



2026-2027 LAHA Guidebook

Lane Amateur Hockey Association / Eugene Jr. Generals

Competitive development, sportsmanship, safety, and respect

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1. Welcome, Mission, and Club Culture

Welcome to the Jr. Generals

Lane Amateur Hockey Association (LAHA), home of the Eugene Jr. Generals, is a volunteer-led youth hockey association based in Eugene, OR.

LAHA is a USA Hockey–sanctioned, 501(c)(3) nonprofit youth association operating under the Oregon State Hockey Association (OSHA) and the USA Hockey Pacific District, providing ice hockey opportunities in compliance with the rules and player development standards of the sport's national governing body.

This Guidebook is written for families joining or returning to LAHA for the 2026-2027 season. The Jr. Generals are entering a more focused competitive development model this year. That means LAHA will continue to value joy, sportsmanship, and community, while also setting clearer expectations for preparation, effort, attendance, development, respectful communication, and accountability.

Mission

LAHA promotes citizenship, sportsmanship, fellowship, and physical development through organized ice hockey. LAHA supports player, parent, coach, volunteer, and official development while operating in compliance with LAHA governing documents and applicable USA Hockey, Oregon State Hockey Association, and Pacific District requirements.

Vision

To inspire local youth to compete with purpose, pursue personal and team excellence, lift up those around them, and become lifelong ambassadors for the game of hockey.

Jr. Generals culture

- **Respect first.** Players, parents, coaches, officials, volunteers, opponents, and rink staff deserve respectful treatment.
- **Effort matters.** Players are expected to prepare, practice, and compete with consistent effort on and off the ice.
- **Development is earned daily.** Skill growth, team roles, playing opportunities, and leadership responsibility are shaped by work habits, readiness, coachability, conduct, team needs, and performance.
- **Compete hard and leave well.** Jr. Generals compete with intensity while maintaining sportsmanship in victory, defeat, and disagreement.
- **Protect the environment.** A healthy hockey environment requires clear boundaries, transparent processes, confidentiality where needed, and conduct standards that apply to everyone. The program works best when families can trust that decisions are made by policy, safety, fairness, development, and the long-term health of the club - not by side-channel pressure or the loudest voice in the moment.

LAHA is nondiscriminatory

LAHA does not discriminate on the basis of race, religion, national origin, sex, sexual orientation, gender identity, age, disability, veteran status, or any other category protected by applicable law or governing policy.

Equal opportunity does not mean every applicant is guaranteed registration, a roster spot, a particular team assignment, a particular position, or equal playing time.

LAHA may use ability, physical size, athletic criteria, team needs, safety, conduct, eligibility, capacity, and other appropriate factors when making team and participation decisions.

Relationship with The Rink Exchange

LAHA is an independent organization that rents ice from The Rink Exchange. The Rink Exchange and LAHA operate separately. LAHA coordinates with the facility but does not control facility operations, other user groups, or facility rules. LAHA participants must follow facility rules and treat rink employees and rink users with respect at home and at away rinks.

LAHA Board of Directors 2026-2027

The Board leadership and contact information for the 2026-2027 season are listed in the table below.

President	Vice President	Secretary	Treasurer	Registrar
Ashlee Dixon	Jason McCaslin	Gary Golomb	Colin Phifer	Tina Tague
ashlee.dixon@laha.org	jason.mccaslin@laha.org	gary.golomb@laha.org	colin.phifer@laha.org	tina.tague@laha.org

2. 2026-2027 Program Overview

Competitive development model

Based upon parent feedback and recognition of the changing hockey landscape in Oregon, LAHA is moving away from a participation-focused model and toward competitive development. Competitive development means players receive meaningful opportunities to develop while learning that team roles are earned through effort, attendance, preparation, skill development, coachability, conduct, and team needs.

Families should expect a travel-hockey environment. Coaches may make different decisions for practices, scrimmages, regular-season games, tournament games, state-level events, and nationally bound competition. These decisions may include line combinations, positions, special-teams usage, game starts, goalie rotation, tournament roster decisions, and playing time. Development remains important, but equal playing time is not guaranteed.

Whole-athlete development and dryland

Off-ice training is part of LAHA player development. Dryland training may include strength, mobility, conditioning, balance, injury-prevention habits, skill development, team systems, classroom/video sessions, and other activities appropriate for the team and age level.

- Dryland participation is required unless excused by the coach for injury, illness, safety, academic conflict, family emergency, or another reasonable basis.
- Players must arrive prepared with appropriate athletic clothing, shoes, water, and any team-required items.
- Players who do not participate in required dryland or who are not appropriately prepared may be held out of game rosters, tournament rosters, team activities, or other opportunities until expectations are met.
- No player should train through an injury or medical restriction. Families must communicate health limitations promptly so coaches can plan safely.
- Concussion protocol is firmly adhered to, and any player with a concussion will not be permitted to play until medically cleared (more information below).

