



REGULAR SCHEDULE

MASS

Monday-Friday: 8:30 am

Saturday Vigil: 4:30 pm

Sunday: 8:30 am, 11:00 am, 5:30 pm

CONFESSiON

Saturday: 3:00-4:00 pm

HOLY HOUR / ADORATION

Monday, Wednesday-Friday: 3:00 pm

Tuesday: 6:00 pm

READINGS FOR THE WEEK OF 2/15-2/21

Sunday: Sir 15:15-20/Ps 119:1-2, 4-5, 17-18, 33-34/1 Cor 2:6-10/Mt 5:17-37 or 5:20-22a, 27-28, 33-34a, 37

Monday: Jas 1:1-11/Ps 119:67, 68, 71, 72, 75, 76/Mk 8:11-13

Tuesday: Jas 1:12-18/Ps 94:12-13a, 14-15, 18-19/Mk 8:14-21

Wednesday: Jl 2:12-18/Ps 51:3-4, 5-6ab, 12-13, 14 and 17/2 Cor 5:20-6:2/Mt 6:1-6, 16-18

Thursday: Dt 30:15-20/Ps 1:1-2, 3, 4 and 6/Lk 9:22-25

Friday: Is 58:1-9a/Ps 51:3-4, 5-6ab, 18-19/Mt 9:14-15

Saturday: Is 58:9b-14/Ps 86:1-2, 3-4, 5-6/Lk 5:27-32



6TH SUNDAY IN ORDINARY TIME

FEBRUARY 15, 2026

"Again you have heard that it was said to your ancestors, Do not take a false oath, but make good to the Lord all that you vow." - Mt 5:33

Parish Office Hours: Monday-Friday from 9:15 am to 4:00 pm
(Closed from 12:00 to 1:00 pm for lunch)

Sanctuary Hours: Monday-Friday after morning Mass until 4:00 pm



PRAYER BEFORE MASS

Receive, O Holy Trinity this Holy Sacrifice of the Body and Blood of our Lord Jesus Christ, which we, your unworthy servants, desire now to offer to You by the hands of Your minister, with all the sacrifices which have ever been or will be offered to You, in union with that Holy Sacrifice offered by Jesus Christ our Lord at the Last Supper, and on the Altar of the Cross. We offer it to You with the utmost affection and devotion, out of pure love for Your infinite goodness, and according to the most holy intention of the same Christ our Lord, and of our Holy Mother the Church.

O God, almighty and merciful, grant us through this Holy Sacrifice, joy and peace, a holier life, time to do penance, grace and consolation of the Holy Spirit, and perseverance in good works. We ask this through Christ, our Lord. Amen.

PRAYER FOR VOCATIONS FOR ASCENSION PARISH

God our Father, You call each one of us by name and ask us to follow you. Bless your church in Tierrasanta by raising up dedicated and generous leaders from our families and friends who will serve your people as priests, deacons, and religious men and women. Inspire us as we grow to know you and open our hearts to answer your call. We ask this in Jesus' name. Amen.

2026 ANNUAL CATHOLIC APPEAL



DID YOU KNOW?

Christ calls each disciple "light of the world," which shines through the good we do, and in this way, we give glory to God.

Did you know that Catholic Charities helped more than 133,000 people last year? Your Annual Catholic Appeal donation lights the lives of others in need.

We are invited to renew our hearts and to be guided by Holy Scripture, which illuminates our lives with the grace and blessing of our Lord Jesus Christ. Next weekend, we will launch our Ascension ACA for 2026. Our assessment this year is \$27,465.00, which is \$2,884.00 lower than 2025.

The ACA enables us to fund our diocesan pastoral center ministry offices and programs that help our community members to live their faith by supporting the development of parish leadership and catechetical formation with emphasis on service and formation of the young; the Catholic schools and formation programs; the formation of our new priests and the care for our retired priests; and most of all, Catholic Charities which help the poor and the suffering in our midst. In addition to financially supporting our parish, this is one way of responding to our Christian vocation to care for and extend charity to those in need.

Please help us pray for a successful 2026 ACA campaign in our parish. You can make your contribution online by using the QR code to the right or by picking up a brochure and response card from the Parish Office.



