ARLINGTON
BOYS & GIRLS CLUB

FALL 2023

GREAT FUTURES START HERE

ABGCLUB.ORG



REGISTRATION: ONLINE SWIM ONLY: **AUG 1** at **10:00AM**, ONLINE ALL OTHER PROGRAMS: **AUG 2** at **10:00 AM**, WALK-IN, PHONE-IN: **AUG 3** at **10:00 AM**

Table of Contents

Special Events	**1**
General Information	**2**
Club Kids Program Information	**3**
Youth Swim	**4**
Youth Sports & Fitness	**6**
Youth Enrichment	**7**
Tot Swim	**8**
Tot Sports & Fitness	**9**
Tot Enrichment	**10**
Adult Program & Classes	**11**

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Registration Info

1. Online **SWIM** registration begins **Tuesday, August 1st** at **10:00 AM**.
2. Online registration for all other fall programs begins **Wednesday, August 2nd** at **10:00 AM**.
3. Walk-in and phone-in registration begins **Thursday, August 3rd at 10:00 AM**.
4. Club membership must be current throughout the program to register.
5. Classes may be cancelled due to lack of enrollment. Fees will be returned.
6. There are no make-up classes or refunds for cancellation or absences, weather, mechanical failure or business interruption.
7. **NO REFUNDS** or **CREDITS** for classes or memberships.

Online Registration

Visit our website at **ABGClub.org. PLEASE NOTE:** If you are a Club member, you already have a username and password. If you do not know your username/password, please call the Club.

To register:

1. Go to **ABGClub.org** and click "Register Online" on the top right.
2. Log-in with your username and password.
3. To purchase or renew a membership click "Shop" in the top border, then click "Pass Registration" or "Pass Renewal" from the drop-down menu.
4. To register for an activity click "Shop" in the top border, then click "Activity Enrollment" from the drop-down menu.
5. You can also browse activities by clicking on the various photos on **webtrac.abgclub.org**.

Inclement Weather Policy

- When Arlington Public Schools have a delayed opening, the Club will open at 11:30 AM and conduct afternoon and evening programs as scheduled.
- When Arlington Public Schools are closed, the Club will **ATTEMPT** to open at 11:30 AM and conduct afternoon and evening programs weather permitting. **Check website for status**.

Special Events

46th Annual Golf Classic Winchester Country Club

Monday, October 2nd: Join us for a day of golfing at one of the areas most prestigious golf courses. Reserve your spot now and be a part of this longstanding fundraiser which boasts an unrivaled experience at the beautiful and serene Winchester Country Club and combines world-class golfing with a wonderful cause. This fabulous outing includes eighteen holes of golf with cart, lunch, golf memento, and raffles. Sponsorship opportunities are welcomed and available. For more information contact Derek at **dcurran@abgclub.org**.

Fall Family Festival Friday, October 13th - 6:00 PM

Come celebrate the spirit of the season at the Arlington Boys & Girls Club for the 12th Annual Fall Family Festival. There will be fun, seasonal activities, fall-themed outdoor movies and light food offerings for the whole family. This event is sponsored by M&T Bank. More details to follow at **ABGClub.org**.

A special THANK YOU to
M&T Bank
for sponsoring this event!

ABGC 86th Birthday Celebration Week November 13th - 18th

Save the Date! More details to follow at **ABGClub.org**.

Inclusion Statement

We believe every kid has what it takes. The mission and core beliefs of the Arlington Boys & Girls Club fuel our commitment to promoting safe, positive and inclusive environments for all. The Arlington Boys & Girls Club supports all youth and teens – of every race, ethnicity, gender, gender expression, sexual orientation, ability, socioeconomic status, and religion – in reaching their full potential.

OUR MISSION

Our mission is to provide a fun, safe, supportive place for children to learn and grow; to have ongoing relationships with caring adults; and to take part in life enhancing programs emphasizing leadership, character development, education, health and life skills, sports, fitness and recreation.

Club Calendar

September 11	M	Session A begins
October 9	M	Indigenous People's Day: Closed
October 13	F	Fall Family Festival 6:00 PM Club Kids Program closes at 5:00 PM
October 23	M	Session B begins
October 31	Tu	Club Kids Program closes at 6:00 PM
November 11	Sa	Veterans Day: Closed
November 22	W	Club Kids Program closes at 6:00 PM
November 23	Th	Thanksgiving Day: Closed
November 25	Sa	Christmas Tree Sale begins

Winter Registration

- Online preview available **Tuesday, October 31st**.
- Online **SWIM** registration begins **Tuesday, November 7th 10:00 AM**.
- Online registration for all other winter programs begins **Wednesday, November 8th 10:00 AM**.
- Walk-in and phone-in registration begins **Thursday, November 9th 10:00 AM**.

Arlington Boys & Girls Club After School Program Grades K - 5

The program is for children in grades K-5 and is licensed by the Department of Early Education and Care. The after school program operates September - June and follows the Arlington Public Schools calendar. We offer fun, supervised daily activities under the direction of caring teachers. Some activities include homework help, group games, crafts, and swimming. Participants may also sign up for additional classes at the Club. We currently offer transportation from all Arlington public elementary schools. Participants may select two to five days enrollment. The after school program enrolls in April and is currently full. For more information, and to be placed on a waiting list, email **afterschool@abgclub.org**.

DONATE YOUR UNWANTED VEHICLE & HELP A CHILD



Donate your unwanted car, truck, trailer or boat to the Arlington Boys & Girls Club. Your vehicle will be towed away free of charge and you can help the Club. Tell your friends and neighbors! For more information or to schedule a pick-up call 1-855-824-2227

GENERAL INFORMATION

General Information for those 17 & under

Annual Child Membership - $30

Membership is required prior to enrolling in classes. Children ages 8 - 17 can participate in the supervised Club Kids Program (see Club Kids information on page 3). Members must bring their card and check in each time they come to the Club. Members may bring a guest (must be at least 8 years of age). Guests 8-17 years are $5. Guests must be accompanied by a current member and limited to one visit before membership is required.

Family Swim

Tuesdays & Thursdays 10:30-11:15 AM (limited to 25 people), Saturdays 9:00-9:45 AM (limited to 75 people). Open to all members and immediate family. Children must be accompanied by an adult in the water. One person in the family must be a current member of the Club.

Family Gym

This is an open time for members to run and play! Friday mornings will be designated for tots ages 1-5. On Saturdays we will divide the gym in half allowing tots to play on one side and elementary school children on the other. Children must be accompanied by an adult at all times. This program will begin September 29 & 30. **Fridays 9:30-11:00 AM and Saturdays 2:00-3:00 PM**.

