2/21
211014-BB	F	10:20-10:50AM	1/26-3/8	\$92	2/23

## Fish Ages 3 - 4 without Caregiver

Children must be 34 inches to chin level. Skills: safety, learning to balance & maneuver, kicking on stomach & back, paddling arms, floating, use of barbells, noodles and kickboards, jumping, blowing bubbles, going underwater & confidence building. Includes water games and songs. Taught in the shallow end.

Activity #	Day	Time	Date	Fee	No Class
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211030-AA	W	10:55-11:25 AM	12/6-1/17	\$100	12/27
211030-AB	F	10:55-11:25 AM	12/8-1/19	\$100	12/29
211030-BA	W	10:55-11:25 AM	1/24-3/6	\$100	2/21
211030-BB	F	10:55-11:25 AM	1/26-3/8	\$100	2/23

## Turtles Ages 4 - 5

Refer to Fish description, only difference is ages 4 - 5 years.

Activity #	Day	Time	Date	Fee	No Class
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211041-AA	Tu	1:15-1:45 PM	12/5-1/16	\$100	12/26
211041-AB	F	1:15-1:45 PM	12/8-1/19	\$100	12/29
211041-AC	Sa	1:00-1:30 PM	12/9-1/20	\$100	12/30
211041-AD	Sa	1:35-2:05 PM	12/9-1/20	\$100	12/30
211041-AE	Sa	2:10-2:40 PM	12/9-1/20	\$100	12/30

211041-BA	Tu	1:15-1:45 PM	1/23-3/5	\$100	2/20
211041-BB	F	1:15-1:45 PM	1/26-3/8	\$100	2/23
211041-BC	Sa	1:00-1:30 PM	1/27-3/9	\$100	2/24
211041-BD	Sa	1:35-2:05 PM	1/27-3/9	\$100	2/24
211041-BE	Sa	2:10-2:40 PM	1/27-3/9	\$100	2/24

## Penguins Ages 4 - 5

Child must be able to swim on front without support and comfortable on their back in 4 feet of water.

Activity #	Day	Time	Date	Fee	No Class
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211042-AA	Tu	1:15-1:45 PM	12/5-1/16	\$100	12/26
211042-AB	Sa	1:00-1:30 PM	12/9-1/20	\$100	12/30
211042-AC	Sa	2:10-2:40 PM	12/9-1/20	\$100	12/30
211042-BA	Tu	1:15-1:45 PM	1/23-3/5	\$100	2/20
211042-BB	Sa	1:00-1:30 PM	1/27-3/9	\$100	2/24
211042-BC	Sa	2:10-2:40 PM	1/27-3/9	\$100	2/24

## Dolphins Ages 4 - 5

Child will be swimming independently in the **DEEP END**. They **MUST** be able to swim the width of the pool doing both front crawl and back crawl.

Activity #	Day	Time	Date	Fee	No Class
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211043-AA	Sa	1:35-2:05 PM	12/9-1/20	\$100	12/30
211043-BA	Sa	1:35-2:05 PM	1/27-3/9	\$100	2/24

## Tot Sports & Fitness

### Tot Tumble Bumble Ages 2 - 3

This class is for ages 2-3 years with a caregiver. Adults will guide children through an obstacle course where they will learn beginning gymnastics skills. We roll, climb, jump, and have fun.

Activity #	Day	Time	Date	Fee	No Class
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212380-A1	M	9:30-10:15AM	12/4-1/8	\$62	12/25, 1/1, 1/15
212380-A2	M	10:20-11:05AM	12/4-1/8	\$62	As above
212380-B1	M	9:30-10:15AM	1/22-3/4	\$92	2/19
212380-B2	M	10:20-11:05AM	1/22-3/4	\$92	2/19

### Family Swim

**Tuesdays & Thursdays 10:30-11:15 AM (limited to 25 people), Saturdays 9:00-9:45 AM (limited to 75 people).** Open to all members and immediate family. Children must be accompanied by an adult in the water. One person in the family must be a current member of the Club.