THE FIRST DAY OF LENT

Ash Wednesday marks the **first day** of the Lenten season! The penitential season of Lent lasts for 40 days (Sundays not included in this number). This day is marked by the spiritual practices of **fasting and abstinence**. While it is *not* a holy day of obligation, we are invited to attend **Mass** to receive Ashes and listen to the message of the **Gospel**.

Ash Wednesday

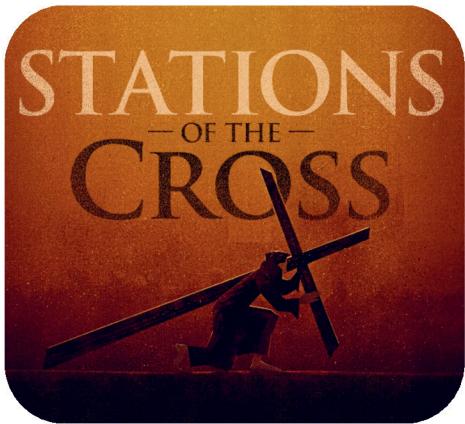


FOR YOU ARE DUST,
AND TO DUST YOU SHALL RETURN.
GENESIS 3:19

MASS TIMES FOR ASH WEDNESDAY, 2/18: 8:30 AM | 5:30 PM | 7:00 PM



STATIONS OF THE CROSS - EVERY FRIDAY DURING LENT AT 5:30



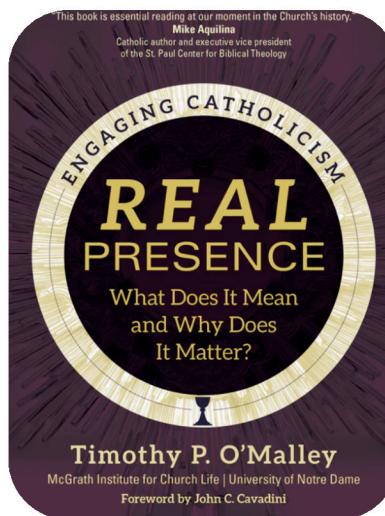
Our parish tradition for the past few years has been to have our families lead the Stations of the Cross on Fridays during Lent. Having two families share this tradition each Friday gives moral support to each family. This is a simple devotion and you will have support and training beforehand from your deacons.

Please consider this prayerful activity for your family during this Lenten Season, where grace abounds.

PARISH LENTEN BOOK STUDY - BEGINS FEBRUARY 23

Join our parish Lenten Book Study on the Christmas gift our parish received: *Real Presence: What Does It Mean and Why Does It Matter?* by Timothy O'Malley. On Monday evenings in the Parish Hall beginning February 23 (6:30–8:00 pm), Deacon Adam and Bonnie Curtis will guide us through the book with time for meaningful conversation—connecting the Church's teaching on the Real Presence to prayer, Mass, everyday discipleship, and the choices we make as Catholics.

Come for fellowship, honest questions, and encouragement as we grow together this Lent. You don't need to attend every session—join as you're able.



UPCOMING EVENTS

- **2/15 after 8:30 am Mass** - Coffee & Doughnuts Fellowship (Pavilion)
- **2/16-2/20** - Weekday Chaplet & Adoration
 - Monday, Wednesday-Friday: 3:00 pm | Tuesday: 6:00 pm
- **2/16** - Parish Office Closed (Presidents' Day)
- **2/17 at 12:00 pm** - Single Seniors BYO Luncheon (Pavilion)
 - Contact: Terry Hermes | flashhermes@aol.com
- **2/18 at 9:00 am** - Coffee Catch-up (Pavilion)
- **2/19 at 6:00 pm** - Golden Circle Potluck (Hall)
 - Contact: Maria Montenegro | 619-889-1422
- **2/22 at 1:00 pm** - Single Seniors Monthly Meeting (Pavilion)
 - Contact: Terry Hermes | flashhermes@aol.com