Sign-In Procedure

All members and guests must sign in when entering the Club.

Club Bank

Youth members can deposit any amount of money for the day and withdraw as they need. Money must be withdrawn at day's end.

What is the Arlington Boys & Girls Club?

- A place to go and have fun.
- A place where children can be children while learning to understand themselves.
- A place where a child can feel they are important.
- A place that provides physical fitness, health and athletic programs.
- A place that provides arts and crafts to develop skills and talents.
- A place that provides leadership development and decision-making responsibilities.
- A place to develop new friendships.

Code of Conduct

- Be honest / act honestly.
- Follow Club rules.
- Behave in a respectful manner to each other, Club staff, volunteers, and visitors.
- Respect all property belonging to you, others, and the Club.
- Recognize and focus on effort, positive behavior, and excellence.
- Honor differences.

Violations of the Code of Conduct will follow the three strike policy

1. Staff will sit the child down and explain what rule was broken.
2. Staff will contact caregiver about child's behavior.
3. Child may be suspended, depending on the severity of behavior.

Club Kids Information

A yearly non-refundable membership fee of $30 is required of all members. This fee allows members ages 8-17 access to the Club during program hours to participate in daily games, tournaments, open gym, free swim, and special events. Membership fees are renewable one year from date of purchase. Members ages 8-17 are supervised at the Club. The Club has an open door policy, which means members may go in and out of the building as they please. Caregivers should limit how far their children can stray from the Club. Children not mature enough to handle this responsibility should enroll in other programs with direct supervision.

Club Kids Program

	Ages 8 - 11	Ages 12 - 17
Mon	2:30-7:00 PM	2:30-7:00 PM
Tues	2:30-7:00 PM	2:30-8:45 PM
Wed	1:00-7:00 PM	1:00-7:00 PM
Thu	2:30-7:00 PM	2:30-8:45 PM
Fri	2:30-7:00 PM	2:30-8:45 PM
Sat	3:00-4:45 PM	3:00-4:45 PM

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ARLINGTON BOYS & GIRLS CLUB

CLUB KIDS PROGRAM INFORMATION

Project Learn

Our Club staff uses all areas and programs in the Club to create opportunities for high yield learning activities to enhance the "Club" experience for our members. All activities are included in our Club Kids program. All programs are inclusive of individuals identifying as transgender, non-binary, and gender nonconforming. No pre-registration is required.

Diplomas to Degrees: Provides a range of services to guide teens as they work toward high school graduation and prepare for post-secondary education and career success. **Open to members in grades 11 & 12 on Tuesdays, 6:00-8:00 PM.**

E-Sports: Play popular games against other youth while developing real-world skills such as teamwork, communication, and critical thinking. **Open to members ages 12-17.**

Girls Open Gym: This girl only time slot allows female members to practice their skills and improve their confidence in the gym. Girls can shoot hoops, practice soccer, softball, volleyball, or learn how to use the equipment in the Fitness Room. **Open to members ages 12-17 on Wednesdays, 7:00-8:00 PM.**

Healthy Habits: Through small-group learning experiences, Club members are invited to join us in the kitchen to learn more about nutrition and basic cooking skills. **Open to members 12-17 on Mondays, 4:00-5:00 PM.**

Power Hour: Making Minutes Count helps Club members achieve academic success by providing homework help and encouraging members to become self-directed learners.

Smart Girls: A small group health, fitness, prevention/education, and self-esteem enhancement program designed to meet the developmental needs of girls. **Open to members ages 8-11.**

The Arts: Creativity and the arts give people new and unique ways of thinking and expressing. For young people, art experiences provide opportunities to explore, imagine, and communicate through creative expression.

Triple Play: Implemented into our daily programs as we strive to improve the overall health of members by increasing their daily physical activity, teaching nutrition, and helping develop healthy relationships.

Weight Lifting: This class will educate members on how to use gym equipment and learn the proper form for a wide variety of different exercises. **Open to members ages 12-17 on Wednesdays, 6:00-7:00 PM.**

Club Kids Questions Ages 8 - 17

1. **Is my child safe?** There are staff members located in all program areas. Staff have background checks performed annually and are CPR and First Aid certified.
2. **Can my child go outside?** The Club has an open door policy, which means members may come and go as they please. Caregivers should limit how far their child can stray from the Club. Children not mature enough to handle this responsibility should enroll in programs with direct supervision. It is imperative you establish and enforce these rules. The Club is not responsible for members prior to arrival or if they leave voluntarily.
3. **What should my child bring to the Club?** Children should bring a bathing suit, towel, and a snack or money for snacks. Vending machines are available. If your child brings money, please check the money in at the Club bank.
4. **What shouldn't my child bring to the Club?** Please do not bring expensive items to the Club. The Club is not responsible for lost or stolen items.

Program Area Schedule for Fall Session Ages 8 - 17

Program Area	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Games Room Ages 8 -17	2:30 - 7:00 PM	2:30 - 7:00 PM	1:00 - 7:00 PM	2:30 - 7:00 PM	2:30 - 7:00 PM	3:00 - 4:30 PM
Pond Room Ages 12 - 17	3:30 - 7:00 PM	3:30 - 7:00 PM	3:30 - 7:00 PM	3:30 - 7:00 PM	3:30 - 7:00 PM	
Free Swim Ages 8 - 17	5:10 - 5:40 PM	5:10 - 5:40 PM	5:10 - 5:40 PM	5:10 - 5:40 PM	5:10 - 5:40 PM	4:00 - 4:30 PM
Open Gym Ages 8 - 17	3:30 - 5:30 PM	3:30 - 4:45 PM	3:30 - 4:15 PM	3:30 - 4:00 PM	3:30 - 4:45 PM	3:00 - 4:30 PM
Open Gym & Fitness Room Ages 12 - 17		7:00 - 8:45 PM		7:00 - 8:45 PM	7:00 - 8:45 PM	

Note that Open Gym schedule is subject to change as a result of inclement weather.

Youth Swim

Swim Class Registration

Limited to one swim class per session.

1. A waitlist will be established once classes are filled.
2. Participants must be at least six years of age to register for youth level classes.
3. Concerned about what level to register for? Contact Kim at **kurquhart@abgclub.org**.

Locker Room Safety Rules

1. Food, gum, beverages, and glass items are NOT allowed.
2. Do NOT stand on the benches.
3. NO running or chasing in the Locker Room.
4. Shower before entering the pool.
5. Use of a cell phone in any of the locker room areas is NOT allowed.
6. The Club is NOT responsible for lost or stolen items.
7. Report all losses or injury to the front desk staff.
8. The contents of the lockers will be removed daily and unclaimed items will be donated to charity.
9. Lockers may not be used to store items overnight. Personal locks will be cut off and discarded and items will be confiscated.

