



REGULAR SCHEDULE

MASS

Monday-Friday: 8:30 am

Saturday Vigil: 4:30 pm

Sunday: 8:30 am, 11:00 am, 5:30 pm

CONFESSiON

Saturday: 3:00-4:00 pm

HOLY HOUR / ADORATION

Monday, Wednesday-Friday: 3:00 pm

Tuesday: 6:00 pm

READINGS FOR THE WEEK OF 2/8-2/14

Sunday: Is 58:7-10/Ps 112:4-5, 6-7, 8-9/1 Cor 2:1-5/Mt 5:13-16

Monday: 1 Kgs 8:1-7, 9-13/Ps 132:6-7, 8-10/Mk 6:53-56

Tuesday: 1 Kgs 8:22-23, 27-30/Ps 84:3, 4, 5 and 10, 11/Mk 7:1-13

Wednesday: 1 Kgs 10:1-10/Ps 37:5-6, 30-31, 39-40/Mk 7:14-23

Thursday: 1 Kgs 11:4-13/Ps 106:3-4, 35-36, 37 and 40/Mk 7:24-30

Friday: 1 Kgs 11:29-32; 12:19/Ps 81:10-11ab, 12-13, 14-15/Mk 7:31-37

Saturday: 1 Kgs 12:26-32; 13:33-34/Ps 106:6-7ab, 19-20, 21-22/Mk 8:1-10



5TH SUNDAY IN ORDINARY TIME

FEBRUARY 8, 2026

“You are the light of the world. A city set on a mountain cannot be hidden.” - Mt 5:14

Parish Office Hours: Monday-Friday from 9:15 am to 4:00 pm
(Closed from 12:00 to 1:00 pm for lunch)

Sanctuary Hours: Monday-Friday after morning Mass until 4:00 pm



PRAYER BEFORE MASS

Receive, O Holy Trinity this Holy Sacrifice of the Body and Blood of our Lord Jesus Christ, which we, your unworthy servants, desire now to offer to You by the hands of Your minister, with all the sacrifices which have ever been or will be offered

to You, in union with that Holy Sacrifice offered by Jesus Christ our Lord at the Last Supper, and on the Altar of the Cross. We offer it to You with the utmost affection and devotion, out of pure love for Your infinite goodness, and according to the most holy intention of the same Christ our Lord, and of our

Holy Mother the Church.

O God, almighty and merciful, grant us through this Holy Sacrifice, joy and peace, a holier life, time to do penance, grace and consolation of the Holy Spirit, and perseverance in good works. We ask this through Christ, our Lord. Amen.

PRAYER FOR VOCATIONS FOR ASCENSION PARISH

God our Father, You call each one of us by name and ask us to follow you. Bless your church in Tierrasanta by raising up dedicated and generous leaders from our families and friends who will serve your people as priests, deacons, and religious men and women. Inspire us as we grow to know you and open our hearts to answer your call. We ask this in Jesus' name. Amen.

2026 ANNUAL CATHOLIC APPEAL



DIOCESE OF SAN DIEGO

DID YOU KNOW?

Christ calls each disciple "light of the world," which shines through the good we do, and in this way, we give glory to God.

Did you know that Catholic Charities helped more than 133,000 people last year? Your Annual Catholic Appeal donation lights the lives of others in need.

We are invited to renew our hearts and to be guided by Holy Scripture, which illuminates our lives with the grace and blessing of our Lord Jesus Christ. Next weekend, we will launch our Ascension ACA for 2026. Our assessment this year is \$27,465.00, which is \$2,884.00 lower than 2025.

The ACA enables us to fund our diocesan pastoral center ministry offices and programs that help our community members to live their faith by supporting the development of parish leadership and catechetical formation with emphasis on service and formation of the young; the Catholic schools and formation programs; the formation of our new priests and the care for our retired priests; and most of all, Catholic Charities which help the poor and the suffering in our midst. In addition to financially supporting our parish, this is one way of responding to our Christian vocation to care for and extend charity to those in need.

Please help us pray for a successful 2026 ACA campaign in our parish. You can make your contribution online by using the QR code to the right or by picking up a brochure and response card from the Parish Office.



THE FIRST DAY OF LENT

Ash Wednesday marks the **first day** of the Lenten season! The penitential season of Lent lasts for 40 days (Sundays not included in this number). This day is marked by the spiritual practices of **fasting and abstinence**. While it is *not* a holy day of obligation, we are invited to attend **Mass** to receive Ashes and listen to the message of the **Gospel**.