Team placement, roster selection, and player roles

Team placement and roster decisions may be based on registration numbers, evaluations, tryouts, skill, positional needs, player readiness, attendance, conduct, financial good standing, eligibility, coach recommendations, and the competitive level of the team. The Board, coaches, and any designated hockey personnel may use a combination of objective and subjective factors.

Registration and payment do not guarantee selection for a specific team, specific roster level, specific position, specific line, game-day roster, tournament roster, state/national-bound roster, or equal playing time. LAHA will strive to communicate expectations clearly and to create a development environment that is fair, safe, and aligned with the competitive level of each team.

Girls hockey

LAHA supports girls hockey and encourages female players to participate in the Jr. Generals program. Girls may have additional opportunities through girls-specific programming or dual rostering when permitted by USA Hockey, Oregon State Hockey Association, Pacific District, and LAHA rules. Any dual-roster request must be submitted in writing and approved through the required process before participation with another team.

Dual rostering

Players may not dual roster during the season with a team from another association without a written player release letter from the LAHA President. Requests are not automatically granted and will not be approved if the request jeopardizes the player's home team's ability to compete, or if the player has outstanding financial or disciplinary sanctions with LAHA. Per OSHA rules, a player may not dual roster across multiple associations within OSHA, and may not dual roster across multiple states; players transferring from out of state must provide written evidence of good standing from their prior association.

Season timing

The hockey season, practice schedule, tournament schedule, and travel commitments vary by age division and team level. LAHA will publish team-specific information before or during registration when available on the website.

3. Registration, Eligibility, Fees, and Forms

Registration is a privilege and a commitment

Registration with LAHA is a privilege extended by the Association and is subject to Board review, roster capacity, eligibility, conduct history, financial standing, safety considerations, governing-body requirements, and operational needs. LAHA may accept, decline, condition, waitlist, or withdraw a registration when appropriate and consistent with its governing authority and applicable rules.

By registering, each family agrees to follow this Guidebook, LAHA policies, applicable codes of conduct, facility rules, and applicable USA Hockey, Oregon State Hockey Association, and Pacific District rules. Families are responsible for ensuring that players and guests understand the expectations that apply to them.

USA Hockey registration

All players must have a current USA Hockey membership for the season before participating in LAHA practices, games, tournaments, or other sanctioned activities. Coaches, managers, volunteers, and officials must complete the registration, training, screening, and certification requirements that apply to their roles.

Registration requirements

- Completed LAHA online registration and all required acknowledgments.
- Current USA Hockey membership confirmation number for the player.
- Payment in full or enrollment in an approved payment plan, if offered.
- Required waivers, medical forms, consent forms, and code-of-conduct acknowledgments.
- Any team-specific forms required for AA/nationally bound participation, travel, credentials, or tournaments.
- Good financial and disciplinary standing with LAHA and any prior association when applicable.

Registration deadlines and roster capacity

LAHA may set different registration deadlines by team or level. Late registrations may be declined, waitlisted, or accepted only if roster capacity, eligibility, and team needs allow. Registrations are not effective for participation until all required items are completed and accepted by LAHA.

Fees, payment plans, and financial standing

Player fees help cover ice rental, officials, team and tournament costs approved by LAHA, equipment and supplies, administrative costs, coaching education support, and other program expenses. Fees do not include all possible travel expenses, meals, hotels, optional apparel, replacement equipment, special team events, or other costs identified separately.

Families must remain in good financial standing. A player may be restricted from practices, games, tournament rosters, team activities, player release letters, or future registration when fees, payment-plan obligations, reimbursements, fines, or other amounts owed to LAHA are not resolved.

Refunds

LAHA fees are generally non-refundable after registration is accepted, except where the Board approves a refund or credit under an adopted refund policy or exceptional circumstances. Team placement, playing time, position assignment, game roster decisions, practice attendance choices, schedule conflicts, travel burden, disciplinary action, conduct evaluation, or a player choosing to stop participating are not grounds for a refund.

Possible refund considerations may include season-ending injury, family relocation outside LAHA's geographic service area, or other circumstances the Board determines are appropriate. The Board may prorate, deny, or condition refunds based on timing, expenses already incurred, roster impact, tournament commitments, unpaid balances, scholarships, and other equitable factors at its discretion.

Payment plans and financial assistance

LAHA may offer payment plans to any family through its fee-processor TeamSnap. More details are available should a family select that option when registering and paying the fees.

LAHA may offer need-based scholarships or financial assistance when funds are available. Scholarship decisions are subject to application requirements, deadlines, available funds, family need, player/family standing, and Board approval. Scholarships are applied to player accounts and are not cash payments to families. For more information on the application process, contact the LAHA Treasurer at treasurer@laha.org.

Player releases and good standing

Girls and rostered players on Team Oregon who request to dual-roster, as well as all other LAHA players requesting to transfer, participate with another association, or obtain a release letter must submit a written request through the required LAHA process. Requests are not automatic and may be affected by team impact, eligibility, financial standing, discipline status, roster obligations, PNAHA residency rules, and governing-body rules.