MASS INTENTIONS

Saturday, 2/14 | 4:30 pm

Jun Etrata
Peter Wolfe †

Sunday, 2/15

8:30 am

Nick † & Mary † Thompson
Maggie Timmer †

11:00 am

Dennis & Yolanda James
Sam Beamon † | Tom Beamon †

5:30 pm

Parishioners of Ascension

Monday, 2/16 | 8:30 am

Carl Jackson Sr. †
Stephen Ibarreta †
Lilia † & Bialquin † Rodriguez

Tuesday, 2/17 | 8:30 am

Eric Dullano †
Christopher Patrick Hoey †
Carlos Rodriguez †

Wednesday, 2/18 | 8:30 am

Dave Wolfe
Cecilia Ibarreta †

5:30 pm & 7:00 pm - Open

Thursday, 2/19 | 8:30 am

Ray Pantua
Myrna Fune †

Friday, 2/20 | 8:30 am
Georgia † & Bob † Olsen
Angel Trujillo | Brian Trujillo

Saturday, 2/21 | 4:30 pm
Parishioners of Ascension

Sunday, 2/22
8:30 am
Justin Lopez †
Pat Harasty † | Lana Duvall †

11:00 am

Mary Guerin † | Gerard Guerin †
Lie Kie Hoa † | Njo Keng Tong †

5:30 pm

Toby Taitano



2/15 - THIS WEEKEND SUNDAY ADORATION

After Sunday 5:30 pm Mass
for 30 min.
Benediction at 7:00 pm

ONE BENEFIT OF EUCHARISTIC ADORATION

It is impossible in human terms to exaggerate the importance of being in adoration before the Eucharist as often and for as long as our duties and state of life allow.

— Fr. John Hardon

UPCOMING MAJOR LITURGICAL CELEBRATIONS

Wednesday, February 18, 2026

Ash Wednesday

Wednesday, March 25, 2026
Solemnity of the Annunciation
of the Lord

Thursday, April 2, 2026
Holy Thursday
(Mass of the Lord's Supper)

Friday, April 3, 2026
Good Friday
(The Passion of the Lord)



RACHEL'S SHELTER DINNER SERVICE: FEBRUARY 18

Please join Ann Galbraith in cooking side dishes in the JP2 kitchen from 2:30–4:30 pm on Wednesday, February 18. No culinary skills are needed; you can also drop off beverages, desserts, purchased or donated food of any kind (sandwich meat, cheese, PB&J, cereal, or milk for next-day meals), or your own prepared dishes. Our parish community provides one meal per month. If you'd like to help or drop off food, please contact Ann at 206-931-5379 or via email at anngalbraith1@gmail.com.

Many thanks to the volunteers who helped with the January dinner, including Abby, Ana, Carol, Emma, Hildy, Isabel, Julie, Lisa, Lonna, Maribeth, Marissa, and Sharon.

ASCENSION PARISH FELLOWSHIP: FEBRUARY 21

"Prayer with fasting is good. Almsgiving with righteousness is better than wealth with wickedness." — Tobit 12:8

Join us for an engaging journey into one of the most fascinating and heartwarming stories of the Old Testament Apocrypha—The Book of Tobit.

Often described as a "biblical novella," Tobit offers a rich tapestry of family loyalty, steadfast faith during suffering, and the mysterious ways God works through His angels. Whether you are a scholar of the scriptures or just looking for a good story with a deep message, this study is for you!

- **The Power of Prayer:** Follow the parallel lives of Tobit and Sarah as they cry out to God in their darkest hours.
- **Angelic Guidance:** Discover the role of St. Raphael the Archangel (disguised as Azarias) as he leads young Tobias on a life-changing journey.
- **Faith in Exile:** Learn how to maintain your integrity and devotion while living in a world that challenges your beliefs.
- **Healing & Hope:** Explore the beautiful imagery of restoration—from physical blindness to spiritual brokenness.

We invite you to join us on Saturday, February 21 in the St. James Pavilion.

Schedule

6:00 pm - Potluck
7:00 pm - Fellowship Meeting (concluding around 8:30 pm)

Please RSVP to Roger or Angela Jones at 858-231-6101 (text) or via email at ralphkjones@hotmail.com, and let them know what dish you'll bring for the potluck.