Locker Room Access

1. We encourage families to have children come dressed to the Club in their bathing suits in order to make for an easier transition into the pool for your lesson.
2. Children five years of age or younger may enter the locker room of the opposite gender.
3. Children age six or older are not allowed in the locker room of the opposite gender; an individual restroom and changing room are available next to the Learning Center for those who still require assistance from parent/caregiver.
4. Locker rooms are closed to adults when our After School and Club Kids programs are in session.
5. During After School and Club Kids hours, children age six or older will need to use locker rooms independently or the individual changing stalls available next to the Learning Center.
6. During After School and Club Kids hours all adults must use the individual restroom available next to the Learning Center.
7. Children are welcome to use the locker room that best aligns with their gender identity.

Youth Level I: Introduction to Water Skills Ages 6 & Up

Purpose: Comfort in water. Basic water safety rules. Bobbing, blowing bubbles, and locating a submerged object. Swimming, floating, and gliding on front and back.

Activity #	Day	Time	Date	Fee	No Class
121071-AA	Tu	3:25-3:55 PM	9/12-10/17	$100	
121071-AB	W	4:00-4:30 PM	9/13-10/18	$100	
121071-AC	Th	3:25-3:55 PM	9/14-10/19	$100	
121071-AD	F	4:00-4:30 PM	9/15-10/20	$100	
121071-AE	Sa	2:45-3:15 PM	9/16-10/21	$100	
121071-AF	Sa	3:20-3:50 PM	9/16-10/21	$100	
121071-BA	Tu	3:25-3:55 PM	10/24-11/28	$100	
121071-BB	W	4:00-4:30 PM	10/25-11/29	$100	
121071-BC	Th	3:25-3:55 PM	10/26-11/30	$83	11/23
121071-BD	F	4:00-4:30 PM	10/27-12/1	$100	
121071-BE	Sa	2:45-3:15 PM	10/28-12/2	$83	11/11
121071-BF	Sa	3:20-3:50 PM	10/28-12/2	$83	11/11

Youth Level 2: Fundamental Aquatic Skills Ages 6 & Up

Purpose: Success with fundamental skills. Water safety rules. Submerge entire head, front and back glide, and tread water. Bob in water, float, swim using combined stroke on front and back. Includes time in the shallow end and the deep end.

Activity #	Day	Time	Date	Fee	No Class
121072-AA	Tu	3:25-3:55 PM	9/12-10/17	$100	
121072-AB	Tu	4:00-4:30 PM	9/12-10/17	$100	
121072-AC	W	3:25-3:55 PM	9/13-10/18	$100	
121072-AD	W	4:00-4:30 PM	9/13-10/18	$100	
121072-AE	Th	3:25-3:55 PM	9/14-10/19	$100	
121072-AF	Th	4:00-4:30 PM	9/14-10/19	$100	
121072-AG	F	3:25-3:55 PM	9/15-10/20	$100	
121072-AH	F	4:00-4:30 PM	9/15-10/20	$100	
121072-AI	F	5:45-6:15 PM	9/15-10/20	$83	10/13
121072-AJ	Sa	2:45-3:15 PM	9/16-10/21	$100	
121072-AK	Sa	3:20-3:50 PM	9/16-10/21	$100	



YOUTH SWIM

121072-BA	Tu	3:25-3:55 PM	10/24-11/28	$100	
121072-BB	Tu	4:00-4:30 PM	10/24-11/28	$100	
121072-BC	W	3:25-3:55 PM	10/25-11/29	$100	
121072-BD	W	4:00-4:30 PM	10/25-11/29	$100	
121072-BE	Th	3:25-3:55 PM	10/26-11/30	$83	11/23
121072-BF	Th	4:00-4:30 PM	10/26-11/30	$83	11/23
121072-BG	F	3:25-3:55 PM	10/27-12/1	$100	
121072-BH	F	4:00-4:30 PM	10/27-12/1	$100	
121072-BI	F	5:45-6:15 PM	10/27-12/1	$100	
121072-BJ	Sa	2:45-3:15 PM	10/28-12/2	$83	11/11
121072-BK	Sa	3:20-3:50 PM	10/28-12/2	$83	11/11

Youth Level 3: Stroke Development Ages 6 & Up

Purpose: Build on Level 2 skills by additional guided practice. Front and back glide, front crawl, elementary backstroke & scissors kick. Sitting and kneeling dive. Rotary breathing. Survival float & back float. This class is in the deep end.

Activity #	Day	Time	Date	Fee	No Class
121073-AA	Tu	3:25-3:55 PM	9/12-10/17	$100	
121073-AB	Tu	4:35-5:05 PM	9/12-10/17	$100	
121073-AC	W	3:25-3:55 PM	9/13-10/18	$100	
121073-AD	W	4:00-4:30 PM	9/13-10/18	$100	
121073-AE	Th	3:25-3:55 PM	9/14-10/19	$100	
121073-AF	Th	4:00-4:30 PM	9/14-10/19	$100	
121073-AG	Th	4:35-5:05 PM	9/14-10/19	$100	
121073-AH	F	3:25-3:55 PM	9/15-10/20	$100	
121073-AI	F	4:00-4:30 PM	9/15-10/20	$100	
121073-AJ	F	5:45-6:15 PM	9/15-10/20	$83	10/13
121073-AK	Sa	11:10-11:40 AM	9/16-10/21	$100	
121073-AL	Sa	11:45-12:15 PM	9/16-10/21	$100	
121073-BA	Tu	3:25-3:55 PM	10/24-11/28	$100	
121073-BB	Tu	4:35-5:05 PM	10/24-11/28	$100	
121073-BC	W	3:25-3:55 PM	10/25-11/29	$100	
121073-BD	W	4:00-4:30 PM	10/25-11/29	$100	
121073-BE	Th	3:25-3:55 PM	10/26-11/30	$83	11/23
121073-BF	Th	4:00-4:30 PM	10/26-11/30	$83	11/23
121073-BG	Th	4:35-5:05 PM	10/26-11/30	$83	11/23
121073-BH	F	3:25-3:55 PM	10/27-12/1	$100	
121073-BI	F	4:00-4:30 PM	10/27-12/1	$100	
121073-BJ	F	5:45-6:15 PM	10/27-12/1	$100	
121073-BK	Sa	11:10-11:40 AM	10/28-12/2	$83	11/11
121073-BL	Sa	11:45-12:15 PM	10/28-12/2	$83	11/11

