



REGULAR SCHEDULE

HOLY MASS

Monday-Friday: 8:30 am

Saturday Vigil: 4:30 pm

Sunday: 8:30 am, 11:00 am, 5:30 pm

CONFESSION

Saturday: 3:00-4:00 pm

HOLY HOUR / ADORATION

Monday, Wednesday-Friday: 3:00 pm

Tuesday: 6:00 pm

READINGS FOR THE WEEK OF 7/5-7/11

Sunday: Zec 9:9-10/Ps 145:1-2, 8-9, 10-11, 13-14/Rom 8:9, 11-13/Mt 11:25-30

Monday: Hos 2:16, 17c-18, 21-22/Ps 145:2-3, 4-5, 6-7, 8-9/Mt 9:18-26

Tuesday: Hos 8:4-7, 11-13/Ps 115:3-4, 5-6, 7ab-8, 9-10/Mt 9:32-38

Wednesday: Hos 10:1-3, 7-8, 12/Ps 105:2-3, 4-5, 6-7/Mt 10:1-7

Thursday: Hos 11:1-4, 8e-9/Ps 80:2ac and 3b, 15-16/Mt 10:7-15

Friday: Hos 14:2-10/Ps 51:3-4, 8-9, 12-13, 14 and 17/Mt 10:16-23

Saturday: Is 6:1-8/Ps 93:1ab, 1cd-2, 5/Mt 10:24-33



14TH SUNDAY IN ORDINARY TIME

JULY 5, 2026

"Come to me, all you who labor and are burdened, and I will give you rest." - Mt 11:28

Parish Office Hours: Monday-Friday from 9:15 am to 4:00 pm

(Closed from 12:00 to 1:00 pm for lunch)

Sanctuary Hours: Monday-Friday after morning Mass until 4:00 pm



PRAYER BEFORE MASS

Receive, O Holy Trinity this Holy Sacrifice of the Body and Blood of our Lord Jesus Christ, which we, your unworthy servants, desire now to offer to You by the hands of

Your minister, with all the sacrifices which have ever been or will be offered to You, in union with that Holy Sacrifice offered by Jesus Christ our Lord at the Last Supper, and on the Altar of the Cross. We offer it to You with the utmost affection and devotion, out of pure love for Your infinite goodness, and according to the most holy intention of the same Christ our Lord, and of our Holy Mother the Church. O God, almighty and merciful, grant us through this Holy Sacrifice, joy and peace, a holier life, time to do penance, grace and consolation of the Holy Spirit, and perseverance in good works. We ask this through Christ, our Lord. Amen.

PRAYER FOR VOCATIONS FOR ASCENSION PARISH

God our Father, You call each one of us by name and ask us to follow you. Bless your church in Tierrasanta by raising up dedicated and generous leaders from our families and friends who will serve your people as priests, deacons, and religious men and women. Inspire us as we grow to know you and open our hearts to answer your call. We ask this in Jesus' name. Amen.

UPCOMING EVENTS

- **7/6 to 7/10** - Weekday Chaplet & Adoration (Sanctuary)
 - Monday, Wednesday-Friday: 3:00 pm | Tuesday: 6:00 pm
- **7/6 at 7:00 pm** - All Lectors Meeting (Sanctuary)
- **7/7 at 7:00 pm** - Young Adult Fellowship (St. Mary's Room)
- **7/8 at 9:00 am** - Coffee Catch-up (Pavilion)
- **7/11 after 4:30 pm Mass** - Knights of Columbus Annual Officer's Installation Ceremony (Sanctuary) + Dinner (Pavilion) | Contact: kofc7902@gmail.com
- **7/12 after 8:30 am Mass** - Knights of Columbus Pancake Breakfast (Hall)
 - Contact: kofc7902@gmail.com

CATHOLIC NIGHT AT THE PADRES VS. BLUE JAYS: JULY 10

Join Ascension for Catholic Night at the Padres vs. Blue Jays on Friday, July 10! We have 30 tickets reserved for our Parish and they will sell out quickly! Each purchased ticket will come with a limited edition hat. Come out for fun, fellowship, and baseball!

- **Game day & time:** 7/10 at 6:40 pm
- **Cost:** \$80 per ticket
- **Section:** Terrace Reserve 214

To reserve your ticket(s), please contact Nathalie Vazquez at 858-279-2735 ext. 104 or youth@ascension-sd.org. All tickets are first come, first served and will be emailed. Please provide a valid email address to Nathalie to receive your ticket.

