



VALENTINE'S MENU

3 courses for £22.50 each

PLEASE PRE-ORDER YOUR MEALS. PHONE 0118 9699878 OR POP IN.

V=Vegetarian, VN=Vegan, D=Dairy Free, G=Gluten Free

STARTERS

PRAWN, AVOCADO AND MOZZARELLA TOWER (G) ③⑦

Prawns in marie-rose sauce layered with fresh avocado and buffalo mozzarella and sprinkled with paprika and lemon oil. Served with salad

POTTED HAM HOCK WITH PICCALILLI (G)

Slow-cooked ham hock with herbs and spices potted in butter.
Served with toasted bread① or GF bread and home-made piccalilli⑨

SPICED SWEET POTATO SOUP (VN,D,G)

Spiced sweet potato and coconut soup topped with pumpkin croutons.
Served with warm crusty bread① or GF bread

MAINS

BLACK BEAUTY BEEF (D,G) ①⑨

British beef slow-cooked in Black Beauty porter with shallots and mustard.
Served with seasonal vegetables and skin-on roast potatoes

MUSHROOM, SPINACH AND WHITE TRUFFLE PIE (V) ①②

Mushrooms, wilted spinach and fragrant white truffle oil in a creamy sauce, encased in shortcrust pastry. Served with seasonal vegetables and skin-on roast potatoes

ROASTED STUFFED PEPPER (VN,D,G)

A whole pepper packed with a blend of vegetables, mushrooms, lentils, oats, sunflower and pumpkin seeds. With seasonal vegetables, skin-on roast potatoes and gravy

AROMATIC VEGETABLE PENANG CURRY (VN,D,G)

An aromatic coconut sauce with cauliflower, green beans, mangetout and peppers. Served with white rice and Thai roti bread

FISH PIE (G) ②⑤⑦

Hake, salmon, smoked haddock and prawns in a creamy leek sauce, topped with mashed potato.
Served with seasonal vegetables

AND TO FINISH

THE FLOWING SPRING BOOZY SWEET SHOP BAG ②

A selection of truffles, love hearts and millionaire shortbread,
washed down with a glass of Bailey's on ice.
Vegan option available

WHEN ORDERING PLEASE MENTION ANY FOOD INTOLERANCE OR ALLERGY

ALLERGENS: 'FOOD CONTAINS' KEY: ①Gluten ②Milk ③Eggs ④Soya ⑤Fish ⑥Molluscs ⑦Crustaceans ⑧Sulphites
⑨Mustard ⑩Celery ⑪Sesame Seeds ⑫Tree Nuts ⑬Ground Nuts

Whilst every effort is made to ensure our food marked 'G' is gluten-free, there is a small risk due to environmental cross-contamination when made and handled