Youth Level 4: Stroke Improvement Ages 6 & Up

Purpose: Develop confidence in strokes and aquatic skills. Survival float, back float, elementary backstroke, breaststroke, butterfly, side stroke, and throwing assist. Front and back crawl, open turn on front & back, and diving. **Swim 25 yards.**

Activity #	Day	Time	Date	Fee	No Class
121074-AA	Tu	4:35-5:05 PM	9/12-10/17	$100	
121074-AB	W	3:25-3:55 PM	9/13-10/18	$100	
121074-AC	Th	4:35-5:05 PM	9/14-10/19	$100	
121074-AD	F	3:25-3:55 PM	9/15-10/20	$83	10/13
121074-AE	F	6:20-6:50 PM	9/15-10/20	$100	
121074-AF	Sa	10:00-10:30 AM	9/16-10/21	$100	
121074-AG	Sa	10:35-11:05 AM	9/16-10/21	$100	
121074-BA	Tu	4:35-5:05 PM	10/24-11/28	$100	
121074-BB	W	3:25-3:55 PM	10/25-11/29	$100	
121074-BC	Th	4:35-5:05 PM	10/26-11/30	$83	11/23
121074-BD	F	3:25-3:55 PM	10/27-12/1	$100	
121074-BE	F	6:20-6:50 PM	10/27-12/1	$100	
121074-BF	Sa	10:00-10:30 AM	10/28-12/2	$83	11/11
121074-BG	Sa	10:35-11:05 AM	10/28-12/2	$83	11/11

Youth Level 5: Stroke Refinement Ages 6 & Up

Purpose: Provide coordination and refine strokes, survival swimming, shallow angle dive, front and back crawl. Tuck and pike surface dive. Front crawl and backstroke, flip turns. Elementary backstroke, butterfly, breaststroke, sidestroke. **Swim 50 yards.**

Activity #	Day	Time	Date	Fee
121075-AA	Tu	4:00-4:30 PM	9/12-10/17	$100
121075-AB	W	4:35-5:05 PM	9/13-10/18	$100
121075-AC	F	4:35-5:05 PM	9/15-10/20	$100
121075-BA	Tu	4:00-4:30 PM	10/24-11/28	$100
121075-BB	W	4:35-5:05 PM	10/25-11/29	$100
121075-BC	F	4:35-5:05 PM	10/27-12/1	$100

Youth Level 6: Fitness Swimmer Ages 6 & Up

Purpose: Ease, efficiency, power, & smoothness through different exercises in the water. All classes work on strokes and endurance.

Activity #	Day	Time	Date	Fee
121076-AA	W	4:35-5:05 PM	9/13-10/18	$100
121076-AB	F	4:35-5:05 PM	9/15-10/20	$100
121076-BA	W	4:35-5:05 PM	10/25-11/29	$100
121076-BB	F	4:35-5:05 PM	10/27-12/1	$100

Mission: Swim Possible Ages 10 - 17

This is a Learn-to-Swim class for children that have never learned to swim or are not comfortable in deep water. One of the main focuses will be on water safety.

Activity #	Day	Time	Date	Fee	No Class
Ages 10 - 12:					
121100-AA	F	6:20-7:05 PM	9/15-10/20	$120	10/13
121100-BA	F	6:20-7:05 PM	10/27-12/1	$120	11/24
Ages 12 - 17:					
121101-AA	F	7:10-7:55 PM	9/15-10/20	$120	10/13
121101-BA	F	7:10-7:55 PM	10/27-12/1	$120	11/24

Diving Clinic Ages 8 - 12

Child must be able to pass the 25 yard deep end test. Starting from the basics of a sitting dive all the way through a competitive dive. This 45 minute clinic will include various ways to teach as well as improve diving.

Activity #	Day	Time	Date	Fee
121193-AA	Tu	5:45-6:30 PM	9/12-9/26	$72

Flip Turn Clinic Ages 8 - 12

Child must be at least a Level 4 swimmer. This 45 minute clinic's main focus will be learning/improving front crawl & back crawl flip turns.

Activity #	Day	Time	Date	Fee
121194-AA	Th	5:45-6:30 PM	9/14-9/28	$72

Intramural Swim Team Grades 2 - 5

This is a great option for children in grades 2-5 that want a swim team experience. Each team will feature stroke development & refinement, turn/diving drills, and timed swims. Participants must be able to swim 50 yards in deep water.

Activity #	Day	Time	Date	Fee	No Class
121181-AA	M	3:30-4:15 PM	9/11-11/27	$218	10/9
121181-AB	M	4:20-5:05 PM	9/11-11/27	$218	10/9

Intramural Swim Team Grades 6 - 12

This is a great option for children in grades 6-12 that want a swim team experience. Each team will feature stroke development & refinement, turn/diving drills, and timed swims. Participants must be able to swim 50 yards in deep water.

Activity #	Day	Time	Date	Fee	No Class
121182-AA	M	5:45-6:30 PM	9/11-11/27	$218	10/9

Youth Sports & Fitness

Karate Ages 5 & Up

This class is taught by Jared Blake, a Black Belt with over 20 years of teaching experience. In this martial arts class, we pull the best from multiple forms of defense systems including Kenpo karate, Shoto Kan, Tae Kwon Do, and Jujitsu. Advantages include physical exercise, conditioning, and the development of life skills. Uniform fee $35, payable to the instructor at first class.

Activity #	Day	Time	Date	Fee	No Class
Ages 5 - 7:					
122452-A1	Sa	8:45-9:30 AM	9/16-12/2	$248	10/21, 11/11, 11/25
122452-A2	Sa	10:45-11:30 AM	9/16-12/2	$248	10/21, 11/11, 11/25
Ages 8 - 14:					
122453-A1	Sa	9:45-10:30 AM	9/16-12/2	$248	10/21, 11/11, 11/25

Girls Volleyball Grades 5 - 8

This program covers basic volleyball skills including serving, passing, setting, hitting, and blocking. Games will be played with the primary focus of building and improving the skill sets of each participant. All programs are inclusive of individuals identifying as transgender, non-binary, and gender nonconforming.