Ash Wednesday



FOR YOU ARE DUST,
AND TO DUST YOU SHALL RETURN.
GENESIS 3:19

MASS TIMES FOR 2/18: 8:30 AM | 5:30 PM | 7:00 PM



UPCOMING EVENTS

- **2/8 at 5:30 pm** - 5:30 pm Mass CANCELED for Super Bowl Sunday
- **2/9 at 7:00 pm** - MOC Meeting (Pavilion)
 - Contact: Deacon Jim | deaconjim@ascension-sd.org
- **2/10 at 6:00 pm** - Chaplet & Adoration CANCELED
- **2/10 at 7:00 pm** - Fiesta Planning Meeting (Pavilion)
- **2/11 at 7:00 pm** - Beads & Brews Ministry (Pavilion)
 - Contact/RSVP: Roger Jones | 858-231-6101 or Lew Camp | 858-414-7251
- **2/15 after 8:30 am Mass** - Coffee & Doughnuts Fellowship (Pavilion)

RACHEL'S SHELTER MONTHLY DINNER SERVICE: FEBRUARY 18

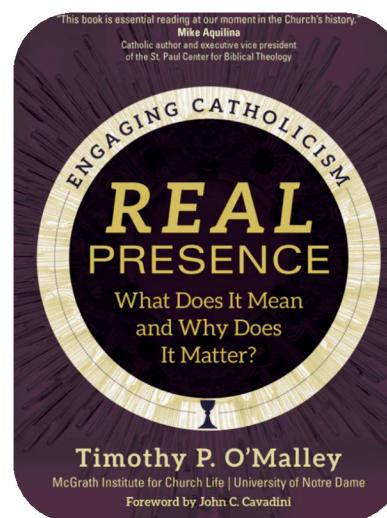
Please join Ann Galbraith in cooking side dishes in the JP2 kitchen from 2:30-4:30 pm on Wednesday, February 18. No culinary skills are needed; you can also drop off beverages, desserts, purchased or donated food of any kind (sandwich meat, cheese, PB&J, cereal, or milk for next-day meals), or your own prepared dishes. Our parish community provides one meal per month. If you'd like to help or drop off food, please contact Ann at 206-931-5379 or via email at anngalbraith1@gmail.com.

Many thanks to the volunteers who helped with the January dinner, including Abby, Ana, Carol, Emma, Hildy, Isabel, Julie, Lisa, Lonna, Maribeth, Marissa, and Sharon.

PARISH LENTEN BOOK STUDY - BEGINS FEBRUARY 23

Join our parish Lenten Book Study on the Christmas gift our parish received: *Real Presence: What Does It Mean and Why Does It Matter?* by Timothy O'Malley. On Monday evenings in the Parish Hall beginning February 23 (6:30-8:00 pm), Deacon Adam and Bonnie Curtis will guide us through the book with time for meaningful conversation—connecting the Church's teaching on the Real Presence to prayer, Mass, everyday discipleship, and the choices we make as Catholics.

Come for fellowship, honest questions, and encouragement as we grow together this Lent. You don't need to attend every session—join as you're able.



MASS INTENTIONS

Saturday, 2/7 | 4:30 pm
Cheryl & Rea Schwendinger
Rosita Arambulo †

Sunday, 2/8 | 8:30 am
Parishioners of Ascension

11:00 am
Paul Gastelum †
James Guerin †
Una Guerin †

5:30 pm - No Mass

Monday, 2/9 | 8:30 am
Bill Von der Schmidt †
Carol Stuart †

Tuesday, 2/10 | 8:30 am
Mark De La Vega
Karen Garcilazo †
Wilmor Valero †

Wednesday, 2/11 | 8:30 am
Lindsey Shaw
Dominick Taitano

Thursday, 2/12 | 8:30 am
Hauser Family
Souls in Purgatory

Friday, 2/13 | 8:30 am
Mary Ann Cox †

Saturday, 2/14 | 4:30 pm
Jun Etrata
Peter Wolfe †

Sunday, 2/15 | 8:30 am
Nick † & Mary † Thompson
Maggie Timmer †

11:00 am
Sam Beamon †
Tom Beamon †

5:30 pm
Parishioners of Ascension



2/8 - THIS WEEKEND SUNDAY ADORATION

After Sunday 11:00 am Mass
for 30 min.
Benediction at 12:30 pm

ONE BENEFIT OF EUCHARISTIC ADORATION

You must propagate veneration of the Most Blessed Sacrament with all your might, for the devotion to the Holy Eucharist is the queen of all devotions.

