

REGULAR SCHEDULE

MASS

Monday-Friday: 8:30 am

Saturday Vigil: 4:30 pm

Sunday: 8:30 am, 11:00 am, 5:30 pm

CONFESSION

Saturday: 3:00-4:00 pm

HOLY HOUR / ADORATION

Monday, Wednesday-Friday: 3:00 pm

Tuesday: 6:00 pm

READINGS FOR THE WEEK OF 3/8-3/14

Sunday: Ex 17:3-7/Ps 95:1-2, 6-7, 8-9/Rom 5:1-2, 5-8/Jn 4:5-42 or 4:5-15, 19b-26, 39a, 40-42

Monday: 2 Kgs 5:1-15ab/Ps 42:2, 3; 42:3, 4/Lk 4:24-30

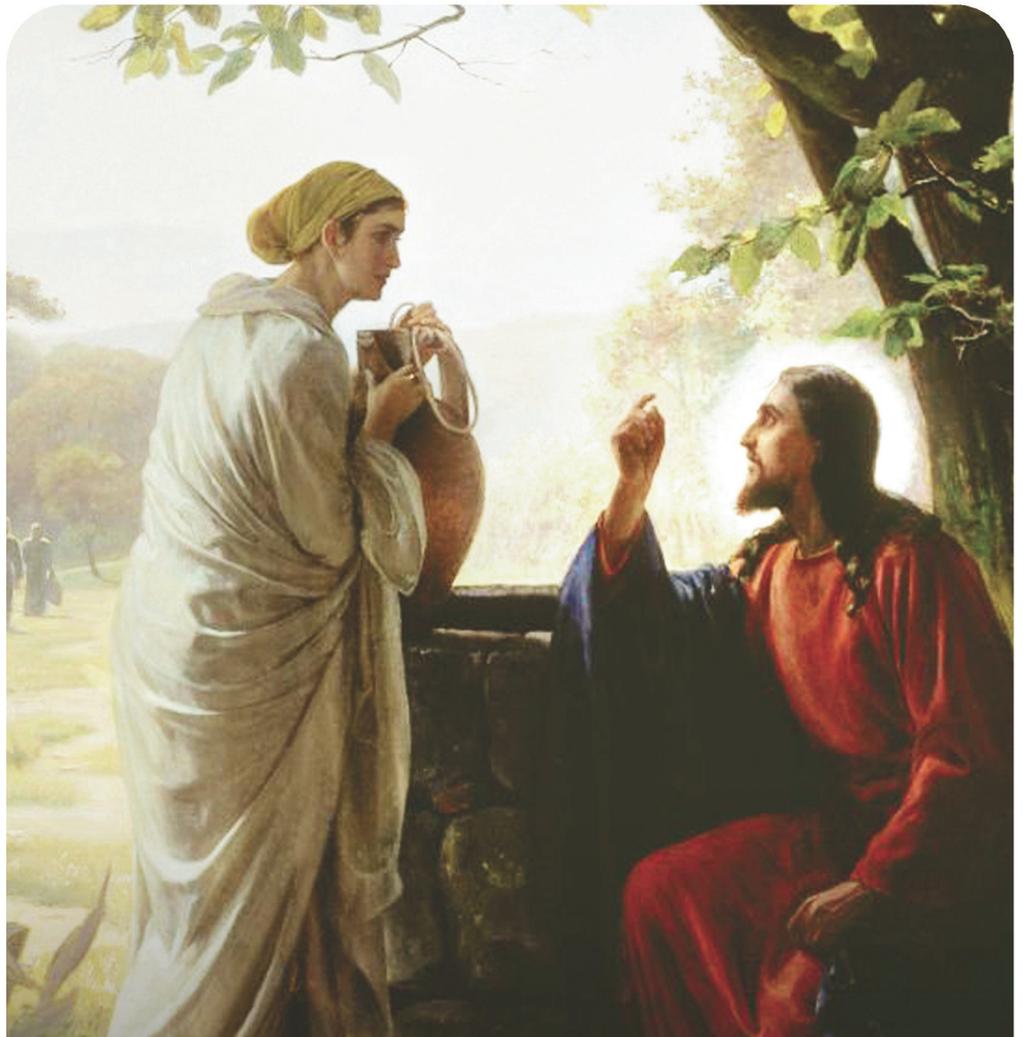
Tuesday: Dn 3:25, 34-43/Ps 25:4-5ab, 6 and 7bc, 8-9/Mt 18:21-35