Activity #	Day	Time	Date	Fee	No Class
Grades 5 - 6:					
122754-A1	W	5:15-6:00 PM	9/13-10/18	$86	
122754-B1	W	5:15-6:00 PM	10/25-11/29	$72	11/22
Grades 7 - 8:					
122755-A1	W	6:15-7:00 PM	9/13-10/18	$86	
122755-B1	W	6:15-7:00 PM	10/25-11/29	$72	11/22

Family Gym

This is an open time for members to run and play! Friday mornings will be designated for tots ages 1-5. On Saturdays we will divide the gym in half allowing tots to play on one side and elementary school children on the other. Children must be accompanied by an adult at all times. This program will begin September 29 & 30. **Fridays 9:30-11:00 AM and Saturdays 2:00-3:00 PM**.

Biddy Basketball Skills & Drills Grades 1 - 3

Participants will learn/review basic basketball skills and apply them to a variety of drills. Games will be played. The primary focus will be to build on and improve the skill set of each participant. They will learn the rules and be able to apply them in game settings.

Activity #	Day	Time	Date	Fee	No Class
122460-A1	Th	4:00-4:45 PM	9/14-10/19	$86	
122460-B1	Th	4:00-4:45 PM	10/26-11/30	$72	11/23

Biddy Basketball Grades 1 - 3

Designed for players in grades 1-3. On game day, there is a skills and drills session at their scheduled game time each week. Skill sessions last about 15 minutes, followed by a game consisting of (2) 16 minute halves. Games will be played on lowered hoops and officiated by experienced Club staff. Time will be spent learning the rules that apply to the game of basketball. Volunteer coaches are needed. Email Ryan at **rconnolly@abgclub.org**.

Activity #	Day	Time	Date	Fee	No Class
122461-A1	Sa	10:00-1:00PM	9/16-12/2	$125	9/23, 11/11, 11/25

Week 1 & 2 will be skills and drills sessions. **Players with last names A-K 10-11am and last names L-Z 11:30am-12:30pm.** For remainder of season please refer to schedule given out on week two.

Jr. Basketball One & Two Grades 3 - 8

An intramural league designed for fun and stresses the importance of individual and team sportsmanship. The most important concept in our program is that we play to have fun. Everyone plays! Fundamentals are emphasized. Focus is placed on cooperation, not competition. This is a program that involves respect for everyone and a clear understanding of the rules by players, coaches, referees, and caregivers. Games will be played once per week. Volunteer coaches are needed. Email Ryan at **rconnolly@abgclub.org**.

Activity #	Days	Times	Date	Fee
Jr One Grades 3 - 5:				
122462-A1	Tu & F	5 or 6 PM	9/15-11/17	$138

Players in 3rd grade should be comfortable playing on a 10 foot hoop. Less experienced players should start with the Biddy Basketball League. **Week 1 & 2** will be skills and drills sessions, Fridays 6:00-7:00 PM. For remainder of season please refer to schedule given out on week two.

Jr Two Grades 6 - 8 :				
122463-A1	Th	5 or 6 PM	9/14-11/16	$138

Week 1 & 2 will be skills and drills sessions, Thursdays 6:00-7:00 PM. For remainder of season please refer to schedule given out on week two.

Youth Enrichment

Science: STEAM Squad Grades K - 2

Engaging hands-on chemistry projects will encourage kids to be junior scientists. Unlock the secrets of the laboratory to create customized soaps, lotions, and potions. Explore how chemists create formulas and make your own cool products to take home. Next, create and design colorful art-based projects while learning science concepts. Construct a kinetic motion based marble painting, colorful kaleidoscopes, and use chromatography to find hidden colors. Experiment with primary and secondary colors while growing polymers and create a shimmering undersea scene. Classes taught by Wicked Cool for Kids.

Activity #	Day	Time	Date	Fee	No Class
123691-A1	W	3:30-4:30 PM	9/27-12/6	$315	11/22

Modding with Minecraft Grades 2 - 5

Explore, create, or survive! Mine deep into the Minecraft world and create the future! In this creative class, challenge the odds, craft your own kinds of weapons, and build dream worlds using code. Do this while also learning fundamental programming concepts, level design, and problem-solving skills. You will make use of ready-made coding blocks to create mini versions of Minecraft games. Classes taught by The Code Wiz.

Activity #	Day	Time	Date	Fee
123693-A1	Th	4:45-5:45 PM	9/21-10/26	$200

Science: Design & Discovery Club Grade 3 - 5

Kids will love this engineering and chemistry club. Experiment with engineering principles to learn what makes structures strong. Create and test classic architectural shapes such as columns and arches. Select designs to build bridges and soaring skyscrapers. Next unlock the secrets of the laboratory to create customized soaps, lotion, and potions. Explore how chemists create formulas and make your own cool products to take home. Learn about chemical properties and reactions while making fizzing potions and secret solutions! Classes taught by Wicked Cool for Kids.

Activity #	Day	Time	Date	Fee	No Class
123692-A1	W	4:45-5:45 PM	9/27-12/6	$315	11/22



Tot Swim

Swim Class Registration

Limited to one swim class per session.

1. A waitlist will be established once classes are filled.
2. Children who register for a tot swim class without a caregiver must be at least 34 inches to chin level.
3. Children not toilet trained must wear swim diapers or rubber pants over diapers.
4. Concerned about what level to register for? Contact Kim at **kurquhart@abgclub.org**.

Locker Room Safety Rules

1. Food, gum, beverages, and glass items are NOT allowed.
2. Do NOT stand on the benches.
3. NO running or chasing in the Locker Room.
4. Shower before entering the pool.
5. Use of a cell phone in any of the locker room areas is NOT allowed.
6. The Club is NOT responsible for lost or stolen items.
7. Report all losses or injury to the front desk staff.
8. The contents of the lockers will be removed daily and unclaimed items will be donated to charity.
9. Lockers may not be used to store items overnight. Personal locks will be cut off and discarded and items will be confiscated.

Locker Room Access

1. We encourage families to have children come dressed to the Club in their bathing suits in order to make for an easier transition into the pool for your lesson.
2. Children five years of age or younger may enter the locker room of the opposite gender.
3. Children age six or older are not allowed in the locker room of the opposite gender; an individual restroom and changing room are available next to the Learning Center for those who still require assistance from parent/caregiver.
4. Locker rooms are closed to adults when our After School and Club Kids programs are in session.
5. During After School and Club Kids hours, children age six or older will need to use locker rooms independently or the individual changing stalls available next to the Learning Center.
6. During After School and Club Kids hours all adults must use the individual restroom available next to the Learning Center.
7. Children are welcome to use the locker room that best aligns with their gender identity.

Tot Water Babies with Caregiver

Designed to introduce children to the aquatic atmosphere at a young age. Skills include blowing bubbles, kicking on stomach and back, paddling arms, sliding/jumping in, gliding, floating and going underwater. Includes group skills, free play, games & songs.