BEREAVEMENT COMMITTEE SPONSORED CATHOLIC FUNERAL PRE-PLANNING SEMINAR: JULY 14

All are invited to attend a seminar on Catholic funeral pre-planning on Tuesday, July 14 from 7:00 to 8:30 pm in the St. James Pavilion. This informative session is designed to help you understand your options and make arrangements that reflect your faith and wishes, providing peace of mind for you and your loved ones. Topics will include:

- The importance of pre-planning in the Catholic tradition
- Understanding cremation and burial options
- Navigating funeral rites and liturgical considerations
- Practical steps for making your arrangements

This seminar is a valuable opportunity to thoughtfully prepare for the future. We encourage you to attend and have your questions answered. Please contact Roger Jones at 858-231-6101 or ralphkjones@hotmail.com if you have any questions.



RACHEL'S SHELTER DINNER SERVICE: JULY 15

Please join Ann Galbraith in cooking side dishes in the St. Pope John Paul II Parish Center kitchen from 2:30 to 4:30 pm on Wednesday, July 15. No culinary skills are needed; you can also drop off beverages, desserts, purchased or donated food of any kind (sandwich meat, cheese, PB&J, cereal, or milk for next-day meals), or your own prepared dishes. Our parish community provides one meal per month. If you'd like to help or drop off food, please contact Ann at 206-931-5379 or anngalbraith1@gmail.com. Many thanks to the volunteers who helped with the June dinner, including Hoan, Julie, Lonna, Maribeth, Marissa, and Sharon.

PARTICIPATE IN OUR UPCOMING BLOOD DRIVE: JULY 19

The next blood drive at Ascension Parish will take place on Sunday, July 19 from 9:00 am to 2:00 pm in the parking lot. Your photo ID will be required, so please come prepared and arrive hydrated. You can schedule an appointment by scanning the QR code to the right, or by calling 619-400-8251; walk-ins are also welcome. To donate blood, you must be at least 17 years old, weigh at least 110 pounds, and be in general good health.



At Ascension Parish, we have our own Blood Fund. If you, your immediate family, relatives, neighbors or friends need blood, please contact Ascension's Blood Drive Chairman, Ray Lebron (raynmilebron@gmail.com). The blood from our fund is FREE—we DO NOT charge for the needed blood. We hope to see you at our next Blood Drive!

ASCENSION VACATION BIBLE SCHOOL: JULY 27 - JULY 31



- When: July 27 to July 31 | 9:30 am to 12:30 pm
- Where: St. Pope John Paul II Parish Center
- Open to children entering kindergarten to 5th grade
- Volunteers needed
- Register and/or volunteer by scanning the QR code to the right or visit sdascension.org/vacation-bible-school



Contact Nicole Reyes at rel.ed@ascension-sd.org with any questions.

MASS INTENTIONS

Saturday, 7/4 | 4:30 pm

Mila Garcia

† Carmen Zuniga Mendiola

† Teresa Ty Nguyen

† Guise Hiep Pham

Sunday, 7/5

8:30 am

Parishioners of Ascension

11:00 am

† Christopher McFeely

† Juliette Chandler

5:30 pm

† Sandy Patterson

† David Egan

Monday, 7/6 | 8:30 am - Open

Tuesday, 7/7 | 8:30 am

† Sandy Patterson

Wednesday, 7/8 | 8:30 am - Open

Thursday, 7/9 | 8:30 am

Maribeth Taitano-Rodemeyer

Friday, 7/10 | 8:30 am - Open

Saturday, 7/11 | 4:30 pm

Sue Jennings

† Teresa Ty Nguyen

† Guise Hiep Pham

Sunday, 7/12

8:30 am - Open

11:00 am

Parishioners of Ascension

5:30 pm

Alex Tran

Christina Queen



7/5 - THIS WEEKEND SUNDAY ADORATION

After Sunday 8:30 am Mass
Benediction at 10:00 am

ONE BENEFIT OF EUCHARISTIC ADORATION

During our Holy Hour our souls are
fed in two faculties of the spirit –
the Mind and the Will. In the
Mind we need light; in the Will
we need strength.
– Fr. John Hardon

UPCOMING MAJOR LITURGICAL CELEBRATIONS

Saturday, August 15, 2026
Solemnity of the Assumption
of the Blessed Virgin Mary

Sunday, November 1, 2026
Solemnity of All Saints

Monday, November 2, 2026
Commemoration of All the Faithful
Departed (All Souls' Day)

Tuesday, December 8, 2026
Solemnity of the Immaculate
Conception of the Blessed
Virgin Mary



GRANDPARENTS' DAY RETREAT: JULY 22

The Diocese of San Diego Office for Family Life & Spirituality invites grandparents of all ages and stages to join on Wednesday, July 22 from 10:00 am to 3:00 pm in the Ascension Parish St. Pope John Paul II Parish Center. Celebrating the Feast of Saints Joachim and Anne, we will reflect on the spiritual influence that grandparents share with their adult children and grandchildren. There will be an opportunity for prayer, reflection, and fellowship. Lunch is also included, and the retreat will conclude with Mass. The cost is \$25 per person. Please register by July 10.