Play-up requests

LAHA follows OSHA and USA Hockey guidelines governing player movement between age divisions. Playing up — competing in a division above a player's birth-year classification — is a privilege subject to eligibility limits, Board approval, and governing-body requirements.

Most move-ups are generally limited to second-year birth-year players within a division. The 12U-to-14U move is restricted specifically because 14U introduces body checking; exemptions are limited to recreation-level play and require OSHA Player Development Committee approval.

Parents or coaches asking a player to “play up” must submit a written petition to the LAHA Board — verbal or informal requests will not be considered. The petition should include the player's name, current division, requested division, reason for the request, and current coach support if applicable.

The Board considers the request based on:

- Player safety — Player would not be at an unreasonable risk to play with older and likely larger players
- Skill level — Player must be evaluated on the ice
- Coachability and maturity — Playing up means competing against older, more physical players; candidates must demonstrate emotional composure and responsiveness to coaching
- On and off-ice behavior and sportsmanship — Player and family conduct history is a relevant factor in the evaluation, and players must demonstrate that they represent the best of the Jr. Generals
- Coach recommendation — Coaching recommendation, including from the C-I-C (Coach-in-Chief)

The Board will also consider the potential impacts on the default team and overall team viability if a player is moved up.

If approved, any move requiring a governing-body exemption is submitted by LAHA to the OSHA Player Development Committee before the player may participate. Approval in one season does not guarantee approval in future seasons.

LAHA reserves the right to approve temporary or situational play-up exceptions in limited circumstances involving roster emergencies, injuries, goaltender shortages, safety concerns, or other operational needs determined to be in the best interest of players and the association. Emergency approvals do not establish precedent or guarantee future eligibility decisions.

Residency

Beginning in the 2026-27 season, USA Hockey requires all players to register and play for the affiliate that matches their primary residence — Oregon residents play in Oregon. This is a USA Hockey and OSHA rule, not LAHA. For minor-age players, primary residence is defined by where at least one parent or legal guardian lives. Living with a billet family or in a hotel does not change a player's residency status.

OSHA and the Pacific Northwest Amateur Hockey Association (PNAHA/Washington) have a formal agreement that allows limited cross-border play. Players seeking to play in Washington should contact OSHA for more information on waiver process.

Guidebook updates during the season

Not every circumstance can be anticipated in a preseason guidebook. LAHA may revise, supplement, or clarify policies during the season by Board action or as required by USA Hockey, Oregon State Hockey Association, Pacific District, Northwest Amateur Hockey League, facility rules, or applicable law. Updated guidance will be published or communicated through official channels when appropriate.

4. Team Operations and Player Development Expectations

Practices and attendance

Practices are the foundation of team development. Players are expected to attend on-ice practices, dryland sessions, team meetings, video sessions, and scheduled team activities unless excused. Families should communicate absences as early as possible through the team communication platform or the method established by the head coach or team manager.

- Coaches may consider practice attendance, punctuality, effort, preparation, and conduct when making game-day and tournament roster decisions.

- Unexcused absences, repeated late arrivals, lack of preparation, or refusal to participate in team development activities may affect playing opportunities.
- Academic, family, health, and safety issues should be communicated early so coaches can respond reasonably.
- Players are expected to bring a growth mindset and support teammates during practices and dryland, not only during games.

Dryland attire and participation

Players must be dressed appropriately for off-ice training. Appropriate dryland attire includes athletic shoes, weather-appropriate athletic clothing, water, and any team-required items. Clothing or footwear that creates a safety issue may result in a player being excused from the activity and may affect game or team opportunities.

Coaches

Coaches are responsible for player development, team culture, practice planning, game preparation, and team accountability. Coaches must complete the USA Hockey registration, screening, SafeSport, coaching education, and age-module requirements that apply to their roles before participating as required by governing rules.

Coaching decisions include practice plans, line combinations, player positions, game rosters, playing time, goalie rotation, special teams, team rules, and game strategy. Parents may ask respectful process-based questions at appropriate times, but coaches will not debate game strategy, compare players, or disclose private information about another player.

Team managers

Team managers support communication, schedule coordination, locker room monitoring coordination, game-day volunteers, credentials, travel logistics, fundraising coordination, and other team operations. Team managers are volunteers and must be registered with USA Hockey, complete SafeSport training, and undergo a background check at required intervals.

Game-day volunteers and spectator monitors

Youth hockey requires family volunteers. LAHA teams may need timekeepers, scorekeepers, penalty-box attendants, locker room monitors, team representatives, tournament volunteers, and spectator monitors. Spectator monitors help maintain a sportsmanlike environment and support USA Hockey's zero-tolerance expectations.

Games, tournaments, and travel

LAHA teams may play home games, away games, jamborees, tournaments, state-level events, district events, and nationally bound events depending on age division, team level, eligibility, and scheduling. Families are responsible for their own travel costs unless specifically included in team fees or approved by LAHA.