- Pope Benedict XV

UPCOMING MAJOR LITURGICAL CELEBRATIONS

Wednesday, February 18, 2026
Ash Wednesday

Wednesday, March 25, 2026
Solemnity of the Annunciation
of the Lord

Thursday, April 2, 2026
Holy Thursday
(Mass of the Lord's Supper)

Friday, April 3, 2026
Good Friday
(The Passion of the Lord)



VOLUNTEERS NEEDED FOR BUILD-A-HOME PROJECT 2026

MOC is planning another Build-a-Home event for this year on Saturday, March 7. This will be an all-day event. We will travel into Mexico, southeast of Tijuana, to build a home for a family who needs one desperately. We are looking for 12-18 volunteers, adults and children over 14 (children will need adult supervision). A Passport Card is preferred/required.

If you would like to join our team, please contact Deacon Jim (deaconjim@ascension-sd.org) for details, as soon as possible. If you can help defray the cost of this event, please make your checks payable to "Ascension Parish - MOC" and place them in the collection basket. Thank you for your support!

FEEDING SAN DIEGO KIDS FOOD ASSISTANCE PROGRAM

Every Wednesday, 12 volunteers go to the International Relief Team (IRT) office to assemble 330 weekend food packs to be delivered to five local San Diego schools. With the growing food insecurity in San Diego, they have decided to add another day of food packing to include 160 new families at four more local elementary schools. Each food pack includes 13 items: two breakfast, two lunch, and two dinner pantry-safe options that provides food support to families over the weekend.

MOC would like to put together a team of 12 volunteers that will meet at IRT on Tuesdays from 9:00 to 10:30 am through May 19 to assemble food packs. If you can help, please contact Deacon Jim at deaconjim@ascension-sd.org.

SAVE THE DATES IN JUNE FOR MILLION MEALS EVENT 2026!

The Deacons of the Diocese of San Diego invite you to partake in Million Meals 2026. This year, Bishop Pham has asked us to package two million meals—one million of which will remain in San Diego to feed hungry families right here in our own county. This event will take place on June 12, 13, and 14. Please note these dates on your calendar. We will be needing 6,000 volunteers to make this a successful event. Please consider joining us. More details coming soon!



REGISTER / UPDATE
YOUR INFORMATION



SAN DIEGO WALK FOR LIFE 2026

On Saturday, January 24, members of our Ascension Parish family joined thousands across San Diego for the Walk for Life, standing together in joyful witness to the dignity of every human life. Thank you to all who walked, prayed, and represented our parish with hope and love.



NOW ACCEPTING DONATIONS FOR FIESTA BOOK BOOTH

We are now collecting your used books: fiction, non-fiction, children's, cookbooks, etc. as well as videos, music, and computer games. Please drop off your donations in the church vestibule book donation box. For pick-up of larger quantities, call 858-336-2008.

REPORTING ALLEGATIONS OF SEXUAL MISCONDUCT

To report sexual misconduct by clergy or church personnel (including abuse), please contact Mary Acosta, Victim Assistance Coordinator, at misconduct@sdcatholic.org or 858-490-8353.

The Diocese of San Diego treats all allegations of sexual misconduct by clergy or church personnel seriously and deals with them in a prompt, confidential, and thorough manner. Visit www.safeinourdiocese.org for more information.



FOLLOW US ON
FACEBOOK

PLEASE PRAY FOR THESE WONDERFUL PRIESTS THIS MONTH

Msgr. Dennis Mikulanis
Retired | San Diego, CA

Rev. Ronald M. Bagley, CJM
Senior Associate Pastor
St. Patrick Parish | Carlsbad, CA

Rev. Azam Mansha, CJM
Associate Pastor
St. James | Solana Beach, CA

Rev. Hector M. Rodriguez
Zacatecas, Mexico

Rev. Edwin Tutor
Our Pastor at Ascension Parish
San Diego, CA

PRAYER REQUESTS

Daniel Carey †
Carlos Rodriguez
Anne Hoffman †
Bob Hoffman †
Mari Beth Turner †
Renée Nicole Macklin Good †
Alex Jeffrey Pretti †
Betty Hess †
Fr. Scott McColl †
Gwen Johnson
Myrna Fune †
Julieto Manansala
Yolanda Manansala
Beatriz Aylwin
Gabriel Aylwin
Ella Lopez

If you have name(s) to be included on this prayer list, please contact the Parish Office.



