

REGULAR SCHEDULE

MASS

Monday-Friday: 8:30 am

Saturday Vigil: 4:30 pm

Sunday: 8:30 am, 11:00 am, 5:30 pm

CONFESSION

Saturday: 3:00-4:00 pm

HOLY HOUR / ADORATION

Monday, Wednesday-Friday: 3:00 pm

Tuesday: 6:00 pm

READINGS FOR THE WEEK OF 2/1-2/7

Sunday: Zep 2:3; 3:12-13/Ps 146:6c-7,
8-9a, 9b-10/1 Cor 1:26-31/Mt 5:1-12a

Monday: Mal 3:1-4/Ps 24:7, 8, 9,
10/Heb 2:14-18/Lk 2:22-40 or 2:22-32

Tuesday: 2 Sm 18:9-10, 14b, 24-25a,
30-19:3/Ps 86:1-2, 3-4, 5-6/Mk 5:21-
43

Wednesday: 2 Sm 24:2, 9-17/Ps 32:1-2,
5, 6, 7/Mk 6:1-6

Thursday: 1 Kgs 2:1-4, 10-12/1 Chr
29:10, 11ab, 11d-12a, 12bcd/Mk 6:7-13

Friday: Sir 47:2-11/Ps 18:31, 47 and 50,
51/Mk 6:14-29

Saturday: 1 Kgs 3:4-13/Ps 119:9, 10, 11,
12, 13, 14/Mk 6:30-34



4TH SUNDAY IN ORDINARY TIME

FEBRUARY 1, 2026

"Blessed are they who are persecuted for the sake of righteousness,
for theirs is the kingdom of heaven.

Blessed are you when they insult you and persecute you and utter
every kind of evil against you falsely because of me. Rejoice and be
glad, for your reward will be great in heaven." - Mt 5:10-12a

Parish Office Hours: Monday-Friday from 9:15 am to 4:00 pm
(Closed from 12:00 to 1:00 pm for lunch)

Sanctuary Hours: Monday-Friday after morning Mass until 4:00 pm



PRAYER BEFORE MASS

Receive, O Holy Trinity this Holy Sacrifice of the Body and Blood of our Lord Jesus Christ, which we, your unworthy servants, desire now to offer to You by the hands of Your minister, with all the sacrifices which have ever been or will be offered to You, in union with that Holy Sacrifice offered by Jesus Christ our Lord at the Last Supper, and on the Altar of the Cross. We offer it to You with the utmost affection and devotion, out of pure love for Your infinite goodness, and according to the most holy intention of the same Christ our Lord, and of our Holy Mother the Church.

O God, almighty and merciful, grant us through this Holy Sacrifice, joy and peace, a holier life, time to do penance, grace and consolation of the Holy Spirit, and perseverance in good works. We ask this through Christ, our Lord. Amen.

PRAYER FOR VOCATIONS FOR ASCENSION PARISH

God our Father, You call each one of us by name and ask us to follow you. Bless your church in Tierrasanta by raising up dedicated and generous leaders from our families and friends who will serve your people as priests, deacons, and religious men and women. Inspire us as we grow to know you and open our hearts to answer your call. We ask this in Jesus' name. Amen.

FIRST FRIDAY ADORATION: FEBRUARY 6

Be one with Jesus in
Eucharistic Adoration



Please come and spend an hour in the reverence of our Lord on Friday, February 6. First Friday Adoration will be held after the 8:30 am Mass; Benediction will take place at 5:30 pm. Sign up sheets are now available in the vestibule. For questions, please contact Maxima Agnas at isingagnas@yahoo.com.

UPCOMING EVENTS

This Week

- **2/2 at 1:30 pm** - CWP Meeting (Pavilion)
 - Contact: Deacon Jim | deaconjim@ascension-sd.org
- **2/4 at 9:00 am** - Coffee Catch-up (Pavilion)
- **2/5 at 1:30 pm** - Single Seniors Movie Matinee (Pavilion)
 - Contact: Terry Hermes | flashhermes@aol.com
- **2/5 at 7:00 pm** - Knights of Columbus General Meeting (Pavilion)
 - Contact: Rich Singley | kojc7902@gmail.com
- **2/8 after 8:30 am Mass** - Knights of Columbus Pancake Breakfast (Hall)
 - Contact: Bill Luna | bill.luna39@gmail.com
- **2/8 at 5:30 pm** - 5:30 pm Mass CANCELED for Super Bowl Sunday

Next Week

- **2/9 at 7:00 pm** - MOC Meeting (Pavilion)
 - Contact: Deacon Jim | deaconjim@ascension-sd.org
- **2/10 at 6:00 pm** - Chaplet & Adoration CANCELED
- **2/10 at 7:00 pm** - Fiesta Planning Meeting (Pavilion)
- **2/11 at 9:00 am** - Coffee Catch-up (Pavilion)



UPCOMING EVENTS (CONT.)