## Tumblers Ages 3 - 5

This class teaches the fundamentals of gymnastics in a fun and safe environment. It is designed to develop strength, coordination and flexibility. Basic skills are taught through an obstacle course.

**Dress Code:** Children should wear leotards or t-shirts tucked into shorts and must have bare feet. Long hair must be pulled back tight. Please do not wear jeans, dresses, footed tights or socks.

Activity #	Day	Time	Date	Fee	No Class
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### Tumblers I: Ages 3 - 4

212311-A1	M	11:10-11:55 AM	12/4-1/8	\$62	12/25, 1/1, 1/15
212311-B1	M	11:10-11:55 AM	1/22-3/4	\$92	2/19

### Tumblers II: Ages 4 - 5

212312-A1	M	12:30-1:15 PM	12/4-1/8	\$62	12/25, 1/1, 1/15
212312-A2	M	1:20-2:05 PM	12/4-1/8	\$62	As above
212312-B1	M	12:30-1:15 PM	1/22-3/4	\$92	2/19
212312-B2	M	1:20-2:05 PM	1/22-3/4	\$92	2/19

## All Star Sports Ages 3 - 5

A fun-filled class that introduces children to a variety of sports and games. Each class will include a new sport and a variety of games.

Activity #	Day	Time	Date	Fee	No Class
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212272-A1	Tu	1:15-2:00 PM	12/5-1/16	\$86	12/26
212272-B1	Tu	1:15-2:00 PM	1/23-3/5	\$86	2/20

## Serve & Learn Tennis Ages 4 - 5

Introduces 4 & 5 year olds to basic tennis skills such as forehand and backhand.

Activity #	Day	Time	Date	Fee	No Class
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212260-A1	F	1:15-2:00 PM	12/8-1/19	\$86	12/29
212260-B1	F	1:15-2:00 PM	1/26-3/8	\$86	2/23

## Hot Shots Basketball Pre-K - Kindergarten

Introduces basic skills of basketball including passing, dribbling, and shooting in a fun game situation.

Activity #	Day	Time	Date	Fee	No Class
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212290-A1	Sa	9:00-9:45 AM	12/9-1/20	\$86	12/30
212290-B1	Sa	9:00-9:45 AM	1/27-3/9	\$86	2/24

## Tot Enrichment

### Music & Movement with Jeff Jam Ages 6 Months - 4 Years

Come join the fun of music and movement for children as Jeff Jam leads a class of singing, clapping, humming, dancing, bouncing, and laughing. Using a variety of traditional children's songs, the class is a fun way to nurture your child's innate musical ability. You will connect with your child as you sing, dance, and play simple rhythm instruments together in a friendly and comfortable environment. Jeff Jam is a certified Music Together® teacher.

Activity #	Day	Time	Date	Fee	No Class
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#### Ages 6 mo - 2 years

213890-A1	Th	9:00-9:45AM	12/7-1/18	\$95	12/28
213890-B1	Th	9:00-9:45AM	1/25-3/7	\$95	2/22

#### Ages 2 - 4 years

213891-A1	Th	10:00-10:45AM	12/7-1/18	\$95	12/28
213891-B1	Th	10:00-10:45AM	1/25-3/7	\$95	2/22

## Tot Stay & Play Ages 2 - 3.5

Offered for children ages 2 years to 3.5 years without caregiver. The program is designed to promote independence in a relaxed, fun environment. Activities include crafts, fine motor play, music & movement, and outdoor play. A simple snack is provided.

Activity #	Day	Time	Date	Fee	No Class
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213651-A1	Th	9:30-11:30AM	12/7-3/7	\$396	12/28, 2/22
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#### Stay & Play FYI:

- Children will be dropped off in the classroom located in the lower level of the building.
- Each child's belongings may be left on hooks outside the classroom. It is suggested that each child have a backpack with a change of clothes and diapers, if needed. Jackets and hats should be left on the hooks since outdoor play is scheduled each day, weather permitting.
- A simple snack (goldfish and water) will be provided each day.
- Children will be dismissed from the classroom. Caregivers are requested to come into the room to pick up the children.