If you have questions, please contact Janelle at 858-490-8292.



Grandparents' Day Retreat

Join us for this unique
opportunity to explore the
special role you play in the
heart of your family.

Retreat Highlights

- Reflective talks for grandparents
by grandparents
- Delicious lunch
- Opportunities for fellowship
- Closing Mass together



Register by July 10!

Wednesday, July 22
10:00am–3:00pm
11292 Clairemont
Mesa Blvd., San Diego
\$25 per person



MINISTRY HIGHLIGHT: BEREAVEMENT TEAM

Ministry Overview

The Bereavement Team works with families, clergy, and the church to:

- Facilitate a Catholic sacramental liturgical celebration for the deceased and their family
- Be servant/leaders for the family during this difficult time
- Provide a witness of Christ to all funeral participants
- Enable and facilitate necessary sacraments for funeral participants
- Welcome and restore funeral participants to the Catholic Church
- Celebrate All Souls Day
- Assist with funeral pre-planning

Ministry Time Commitment & Needs

Unlike other liturgical ministries, the Bereavement Team operates on an "as-needed" basis. While training sessions are scheduled in advance, Funeral Masses are inherently unplanned and can require rapid coordination. Celebrating a sacramental Funeral Mass relies on the mobilization of a full liturgical team, including Lectors, Eucharistic Ministers, Music Ministers, Hospitality Ministers, Sacristans, Altar Servers, Deacons, and Priests—all of whom comprise the Bereavement Team.

Ministry Contact

If you are interested in serving on the Bereavement Team or have questions or concerns, please contact Roger Jones: ralphkjones@hotmail.com.

THANK YOU FROM JEAN HOSENKAMP

Our sincere "thank you" for the gorgeous yellow quilt that many loving hands made for my husband, Jerry Hosenkamp. He uses it every day! He was and is so touched by the love and prayers that were offered up for him. Due to this outpouring of kindness, he is recovering marvellously well. We are on a roll! Thank you to all our beloved friends at Ascension Parish!

- Jerry & Jean Hosenkamp

PRINT & DIGITAL BULLETIN AD SPACES AVAILABLE NOW!

The support of your business is greatly appreciated! Michael Berman from LPi (our bulletin printer) is helping us secure new ads for our church. As a valuable member of the business community, we invite you to expand your reach and grow your business with a print ad in our parish bulletin and/or a digital ad featured on ParishesOnline.com. Church bulletin advertising is a cost-effective way to advertise and show support for your local community; in turn, your parishioners will support you!

To secure space or to learn more, please contact Michael Berman from LPi at 800-950-9952 ext. 4088.

PLEASE PRAY FOR THESE WONDERFUL PRIESTS THIS MONTH

Rev. Peter Vu Lam

Pastor

Holy Family Church | San Diego, CA

Rev. Andres Ramos

Pastor

Guardian Angels | Santee, CA

Rev. Raymond Phillip Napuli

Associate Pastor

St. Mary | Escondido, CA

Rev. Msgr. Robert J. Ecker

Retired Military Chaplain

Coronado, CA | R.I.P.

Rev. Edwin Tutor

Our Pastor at Ascension Parish

San Diego, CA

PRAYER REQUESTS

Gwen Johnson | Pat Radley
Anthony Dubreville | Megan Krajc
† Dave Kirkpatrick | Ed Gibney
Tom Kane | Ted Turner
Craig McCracken | Israel Torres
† Barbara Parker | Lisa Kornerup
Nancy Pohr | Cathy Levitt
Daveigh Chase | Tom Warburton
Genndy Tartakovsky | J.G. Quintel
Jerry Hosenkamp | Ella Lopez

If you have name(s) to be included on this prayer list, please contact the Parish Office.

Please note:

Prayer requests will remain on this list based on space availability.



YOUR GIFTS OF TREASURE

Collection totals for weekend of 6/27-6/28 will be forthcoming.

6/21/2026 (THIS FISCAL YEAR)

Sunday Offertory

\$8,737.86

Fiscal YTD

\$460,561.01

2nd Collection - Building Fund

\$2,890.00

Church Renovation

Online Donations

\$317.43

6/22/2025 (LAST FISCAL YEAR)

Sunday Offertory

\$8,291.20

Fiscal YTD

\$451,626.31

2nd Collection - Building Fund

\$994.00

ACA 2026 Assessment Goal

\$27,465.00

ACA Balance as of 6/14/2026

\$9,482.43

Building Loan Balance

as of 6/14/2026

\$1,168,562.09

Loan Payments 2026

\$68,326.14

Interest Paid 2026

\$22,214.86

DONATE ONLINE



WELCOME TO THE FAMILY OF FAITH!

We were so happy to welcome these children of God into our parish family on June 28, as they begin their journey of faith through baptism.