- **2/11 at 7:00 pm** - Beads & Brews Ministry (Pavilion)
 - Contact/RSVP: Roger Jones | 858-231-6101 or Lew Camp | 858-414-7251
- **2/15 after 8:30 am Mass** - Coffee & Doughnuts Fellowship (Pavilion)

VOLUNTEERS NEEDED FOR BUILD-A-HOME PROJECT 2026

MOC is planning another Build-a-Home event for this year on Saturday, March 7. This will be an all-day event. We will travel into Mexico, southeast of Tijuana, to build a home for a family who needs one desperately. We are looking for 12-18 volunteers, adults and children over 14 (children will need adult supervision). A Passport Card is preferred/required.

If you would like to join our team, please contact Deacon Jim (deaconjim@ascension-sd.org) for details, as soon as possible. If you can help defray the cost of this event, please make your checks payable to "Ascension Parish - MOC" and place them in the collection basket. Thank you for your support!

SAVE THE DATES IN JUNE FOR MILLION MEALS EVENT 2026!

The Deacons of the Diocese of San Diego invite you to partake in Million Meals 2026. This year, Bishop Pham has asked us to package *two million meals*, one million of which will remain in San Diego to feed hungry families right here in our own county. This event will take place on June 12, 13, and 14. Please note these dates on your calendar. We will be needing 6,000 volunteers to make this a successful event. Please consider joining us. More details coming soon!

FEEDING SAN DIEGO KIDS FOOD ASSISTANCE PROGRAM

Every Wednesday, 12 volunteers go to the International Relief Team (IRT) office to assemble 330 weekend food packs to be delivered to five local San Diego schools. With the growing food insecurity in San Diego, they have decided to add another day of food packing to include 160 new families at four more local elementary schools. Each food pack includes 13 items: two breakfast, two lunch, and two dinner pantry-safe options that provides food support to families over the weekend.

MOC would like to put together a team of 12 volunteers that will meet at IRT on Tuesdays from 9:00 to 10:30 am through 5/19 to assemble food packs. If you can help, please contact Deacon Jim at deaconjim@ascension-sd.org.

MASS INTENTIONS

Saturday, 1/31 | 4:30 pm

Lai Pham
Alex Polifka †

**Sunday, 2/1
8:30 am**

Selma Costa †

11:00 am

Parishioners of Ascension

5:30 pm

Francisco Estacio
Myrna Estacio

Monday, 2/2 | 8:30 am

Victoria Pantua †
Frances Moore †

Tuesday, 2/3 | 8:30 am

Hayden Shaw

Wednesday, 2/4 | 8:30 am

Gelasio Ibarreta †
Tony Kingkade †

Thursday, 2/5 | 8:30 am

Julie Walters
Pete Wolfe †

Friday, 2/6 | 8:30 am

Allison Suarez

Saturday, 2/7 | 4:30 pm

Cheryl & Rea Schwendinger
Rosita Arambulo †

Sunday, 2/8

8:30 am

Parishioners of Ascension

11:00 am

Paul Gastelum †
James Guerin †
Una Guerin †

5:30 pm - Open



2/1 - THIS WEEKEND SUNDAY ADORATION

After Sunday 8:30 am Mass
for 30 min.
Benediction at 10:00 am

ONE BENEFIT OF EUCHARISTIC ADORATION

Our Lord hears our prayers
anywhere, but He has revealed to
His servants that those who visit
Him in the Eucharist will obtain a
more abundant measure of grace.

- St. Alphonsus Ligouri

UPCOMING MAJOR LITURGICAL CELEBRATIONS

Wednesday, February 18, 2026
Ash Wednesday

Wednesday, March 25, 2026
Solemnity of the Annunciation
of the Lord

Thursday, April 2, 2026
Holy Thursday
(Mass of the Lord's Supper)

Friday, April 3, 2026
Good Friday
(The Passion of the Lord)



SAN DIEGO WALK FOR LIFE 2026

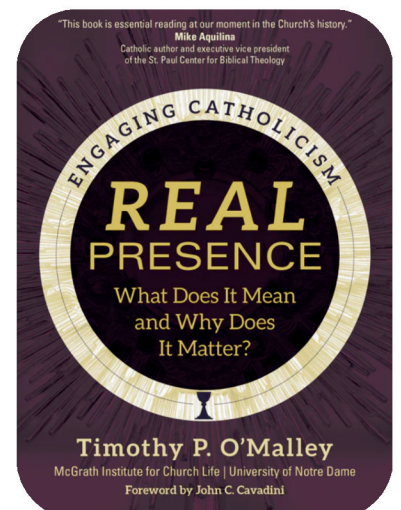
On Saturday, January 24, members of our Ascension Parish family joined thousands across San Diego for the Walk for Life, standing together in joyful witness to the dignity of every human life. Thank you to all who walked, prayed, and represented our parish with hope and love.



