



## 16TH SUNDAY IN ORDINARY TIME

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“He replied, ‘No, if you pull up the weeds you might uproot the wheat along with them. Let them grow together until harvest.’” - Mt 13:29-30



### CHURCH OPEN

8:30am - 4:00pm Monday-Friday

2:00pm-4:00pm Saturday;

### THIS WEEK @ ASCENSION

**Saturday, 7/22/2023**

2nd Collection: Building Fund

- ♦ 3:00pm - 4:00pm - Confession
- ♦ 4:30pm - Mass

**Sunday, 7/23/23**

2nd Collection: Building Fund

- ♦ 8:30am - Mass
- ♦ 11:00am - Mass (Livestreamed)
- ♦ 5:30pm - Mass

**Monday, 7/24/2023**

- ♦ 8:30am - Mass (Livestreamed)
- ♦ 3:00pm - Chaplet & Adoration

**Tuesday, 7/25/2023**

- ♦ 8:30am - Mass (Livestreamed)
- ♦ 9:00am - Pro-Life Rosary
- ♦ 3:00pm - No Chaplet or Adoration
- ♦ 7:00pm- Parish Encounter Evening w/ Adoration, Praise & Worship, "Social"

**Wednesday, 7/26/2023**

- ♦ 8:30am - Mass (Livestreamed)
- ♦ After Mass - Coffee Social
- ♦ 3:00pm- No Chaplet or Adoration

**Thursday, 7/27/2023**

- ♦ 8:30am - Communion Service
- ♦ 3:00pm - Chaplet & Adoration

**Friday, 7/28/2023**

- ♦ 8:30am - Mass (Livestreamed)
- ♦ 3:00pm - Chaplet & Adoration

**Email Prayer List Request  
to [office@ascension-sd.org](mailto:office@ascension-sd.org)**

Please include the details of the name/s to be added & indicate those deceased by adding a (+) symbol at the end of their name.

## MASS Intentions

Sat, July 22nd	4:30pm	1. Antonia de Sousa† 2. Carl Jackson Sr.† & Rosemary Jackson
Sun, July 23rd	8:30am	John Bigornia†
	11:00am	Parishioners of Ascension
	5:30pm	Giuseppe Costa †
Mon, July 24th	8:30am	1. Robert Bangayar† 2. John Larkins Bertha Felix†
Tues, July 25th	8:30am	Sam Beamon†
Wed, July 26th	8:30am	Roberto Domingo Cathy Wu† Joanna Baker†
Thurs, July 27th	8.30am	Communion Service
Fri, July 28th	8:30am	Justin Schaefer† Paul Simon†
Sat, July 29th	4:30pm	Marc Hyman† Ghislaine Lachanance† Lise St.Duge†

## PRAYER REQUEST



If you have a name/s to be included in this prayer list, please contact the parish office. The "†" indicates that the person is deceased. Names will remain on the list for one month (space providing).

Alex Polifka  
Marc Hyman†  
Sheila Barker  
Dorothy Croxton  
Martha Becerra  
Maria Belflower  
Madeline Vogt  
Ann Villarba  
Bert & Remy Domingo  
David & Elizabeth G  
Laxamana  
Monique Hill  
Ella Ingrid Lopez  
Ken Harris

Joanna Baker†  
Tim Collins†  
Rose Hyll†  
Christina Anella†  
Stephanie Nguyen  
Karen Garcilazo†  
The Porlus Family  
Claudia Navarrete†  
Rev. Geogre Lucas CSC  
Louise Palazola†  
Vanessa Casison-Ving  
Kevin Casison-Ving  
Rosemary Groom  
Cathy Wu†  
Georgia Olsen

# ASCENSION MINISTRIES & GROUPS



Altar Flowers: Rosa Germain	858-279-7397
Altar Servers: (Children) Tom Tomp	858-496-9267
Altar Servers: (Adult) Carlos Becerra	858-337-6474
Altar Committee: Marilyn Kachok	858-278-3155
Parish Fellowship: Henry Ng	858-223-3380
Men's Fellowship: Deacon Adam	858-279-2735
Baptisms: Deacon Adam      deaconadam@ascension-sd.org	
Bereavement Ministry: Pat Berkebille	858-278-5497
Caring for the Whole Person:	858-279-2735
Deacon Jim & Mattie Scull	
Children's Liturgy of the Word:	858-279-2735
Coffee & Donuts: Sharla Hank	619-315-5553
Eucharistic Ministers: Fran Lebron	858-442-1826
Fiesta Chair: Henry Ng	858-279-2735
Finance Council: Joe Kennedy	858-279-8413
First Friday Adoration: Maxima Agnas	858-278-4543
Golden Circle: Dennis & Yolanda James	858-715-8697
Grief Support: Sandy Canzoneri	858-565-2101
Knights of Columbus: Mark Elfman	858-775-4647
Lectors: Fran Lebron	858-442-1826
Love Our Priests: Jean Hosenkamp	858-560-7132
Marian Prayer Group: Rosa Germain	858-279-7397
Military Outreach: Rick Kania	858-405-3013
MOC: Deacon Jim      deaconjim@ascension-sd.org	
Ministry to the Sick: Deacon Jim	858-279-2735
Music Ministry:	
(Sat 4:30 PM) Billy Fallon      billy@ascension-sd.org	
(8:30AM) Chans Valdez      chans@ascension-sd.org	
(11:00AM) Marianne Gutierrez      marianne@ascension-sd.org	
(Sun 5:30PM) John Sperrazzo      john@ascension-sd.org	
Pastoral Council:	858-279-2735
Prayer Quilts: Gail Janes	858-414-6361
Pro-Life: David Akers	858-437-1445
RCIA: Bonnie Curtis	858-279-2735
RCIC:	858-279-2735
Rentals: Parish Office	858-279-2735
Single Seniors Fellowship: Danielle Deaton	858-278-0755
Ushers/Hospitality: Rosie Struyk	858-268-9566