Activity #	Day	Time	Date	Fee	No Class
Ages 6 - 24 months:					
111011-AA	Sa	10:00-10:30 AM	9/16-10/21	$92	
111011-BA	Sa	10:00-10:30 AM	10/28-12/2	$77	11/11
Ages 24 - 36 months:					
111012-AA	Sa	10:35-11:05AM	9/16-10/21	$92	
111012-AB	Sa	11:10-11:40AM	9/16-10/21	$92	
111012-BA	Sa	10:35-11:05AM	10/28-12/2	$77	11/11
111012-BB	Sa	11:10-11:40AM	10/28-12/2	$77	11/11
Ages 36 - 48 months:					
111013-AA	Sa	11:45-12:15PM	9/16-10/21	$92	
111013-BA	Sa	11:45-12:15PM	10/28-12/2	$77	11/11
Ages 6 months - 4 years:					
111014-AA	W	10:20-10:50AM	9/13-10/18	$92	
111014-AB	F	10:20-10:50AM	9/15-10/20	$92	
111014-BA	W	10:20-10:50AM	10/25-11/29	$92	
111014-BB	F	10:20-10:50AM	10/27-12/1	$92	

Fish Ages 3 - 4 without caregiver

Children must be 34 inches to chin level. Skills: safety, learning to balance & maneuver, kicking on stomach & back, paddling arms, floating, use of barbells, noodles and kickboards, jumping, blowing bubbles, going underwater & confidence building. Includes water games and songs. Taught in the shallow end.

Activity #	Day	Time	Date	Fee
111030-AA	W	10:55-11:25 AM	9/13-10/18	$100
111030-AB	F	10:55-11:25 AM	9/15-10/20	$100
111030-BA	W	10:55-11:25 AM	10/25-11/29	$100
111030-BB	F	10:55-11:25 AM	10/27-12/1	$100

Family Swim

Tuesdays & Thursday 10:30-11:15 AM (limited to 25 people), Saturdays 9:00-9:45 AM (limited to 75 people). Open to all members and immediate family. Children must be accompanied by an adult in the water. One person in the family must be a current member.

Turtles Ages 4 - 5

Refer to Fish description, only difference is ages 4 - 5 years.

Activity #	Day	Time	Date	Fee	No Class
111041-AA	Tu	1:15-1:45 PM	9/12-10/17	$100	
111041-AB	F	1:15-1:45 PM	9/15-10/20	$100	
111041-AC	Sa	1:00-1:30 PM	9/16-10/21	$100	
111041-AD	Sa	1:35-2:05 PM	9/16-10/21	$100	
111041-AE	Sa	2:10-2:40 PM	9/16-10/21	$100	
111041-BA	Tu	1:15-1:45 PM	10/24-11/28	$100	
111041-BB	F	1:15-1:45 PM	10/27-12/1	$100	
111041-BC	Sa	1:00-1:30 PM	10/28-12/2	$83	11/11
111041-BD	Sa	1:35-2:05 PM	10/28-12/2	$83	11/11
111041-BE	Sa	2:10-2:40 PM	10/28-12/2	$83	11/11

Penguins Ages 4 - 5

Child must be able to swim on front without support and comfortable on their back in 4 feet of water.

Activity #	Day	Time	Date	Fee	No Class
111042-AA	Tu	1:15-1:45 PM	9/12-10/17	$100	
111042-AB	Sa	1:00-1:30 PM	9/16-10/21	$100	
111042-AC	Sa	2:10-2:40 PM	9/16-10/21	$100	
111042-BA	Tu	1:15-1:45 PM	10/24-11/28	$100	
111042-BB	Sa	1:00-1:30 PM	10/28-12/2	$83	11/11
111042-BC	Sa	2:10-2:40 PM	10/28-12/2	$83	11/11

Dolphins Ages 4 - 5

Child will be swimming independently in the **DEEP END**. They **MUST** be able to swim the width of the pool doing both front crawl and back crawl.

Activity #	Day	Time	Date	Fee	No Class
111043-AA	Sa	1:35-2:05 PM	9/16-10/21	$100	
111043-BA	Sa	1:35-2:05 PM	10/28-12/2	$83	11/11



Tot Sports & Fitness

Tot Tumble Bumble Ages 2 - 3

This class is for ages 2-3 years with a caregiver. Adults will guide children through an obstacle course, where they will learn beginning gymnastic skills. We roll, climb, jump, and have fun.

Activity #	Day	Time	Date	Fee	No Class
112380-A1	M	9:30-10:15AM	9/11-10/16	$77	10/9
112380-A2	M	10:20-11:05AM	9/11-10/16	$77	10/9
112380-B1	M	9:30-10:15AM	10/23-11/27	$92	
112380-B2	M	10:20-11:05AM	10/23-11/27	$92	

Tumblers Ages 3 - 5

Tumblers I - II: This class teaches the fundamentals of gymnastics in a fun & safe environment. It is designed to develop strength, coordination and flexibility. Basic skills are taught through an obstacle course. **Dress Code:** Children should wear leotards or t-shirts tucked into shorts, and must have bare feet. Long hair must be pulled back tight. Please do not wear jeans, dresses, footed tights, or socks.

Activity #	Day	Time	Date	Fee	No Class
Tumblers I: Ages 3 - 4 years					
112311-A1	M	11:10-11:55AM	9/11-10/16	$77	10/9
112311-B1	M	11:10-11:55AM	10/23-11/27	$92	
Tumblers II: Ages 4 - 5 years					
112312-A1	M	12:30-1:15 PM	9/11-10/16	$77	10/9
112312-A2	M	1:20-2:05 PM	9/11-10/16	$77	10/9
112312-B1	M	12:30-1:15 PM	10/23-11/27	$92	
112312-B2	M	1:20-2:05 PM	10/23-11/27	$92	

All Star Sports Ages 3 - 5

A fun filled class that introduces children to various sports and games. Each class will include a new sport and variety of games.

Activity #	Day	Time	Date	Fee
112272-A1	Tu	1:15-2:00 PM	9/12-10/17	$86
112272-B1	Tu	1:15-2:00 PM	10/24-11/28	$86

Serve & Learn Tennis Ages 4 - 5

Introduces 4 & 5 year olds to basic tennis skills such as forehand and backhand.

Activity #	Day	Time	Date	Fee
112260-A1	F	1:15-2:00 PM	9/15-10/20	$86
112260-B1	F	1:15-2:00 PM	10/27-12/1	$86

Hot Shots Basketball: Pre-K - Kindergarten

Introduces basic skills of basketball including passing, dribbling, and shooting in a fun game situation.