#### Family Gym

This is an open time for members to run and play! Friday mornings will be designated for tots ages 1-5. On Saturdays we will divide the gym in half allowing tots to play on one side and elementary school children on the other. Children must be accompanied by an adult at all times. **Fridays 9:30-11:00 AM and Saturdays 2:00-3:00 PM.**

## Adult Program

### Membership

Includes use of pool, gym, fitness room. **One Day Pass Fee:** \$8.00 per day, or purchase a multi-visit punch card.

	Yearly	9Mo.	3Mo.	1Mo.
Adult 18 - 64	\$310	\$295	\$152	\$63
Students/Seniors	\$210	\$179	\$105	\$63

**Adult Basketball Membership:** Saturday mornings 7:00-8:45 AM. September through May, Fee: \$185.

### ADULT SWIM HOURS: September - June

**Morning:** M, W, F 6:00 - 9:15 AM \*  
T, Th 7:00 - 9:15 AM \*  
Sat 7:00 - 8:45 AM

**Midday:** M - F 11:30 - 1:00 PM

\* Adult Swim weekday hours during Dec, Feb, and April public school vacations are 6:00-8:30 AM.

### ADULT FITNESS ROOM HOURS: September - June

**Morning:** M, W, F 6:00 AM - 1:00 PM \*  
Tu, Th 7:00 AM - 1:00 PM \*  
Sat 7:00 - 8:45 AM

\* Fitness room closes at 8:30 AM during public school vacations (Dec, Feb, Apr).

### ADULT GYM HOURS: September - June

**Morning:** W, F 6:00 - 8:45 AM  
Tu, Th 7:00 - 8:45 AM  
Sat 7:00 - 8:45 AM

### Multi-Visit Punch Card

A punch can be used for daily swim, aquacize, gym, and fitness room:

- **4 visits:** \$29 non-members, \$24 members
- **8 visits:** \$57 non-members, \$44 members
- **12 visits:** \$84 non-members, \$63 members

### Aquacize

Stretching, toning in the pool. Daytime classes Tue, Wed, Thu, and Fri 9:30-10:15 AM. Fee: \$8.00 per class, or purchase a multi-visit punch card.

### Teen/Adult Swim Lessons

This class is designed for people that cannot swim and people who want to improve their swimming ability. The instructor will focus on each person's individual needs. Membership not required.

Activity #	Day	Time	Date	Fee	No Class
231100-AA	M	7:20-7:50 PM	12/4-1/8	\$75	12/25, 1/1, 1/15
231100-BA	M	7:20-7:50 PM	1/22-3/4	\$112	2/19

### Inclement Weather Policy

- When Arlington Public Schools have a delayed opening the Club will open at 11:30 AM and conduct afternoon and evening programs as scheduled. The ABC preschool will be closed.
- When Arlington Public Schools are closed the Club will ATTEMPT to open at 11:30 AM and conduct afternoon and evening programs weather permitting. Check [ABGClub.org](http://ABGClub.org) for status.

## How You Can Help

### Spread Some Holiday Cheer

There is nothing like Christmas trees to launch you into a festive mood! Spend a few hours volunteering at the Arlington Boys & Girls Club Christmas Tree Sale! Our annual Christmas Tree Sale begins **Saturday, November 25th** and runs daily until we sell out of trees! Volunteer your time greeting customers and displaying trees to view. Assist families with finding that perfect tree for their home and then help secure the tree to their vehicle. If you cannot lift a tree, we also need cashiers. All proceeds benefit youth activities. Register to volunteer through the Sign-Up Genius link at [ABGClub.org](http://ABGClub.org). For more information please contact Chris at [cannunciata@abgclub.org](mailto:cannunciata@abgclub.org) or 781-648-1617 x221.

