

13417 PUMICE ST.
NORWALK, CA 90650
562.404.9339
www.anddance.com
IG: and_dancenorwalk

SCHEDULE 2025-26



Monday

4-5 pm

- **Future Stars (Tap/Ballet) 4-5 yrs**
Studio C Jaclyn Patras

5-6 pm

- **Ballet 1 - 6-10 yrs**
Studio A Maddie Frembling
- **Jazz 1 - 6-8 yrs**
Studio B Jaclyn Patras
- **Future Stars (Tap/Ballet) 2.5-3 yrs**
Studio C Natalie Sepulveda
- **Flex/Strength - Open Age**
Studio D Toni Arizmendi

6-7:30 pm

- **Ballet 3 - 9+ yrs**
Studio A Maddie Frembling
- **Jazz 4/5 - 12+ yrs**
Studio B Toni Arizmendi

6-7 pm

- **Tap 1 - 6-8 yrs**
Studio C Jaclyn Patras
- **Jazz 1/2 - 9-11 yrs**
Studio D Natalie Sepulveda

7-7:45 pm

- **Tot Hop - 3-5 yrs**
Studio C Natalie Sepulveda

7-8 pm

- **Adult Hip Hop - 18+ yrs**
Studio D Ellie Sabry

7:30-9 pm

- **Ballet 4/5 - 11+ yrs**
Studio A Maddie Frembling

7:30-8:30 pm

- **Jazz/Tap Combo - 7-11 yrs**
Studio B Jaclyn Patras

8-9 pm

- **Adult Ballet 1 - 18+ yrs**
Studio D Natalie Sepulveda

9-9:30 pm

- **Pre - Pointe - by placement**
Studio A Maddie Frembling

9-9:30 pm

- **Adult Tap - 18+ yrs**
Studio B Toni Arizmendi

Tuesday

5-6 pm

- **Jazz 2/3 - 9-12 yrs**
Studio A Jaclyn Patras
- **Ballet 2 - 8+ yrs**
Studio B Maddie Frembling
- **Tumbling Stars 4-6 yrs**
Studio C TaNoah Tillman
- **Contemporary 2/3 - 12+ yrs**
Studio D Ellie Sabry

6-7 pm

- **Jazz 1/2 - 6-10 yrs**
Studio A Jaclyn Patras
- **Future Stars (Tap/Ballet) 4-5 yrs**
Studio C TaNoah Tillman
- **Hip Hop 2 - 12+**
Studio D Ellie Sabry

6-7:30 pm

- **Ballet 4 - 9-12 yrs**
Studio B Maddie Frembling

7-8 pm

- **Teen Ballet 1/2 - 12+ yrs**
Studio A Natalie Sepulveda
- **Jazz 1 - 4-6 yrs**
Studio C Jaclyn Patras
- **Contemporary 1 - 9+ yrs**
Studio D Ellie Sabry

7:30-9 pm

- **Ballet 3 - 12+ yrs**
Studio B Maddie Frembling

8-9pm

- **Teen Jazz 1/2 - 11+ yrs**
Studio D Jaclyn Patras

9-9:45 pm

- **Pointe - by placement**
Studio B Maddie Frembling



Wednesday

5-5:45 pm

- **Tot Hop - 3-5 yrs**
Studio A Aubree Perez

5-6 pm

- **Tap 4/5 - 12+ yrs**
Studio B Toni Arizmendi
- **Future Stars (Tap/Ballet) 4-5 yrs**
Studio C Natalie Sepulveda
- **Acro 1 - 8+ yrs**
Studio D Madison Frembling

5:45-6:30 pm

- **Tumbling Stars - 3-5 yrs**
Studio A Aubree Perez

6:30-7:30 pm

- **Contemporary 4/5- 12+**
Studio A Ellie Sabry
- **Tap 1 - 8-12 yrs**
Studio D Natalie Sepulveda

6:30-7:30 pm

- **Jazz 2/3 - 9-12 yrs**
Studio B Maddie Frembling
- **Jazz 1 - 6-8 yrs**
Studio C Toni Arizmendi