PARISH LENTEN BOOK STUDY - BEGINS FEBRUARY 23

Join our parish Lenten Book Study on the Christmas gift our parish received: *Real Presence: What Does It Mean and Why Does It Matter?* by Timothy O'Malley. On Monday evenings in the Parish Hall beginning February 23 (6:30–8:00 pm), Deacon Adam and Bonnie Curtis will guide us through the book with time for meaningful conversation—connecting the Church's teaching on the Real Presence to prayer, Mass, everyday discipleship, and the choices we make as Catholics.

Come for fellowship, honest questions, and encouragement as we grow together this Lent. You don't need to attend every session—join as you're able.





MARY ANN'S CLOSET: SERVING THE HOMELESS AT OUR PARISH & IN OUR COMMUNITY

Mary Ann's Closet serves the homeless at our parish and in our community. Our ministers are using the items you have donated; however, we are running out of the following items:

1. Wash cloths (18 pack at Walmart)
2. Johnson & Johnson: To Go First Aid Kits (small travel size at Walmart)
3. Body Wash, Shampoo, Lotion (small travel size)
4. Body Wipes (three or five pack at Walmart)

In addition, we are in need of adult sizes of NEW (with tags) men's pants, belts, socks, and shoes. If you are unable to shop for the homeless, please drop your donation in the collection basket, earmarked for MOC. If you are interested in serving the homeless in our community, please contact Jun Etrata or Deacon Jim. Thank you so much for your support of this ministry.

NOW ACCEPTING DONATIONS FOR FIESTA BOOK BOOTH

We are now collecting your used books: fiction, non-fiction, children's, cookbooks, etc. as well as videos, music, and computer games. Please drop off your donations in the church vestibule book donation box. For pick-up of larger quantities, call 858-336-2008.

REPORTING ALLEGATIONS OF SEXUAL MISCONDUCT

To report sexual misconduct by clergy or church personnel (including abuse), please contact Mary Acosta, Victim Assistance Coordinator, at misconduct@sdccatholic.org or 858-490-8353.

The Diocese of San Diego treats all allegations of sexual misconduct by clergy or church personnel seriously and deals with them in a prompt, confidential, and thorough manner. Visit www.safeinourdiocese.org for more information.



REGISTER / UPDATE
YOUR INFORMATION



FOLLOW US ON
FACEBOOK

PLEASE PRAY FOR THESE WONDERFUL PRIESTS THIS MONTH

His Holiness Pope Leo XIV

Our Holy Father | Vatican City

Most Reverend Michael Pham

Bishop | San Diego, CA

Most Reverend Felipe Pulido

Auxiliary Bishop | San Diego, CA

Most Reverend Ramon Bejarano

Auxiliary Bishop | San Diego, CA

Reverend Edwin Tutor

Our Pastor at Ascension Parish
San Diego, CA

PRAYER REQUESTS

Daniel Carey †
Carlos Rodriguez
Tonnaer Family
Anne Hoffman †
Bob Hoffman †
Mari Beth Turner †
Renée Nicole Macklin Good †
Alex Jeffrey Pretti †
Betty Hess †
Fr. Scott McColl †
Gwen Johnson
Myrna Fune †
Julieto Manansala
Yolanda Manansala
Beatriz Aylwin
Gabriel Aylwin
Ella Lopez

If you have name(s) to be included on this prayer list, please contact the Parish Office.



YOUR GIFTS OF TREASURE

1/25/2026 (THIS FISCAL YEAR)

Sunday Offertory

\$6,233.92

Fiscal YTD

\$263,685.27

2nd Collection Building Fund

\$1,834.00

Church Renovation

Online Donations

\$1,182.64

1/19/2025 (LAST FISCAL YEAR)

Sunday Offertory

\$7,957.28

Fiscal YTD

\$249,621.40

Church Renovation

Online Donations

\$3,330.42

ACA 2025 Assessment Goal

\$30,349.00

ACA Amount Paid to Date

\$32,034.45

Building Loan

Balance as of 1/12/2026

\$1,203,285.68

DONATE ONLINE



MARDI GRAS CELEBRATION AT ASCENSION: SATURDAY, 2/7

Contact for General Information & Sponsorships:

Joe Ragonese | 559-707-2800 | joseph.ragonese@gmail.com

Contact for Event Ticketing:

Mike Schaefer | 858-220-4715 | schsimon@pacbell.net

MARDI GRAS

Dress in your favorite Mardi Gras gear: Masks, Umbrellas, Beads etc.