Wednesday: Dt 4:1, 5-9/Ps 147:12-13, 15-16, 19-20/Mt 5:17-19

Thursday: Jer 7:23-28/Ps 95:1-2, 6-7, 8-9/Lk 11:14-23

Friday: Hos 14:2-10/Ps 81:6c-8a, 8bc-9, 10-11ab, 14 and 17/Mk 12:28-34

Saturday: Hos 6:1-6/Ps 51:3-4, 18-19, 20-21ab/Lk 18:9-14



3RD SUNDAY OF LENT

MARCH 8, 2026

Jesus answered and said to her, "If you knew the gift of God and who is saying to you, 'Give me a drink,' you would have asked him and he would have given you living water." - Jn 4:10

Parish Office Hours: Monday-Friday from 9:15 am to 4:00 pm
(Closed from 12:00 to 1:00 pm for lunch)

Sanctuary Hours: Monday-Friday after morning Mass until 4:00 pm



PRAYER BEFORE MASS

Receive, O Holy Trinity this Holy Sacrifice of the Body and Blood of our Lord Jesus Christ, which we, your unworthy servants, desire now to offer to You by the hands of Your minister, with all the sacrifices which have ever been or will be offered to You, in union with that Holy Sacrifice offered by Jesus Christ our Lord at the Last Supper, and on the Altar of the Cross. We offer it to You with the utmost affection and devotion, out of pure love for Your infinite goodness, and according to the most holy intention of the same Christ our Lord, and of our Holy Mother the Church.

O God, almighty and merciful, grant us through this Holy Sacrifice, joy and peace, a holier life, time to do penance, grace and consolation of the Holy Spirit, and perseverance in good works. We ask this through Christ, our Lord. Amen.

PRAYER FOR VOCATIONS FOR ASCENSION PARISH

God our Father, You call each one of us by name and ask us to follow you. Bless your church in Tierrasanta by raising up dedicated and generous leaders from our families and friends who will serve your people as priests, deacons, and religious men and women. Inspire us as we grow to know you and open our hearts to answer your call. We ask this in Jesus' name. Amen.

LENTEN PENANCE SERVICE: MARCH 12



THURSDAY, MARCH 12 | 6:00 TO 7:00 PM

PARISH LENTEN RECOLLECTION: MARCH 24 -26 | 7:00-8:30 PM

Confessions: 6:30 to 7:00 pm

General Schedule

- 7:00 pm - Exposition of the Blessed Sacrament for Adoration
- 7:15 pm - Lenten Recollection Talk
- 7:45 pm - Silent Adoration
- 8:30 pm - Benediction

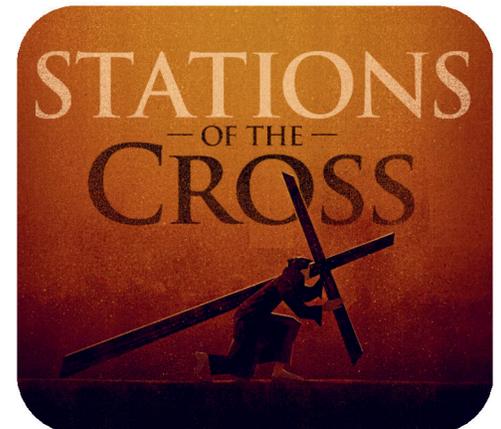
Parish Lenten Recollection Talk (guided by Fr. Edwin)

- March 24 - The Challenge of Jesus' Temptation: Serve the True God
- March 25 - The Cross of Jesus: The Source of New Life
- March 26 - The Resurrection: Jesus is Present

STATIONS OF THE CROSS: EVERY FRIDAY DURING LENT AT 5:30

Our parish tradition for the past few years has been to have our families lead the Stations of the Cross on Fridays during Lent. Having two families share this tradition each Friday gives moral support to each family. This is a simple devotion and you will have support and training beforehand from your deacons.