7:30-8:30 pm

- **Tap 3 - 9+ yrs**
Studio B Toni Arizmendi
- **Acro - 6-8 yrs**
Studio C Aubree Perez
- **Hip Hop 1 - 6-11 yrs**
Studio D Natalie Sepulveda

7:30-9 pm

- **Ballet 4/5 - 12+ yrs**
Studio A Maddie Frembling



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SCHEDULE 2025-26



Thursday

4:30-6

- **Acro 3- by placement**
Studio D Madison Frembling

5-6 pm

- **Tap 2 - 7-11 yrs**
Studio A Jaclyn Patras
- **Hip Hop 1 - 6-8 yrs**
Studio B Ellie Sabry
- **Future Stars (Tap/Ballet) 4-5 yrs**
Studio C Natalie Sepulveda

6-7 pm

- **Ballet 1 - 6-8 yrs**
Studio A Maddie Frembling
- **Musical Theatre - 6-11 yrs**
Studio B Natalie Sepulveda
- **Future Stars (Tap/Ballet) 2.5-3 yrs**
Studio C Jaclyn Patras
- **Jazz 1/2 - 12+ yrs**
Studio D Ellie Sabry

7-8 pm

- **Jazz 4/5 - 12+ yrs**
Studio A Madison Frembling
- **Jazz 3 - 11+ yrs**
Studio B Jaclyn Patras
- **Tot Hop - 3-5 yrs (7-7:45)**
Studio C Natalie Sepulveda
- **Hip Hop 2 - 8-12 yrs**
Studio D Ellie Sabry

8-9 pm

- **Musical Theater - 12+ yrs**
Studio A Madison Frembling
- **Teen Tap 1 - 11+ yrs**
Studio B Jaclyn Patras



Friday

4-5 pm

- **Stretch, Strength & Turns - 5-8 yrs**
Studio A Jaclyn Patras
- **Future Stars (Tap/Ballet) 4-5 yrs**
Studio C Natalie Sepulveda
- **Hip Hop 1 - 8-12 yrs**
Studio D Chadd Moreau

5-6 pm

- **Ballet 1 - 5-8 yrs**
Studio A Jaclyn Patras
- **Tap 1 - 6-8 yrs**
Studio C Toni Arizmendi
- **Hip Hop 2 - 8-12 yrs**
Studio D Chadd Moreau

6-7 pm

- **Future Stars (Tap/Ballet) 5-6 yrs**
Studio C Jaclyn Patras

7-7:45 pm

- **Tumbling Stars 5-6 yrs**
Studio C Jaclyn Patras

7-8 pm

- **Acro 2 - by placement**
Studio D Madison Frembling



Saturday

9-10am

- **Ballet 1 - 6-9 yrs**
Studio A Natalie Sepulveda
- **Ballet 2/3 - 9-12 yrs**
Studio B Toni Arizmendi
- **Future Stars (Tap/Ballet) 4-5 yrs**
Studio C Payton Kimmel
- **Hip Hop 1 - 6-10 yrs**
Studio D TaNoah Tillman

10-11 am

- **Musical Theatre - 6-8 yrs**
Studio A Natalie Sepulveda
- **Tap 2 - 9-12 yrs**
Studio B Toni Arizmendi
- **Future Stars 2.5-3 yrs**
Studio C Payton Kimmel
- **Hip Hop 4 - 12+ yrs**
Studio D Chadd Moreau

11-12 pm

- **Tricks and Turns Beg./Int - 8+ yrs**
Studio A Natalie Sepulveda
- **Tricks and Turns Adv. - 12+ yrs**
Studio B Toni Arizmendi
- **Tumbling Stars 3-4**
Studio C Payton Kimmel
- **Hip Hop 2/3 - 9-12 yrs**
Studio D Chadd Moreau

12-1 pm

- **All Boys Hip Hop - 9-12 yrs**
Studio D Chadd Moreau

Sunday

9-10 am

- **Jazz/Tap 6-10 yrs**
Studio A Payton Kimmel

10-11 am

- **Future Stars 3-5 yrs**
Studio A Payton Kimmel