### Holiday Help

Let's make the holiday season as joyful as possible for our Club members. Some of our families struggle to make the extra holiday purchases that our children wish for. This is where you can help! Since the Arlington Boys & Girls Club opened its doors in 1937, thousands of local children have experienced a holiday filled with joy and wonder. This is made possible by the thoughtfulness and generosity of the Club community. Please help us bring holiday cheer to our members by volunteering to shop for a child, purchasing gift cards, or making a donation. For more information please contact Kim at [kurquhart@abgclub.org](mailto:kurquhart@abgclub.org).

## Registration Info

1. Online **SWIM** registration begins **Tuesday, November 7th 10:00 AM.**
2. Online registration for all other winter programs begins **Wednesday, November 8th at 10:00 AM.**
3. Walk-in and phone-in registration begins **Thursday, November 9th at 10:00 AM.**
4. Club membership must be current throughout the program for which you are registering.

## Payment

Payment by check, cash, or credit card is due in full at the time of registration.

1. Make checks payable to Arlington Boys & Girls Club.
2. Financial assistance is available - email Gina at **gduddy@abgclub.org.**
3. **NO REFUNDS OR CREDITS** for classes or memberships.

## Online Registration

Visit our website at **ABGClub.org**. **PLEASE NOTE:** If you are a Club member, you already have a username and password - if you do not know it, please call the Club.

### To register:

1. Go to **ABGClub.org** and click "Register Online" on the top right.
2. Log-in with your username and password.
3. To purchase or renew a membership click "Shop" in the top border, then click "Pass Registration" or "Pass Renewal" from the drop-down menu.
4. To register for an activity click "Shop" in the top border, then click "Activity Enrollment" from the drop-down menu.
5. You can also browse activities by clicking on the various photos.

## Make Webtrac work for you

First, be sure we have your current email address. Email Gina at **gduddy@abgclub.org** to update your account. Once logged in to Webtrac you can:

- Reprint receipts
- Print Childcare Statements with tax ID info
- Print household activity calendars

## Registration Application

Last Name: _____	First Name: _____	Phone: _____	60 Pond Lane Arlington, MA 02474-6586 T. 781 648-1617 F. 781 648-5064 www.abgclub.org
Street: _____	Town: _____	Zip: _____	
<b>Current Membership required to register.</b>			
<b>Activity #</b>	<b>Session#</b>	<b>Class Name</b>	<b>Fee</b>
1. _____			
2. _____			
3. _____			
<b>YES! I would like to make a tax-deductible donation to the Arlington Boys and Girls Club:</b>			
<input type="checkbox"/> \$25 <input type="checkbox"/> \$50 <input type="checkbox"/> \$100 <input type="checkbox"/> Other \$ _____			
I hereby give my permission for my child to join the Arlington Boys & Girls Club and to participate in all Club activities and acknowledge that my child is fit and capable of participating in these activities. I waive all rights and claims against the Arlington Boys & Girls Club, Inc., its Staff or Board of Directors, for all damages or injuries which may occur while my child participates in Club sponsored activities. I have received a copy of the policies and have read the rules and regulations of the Arlington Boys & Girls Club.			
Signature of Parent and/or Guardian: _____		Date: _____	
[ Fee Paid: \$ _____ Date: _____ Staff: _____ ]			
-----			
<b>Credit Card Payment:</b> MasterCard, Visa, Discover or American Express			
Name: _____		Signature: _____	
Card Number: _____		Exp Date: _____	

# Child Membership Application

Membership is valid from one year from registration date. Membership must be active through-out the duration of programs. Membership fee is \$30.00.