- All tournaments must be approved through the required LAHA process and must comply with applicable sanctioning rules.
- Travel may include hotel blocks, sponsor hotel rules, early morning games, long drives, out-of-state travel, and additional fees.
- Families are responsible for player conduct, parent conduct, and guest conduct during travel and team events.
- Any fines, penalties, facility charges, or hotel charges caused by a family's non-compliance will be the responsibility of that family.

Uniforms, equipment, and appearance

Players must wear required protective equipment that complies with current USA Hockey rules and any applicable LAHA, tournament, or facility requirements.

- Players must wear current LAHA-approved game jerseys and socks for games unless directed otherwise.
- Game jerseys may not be altered with names, patches, numbers, letters, or decorations unless approved by LAHA.
- Players should wear LAHA-approved practice jerseys.
- Players may not participate on the ice without the required mouth guards, neck laceration protection, helmets, masks/cages, gloves, skates, sticks, and other equipment in safe condition and in compliance with current USA Hockey rules and any applicable LAHA, tournament, or facility requirements.
- Replacement costs for lost, damaged, altered, or non-compliant uniforms or equipment are the family's responsibility.

Use of Jr. General's name and logo

The Eugene Jr. Generals name and logo may not be used for personal items, team items, fundraising items, apparel, social media pages, business promotions, or other purposes without written approval from LAHA or an authorized vendor/approval process. This protects the brand, licensing obligations, and consistent team identity.

Rink and facility expectations

- Players should dress in locker rooms or designated changing areas, not in the lobby.
- No cell phones or recording devices may be used in locker rooms or changing areas.
- Players may not enter locker rooms without required monitors.
- No lobby hockey, wall hockey, running, roughhousing, or unsupervised behavior that creates safety or facility issues.
- Parents and spectators may not enter bench areas, locker rooms, or team-only spaces unless authorized and properly screened. They may only enter such spaces when requested or required.
- All participants must respect rink staff, officials, volunteers, other user groups, and facility property.

5. Safety, SafeSport, Screening, and Health

Safety first

LAHA's competitive development model depends on a safe environment. Safety includes physical safety, emotional safety, respectful conduct, appropriate supervision, injury response, locker room compliance, and safe electronic communication.

USA Hockey SafeSport

LAHA follows the USA Hockey SafeSport Program and applicable U.S. Center for SafeSport requirements. The USA Hockey SafeSport Program addresses off-ice safety, including policies related to sexual abuse, physical abuse, emotional abuse, bullying, threats and harassment, hazing, locker room supervision, travel, electronic communications, training, screening, reporting, and response.

Reporting safety or misconduct concerns

Safety, abuse, threats, harassment, hazing, bullying, child-protection, retaliation, or other misconduct concerns should be reported promptly through the appropriate channel. Non-emergency concerns may also be submitted through the Parent Intake / Feedback Form, but emergency and SafeSport matters should not wait for ordinary feedback routing.

- Call 911 or appropriate law enforcement immediately for emergencies, immediate safety threats, or suspected child physical or sexual abuse requiring immediate action.
- Report SafeSport concerns through the LAHA President or SafeSport Chair.
- Notify the LAHA President or SafeSport Chair when a report involves LAHA participants or activities, unless doing so would create a safety concern or conflict with official reporting guidance.
- LAHA will not use communication-boundary rules to suppress safety or misconduct reports. A disrespectful tone may be handled separately, but the safety concern will still be routed appropriately.

LAHA SafeSport contact: safesport@laha.org.

Background screening and SafeSport training

Adults with regular contact with, or authority over, athletes under age 18 must complete the USA Hockey background screening process before such contact, and must maintain current SafeSport training where required. Coaches, managers, locker room monitors, board members, and other volunteers must complete the requirements that apply to their roles.

A role may not begin until LAHA confirms that required registration, screening, training, and certifications are complete or otherwise permitted by current governing rules.

Locker rooms and dressing areas

Locker room rules protect players and adults. LAHA follows current USA Hockey SafeSport locker room guidance and any stricter LAHA, OSHA, facility, or team rules.

- Players may not enter a locker room or changing area unless required monitors are present.
- Cell phones, cameras, and recording devices are not permitted for use in locker rooms or changing areas.
- Parents may not enter locker rooms unless they are authorized for that role and have completed required screening and SafeSport requirements, and have coaches' approval to be present.
- Players of different genders must have appropriate dressing arrangements. Once players are appropriately dressed in base layers, team meetings may occur as permitted by SafeSport and team procedures. If separate locker rooms or locker room monitors are not available for gender specific locker rooms, all players must use one locker room and may not dress down beyond base layers.
- Coaches, managers, and locker room monitors should avoid one-on-one situations with minors and players that are not observable and interruptible.
- Any locker room concern should be reported promptly to the team manager, head coach, SafeSport Chair, or Parent Intake / Feedback Form, depending on urgency and subject matter.

Electronic communications and social media

Team communication should be professional, transparent, hockey-related, and appropriate. Official team communications must use platforms approved or provided by the LAHA Board. The current platform is TeamSnap unless LAHA announces a replacement. Teams may not use another app, chat, or social media channel for official LAHA coordination or business. Direct electronic communication between an adult participant and a minor athlete must comply with current SafeSport requirements, including the inclusion of a parent/guardian or other adult.