YOUR GIFTS OF TREASURE

2/1/2026 (THIS FISCAL YEAR)

Sunday Offertory

\$10,647.26

Fiscal YTD

\$274,332.44

2nd Collection Building Fund

\$2,400.00

Church Renovation

Online Donations

\$700.94

→
2/2/2025 (LAST FISCAL YEAR)

Sunday Offertory

\$12,543.29

Fiscal YTD

\$262,164.69

Church Renovation

Online Donations

\$3,128.30

→
ACA 2026 Assessment Goal

\$27,465.00

→
ACA Amount Paid to Date

\$0.00

→
Building Loan

Balance as of 1/12/2026

\$1,203,285.68

→
DONATE ONLINE



MARDI GRAS CELEBRATION AT ASCENSION: SATURDAY, 2/7

Contact for General Information & Sponsorships:

Joe Ragonese | 559-707-2800 | joseph.ragonese@gmail.com

Contact for Event Ticketing:

Mike Schaefer | 858-220-4715 | schsimon@pacbell.net

MARDI GRAS

Dress in your favorite Mardi Gras gear: Masks, Umbrellas, Beads etc.

February 7, 2026

St. John Paul II Parish Hall
11292 Clairemont Mesa Blvd, SD 92124

5:30pm to 10:30pm

QR Code

Cocktail hour 5:30 to 6:30pm Dinner served at 6:30pm Ticket cost: \$75 each

★ New Orleans Style Dinner!
★ Prizes and Surprises!
★ Games!
★ Dancing!

POC - Joe Ragonese 559.707.2800 / joseph.ragonese@gmail.com

Grand Prize: Trip to New Orleans

Proceeds to Military Outreach Mission San Diego and renovation loan
Organized by the Knights of Columbus Council 7902



PARISH MINISTRY CONTACTS

A

Altar Flowers: Ann Galbraith | anngalbraith1@gmail.com
Altar Servers: (Children) Ray Lebron | 858-775-6734
Altar Servers: (Adult) Carlos Becerra | 858-337-6474
Altar Committee: Angela Jones | 858-279-2735
Annulments: Ann Galbraith | anngalbraith1@gmail.com

B

Baptisms (Infants-Age 6): Deacon Adam | deaconadam@ascension-sd.org
Baptisms (Age 7+): Bonnie Curtis | bonnie@ascension-sd.org
Bereavement: Roger Jones | ralphkjones@hotmail.com

C

Caring for the Whole Person (CWP):
Deacon Jim & Mattie Scull | 858-279-2735
Children's Liturgy of the Word | rel.ed@ascension-sd.org
Coffee & Donuts: Carol Thompson | 619-459-4192

E

Eucharistic Ministers: Fran Lebron | 858-442-1826

F

Fellowship (Men's): Roger Jones | ralphkjones@hotmail.com
Fellowship (Parish): Henry Ng | 619-721-6148
Fiesta Chair: Henry Ng | 619-721-6148
Finance Council: Joe Kennedy | 858-279-8413
First Friday Adoration: Maxima Agnas | 858-278-4543

G

Golden Circle: Maria Montenegro | 619-889-1422

K

Knights of Columbus: Rich Singley | kofc7902@gmail.com

L

Lectors: Fran Lebron | 858-442-1826
Love Our Priests: Jean Hosenkamp | 858-560-7132

M

Marian Prayer Group: Rosa Germain | 858-279-2735
Marriage Prep: Deacon Adam | deaconadam@ascension-sd.org
Military Outreach: Rick Kania | 858-405-3013
Ministries of Charity (MOC):
Deacon Jim | deaconjim@ascension-sd.org
Ministry to the Sick: Don Trexel | 858-279-2735
Music Ministry:
(Saturday 4:30 pm) Billy Fallon | 858-279-2735
(Sunday 8:30 am & 11:00 am) Marianne Gutierrez | 858-279-2735
(Sunday 5:30 pm) John Sperrazzo | 858-279-2735

O

OCIA: Bonnie Curtis | bonnie@ascension-sd.org
OCIC: Nicole Reyes | rel.ed@ascension-sd.org

P

Pastoral Council | 858-279-2735
Prayer Quilts: Gail Janes | 858-414-6361
Pro-Life: David Akers | 858-437-1445

S

Single Seniors Fellowship: Danielle Deaton | 858-278-0755

U

Ushers/Hospitality: Ray Lebron | 858-775-6734

V

Victim Assistance: Mary Acosta | 858-490-8353

PARISH STAFF

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revetutor@ascension-sd.org

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Laura Labak | Bookkeeper
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Jun Etrata | Sacristan
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Bonnie Curtis | Director of Evangelization
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Stephanie Graham | Office Admin
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Deacon Adam Curtis
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Nathalie Vazquez | YM Coordinator
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Gene Hazen | Facilities Manager
ehazen01@gmail.com