Please consider this prayerful activity for your family during this Lenten Season, where grace abounds.





ANNUAL LENTEN COLLECTION: MARCH 14-15

Next weekend has been designated for the 2026 Annual Lenten Collection. Special envelopes will be available for the collection, which supports:

- Catholic Relief Services
- Church in Africa
- Church in Latin America

Please make your checks payable to the Diocese of San Diego and indicate which cause(s) you are contributing to. Your contribution will be divided among the three causes unless you make a designation. For more information, please contact Manny Aguilar at 858-490-8294 or maguilar@sdcatholic.org.

K OF C PILGRIMAGE FOR PEACE: MARCH 13

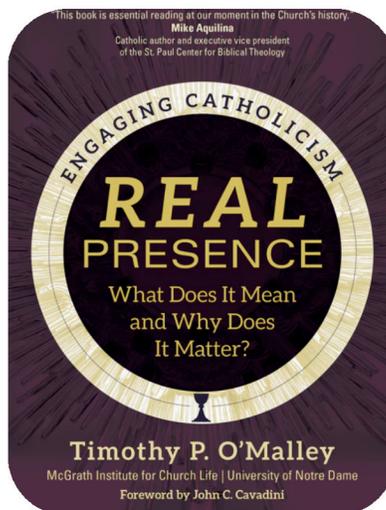
Ready to walk the talk—without the blisters? Join us for a spiritual evening on Friday, March 13 from 6:30 to 8:00 pm in the St. Pope John Paul II Parish Center (after Stations of the Cross) sponsored by the Ascension Knights of Columbus 7902.

Hear first hand tales from our very own Grand Knight, Rich Singley, and other brave Catholic pilgrims who tackled the legendary Camino de Santiago—powered by faith, friendship, and maybe a few too many tapas. Come hungry for food, fellowship, and a sprinkle of sacred laughter and spirituality! A complimentary Lenten meal will be provided by the Knights of Columbus Insurance Company. We hope to see you there!

PARISH LENTEN BOOK STUDY: EVERY MONDAY DURING LENT

Join our parish Lenten Book Study on the Christmas gift our parish received: *Real Presence: What Does It Mean and Why Does It Matter?* by Timothy O'Malley. On Monday evenings in the St. Pope John Paul II Parish Center from 6:30 to 8:00 pm, Deacon Adam and Bonnie Curtis will guide us through the book with time for meaningful conversation—connecting the Church's teaching on the Real Presence to prayer, Mass, everyday discipleship, and the choices we make as Catholics.

Come for fellowship, honest questions, and encouragement as we grow together this Lent. You don't need to attend every session—join as you're able. **Update: Adoration will be held beforehand at 6:15 pm in the church.**



MASS INTENTIONS

Saturday, 3/7 | 4:30 pm
Parishioners of Ascension

Sunday, 3/8
8:30 am
Open

11:00 am
Una Guerin † | James Guerin †
Fred Dorris †

5:30 pm
Elaine Quan † | Tan Je Tian †
Rosa Can Pham †

Monday, 3/9 | 8:30 am
Open

Tuesday, 3/10 | 8:30 am
Eric Dullano †

Wednesday, 3/11 | 8:30 am
Robert Herrera †

Thursday, 3/12 | 8:30 am
Leonardo †

Friday, 3/13 | 8:30 am
Meynardo Lontoc | Herminia Lontoc
Chester Milia † | Angelina Milia †

Saturday, 3/14 | 4:30 pm
Carl Jackson Sr. †
Virginia Surya † | Natasha Delaney †

Sunday, 3/15
8:30 am
Larry Jones † | Chester Milia †

11:00 am
Mary Guerin † | Gerard Guerin †
Tan Giok Tien † | Eddy Halim †

5:30 pm
Parishioners of Ascension



3/8 - THIS WEEKEND SUNDAY ADORATION

After Sunday 11:00 am Mass
for 30 min.