- Coaches and team adults may not use personal social media or private messaging to create inappropriate one-on-one contact with minor athletes.
- Parents and players may not post photos, videos, names, identifying information, or private information about other players without permission.
- Social media must not be used to harass, threaten, embarrass, bully, target, defame, intimidate, or pressure players, coaches, volunteers, officials, board members, rink staff, or families.

- Concerns about LAHA decisions should be raised through the official process, not through social media or comment threads.

Injuries, concussion protocol, and return to play

Players must report injuries and symptoms promptly. Coaches may remove a player from participation when injury, illness, concussion symptoms, equipment issues, or safety concerns exist. Return to play may require medical clearance from an appropriate medical professional, and concussion return-to-play rules will follow current Oregon, Pacific District, USA Hockey, and medical requirements.

There is no negotiation around safety-based removal or medical clearance requirements. A player who is not medically cleared or who cannot safely participate may be withheld from practices, games, dryland, tournaments, or other activities until the required clearance or safe participation standard is met.

Substance-free youth hockey environment

Players, parents, guardians, spectators, coaches, volunteers, and officials may not use, provide, possess, or be under the influence of alcohol, illegal drugs, controlled substances used improperly, or other prohibited substances while participating in, supervising, transporting for, or attending LAHA practices, games, travel, team functions, or events, except as permitted for lawful or medical use that does not impair safety or supervision.

6. Communication, Concerns, and Meetings

Communication philosophy

LAHA welcomes good-faith questions and concerns. The goal is to respond through a consistent process that is fair to families, protective of players, respectful of volunteers, and useful for decision-making. Families should expect clear processes, not instant access to board members, coaches, or volunteers.

Official channels

Non-emergency concerns must be submitted through the Parent Intake / Feedback Form so LAHA has one consistent record, can route matters to the right reviewer, and can avoid inconsistent side-channel handling. Individual board members, coaches, managers, and volunteers are not required to respond to complaints sent outside the official process.

Parent Intake / Feedback Form: <https://forms.office.com/r/YBcFjmMG9F>

LAHA strives to acknowledge non-emergency submissions within a reasonable timeframe. Timing for review or response depends on the issue type, urgency, available information, required confidentiality, volunteer availability, and whether outside governing bodies or authorities are involved.

What to send where

- Team schedule, logistics, attendance, volunteer roles, and routine team questions: start with the team manager.
- Player development, role, expectations, or practice questions: start with the team coaching staff.
- Unresolved concerns, policy questions, conduct issues, board concerns, or requests for formal review: use the Parent Intake / Feedback Form.
- Safety, abuse, threats, harassment, hazing, bullying, child-protection, or immediate risk: report immediately through the appropriate safety/SafeSport/law enforcement process and notify LAHA as appropriate.

The 24-hour expectation

Unless safety is involved, parents should wait at least 24 hours after a game, tournament game, roster decision, or emotionally charged incident before raising the matter with a coach. This pause helps adults communicate clearly and keeps player development conversations productive.

Communication boundaries

Respectful disagreement is allowed. Harassment is not. LAHA may decline to engage with messages or conduct that includes threats, harassment, intimidation, profanity directed at others, personal attacks, repeated multi-channel pressure, social media targeting, rumor campaigns, disruption, or attempts to obtain special treatment.

When a concern is raised in an unacceptable way, LAHA may ask for respectful resubmission, limit communication to official channels, pause further responses, document the conduct, or route the matter to the discipline process. The underlying concern will still be reviewed or routed appropriately if it involves safety, policy, misconduct, or another legitimate issue.

A family can raise a valid issue in an unacceptable way. LAHA will route legitimate issues through the proper process and may address unacceptable conduct separately.

Transparency and confidentiality

LAHA will be transparent about policies, processes, meeting notices, approved minutes, decision criteria, and club-wide decisions where appropriate. LAHA will not disclose private information about individual minors, player evaluations, discipline, complaints, investigations, medical issues, personnel matters, legal advice, or confidential deliberations.

Board meetings and public comment

Board meetings and member participation follow LAHA bylaws and Board procedures. Public comment is for the Board to listen, not for live debate, cross-examination, discussion of confidential matters, or immediate promises. Comments should be respectful, time-limited, directed to the chair, and focused on issues appropriate for open sessions.

- No discussion of individual minors, player evaluations, roster selection, discipline, personnel, confidential complaints, or pending investigations in open comment.
- The Board may close a session or defer discussion when confidentiality, safety, discipline, legal, or personnel issues are involved.
- Disruptive, threatening, harassing, or disrespectful comments may be ended by the chair and may be referred for conduct review.

7. Codes of Conduct

Shared commitment

Every player, parent, guardian, spectator, coach, volunteer, and board member contributes to the hockey environment. These codes of conduct are designed to protect players, support volunteers, keep the focus on development, and create a fair process for handling problems.