VOLUNTEERS NEEDED FOR BUILD-A-HOME PROJECT 2026

MOC is planning another Build-a-Home event for this year on Saturday, March 7. This will be an all-day event. We will travel into Mexico, southeast of Tijuana, to build a home for a family who needs one desperately. We are looking for 12-18 volunteers, adults and children over 14 (children will need adult supervision). A Passport Card is preferred/required.

If you would like to join our team, please contact Deacon Jim (deaconjim@ascension-sd.org) for details, as soon as possible. If you can help defray the cost of this event, please make your checks payable to "Ascension Parish - MOC" and place them in the collection basket. Thank you for your support!

JOIN OUR 40 DAYS FOR LIFE CAMPAIGN!



40 DAYS FOR LIFE.
February 18 – March 29

HELP SAVE LIVES in MIRA MESA!

Join with members of our parish and many others as we take part again in the **40 Days for Life** campaign to end abortion locally through prayer and fasting, community outreach, and a peaceful vigil in front of abortion businesses.

- **Where:** On the sidewalk in front of the Mira Mesa Planned Parenthood facility, 10717 Camino Ruiz, San Diego, CA 92126. (Near the Carl's Jr.)
- **When:** Sign up to pray any time 7am – 7pm, Feb 18 – Mar 29, 2026.

*Ascension parish will take the lead for prayer and presence on Thursdays during the vigil from 8 am – 4 pm: 2/19, 2/26, 3/5, 3/12, 3/19, and 3/26.
Get info or sign up for prayer times: Please call Terry Duffield at 858-344-0231 to sign up for an hour of prayer and to arrange for carpooling.*

40daysforlife.com/sandiegomiramesa



PLEASE PRAY FOR THESE WONDERFUL PRIESTS THIS MONTH

Msgr. Dennis Mikulanis
Retired | San Diego, CA

Rev. Ronald M. Bagley, CJM
Senior Associate Pastor
St. Patrick Parish | Carlsbad, CA

Rev. Azam Mansha, CJM
Associate Pastor
St. James | Solana Beach, CA

Rev. Hector M. Rodriguez
Zacatecas, Mexico

Rev. Edwin Tutor
Our Pastor at Ascension Parish
San Diego, CA

PRAYER REQUESTS

Bob Hoffman †
Mari Beth Turner †
Renée Nicole Macklin Good †
Alex Jeffrey Pretti †
Betty Hess †
Fr. Scott McColl †
Gwen Johnson
Myrna Fune †
Julieto Manansala
Yolanda Manansala
Ella Lopez
Muñoz Family
Sandra Palguta
Kate Moga
Christopher Patrick Hoey †
Victor Michnowicz

If you have name(s) to be included on this prayer list, please contact the Parish Office.



REGISTER / UPDATE
YOUR INFORMATION

FOLLOW US ON
FACEBOOK





YOUR GIFTS OF TREASURE

2/8/2026 (THIS FISCAL YEAR)

Sunday Offertory

\$7,899.59

Fiscal YTD

\$282,232.20

2nd Collection Building Fund

\$1,215.00

Church Renovation

Online Donations

\$1,085.48

2/9/2025 (LAST FISCAL YEAR)

Sunday Offertory

\$9,121.16

Fiscal YTD

\$271,285.85

Church Renovation

Online Donations

\$4,124.05

ACA 2026 Assessment Goal

\$27,465.00

ACA Amount Paid to Date

\$0.00

Building Loan

Balance as of 2/10/2026

\$1,196,513.70

DONATE ONLINE



FEEDING SAN DIEGO KIDS FOOD ASSISTANCE PROGRAM

Every Wednesday, 12 volunteers go to the International Relief Team (IRT) office to assemble 330 weekend food packs to be delivered to five local San Diego schools. With the growing food insecurity in San Diego, they have decided to add another day of food packing to include 160 new families at four more local elementary schools. Each food pack includes 13 items: two breakfast, two lunch, and two dinner pantry-safe options that provides food support to families over the weekend.

MOC would like to put together a team of 12 volunteers that will meet at IRT on Tuesdays from 9:00 to 10:30 am through May 19 to assemble food packs. If you can help, please contact Deacon Jim at deaconjim@ascension-sd.org.