Benediction at 12:30 pm

ONE BENEFIT OF EUCHARISTIC ADORATION

Our Lord in the Blessed Sacrament
has His hands full of graces and
He is ready to bestow them on
anyone who asks for them.

- St. Peter of Alcantara

UPCOMING MAJOR LITURGICAL CELEBRATIONS

Thursday, March 19, 2026

Solemnity of St. Joseph,
Husband of Mary

Wednesday, March 25, 2026

Solemnity of the Annunciation
of the Lord

Thursday, April 2, 2026

Holy Thursday
(Mass of the Lord's Supper)

Friday, April 3, 2026

Good Friday
(The Passion of the Lord)

Saturday, April 4, 2026

Holy Saturday
(Easter Vigil)

Sunday, April 5, 2026

Easter Sunday
(The Resurrection of the Lord)

WELCOME TO THE FAMILY OF FAITH!



We were so happy to welcome our newest disciple, Nathan Dinh, into our parish family. He was baptized on February 12 at Ascension! Nathan and his parents, Nam Dinh and Kim Ann Dang, are pictured to the left along with other family members.

May their home be filled with God's love, and their child's life be richly blessed.

UPCOMING EVENTS

- **3/8 after 8:30 am Mass** - Knights of Columbus Pancake Breakfast (Hall)
 - Contact: Bill Luna | bill.luna39@gmail.com
- **3/9 to 3/13** - Weekday Chaplet & Adoration
 - Monday, Wednesday-Friday: 3:00 pm | Tuesday: 6:00 pm
- **3/11 at 9:00 am** - Coffee Catch-up (Pavilion)

BEADS & BREWS MINISTRY: MARCH 11

All men are invited to join for a time of Rosary and Fellowship in the St. James Pavilion on Wednesday, March 11 at 7:00 pm. Please RSVP to Roger Jones at 858-231-6101 (text) or via email at ralphkjones@hotmail.com. You can also RSVP to Lew Camp at 858-414-7251 or via email at lcamp22222@gmail.com. All men are invited so please spread the word. Non-alcoholic drinks are also available.

"A KNIGHT OF DIGNITY" FOR RACHEL'S SHELTER DINNER SERVICE: MARCH 18

The Knights of Columbus will be cooking and serving the March dinner. Please drop off beverages, desserts, purchased or donated food of any kind, and they will transport it to the shelter. Our parish community provides one meal per month. For more information, please contact Rich Singley at 858-414-7373 or via email at kofc7902@gmail.com.

Many thanks to the volunteers who helped with the February dinner, including Abby, Isabel, Julie, Lonna, Maribeth, Marissa, Sharon, Vic, and Zo.



JOIN OUR 40 DAYS FOR LIFE CAMPAIGN!



HELP SAVE LIVES in MIRA MESA!

Join with members of our parish and many others as we take part again in the 40 Days for Life campaign to end abortion locally through prayer and fasting, community outreach, and a peaceful vigil in front of abortion businesses.

- Where: On the sidewalk in front of the Mira Mesa Planned Parenthood facility, 10717 Camino Ruiz, San Diego, CA 92126. (Near the Carl's Jr.)
• When: Sign up to pray any time 7am - 7pm, Feb 18 - Mar 29, 2026.

Ascension parish will take the lead for prayer and presence on Thursdays during the vigil from 8 am - 4 pm: 2/19, 2/26, 3/5, 3/12, 3/19, and 3/26. Get info or sign up for prayer times: Please call Terry Duffield at 858-344-0231 to sign up for an hour of prayer and to arrange for carpooling.