Player Code of Conduct

- I will work hard to improve my skills and support my teammates.
- I will attend practices, dryland, games, meetings, and team activities and will communicate absences as required.

- I will come prepared with proper gear, required attire, and a coachable attitude.
- I will respect coaches, teammates, parents, opponents, officials, volunteers, rink staff, and spectators.
- I will compete hard, play by the rules, and show good sportsmanship.
- I will not fight, threaten, bully, harass, haze, retaliate, or use discriminatory or abusive language.
- I will not swear at or abuse others on the bench, ice, locker room, facility, team travel, online, or through electronic communications.
- I will respect locker room privacy and will not use phones, cameras, or recording devices in locker rooms or changing areas.
- I will not use alcohol, illegal drugs, controlled substances used improperly, tobacco, nicotine, or other prohibited substances while participating in LAHA activities.
- I understand that conduct, attendance, effort, preparation, and development habits can affect team roles, playing opportunities, and participation.

Parent and Guardian Code of Conduct

- I will support my player with encouragement, perspective, and respect for the player's own hockey experience.
- I will model sportsmanship toward players, coaches, officials, volunteers, rink staff, opponents, and other families.
- I will not yell at, embarrass, threaten, harass, bully, intimidate, or personally attack players, coaches, officials, volunteers, board members, rink staff, or families.
- I will communicate respectfully and use the proper channels for questions, concerns, feedback, and complaints.
- I will not approach coaches during games, in locker rooms, near benches, or immediately after emotionally charged incidents except for urgent safety matters.
- I will follow the 24-hour expectation before raising non-urgent game-related concerns.
- I will not use social media, group texts, rumors, side channels, or repeated multi-channel messages to pressure coaches, volunteers, board members, or other families.
- I will respect coach decisions on development, team roles, roster decisions, playing time, positions, goalie rotation, and game strategy, even when I disagree.
- I will make sure guests and spectators I bring to LAHA events understand and follow LAHA conduct expectations.
- I will support required attendance, dryland, preparation, volunteer needs, financial obligations, safety rules, and facility rules.
- I understand that parent conduct may affect my communication privileges, attendance privileges, family participation, and, in serious or repeated situations, my player's ability to continue participating with LAHA.

Spectator Code of Conduct

- I will cheer positively and support good sportsmanship from all participants.
- I will not taunt, boo, threaten, intimidate, use profanity toward others, pound on glass, throw objects, or disrupt the game or facility.
- I will respect officials and understand that disputes with officiating are not handled through spectator confrontation.
- I will respect locker rooms, benches, team areas, and official-only areas as private or restricted spaces.
- I will follow requests from spectator monitors, coaches, officials, rink staff, tournament officials, or LAHA representatives.
- I understand that I may be asked to leave an event or facility and may be subject to further restrictions for violating this code.

Coach, Volunteer, and LAHA Representative Code of Conduct

- I will put player safety, development, and team culture at the center of my role.
- I will follow LAHA, USA Hockey, Oregon State Hockey Association, Pacific District, SafeSport, and facility requirements that apply to my role.
- I will complete required registration, training, screening, and certification before participating where required.
- I will communicate professionally, protect confidential information, and avoid inappropriate one-on-one situations with minor athletes.
- I will model emotional maturity, fairness, respect, and accountability.
- I will document all conduct, safety, injury, or policy concerns and route them appropriately.
- I will not use my role to benefit my own child, team, friends, or faction unfairly.
- I will support Board decisions and official processes even when difficult conversations are required.

What to expect if a Code of Conduct is not followed

LAHA reviews conduct concerns based on the facts, severity, context, prior history, safety risk, and applicable governing rules. A Code of Conduct concern may be handled informally or through the discipline, complaint, or review process described in Section 8.

Depending on the situation, LAHA may use one or more responses, including coaching, reminder, request for respectful resubmission, written warning, behavior agreement, communication limits, removal from an event or facility, loss of spectator, locker room, bench, volunteer, travel, communication, or attendance privileges, player loss of practice, game, tournament, travel, or team-roster opportunities, temporary restrictions, suspension, referral to the Discipline Committee, Board, SafeSport Chair, OSHA, Pacific District, USA Hockey, facility management, tournament officials, or law enforcement, or registration conditions and future participation limits where permitted.

LAHA is not required to use every step before taking stronger action when safety, seriousness, repeated misconduct, disruption, or governing rules require it. For significant consequences, LAHA will use the notice, documentation, opportunity-to-respond, review, and appeal process required by LAHA policy, LAHA bylaws, USA Hockey Bylaw 10, SafeSport, OSHA, Pacific District, tournament rules, facility rules, or applicable law.

8. Discipline, Complaints, and Review

Purpose of discipline

Discipline is not intended to punish normal disagreement or honest mistakes. It is intended to protect players, volunteers, officials, families, and the integrity of the program. LAHA will aim to handle discipline in a way that is fair, documented, proportionate, and consistent with governing rules.

