

Impact Report

2024



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About us

Who are we?

Welcome to Impactful Lives, we have been here to support the LGBTQ+ communities since our inception in 2023 with 100% volunteers and the commitment to conduct charitable activities.

We are striving to promote mental health awareness and wellbeing across the counties.

As you explore this brochure, we invite you to discover more about Impactful Lives, our events, services, and the value we bring to society.

Our Charity Objects & Aims

1. To preserve and protect the physical and mental health of LGBTQ+ persons suffering from stigma or bias by the provision of Mentoring or Counselling and support for such persons and by such other means as the trustees may from time to time decide.
2. To preserve and protect the physical and mental health of LGBTQ+ persons who are disabled by such means as the trustees may from time to time decide.
3. To promote equality and diversity by providing support to LGBTQ+ persons and by raising awareness of issues that may affect that community.

Meet the Team



Andrew Waite
Chair of
Trustees



Alexander
Oliveira
Trustee



Suzanne
Fox
Trustee



Jasbir
Surana
Trustee



Clerene
Allen
Trustee



Alex
Parry
Volunteer



Ben
Wallace
Volunteer



Michaela
Curran
Volunteer



Paula
Connolly
Volunteer



Alana
Davoren
Volunteer



Tony
Lankester
Volunteer



Kristian
Szczerbiak
Volunteer

Our Achievements 2023-2024



Impactful Lives Launch Day was a fabulous affair with many guests joining us at the Watford Museum on the 07th June 2023.

Our organisation is deeply committed to fostering inclusivity and support within the wider community. Over the past year, we've achieved significant milestones, including establishing peer support groups, hosting social events, providing education for professionals, and offering Mentoring services to explore housing, social & domestic issues and employment needs.

Our membership has steadily grown, reflecting the impact of our efforts. We prioritize collaboration with and empowerment of the LGBTQ+ communities, demonstrating our dedication to positive change.

Our monthly events are held at the historic LGBTQ+ venue "Load of Hay" in Hertfordshire where our Blankety Snatch events fostered new friendships and reduced isolation. We have zero paid staff, instead we have twelve 100% dedicated volunteers and trustees, and a continuous stream of newcomers eager to join our cause, we take pride in the lives we're positively impacting.



Organisations we have worked with



We are deeply committed to empowering our community, and since our inception, we have actively engaged with like-minded organisations across Hertfordshire.

Through strategic partnerships and collaborations, we aim to amplify our impact and provide comprehensive support to those in need.

By working hand-in-hand with other entities that share our values and goals, we strengthen our ability to address pressing challenges and create meaningful change. Together, we are building a more resilient and inclusive community where everyone has the opportunity to thrive.



With grateful thanks to our donors



Highlights of our past events

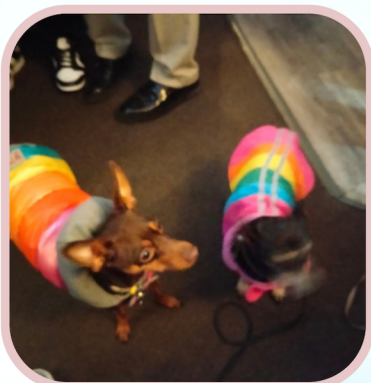
NATIONAL COMING OUT DAY



Our Monthly
Event got people
thinking on their
feet.
Blankety Snatch:
Prizes, Friends &
Fun.

BLANKETY SNATCH

LGBTQ+ positive role models





IMPACTFUL GOVERNANCE
Community Interest Company

What is Mentoring?

Having achieved so much in 2023-2024, we now have a clear path for Impactful Lives to work with Impactful Governance to deliver more projects during 2024-25 focused on:



INDIVIDUAL MENTORING (REMOTE)

Difficulties in daily LGBTQ+ life, work, relationships, safety, security, income, housing, health, family, friends, love, trust, fun, desires, hobbies, interests and much more...

What do we do?

- Tailored support to listen and help you from your own solutions
- Individual sessions are support for you and ways of overcoming obstacles or enabling you to achieve your own goals.

Our mentoring support offers you :

Needs identified with you in session one

4x1 hour to focus on you and your topics

LGBTQ+ people, for LGBTQ+ people.

What is it ?

We provide tailored support to listen and help you form your own conclusions.

By guiding you to find a clearer way to achieve your goals.

How do we help?

- A clear agreement is made at the outset
- Delivered online (zoom) for your privacy
- 4x1 hour to focus you and your topic- see www.ig-cic.org.uk



Work



Safety



Security



Income



Relationship

We can help you resolve a range of issues and set your own goals.

And more...

Please visit : www.il-org.uk

Do not hesitate to sign up for it, it's completely free (subject to allocated funding).

What is The Rainbow Lottery?

The Rainbow Lottery is a weekly online lottery. All funds raised go to good causes that benefit the LGBTQ+ community.



How does it work ?

Each ticket costs £1 per week and consists of six numbers. The more numbers you match in a draw the bigger the prize you win. When playing please **select Impactful Lives** as your beneficiary and you will support our charity with 50 pence of every pound you spend.

How can you win ?