SAVE THE DATES IN JUNE FOR MILLION MEALS EVENT 2026!

The Deacons of the Diocese of San Diego invite you to partake in Million Meals 2026. This year, Bishop Pham has asked us to package two million meals—one million of which will remain in San Diego to feed hungry families right here in our own county. This event will take place on June 12, 13, and 14. Please note these dates on your calendar. We will be needing 6,000 volunteers to make this a successful event. Please consider joining us. More details coming soon!

NOW ACCEPTING DONATIONS FOR FIESTA BOOK BOOTH

We are now collecting your used books: fiction, non-fiction, children's, cookbooks, etc. as well as videos, music, and computer games. Please drop off your donations in the church vestibule book donation box. For pick-up of larger quantities, call 858-336-2008.

REPORTING ALLEGATIONS OF SEXUAL MISCONDUCT

To report sexual misconduct by clergy or church personnel (including abuse), please contact Mary Acosta, Victim Assistance Coordinator, at misconduct@sdcatholic.org or 858-490-8353.

The Diocese of San Diego treats all allegations of sexual misconduct by clergy or church personnel seriously and deals with them in a prompt, confidential, and thorough manner. Visit www.safeinourdiocese.org for more information.



PARISH MINISTRY CONTACTS

A

Altar Flowers: Ann Galbraith | anngalbraith1@gmail.com
Altar Servers: (Children) Ray Lebron | 858-775-6734
Altar Servers: (Adult) Carlos Becerra | 858-337-6474
Altar Committee: Angela Jones | 858-279-2735
Annulments: Ann Galbraith | anngalbraith1@gmail.com

B

Baptisms (Infants-Age 6): Deacon Adam | deaconadam@ascension-sd.org
Baptisms (Age 7+): Bonnie Curtis | bonnie@ascension-sd.org
Bereavement: Roger Jones | ralphkjones@hotmail.com

C

Caring for the Whole Person (CWP):
Deacon Jim & Mattie Scull | 858-279-2735
Children's Liturgy of the Word | rel.ed@ascension-sd.org
Coffee & Donuts: Carol Thompson | 619-459-4192

E

Eucharistic Ministers: Fran Lebron | 858-442-1826

F

Fellowship (Men's): Roger Jones | ralphkjones@hotmail.com
Fellowship (Parish): Henry Ng | 619-721-6148
Fiesta Chair: Henry Ng | 619-721-6148
Finance Council: Joe Kennedy | 858-279-8413
First Friday Adoration: Maxima Agnas | 858-278-4543

G

Golden Circle: Maria Montenegro | 619-889-1422

K

Knights of Columbus: Rich Singley | kofc7902@gmail.com

L

Lectors: Fran Lebron | 858-442-1826
Love Our Priests: Jean Hosenkamp | 858-560-7132

M

Marian Prayer Group: Rosa Germain | 858-279-2735
Marriage Prep: Deacon Adam | deaconadam@ascension-sd.org
Military Outreach: Rick Kania | 858-405-3013
Ministries of Charity (MOC):
Deacon Jim | deaconjim@ascension-sd.org
Ministry to the Sick: Don Trexel | 858-279-2735
Music Ministry:
(Saturday 4:30 pm) Billy Fallon | 858-279-2735
(Sunday 8:30 am & 11:00 am) Marianne Gutierrez | 858-279-2735
(Sunday 5:30 pm) John Sperrazzo | 858-279-2735

O

OCIA: Bonnie Curtis | bonnie@ascension-sd.org
OCIC: Nicole Reyes | rel.ed@ascension-sd.org

P

Pastoral Council | 858-279-2735
Prayer Quilts: Gail Janes | 858-414-6361
Pro-Life: David Akers | 858-437-1445

S

Single Seniors Fellowship: Danielle Deaton | 858-278-0755

U

Ushers/Hospitality: Ray Lebron | 858-775-6734

V

Victim Assistance: Mary Acosta | 858-490-8353

PARISH STAFF

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Jun Etrata | Sacristan
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Gene Hazen | Facilities Manager
ehazen01@gmail.com