40daysforlife.com/sandiegomiramesa



BUILD-A-HOME PROJECT 2026 UPDATE

While the security situation in Mexico has improved and the US State Department has lowered the risk to travel in Tijuana, MOC's Build-a-Home event has been rescheduled to Saturday, March 28.

This will be an all-day event. We will travel southeast of Tijuana to build a home for a family who needs one desperately. We are still looking for 5-7 more volunteers, adults and children over 14 (children will need adult supervision). A Passport Card is preferred/required.

If you would like to join our team, please contact Deacon Jim (deaconjim@ascension-sd.org) for details, as soon as possible. If you can help defray the cost of this event, please make your checks payable to "Ascension Parish - MOC" and place them in the collection basket. Thank you for your support!



REGISTER / UPDATE YOUR INFORMATION

FOLLOW US ON FACEBOOK



PLEASE PRAY FOR THESE WONDERFUL PRIESTS THIS MONTH

Msgr. Dennis Mikulanis Retired | San Diego, CA

Rev. Ronald M. Bagley, CJM Senior Associate Pastor St. Patrick Parish | Carlsbad, CA

Rev. Azam Mansha, CJM Associate Pastor St. James | Solana Beach, CA

Rev. Hector M. Rodriguez Zacatecas, Mexico

Rev. Edwin Tutor Our Pastor at Ascension Parish San Diego, CA

PRAYER REQUESTS

- Renée Nicole Macklin Good †
Alex Jeffrey Pretti †
Betty Hess †
Fr. Scott McColl †
Gwen Johnson
Myrna Fune †
Julieto Manansala
Yolanda Manansala
Ella Lopez
Muñoz Family
Sandra Palguta
Kate Moga
Christopher Patrick Hoey †
Victor Michnowicz
Gwen Johnson
Lem Graham

If you have name(s) to be included on this prayer list, please contact the Parish Office.



YOUR GIFTS OF TREASURE

3/1/2026 (THIS FISCAL YEAR)

Sunday Offertory

\$10,812.27

Fiscal YTD

\$308,582.27

2nd Collection Building Fund

\$5,441.00

Church Renovation

Online Donations

\$754.63

3/2/2025 (LAST FISCAL YEAR)

Sunday Offertory

\$7,575.37

Fiscal YTD

\$289,922.59

Church Renovation

Online Donations

\$2,273.00

ACA 2026 Assessment Goal

\$27,465.00

ACA Amount Paid to Date

\$0.00

Building Loan

Balance as of 2/10/2026

\$1,196,513.70

DONATE ONLINE



DID YOU MISS YOUR PARISH PHOTO DIRECTORY SITTING?

For parishioners who missed the scheduled parish photo directory sittings and would still like to be included, there is still time to submit your own photo. Please note the following instructions:

- The cost to include your own photo is \$35.00. Please bring your check or cash to the Parish Office, or you may submit payment online via Flocknote: <https://ascensionparish1.flocknote.com/give>
- If you submit a professional photo, you will need to obtain permission from the company that produced the photo, and provide us with the copyright release form.

Email the following information to bonnie@ascension-sd.org or office@ascension-sd.org:

- Your photo
- First AND last names of everyone in the photo
- Phone number and/or email address for the back of the directory

Those who submit a photo will also receive a copy of the parish directory. **All photo submissions are due by Monday, March 16.**

FEEDING SAN DIEGO KIDS FOOD ASSISTANCE PROGRAM

Every Tuesday, 12 volunteers go to the International Relief Team (IRT) office to assemble 330 weekend food packs to be delivered to five local San Diego schools. With the growing food insecurity in San Diego, they have decided to add another day of food packing to include 160 new families at four more local elementary schools. Each food pack includes 13 items: two breakfast, two lunch, and two dinner pantry-safe options that provides food support to families over the weekend.

