

SANA

T U L U M





MEDITERRANEAN GASTRONOMIC BISTRO

At SANA, our cuisine is defined by Mediterranean flavors.

We focus on the finest vegetables, fresh products from the sea and land, natural fermentations in our bakery, and a unique way of understanding and respecting our ingredients. We do what we truly love.

We blend our passion with experience to offer you an unforgettable memory.

SANA is a gastronomic bistro that invites relaxation and the awakening of the senses, a space for enjoyment and inner contemplation. We give the best of ourselves so that your experience becomes endless... those memories that fill us with inner light.

Products, techniques, colors, and scents that will stay in your heart as a unique journey toward inner peace, toward what truly nourishes and fills us with happiness.

Thank you for visiting us. We hope everything here is just as it should be:

- A SINCERE AND HONEST CUISINE -



Chef's recommendation



Excellent



You won't stop trying it





SUNRISE INTULUM

\$749 MXN

Basket of house baked bread with butter and jam. Seasonal fruit plate.

HEALTHY OPTIONS:

- **Classic or Vegetable Omelette**
With mushrooms and spinach.
- **Shakshuka**
Poached eggs in Mediterranean tomato sauce, served with Israeli salad.
- **Beetroot hummus toast**
With caramelized nuts.
- **Avocado Toast**
Fried egg, seeds, arugula, cherry tomatoes, and pesto
- **Chilaquiles (red or green)**
Fried egg, pickled onion, fresh cheese, and cilantro.
- **Quesadillas**
Served with guacamole and Israeli salad.

SUPER HEALTHY:

- **Fitness Omelette**
Egg whites, spinach, and caramelized onions.
- **Overnight Oats**
With seasonal fruits and berries.