Activity #	Day	Time	Date	Fee	No Class
112290-A1	W	4:15-5:00 PM	9/13-10/18	$86	
112290-A2	Sa	9:00-9:45 AM	9/16 -10/21	$72	9/23
112290-B1	W	4:15-5:00 PM	10/25-11/29	$86	
112290-B2	Sa	9:00-9:45 AM	10/28-12/2	$72	11/11

Tot Enrichment

Music & Movement with Jeff Jam Ages 6 Months - 4 Years

Come join the fun of music and movement for children as Jeff Jam leads a class of singing, clapping, humming, dancing, bouncing, and laughing. Using a variety of traditional children's songs, the class is a fun way to nurture your child's innate musical ability. You will connect with your child as you sing, dance, and play simple rhythm instruments together in a friendly and comfortable environment. Jeff Jam is a certified Music Together® teacher. Class will be held outdoors weather permitting.

Activity #	Day	Time	Date	Fee	No Class
Ages 6 mo - 2 years					
113890-A1	Th	9:00-9:45AM	9/21-10/19	$79	
113890-B1	Th	9:00-9:45AM	10/26-11/30	$79	11/23
Ages 2 years - 4 years					
113891-A1	Th	10:00-10:45AM	9/21-10/19	$79	
113891-B1	Th	10:00-10:45AM	10/26-11/30	$79	11/23



Tot Stay & Play Ages 2 - 3.5 years

Offered for children ages 2 years to 3.5 years without caregiver. The program is designed to promote independence in a relaxed, fun environment. Activities include crafts, fine motor play, music & movement, and outdoor play. A simple snack is provided.

Activity #	Day	Time	Date	Fee	No Class
113651-A2	Th	9:30-11:30AM	9/21-11/30	$330	11/23

Stay & Play FYI:

1. Children will be dropped off in the classroom located in the lower level of the building.
2. Each child's belongings may be left on hooks outside the classroom. It is suggested that each child have a backpack with a change of clothes and diapers, if needed. Jackets and hats should be left on the hooks since outdoor play is scheduled each day, weather permitting.
3. A simple snack (goldfish and water) will be provided each day.
4. Children will be dismissed in the classroom. Caregivers are requested to come into the room to pick up the children.

ABC Preschool

Great Futures Start Here! ABC Preschool welcomes children ages 2.9 through Pre-K. Entering ABC Preschool at the Arlington Boys & Girls Club is the beginning of a lifelong connection. Children enter an amazing place where everyone is dedicated to helping them be their best from preschool to high school & beyond.

Our sunny, spacious, air conditioned classrooms are located in the lower level of the Arlington Boys & Girls Club. We have a private, fenced in playground overlooking beautiful Spy Pond and are able to utilize the facilities at the Club such as the gym and heated indoor swimming pool.

We offer a preschool schedule of either 2, 3 or 5 days as well as a 5 day Pre-K. **Registration for the 2024/2025 school year** will open early November 2023. We welcome parent visits! To schedule a tour or for more information, contact **Judy Andrews, Preschool Director at (781) 648-1617 x216, abcpreschool@abgclub.org**.

Family Gym

This is an open time for members to run and play! Friday mornings will be designated for tots ages 1-5. On Saturdays we will divide the gym in half allowing tots to play on one side and elementary school children on the other. Children must be accompanied by an adult at all times. This program will begin September 29 & 30. **Fridays 9:30-11:00 AM and Saturdays 2:00-3:00 PM**.

Adult Program

Membership

Membership includes use of pool, gym, fitness room. **Guest Fee:** $8.00 per day, or purchase a multi-visit punch card.

	Yearly	9Mo.	3Mo.	1Mo.
Adult 18 - 64	$310	$295	$152	$63
Students/Seniors	$210	$179	$105	$63

Adult Basketball Membership: Saturday mornings 7:00-8:45 AM. September through May. Fee: $185

ADULT SWIM HOURS: Sept 11 - Mid June

Morning:	M, W, F	6:00 - 9:15 AM
	Tu, Th	7:00 - 9:15 AM
	Sat	7:00 - 8:45 AM
Midday:	M-F	11:30 AM - 1:00 PM *

* No midday hours during public school vacations (Dec, Feb, Apr)

ADULT FITNESS ROOM HOURS: Sept 11 - Mid June

Morning:	M-W-F	6:00 AM - 1:00 PM *
	Tu-Th	7:00 AM - 1:00 PM *
	Sat	7:00 - 8:45 AM

* Fitness room closes at 9:15 AM during public school vacations (Dec, Feb, Apr)

ADULT GYM HOURS: Sept 11 - Mid June

Morning:	W, F	6:00 - 8:45 AM
	Tu, Th	7:00 - 8:45 AM
	Sat	7:00 - 8:45 AM

Multi - Visit Punch Card

A punch can be used for daily swim, aquacize, gym, and fitness room.

- 4 visits: $29 non-members, $24 members
- 8 visits: $57 non-members, $44 members
- 12 visits: $84 non-members, $63 members

Adult Classes

Aquacize

Stretching, toning in the pool. Daytime classes Tue, Wed, Thu, and Fri 9:30-10:15 AM. Fee: $8.00 per class, or purchase a multi-visit punch card.

Teen/Adult Swim Lessons

This class is designed for people that cannot swim and people who want to improve their swimming ability. The instructor will focus on each person's individual needs. Membership not required.

Activity #	Day	Time	Date	Fee	No Class
131100-AA	M	7:20-7:50 PM	9/11-10/16	$93	10/9
131100-BA	M	7:20-7:50 PM	10/23-11/27	$112	

Special Needs Swim Training

Program trains athletes for pre-competitive and competitive swim team. Encourages working as a team and striving for improvement. Must meet program criteria to participate, including the ability to pass a 25 yard unassisted swim test. New members must meet with coaches before enrolling.

Activity #	Day	Time	Date	Fee	No Class
131110-AA	M	6:30-7:15 PM	10/2-6/10/24	$180	10/9

46th Annual Golf Classic Winchester Country Club

Monday October 2nd: Join us for a day of golfing at one of the areas most prestigious golf courses. Reserve your spot now and be a part of this longstanding fundraiser which boasts an unrivaled experience at the beautiful and serene Winchester Country Club and combines world-class golfing with a wonderful cause. This fabulous outing includes eighteen holes of golf with cart, lunch, golf memento, and raffles. Sponsorship opportunities are welcomed and available. For more information contact Derek at **dcurran@abgclub.org**.