## Your Gift of Treasure:

**Weekend of July 16th, 2023**  
With gratitude for the gifts we have received, parishioners and visitors made a joyful return to the Lord of the following:

	07/15/23	07/16/22
Collection	\$8383.27	\$10,991.98
Fiscal YTD	23,976.47	\$27,846.09

**ACA 2023 Goal: \$36,116.00**  
**Amount paid as of July 16th**  
**\$25,971.80**

**Church Renovation donations:**  
**\$4208.27**

**Thank you for your support & generosity!**

For online donations scan the QR Code to be taken directly to the Ascension donation page.

At Mass, drop envelopes in Offering baskets. We appreciate your continued financial support.

Thank you and God bless.



**SECOND COLLECTION FOR  
THE BUILDING FUND  
THIS WEEKEND JULY 22-23**

## New to the Parish?

Don't forget to Register with the office to ensure you are receiving all communication on Updates and Parish Events.  
Office - 858.279.2735

We are in great need of liturgical ministers.

We are all called to serve the Church, as the Church serves us. One of the many ways this can be done is through Liturgical Ministry. Commitment can vary from 1-4 weekends a month, training is provided.

The roles, descriptions and where the greatest need is are listed below.

## Called to Serve

### *Liturgical Ministers*



### Lector

Lectors proclaim the Word of God during liturgical celebrations. Lectors also offers the Intercessions (when a Deacon is not present). Resources for studying the Lectionary in provided. **Training will be on Mon., Aug. 14th at 7:00 p.m. at the Parish church.**

***Great need at 4:30 p.m., 11:00 am and 5:30 p.m. Masses***

### Extraordinary Minister of Holy Communion

(*Confirmed Catholic, any age*): Distribute the Precious Body and Blood of Christ during the Mass. Training is provided to ensure proper care and reverence of the Eucharist is shown. **Training will be on Mon., Aug. 7th at 7:00 p.m. at the Parish church.**

***Great need at 4:30 p.m., 11:00 am and 5:30 p.m. Masses***

### Minister of Hospitality

(*Elementary School accompanied by adult — Adult*): Extend hospitality to all throughout the worship experience. This includes greeting at church doors, distributing liturgical resources, assisting with seating, taking the collections, ushering Holy Communion and dismissing. Leadership role of Captain is available. **Training will be done 30 mins. before any scheduled Mass.**

***Great need at 4:30 p.m. and 5:30 p.m. Masses***

### Altar Servers

(*Grade 4 — Adult*): Assist presider with service to the altar; including processing with the Cross or Torches, carrying the presider texts and setting the altar for Holy Communion. **Training will be done 30 mins. before any scheduled Mass.**

• ***Great need at all Mass times.***

## Plant Booth End of Inventory Sale!

**TODAY AND TOMORROW To the Left as you exit the church**

**July 22<sup>nd</sup> and 23<sup>rd</sup>**

**We are having an "End of Inventory Plant Sale"**

**to be held after each mass for this week end only!**

**Here's what you will have the opportunity to buy at basement prices:**

# Keep in Touch With Us!

## Text **Heavenly** to 84576

Or connect with us  
online at:  
**ascensionparish1.flocknote.com**



### PRAYER:

Father, day by day, help me to "walk by faith, not by sight" (2 Cor 5:7)



Please wear your medal

### First Friday Eucharistic Adoration

Friday, August 4th

Following the 8:30am Mass

Benediction is at 5:45pm

Please come spend an hour in the silent awesomeness of  
our *Lord*.