Matching numbers:
You must match the first or last 2-6 numbers in a row to win!
The odds of winning any prize are 50:1.

**You could win up to
£25,000**



Scan here to play the Rainbow Lottery.



Life Mentoring

LGBTQ+ & Disability Inclusive Activities

Social Events & Safe Spaces

Raising Awareness

WWW.IL-ORG.UK

01923 231660

Events, Training and Presentations

Hertfordshire Partnership Foundation Trust (HPFT)

LGBTQ+ History Month

Date : Monday 26th February

During February (LGBTQ+ history Month) we were invited to co-host at the HPFT LGBTQ+ history month event, where our Chair of Trustee's Andrew Waite gave a presentation to NHS staff highlighting the current difficulties the community faces but also celebrating all LGBTQ+ roles models that have contributed throughout history.



Gaydio

Date : Monday 04th March

Impactful lives had the opportunity to present at Gaydio Networking Event in London. It was a great opportunity to introduce the charity and tell everyone about the work that we do.



Amazon & PepsiCo

Date : Wednesday 27th March

We networked our socks off at Amazon and asked the panel when they will allow LGBTQ+ organisations to be part of their supply chain, it meets their Corporate Social Responsibility.



Zodiac Bar - Hazell Dean

Date : Saturday 20th April

We were introduced to Hazell Dean by the owner of Zodiac Bar, London (Dee).

LGBTQ+ Queers & Peers Group 2024

**When were the
2023 - 2024
Groups?**

**Time: Tuesday 7-9pm
Location: Tesco Community Room
WD17 2BD**

**queer
as folk**

04th Sep
2023

02nd Oct
2023

06th Nov
2023

14th Dec
2023

06th Feb
2024

05th
Mar
2024

09th Apr
2024

07th May
2024

What will you prepare for future events?

Everyone brings a topic and the group decides through a qualified LGBTQ+ Mentor process.

All sessions are led by LGBTQ+ people and are for LGBTQ+ people.



Gender Awareness Training

We also delivered Gender awareness training for AGE UK Hertfordshire in partnership with Impactful Governance with great success.

Supported by:



Visit
www.il-org.uk
for more
information !



Supported by:



**WATFORD
BOROUGH
COUNCIL**

**YELLOW IS THE LAST COLOUR
TO GO IN YOUR SIGHT!**
DID YOU KNOW?

**FONT
SIZE**

**DISABILITY
ADJUSTMENTS**

100%

Point 16

Our window stickers & beer mats
are in yellow because they...

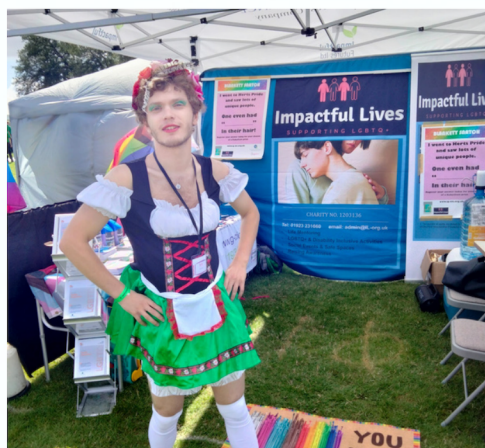
**Need to be in
clear focus**

POINT 12 - IS TOO SMALL FOR MOST PEOPLE WITH SIGHT ISSUES

North Herts Pride July



Hertfordshire Pride August



Other Impactful Events



***We are in the
London Pride
Parade on
Saturday 29th
June 2024!***

**Winter
Rainbows**

January 12th

**LGBTQ+ History
Month**

February 16th

**Blankety Snatch
Res-Erected**

March 15th

**Eurovision Song
Contest Final**

May 11th

Hawaiian

September 14th

Sparkles

November 15th



Santa's Ball

December 6th



LGBTQ+ History Makers

These incredible LGBTQ+ individuals were pioneers in opening up doors for a better, more inclusive society and there are many more. Will you be the next ?

During February (LGBTQ+ history Month) we also co-hosted at the HPFT LGBTQ+ history month event, where our Chair of Trustee's Andrew Waite gave a presentation to NHS staff highlighting the current difficulties the community faces but also celebrating all LGBTQ+ role models that have contributed throughout history.



Alexander
the Great



Sappho



Michelangelo



Queen
Christina



Anthony
Bacon



Anne Lister



Lord Byron



Virginia
Woolf



Alan Turing



Joe Orton



W.H.
Auden



Marcel
Proust



Eleanor
Roosevelt



CHARITY NO. 1203136



CHARITY COMMISSION
FOR ENGLAND AND WALES

1. The preservation and protection of the physical and mental health of LGBTQ+ persons suffering from stigma or bias by the provision of Mentoring or Counselling and support for such persons and by such other means as the trustees may from time to time decide.
2. The preservation and protection of the physical and mental health of LGBTQ+ persons who are disabled by such means as the trustees may from time to time decide.
3. The promotion of equality and diversity by providing support to LGBTQ+ persons and by raising awareness of issues that may affect that community.

Members of:



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Email: admin@il-org.uk.

Website: <https://il-org.uk>