Family Swim

Tuesdays & Thursdays 10:30-11:15 AM (limited to 25 people), Saturdays 9:00-9:45 AM (limited to 75 people). Open to all members and immediate family. Children must be accompanied by an adult in the water. One person in the family must be a current member of the Club.

Registration Info

1. Online **SWIM** registration begins **Tuesday August 1st at 10:00 AM**.
2. Online registration for all other spring programs begins **Wednesday August 2nd at 10:00 AM**.
3. Walk-in and phone-in registration begins **Thursday August 3rd at 10:00 AM**.
4. Club membership must be current throughout the program to register.

Payment

Payment by check, cash, or credit card is due in full at the time of registration.

1. Make checks payable to Arlington Boys & Girls Club.
2. Financial assistance is available - email Gina at **gduddy@abgclub.org**.
3. **NO REFUNDS** OR **CREDITS** for classes or memberships.

Online Registration

Visit our website at **ABGClub.org. PLEASE NOTE:** If you are a Club member, you already have a username and password - if you do not know it, please call the Club.

To register:

1. Go to **ABGClub.org** and click "Register Online" on the top right.
2. Log-in with your username and password.
3. To purchase or renew a membership click "Shop" in the top border, then click "Pass Registration" or "Pass Renewal" from the drop-down menu.
4. To register for an activity click "Shop" in the top border, then click "Activity Enrollment" from the drop-down menu.
5. You can also browse activities by clicking on the various photos on **webtrac.abgclub.org**.

Make Webtrac work for you

First, be sure we have your current email address.
Email Gina at **gduddy@abgclub.org** to update your account.
Once logged in to Webtrac you can:

- Reprint receipts
- Print Childcare Statements with tax ID info
- Print household activity calendars

Registration Application

Last Name: _____ **First Name:** _____ **Phone:** _____

Street: _____ **Town:** _____ **Zip:** _____

Current Membership required to register.

Class #	**Session#**	**Class Name**	**Fee**
1.			
2.			
3.			

60 Pond Lane
Arlington, MA 02474-6586
T. 781 648-1617
F. 781 648-5064
www.abgclub.org

YES! I would like to make a tax-deductible donation to the Arlington Boys and Girls Club:

☐ $25 ☐ $50 ☐ $100 ☐ Other $_____

I hereby give my permission for my child to join the Arlington Boys & Girls Club and to participate in all Club activities and acknowledge that my child is fit and capable of participating in these activities. I waive all rights and claims against the Arlington Boys & Girls Club, Inc., its Staff or Board of Directors, for all damages or injuries which may occur while my child participates in Club sponsored activities. I have received a copy of the policies and have read the rules and regulations of the Arlington Boys & Girls Club.

Signature of Parent and/or Guardian: _____ **Date:** _____

[Fee Paid: $ _____ Date: _____ Staff: _____]

Credit Card Payment: MasterCard, Visa, Discover or American Express

Name: _____ **Signature:** _____

Card Number: _____ **Exp Date:** _____

Child Membership Application

Membership is valid from one year from registration date. Membership must be active through-out the duration of programs. Membership fee is $30.00.

Last Name: _____ **First Name:** _____
Address: _____ **Town:** _____ **Zip:**_____ **Date of Birth:** __/__/__ **Age:** ___
Gender: _____ **Language:** _____ **Race/Ethnicity:** _____

Primary Guardian: _____ **Address:** _____
Home Phone: _____ **Cell Phone:** _____ **Work Phone:** _____
Email: _____

Secondary Guardian: _____ **Address:** _____
Home Phone: _____ **Cell Phone:** _____ **Work Phone:** _____
Email: _____

Person To Contact If Parent Cannot Be Reached:
Name:_____ **Relationship:** _____ **Primary Phone:** _____

How did you hear about the Boys & Girls Club? _____

I hereby give my permission for my child to join the Arlington Boys & Girls Club and participate in all Club activities and acknowledge that my child is fit and capable of participating in these activities. I waive all rights for claims that I may have against the Arlington Boys & Girls Club, Inc. its staff or Board of Directors for damages or injuries, which may occur while my child participates in Club, sponsored activities. I understand that the Arlington Boys & Girls Club does not carry personal injury or accident insurance.

Signature: _____ **Date:** _____

Medical History: All parents are encouraged to complete this optional medical form. In the event of a medical emergency, the Boys & Girls Club will provide this information to emergency service personnel caring for your child. The Boys & Girls Club does not assume the responsibility of verifying or updating the information provided. The parents or guardian are urged to inform the Boys & Girls Club of any changes in the physical condition.

Please list any important allergies/medical information: : _____

Photo Release: I hereby give my permission for photographs and videos depicting my child, to be taken and used exclusively at the Arlington Boys & Girls Club, on their website, social media and in printed materials including the seasonal brochure and the local newspaper.

Signature: _____ **Date:** _____

********** **FOR OFFICE USE ONLY** **********

New: ____ **Renew:** ____
Date: _____
Amt Paid: _____
Staff: _____

Now accepting applications for the 2023 / 2024 school year

ABC PRESCHOOL

ABC Preschool is a school year program offering classes for children ages 2.9 to 5 years old. We offer two, three, and five day preschool programs, a five day pre-k program and extended day options until 3pm, at affordable prices. For more information contact Preschool Director Judy Andrews at 781-648-1617 x216 or visit our website at **ABGClub.org**.

SAVE THE DATES ⟩

46th Annual Golf Classic at Winchester Country Club Monday, October 2nd

This fabulous outing includes eighteen holes of golf with cart, lunch, golf memento, and raffles at the prestigious Winchester Country Club. All proceeds from this tournament directly support youth programs at the Club. Sponsorship opportunities are welcomed and available. Registration information will be available at **ABGClub.org**.

Fall Family Festival Friday, October 13th 6:00 PM

Join us at the Arlington Boys & Girls Club for the 12th Annual Fall Family Festival. There will be fun seasonal activities including decorate-your-own-pumpkin, a pumpkin carving contest, outdoor fall themed movies, a moon bounce, and light fare for the whole family. This event is sponsored by M&T Bank. More details will be available at **ABGClub.org**.

Annual Christmas Tree & Wreath Sale Begins November 25th

Our Annual Christmas Tree Sale will begin on Saturday, November 25th. Trees and Wreaths will be on sale seven days a week. Stay tuned for more information and volunteer opportunities!

GREAT FUTURES START HERE.

ARLINGTON BOYS & GIRLS CLUB

Arlington Boys & Girls Club
Sixty Pond Lane
Arlington, MA 02474-6586
Phone 781-648-1617
Fax 781-648-5064
E-mail abgclub@abgclub.org
ABGClub.org