Sign up sheets will be available in the church vestibule  
next week

Questions: contact Maxima Agnas



### Reflecting God's love thru Holy Moments

Request 6 free copies of  
Holy Moments book @  
[HolyMomentsBook.com](http://HolyMomentsBook.com)  
and give to friends  
&  
family

If you are interested in sharing your  
Holy Moment contact the  
office: 858.279.2735







## CATHOLIC DIOCESE OF KABALE- UGANDA

### Missionary Cooperation Plan

2579 Captains Avenue, Port Hueneme CA 93041

Phone: (310) 490 9984. Email: [fbyaruha@gmail.com](mailto:fbyaruha@gmail.com)

### **Re: Ascension Mission Appeal for Kabale Diocese-Uganda (July 29/30 2023)**

#### **Kabale Diocese Profile**

Kabale Diocese is one of the 19 dioceses in Uganda located in the southwestern corner of the country—about 280 miles from the capital city of Kampala. We serve a population of about 1.8 million people, and 800, 000 are Roman Catholic. The vast majority of the people we serve are located in rural, under-served, and mostly remote areas of the country. Most critical among the challenges they face is healthcare. Leading causes of death in Uganda include neonatal disorders, HIV/AIDS, tuberculosis, malaria, lower respiratory infections, diarrheal diseases, congenital defects, heart disease, stroke, road injury, and malnutrition.

#### **Purpose of the appeal**

The purpose of my request is to seek financial support toward the development of a hospital for the rural poor—Our Lady of Good Health Hospital Rushoroza. Through the gracious generosity of many, we have managed to complete the initial phase--outpatient department, minor operating room, medical/ surgical ward and small delivery/maternity unit. We are transitioning into the next phase for which we are seeking assistance, a phase that comprises of children's ward, dental, ophthalmology, radiology, medical laboratory units, and expansion on emergency room, operating room, maternity unit, and ambulance services. Our one and only ambulance is 16 years old and almost beyond repair.

We are also seeking assistance to support our long-term Kabale Diocese Orphaned and Vulnerable Children Program. Through our foster home care program, we provide out-reach support to orphaned children the vast majority of whom have lost both parents and are left all alone to fend for themselves. We provide them with shelter, school tuition, clothing, and healthcare. We are currently supporting 540 children out of well over 20,000 greatly in need of help.

Additionally, although we are eternally grateful for the gift of vocations, currently 78 major seminarians and 820 catechists, we face a mounting challenge of their training and formation costs--\$400/year for one seminarian, and 150 for one catechist in training.

Any measure of outreach help will be greatly appreciated.

Yours sincerely in the Lord,

Rev. Frederick K. Byaruhanga  
Diocesan Representative

**Priest making the appeal: Rev. Charles Mugabi**

## Ministries of Charity Update # 2023-14 July 18th, 2023

Dear Friends in Christ,

They say the laziness of summer is now here. Well, it is getting warmer, but this summer is as busy as ever. Hopefully we can all take the time to relax at some point and allow the grace of this season to fill us with all that we need. Your Ministries of Charity are planning many opportunities for service to the poor this year. Details of some of those plans are contained in this update. As we look for even more opportunities to serve the needy, please keep us in your prayers. We will keep you in ours, as well. Here is your next MOC Update for this year: #2023-14.

### RACHEL'S HOUSE DINNER SERVICE:

Our Rachel's Dinner Service is back. *Ann Galbraith* is the MOC leader heading up this service. The scheduled dates for this year are Aug 2nd, Sept 6th, Oct 10th, and Dec 6th

**Ann could use a few volunteers to help her with these dinners.**

This service prepares, delivers, and serves dinners for approximately 25 to 40 homeless women who use Rachel's Day Center and Night Shelter downtown with the support of your Ministries of Charity. We provide a nourishing dinner and a safe place for these women to eat their meals. The meals are prepared, transported to the Rachel's Center, and served by our parishioners. **Ann could use a few volunteers to help with this service. If you would like to help her, please email Ann at [angalbraith1@gmail.com](mailto:angalbraith1@gmail.com).**

### HOUSEWARMING FOR THE HOMELESS:

This weekend MOC is launching their summer initiative called "Housewarming for the Homeless." Please join us in helping FJV in its efforts of helping the homeless off the streets of San Diego. This weekend, July 22/23, we will supply two options for you to help. We will supply either a basket or a small storage bin with directions to purchase **(new only)** items, either the bed & bath or the kitchen. A list of items and directions for this MOC project is attached to each collection container. The cost of the items is \$70 or less. There are suggestions about where to get these items and their approximate cost.

**Please pick up a basket or bin at the MOC booth after mass to the Right of the Main door this weekend.** You can purchase these items yourself or share the effort with another family. The date to return your baskets & bins to the MOC booth after each Mass or to the office during the week. Thank you for helping Father Joe's Villages serve the homeless. Father Joe's Villages maintains several resident buildings to house the homeless as they receive services to move individuals and families off the streets. The turnover of residents is constant and FJV is always in need of houseware items to accommodate and supply the new residents with new household items.

**For The Full Letter of upcoming MOC charitable Opportunities The Link is on the top banner of the Website**