February 7, 2026
St. John Paul II Parish Hall
11292 Clairemont Mesa Blvd, SD 92124
5:30pm to 10:30pm

Cocktail hour 5:30 to 6:30pm Dinner served at 6:30pm Ticket cost: \$75 each

- ★ New Orleans Style Dinner!
- ★ Games!
- ★ Prizes and Surprises!
- ★ Dancing!

Grand Prize: Trip to New Orleans

POC - Joe Ragonese 559.707.2800 / joseph.ragonese@gmail.com

Proceeds to Military Outreach Mission San Diego and renovation loan
Organized by the Knights of Columbus Council 7902



PARISH MINISTRY CONTACTS

A

Altar Flowers: Ann Galbraith | anngalbraith1@gmail.com
Altar Servers: (Children) Ray Lebron | 858-775-6734
Altar Servers: (Adult) Carlos Becerra | 858-337-6474
Altar Committee: Angela Jones | 858-279-2735
Annulments: Ann Galbraith | anngalbraith1@gmail.com

B

Baptisms (Infants-Age 6): Deacon Adam | deaconadam@ascension-sd.org
Baptisms (Age 7+): Bonnie Curtis | bonnie@ascension-sd.org
Bereavement: Roger Jones | ralphkjones@hotmail.com

C

Caring for the Whole Person (CWP):
Deacon Jim & Mattie Scull | 858-279-2735
Children's Liturgy of the Word | rel.ed@ascension-sd.org
Coffee & Donuts: Carol Thompson | 619-459-4192

E

Eucharistic Ministers: Fran Lebron | 858-442-1826

F

Fellowship (Men's): Roger Jones | ralphkjones@hotmail.com
Fellowship (Parish): Henry Ng | 619-721-6148
Fiesta Chair: Henry Ng | 619-721-6148
Finance Council: Joe Kennedy | 858-279-8413
First Friday Adoration: Maxima Agnas | 858-278-4543

G

Golden Circle: Maria Montenegro | 619-889-1422

K

Knights of Columbus: Rich Singley | kofc7902@gmail.com

L

Lectors: Fran Lebron | 858-442-1826
Love Our Priests: Jean Hosenkamp | 858-560-7132

M

Marian Prayer Group: Rosa Germain | 858-279-2735
Marriage Prep: Deacon Adam | deaconadam@ascension-sd.org
Military Outreach: Rick Kania | 858-405-3013
Ministries of Charity (MOC):
Deacon Jim | deaconjim@ascension-sd.org
Ministry to the Sick: Don Trexel | 858-279-2735
Music Ministry:
(Saturday 4:30 pm) Billy Fallon | 858-279-2735
(Sunday 8:30 am & 11:00 am) Marianne Gutierrez | 858-279-2735
(Sunday 5:30 pm) John Sperrazzo | 858-279-2735

O

OCIA: Bonnie Curtis | bonnie@ascension-sd.org
OCIC: Nicole Reyes | rel.ed@ascension-sd.org

P

Pastoral Council | 858-279-2735
Prayer Quilts: Gail Janes | 858-414-6361
Pro-Life: David Akers | 858-437-1445

S

Single Seniors Fellowship: Danielle Deaton | 858-278-0755

U

Ushers/Hospitality: Ray Lebron | 858-775-6734

V

Victim Assistance: Mary Acosta | 858-490-8353

PARISH STAFF

Father Edwin Tutor

revetutor@ascension-sd.org

Deacon Jim Scull

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Jun Etrata | Sacristan

jun@ascension-sd.org | Ext. 107

Deacon Adam Curtis

deaconadam@ascension-sd.org | Ext. 106

Nicole Reyes | RE Coordinator
rel.ed@ascension-sd.org | Ext. 103

Bonnie Curtis | Director of Evangelization
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Nathalie Vazquez | YM Coordinator
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Laura Labak | Bookkeeper
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Stephanie Graham | Office Admin
office@ascension-sd.org | Ext. 101

Gene Hazen | Facilities Manager
ehazen01@gmail.com