Examples of conduct that may lead to review

- Threats, harassment, intimidation, bullying, hazing, retaliation, or discrimination.
- Personal attacks, profanity directed at others, or abusive communication.
- Repeated unwanted contact or repeated attempts to reopen a final decision without new material information.
- Side-channel pressure on board members, coaches, managers, or volunteers after a process has been identified.
- Disruption of practices, games, meetings, facilities, travel, tournaments, locker rooms, benches, or team activities.

- Social media targeting, rumor campaigns, posting private information, or online conduct that harms players or the club environment.
- Failure to follow safety rules, locker room rules, SafeSport requirements, equipment requirements, facility rules, or team rules.
- Nonpayment, false registration information, ineligible participation, or failure to complete required forms.
- Player conduct inconsistent with team expectations, including lack of attendance, refusal to participate, disrespect, dangerous play, or misconduct penalties.

Possible responses

LAHA may choose one or more responses depending on the facts, severity, history, safety risk, governing rules, and whether the person has had prior notice. LAHA is not required to use every step before taking a stronger action when the situation warrants it.

- Conversation, coaching, reminder, or request for respectful resubmission.
- Written warning or behavior agreement.
- Communication limits, including use of only the official channel or a single designated contact.
- Removal from a meeting, practice, game, team event, facility, or online space.
- Loss of spectator, locker room, bench, volunteer, travel, communication, or attendance privileges.
- Player loss of practice, game, tournament, travel, or team roster opportunities.
- Temporary restriction or suspension where permitted by policy and governing rules.
- Referral to the Discipline Committee, Board, SafeSport Chair, Oregon State Hockey Association, Pacific District, USA Hockey, facility management, tournament officials, or law enforcement when appropriate.
- Registration conditions, denial, waitlist, withdrawal, or future participation restrictions when permitted by governing authority.

Discipline process and documentation

LAHA will document conduct issues and review them through the appropriate process. Documentation may include emails, texts, forms, witness statements, game reports, score sheets, SafeSport reports, facility reports, meeting notes, prior warnings, and other relevant information.

For significant consequences, LAHA will provide fair notice and an opportunity to respond as required by LAHA bylaws, USA Hockey Bylaw 10, SafeSport processes, Oregon State Hockey Association, Pacific District rules, or applicable law. Immediate temporary restrictions may be used where permitted when a credible safety, abuse, retaliation, facility, or operational risk exists, subject to prompt review under the applicable process.

Player discipline

Player discipline may involve coach-managed consequences, game or tournament roster decisions, practice requirements, written warnings, Discipline Committee review, Board action, or governing-body discipline. USA Hockey game misconducts, match penalties, suspensions, and standardized discipline rules control where applicable. LAHA may impose additional club-level consequences when permitted and appropriate.

Parent, guardian, and spectator discipline

Parent, guardian, and spectator conduct may be addressed through coaching staff, team manager, spectator monitor, Discipline Committee, Board, facility, tournament officials, SafeSport, or law enforcement depending on the situation. LAHA will seek to avoid unnecessary impact on a player for adult conduct, but serious, repeated, or disruptive adult conduct may affect a family's participation privileges or future registration when necessary to protect the program.

Coach, volunteer, and representative discipline

Coaches, volunteers, team managers, board members, and other LAHA representatives may be subject to role restrictions, removal from duties, training requirements, discipline review, Board action, SafeSport routing, or governing-body action for failing to follow applicable rules, codes, safety requirements, confidentiality expectations, or role responsibilities.

Appeals and review requests

Appeals or review requests are available only where provided by LAHA policy, LAHA bylaws, USA Hockey Bylaw 10, SafeSport rules, OSHA, Pacific District, tournament rules, facility rules, league rules, or applicable law. A written LAHA decision should state whether further LAHA review is available, the submission channel, the deadline, and the required contents of the request.

For LAHA-only review requests not governed by another procedure, the request must be submitted in writing through the Parent Intake / Feedback Form or the channel identified in the written decision within seven (7) calendar days after the written decision is sent. The request should identify the decision being challenged, the specific basis for review, the relief requested, and any new material information or procedural concern.

LAHA review will be handled by the Board of Directors or a Board-designated review panel with appropriate conflict checks and recusals. A person who made or materially participated in the challenged decision should not decide the review unless unavoidable under LAHA bylaws or governing rules.

For suspensions, ineligibility, expulsions, SafeSport matters, match penalties, tournament or league discipline, or any matter governed by USA Hockey Bylaw 10, OSHA, Pacific District, USA Hockey, SafeSport, league, tournament, or facility procedure, the controlling procedure and deadline apply. Nothing in this Guidebook modifies, shortens, extends, or limits any right, duty, deadline, appeal path, or procedure required by USA Hockey Bylaw 10 or another controlling governing rule.

Finality and repeated concerns

After a matter has been reviewed and a final decision has been communicated, additional messages repeating the same points may be logged without further response unless the applicable policy provides an appeal or material new information is submitted through the official process.