MOC would like to put together a team of 12 volunteers that will meet at IRT on Tuesdays from 9:00 to 10:30 am through May 19 to assemble food packs. If you can help, please contact Deacon Jim at deaconjim@ascension-sd.org.

REPORTING ALLEGATIONS OF SEXUAL MISCONDUCT

To report sexual misconduct by clergy or church personnel (including abuse), please contact Mary Acosta, Victim Assistance Coordinator, at misconduct@sdcatholic.org or 858-490-8353.

The Diocese of San Diego treats all allegations of sexual misconduct by clergy or church personnel seriously and deals with them in a prompt, confidential, and thorough manner. Visit www.safeinourdiocese.org for more information.



PARISH MINISTRY CONTACTS

- A**
Altar Flowers: Ann Galbraith | anngalbraith1@gmail.com
Altar Servers: (Children) Ray Lebron | 858-775-6734
Altar Servers: (Adult) Carlos Becerra | 858-337-6474
Altar Committee: Angela Jones | 858-279-2735
Annulments: Ann Galbraith | anngalbraith1@gmail.com
- B**
Baptisms (Infants-Age 6): Deacon Adam | deaconadam@ascension-sd.org
Baptisms (Age 7+): Bonnie Curtis | bonnie@ascension-sd.org
Bereavement: Roger Jones | ralphkjones@hotmail.com
- C**
Caring for the Whole Person (CWP):
Deacon Jim & Mattie Scull | 858-279-2735
Children's Liturgy of the Word | rel.ed@ascension-sd.org
Coffee & Donuts: Carol Thompson | 619-459-4192
- E**
Eucharistic Ministers: Fran Lebron | 858-442-1826
- F**
Fellowship (Men's): Roger Jones | ralphkjones@hotmail.com
Fellowship (Parish): Henry Ng | 619-721-6148
Fiesta Chair: Henry Ng | 619-721-6148
Finance Council: Joe Kennedy | 858-279-8413
First Friday Adoration: Maxima Agnas | 858-278-4543
- G**
Golden Circle: Maria Montenegro | 619-889-1422
- K**
Knights of Columbus: Rich Singley | kofc7902@gmail.com
- L**
Lectors: Fran Lebron | 858-442-1826
Love Our Priests: Jean Hosenkamp | 858-560-7132
- M**
Marian Prayer Group: Rosa Germain | 858-279-2735
Marriage Prep: Deacon Adam | deaconadam@ascension-sd.org
Military Outreach: Rick Kania | 858-405-3013
Ministries of Charity (MOC):
Deacon Jim | deaconjim@ascension-sd.org
Ministry to the Sick: Don Trexel | 858-279-2735
Music Ministry:
(Saturday 4:30 pm) Billy Fallon | 858-279-2735
(Sunday 8:30 am & 11:00 am) Marianne Gutierrez | 858-279-2735
(Sunday 5:30 pm) John Sperrazzo | 858-279-2735
- O**
OCIA: Bonnie Curtis | bonnie@ascension-sd.org
OCIC: Nicole Reyes | rel.ed@ascension-sd.org
- P**
Pastoral Council | 858-279-2735
Prayer Quilts: Gail Janes | 858-414-6361
Pro-Life: David Akers | 858-437-1445
- S**
Single Seniors Fellowship: Danielle Deaton | 858-278-0755
- U**
Ushers/Hospitality: Ray Lebron | 858-775-6734
- V**
Victim Assistance: Mary Acosta | 858-490-8353

PARISH STAFF



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jun@ascension-sd.org | Ext. 107

Deacon Adam Curtis

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Nicole Reyes | RE Coordinator

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Bonnie Curtis | Director of Evangelization

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Nathalie Vazquez | YM Coordinator

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Laura Labak | Bookkeeper

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Stephanie Graham | Office Admin

office@ascension-sd.org | Ext. 101

Gene Hazen | Facilities Manager

ehazen01@gmail.com