- Tryztan V. (Parents: Lisette & Tryzon) *left
- Colleen I. (Parents: Jordan & Heizl) *right

May their homes be filled with God's love, and their children's lives be richly blessed.



FORMED: THE BEST CATHOLIC CONTENT, ALL IN ONE PLACE

It's easy and FREE to register! Scan the QR code to the right or:

1. Visit formed.org/signup
2. Enter our parish zip code (92124)
3. Click on Ascension Catholic Church
4. Enter your name and email
5. Enjoy and share with others in our local community!



You can also download the FORMED app from the App Store or Google Play.

REPORTING ALLEGATIONS OF SEXUAL MISCONDUCT

To report sexual misconduct by clergy or church personnel (including abuse), please contact Mary Acosta, Victim Assistance Coordinator, at misconduct@sdccatholic.org or 858-490-8353.

The Diocese of San Diego treats all allegations of sexual misconduct by clergy or church personnel seriously and deals with them in a prompt, confidential, and thorough manner. Visit www.safeinourdiocese.org for more information.



REGISTER / UPDATE
YOUR INFORMATION



PARISH MINISTRY CONTACTS

A

Altar Committee: Angela Jones | 858-279-2735
Altar Decor: Terrie Schlosser | tvschloss@gmail.com
Altar Flowers: Ann Galbraith | anngalbraith1@gmail.com
Altar Servers: (Children) Ray Lebron | 858-775-6734
Altar Servers: (Adult) Carlos Becerra | 858-337-6474
Annulments: Ann Galbraith | anngalbraith1@gmail.com

B

Baptisms (Infants-Age 6): Deacon Adam |
deaconadam@ascension-sd.org
Baptisms (Age 7+): Bonnie Curtis | bonnie@ascension-sd.org
Bereavement: Roger Jones | ralphkjones@hotmail.com

C

Caring for the Whole Person (CWP):
Deacon Jim & Mattie Scull | 858-279-2735
Children's Liturgy of the Word | rel.ed@ascension-sd.org
Coffee & Doughnuts: Carol Thompson | 619-459-4192
Confirmation: Nathalie Vazquez | 858-279-2735 ext. 104

E

Eucharistic Ministers: Fran Lebron | 858-442-1826

F

Fellowship (Men's): Roger Jones | ralphkjones@hotmail.com
Fellowship (Parish): Henry Ng | 619-721-6148
Fiesta Chair: Henry Ng | 619-721-6148
Finance Council: Joe Kennedy | 858-279-8413
First Friday Adoration: Maxima Agnas | 858-278-4543

G

Golden Circle: Maria Montenegro | 619-889-1422

H

Hospitality/Ushers: Ray Lebron | 858-775-6734

K

Knights of Columbus: Rich Singley | kofc7902@gmail.com

L

Lectors: Fran Lebron | 858-442-1826
Love Our Priests: Jean Hosenkamp | 858-560-7132

M

Marriage Prep: Deacon Adam |
deaconadam@ascension-sd.org
Middle School Ministry (EDGE): Nathalie Vazquez |
858-279-2735 ext. 104
Military Outreach: Chuck Cox | 619-203-2568
Ministries of Charity (MOC):
Deacon Jim | deaconjim@ascension-sd.org
Ministry to the Sick: Don Trexel | 858-279-2735
Music Ministry:
(Saturday 4:30 pm) Elizabeth Hofmeister | 858-279-2735
(Sunday 8:30 am & 11:00 am) Marianne Gutierrez |
858-279-2735
(Sunday 5:30 pm) John Sperrazzo | 858-279-2735

O

OCIA: Bonnie Curtis | bonnie@ascension-sd.org
OCIC: Nicole Reyes | 858-279-2735 ext. 103

P

Pastoral Council | 858-279-2735
Prayer Quilts: Gail Janes | 858-414-6361
Pro-Life: Terry Duffield | 858-344-0231

S

Single Seniors Fellowship: Danielle Deaton | 858-278-0755

Y

Young Adult Group: Amy Faley | 619-920-3782
Youth Ministry: Nathalie Vazquez | 858-279-2735 ext. 104

PARISH TEAM

Father Edwin Tutor

revetutor@ascension-sd.org

Deacon Jim Scull

deaconjim@ascension-sd.org | Ext. 106

Jun Etrata | Sacristan

jun@ascension-sd.org | Ext. 107

Deacon Adam Curtis

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Nicole Reyes | RE Coordinator
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Bonnie Curtis | Director of Evangelization
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Nathalie Vazquez | YM Coordinator
youth@ascension-sd.org | Ext. 104

Laura Labak | Bookkeeper
bookkeeper@ascension-sd.org | Ext. 108

Stephanie Graham | Office Admin
office@ascension-sd.org | Ext. 101

Gene Hazen | Facilities Manager
ehazen01@gmail.com