

SANA
T U L U M



MEDITERRANEAN GASTRONOMIC BISTRO

At SANA, our cuisine is defined by Mediterranean flavors.

We focus on the finest vegetables, fresh products from the sea and land, natural fermentations in our bakery, and a unique way of feeling and respecting our ingredients, we do what we truly love. We blend our passion with experience to offer you an unforgettable memory.

SANA is a gastronomic bistro that invites relaxation and the awakening of the senses, a space for enjoyment and inner contemplation. We give the best of ourselves so that your “experience” becomes endless... those memories that fill us with inner light.

Products, techniques, colors, and scents that will stay in your heart as “a unique journey toward our inner peace, toward what truly nourishes and fills us with happiness.”

Thank you for visiting us. We hope everything here is just as it should be:

→ A SINCERE AND HONEST CUISINE →





BREAKFAST DELIGHTS

\$699 MXN

House bread basket, butter and jam, seasonal fruit plate.

HEALTHY OPTIONS:

- **Classic or Vegetable Omelette**
With mushrooms and spinach.
- **Shakshuka**
Poached eggs in Mediterranean tomato sauce,
served with Israeli salad.
- **Beet Hummus Toast**
With caramelized nuts.
- **Avocado Toast**
With fried eggs, sesame seeds, and creamy cheese.

SUPER HEALTHY:

- **Fitness Omelette**
Egg whites, spinach, and caramelized onions.
- **Overnight Oats**
With seasonal fruits and berries.