9. Agreement and Acknowledgments

- I have read, understand, and agree to follow the 2026-2027 LAHA Guidebook containing LAHA policies, applicable codes of conduct, facility rules, and relevant USA Hockey, Oregon State Hockey Association, and Pacific District requirements.
- I understand that registration is subject to LAHA acceptance, roster capacity, eligibility, conduct history, financial standing, safety considerations, and operational needs.
- I understand that LAHA may decline, condition, waitlist, or withdraw registration where appropriate and consistent with its governing authority and applicable rules.
- I understand that registration and payment do not guarantee a specific team, roster level, position, line, game-day roster, tournament roster, national-bound roster, or equal playing time.
- I understand that player effort, attendance, preparation, dryland participation, coachability, conduct, development, safety, team needs, and competitive level may affect team roles and playing opportunities.
- I understand that dryland/off-ice development is required unless excused and that failure to participate or dress appropriately may affect game or tournament roster status.
- I agree to use official communication channels for concerns, including the Parent Intake / Feedback Form for non-emergency matters.

- I agree not to use harassment, threats, intimidation, social media targeting, repeated multi-channel pressure, or side-channel lobbying to influence LAHA decisions.
- I understand that safety, abuse, harassment, hazing, bullying, threats, child-protection, or misconduct concerns must be reported promptly through the appropriate safety/SafeSport/law enforcement process.
- I understand that LAHA will protect confidential information involving minors, discipline, complaints, investigations, medical issues, personnel matters, and board deliberations.
- I understand that fees are non-refundable except as approved under LAHA policy or Board decision.
- I accept responsibility for my conduct, my player's conduct, and the conduct of family members or guests I bring to LAHA events.

Parent/Guardian Name: _____ Signature: _____ Date: _____

Player Name: _____ Signature: _____ Date: _____

Team/Age Division: _____

Appendix A. Parent Intake / Feedback Form Guide

The Parent Intake / Feedback Form is LAHA's required channel for non-emergency concerns that need review beyond routine team logistics. The form helps LAHA keep one consistent record, route the matter to the right reviewer, avoid conflicting side-channel responses, and identify whether a concern is a coaching, policy, conduct, finance, safety, or governance matter.

Use the form for

- Unresolved team or coach concerns after appropriate first steps.
- Policy, registration, refund, fee, roster, communication, or governance questions requiring review.
- Parent, spectator, player, coach, volunteer, or board conduct concerns.
- Requests for formal review or documentation.
- Non-emergency safety or misconduct concerns that also need LAHA awareness, while using the required SafeSport or law-enforcement path where applicable.

Do not wait for the form when

- There is an emergency or immediate safety threat - call 911 or appropriate authorities.
- There is suspected child physical or sexual abuse - report to law enforcement and LAHA President or SafeSport Chair immediately.
- The matter requires immediate medical attention or concussion/injury response.
- A team logistics issue can be resolved quickly through the team manager or coach.

Information the form will request

- Name, player/team, relationship to player, and contact information.
- Issue type, such as safety/misconduct, coaching/team operations, policy/bylaws, finance/fees, parent conduct, player conduct, volunteer conduct, or other.
- Date, location, people involved, and specific facts observed.
- Policy, rule, or expectation believed to be involved, if known.
- Prior steps taken and with whom.
- Desired resolution or question being asked.
- Whether the concern involves abuse, bullying, threats, harassment, hazing, discrimination, retaliation, child-protection, or immediate safety risk.
- Acknowledgment that disrespectful, threatening, or harassing communication may be handled as a separate conduct matter.

Parent Intake / Feedback Form: <https://forms.office.com/r/YBcFjmMG9E>

Appendix B. Key Links and Governing Sources

Current governing documents and official sources control over this Guidebook if there is a conflict. Families should consult the most current version of the applicable source.

- LAHA website: <https://www.laha.org/>
- LAHA Bylaws & Guidebook page: <https://www.laha.org/bylaws-guidebook/>
- LAHA Bylaws PDF (2018): https://www.laha.org/wp-content/uploads/sites/3235/2024/04/laha_bylaws_rev_2018.pdf
- USA Hockey membership registration: <https://membership.usahockey.com/>
- USA Hockey Annual Guide / Governance & Policies: <https://www.usahockey.com/annualguide>
- USA Hockey SafeSport Program: <https://www.usahockey.com/safesportprogram>

- USA Hockey SafeSport reporting: <https://www.usahockey.com/makingareport>
- USA Hockey SafeSport training: <https://www.usahockey.com/safesporttraining>
- USA Hockey background screening: <https://www.usahockey.com/backgroundscreen>
- USA Hockey Rule Book & Resources: <https://www.usahockey.com/rulesandresources>
- USA Hockey 2026-2027 membership information: <https://www.usahockey.com/membership>
- USA Hockey Pacific District: <https://pacificdistricthockey.com/>
- Pacific District Guidebook: <https://pacificdistricthockey.com/pacific-district-guidebook/>
- Oregon State Hockey Association: <https://www.oregonstatehockey.com/>
- OSHA Guidebook & Bylaws: <https://www.oregonstatehockey.com/osha-guidebook--bylaws.html>
- The Rink Exchange: <https://www.therinkexchange.com/>