**Last Name:** \_\_\_\_\_ **First Name:** \_\_\_\_\_  
**Address:** \_\_\_\_\_ **Town:** \_\_\_\_\_ **Zip:** \_\_\_\_\_ **Date of Birth:** \_\_/\_\_/\_\_ **Age:** \_\_\_\_  
**Gender:** \_\_\_\_\_ **Language:** \_\_\_\_\_ **Race/Ethnicity:** \_\_\_\_\_

**Primary Guardian:** \_\_\_\_\_ **Address:** \_\_\_\_\_  
**Home Phone:** \_\_\_\_\_ **Cell Phone:** \_\_\_\_\_ **Work Phone:** \_\_\_\_\_  
**Email:** \_\_\_\_\_

**Secondary Guardian:** \_\_\_\_\_ **Address:** \_\_\_\_\_  
**Home Phone:** \_\_\_\_\_ **Cell Phone:** \_\_\_\_\_ **Work Phone:** \_\_\_\_\_  
**Email:** \_\_\_\_\_

**Person To Contact If Parent Cannot Be Reached:**  
**Name:** \_\_\_\_\_ **Relationship:** \_\_\_\_\_ **Primary Phone:** \_\_\_\_\_

**How did you hear about the Boys & Girls Club?** \_\_\_\_\_

I hereby give my permission for my child to join the Arlington Boys & Girls Club and participate in all Club activities and acknowledge that my child is fit and capable of participating in these activities. I waive all rights for claims that I may have against the Arlington Boys & Girls Club, Inc. its staff or Board of Directors for damages or injuries, which may occur while my child participates in Club, sponsored activities. I understand that the Arlington Boys & Girls Club does not carry personal injury or accident insurance.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Medical History:** All guardians are encouraged to complete this optional medical form. In the event of a medical emergency, the Boys & Girls Club will provide this information to emergency service personnel caring for your child. The Boys & Girls Club does not assume the responsibility of verifying or updating the information provided. Guardians are urged to inform the Boys & Girls Club of any changes in the physical condition.

**Please list any important allergies/medical information: :** \_\_\_\_\_

**Photo Release:** I hereby give my permission for photographs and videos depicting my child, to be taken and used exclusively at the Arlington Boys & Girls Club, on their website, social media and in printed materials including the seasonal brochure and the local newspaper.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

\*\*\*\*\* FOR OFFICE USE ONLY \*\*\*\*\*

**New:** \_\_\_\_ **Renew:** \_\_\_\_  
**Date:** \_\_\_\_\_  
**Amt Paid:** \_\_\_\_\_  
**Staff:** \_\_\_\_\_

Accepting applications for the 2024 / 2025 year beginning Nov 15

# ABC PRESCHOOL

ABC Preschool is a school year program offering classes for children ages 2.9 to 5 years old. We offer two, three, and five day preschool programs, a five day pre-k program and extended day options until 3pm, at affordable prices. For more information contact Preschool Director Judy Andrews at 781-648-1617 x216 or visit our website at [ABGClub.org](http://ABGClub.org).

## JOIN US >

### Christmas Trees & Wreaths

On sale 7 days / week beginning Saturday November 25th

Come find that perfect tree or wreath to decorate your home! All proceeds benefit youth activities at the Arlington Boys & Girls Club.

**Beginning Saturday November 25th**, 60 Pond Lane, Arlington, MA. To volunteer contact Chris at [cannunciata@abgclub.org](mailto:cannunciata@abgclub.org).

### \$10,000 Raffle Virtual Drawing

Thursday, February 8th at 7 PM

What would you do with \$10,000? Join us on Zoom or Facebook Live to hear your winning ticket called! Door prizes for virtual attendees! The \$10,000 Raffle is sponsored by Arbella Mutual/Jamgochian Insurance Agency. Purchase your ticket in advance because only 250 tickets will be sold. For more information contact Jen at [jgoodwin@ABGClub.org](mailto:jgoodwin@ABGClub.org).



**Jamgochian Insurance Agency, Inc.**

## GREAT FUTURES START **HERE.**



**ARLINGTON  
BOYS & GIRLS CLUB**

Arlington Boys & Girls Club  
Sixty Pond Lane  
Arlington, MA 02474-6586  
Phone 781-648-1617  
Fax 781-648-5064  
E-mail [abgclub@abgclub.org](mailto:abgclub@abgclub.org)  
[ABGClub.org](http://ABGClub.org)