



Music and Humour This Valentine's Day With The Sing-along-a-Nick Trio

Choosing what to do this Valentine's Day couldn't be simpler: come along to The Flowing Spring for a night of live music with the Sing-along-a-Nick trio. Entry is free.

Our singalong nights are great fun, giving everyone the opportunity to sing their hearts out. Songbooks are provided.

The Valentine's Singalong features a whole host of well-known love songs performed by the trio, who encourage everyone to join in. It all takes place in the pub, so it's cosy and intimate.

We have also put together a special menu just for the evening so you can wine and dine before the music commences if you wish. Our menu is £22.50 per head for three courses. As ever, we have plenty for those with dietary needs, including gluten-free, dairy-free, vegetarian and vegan.

Spaces for dining are very limited so please take a look at the Valentine's menu and pre-order your meals as soon as you can. You can find all the details on our website's What's On page under the Valentine's Singalong entry.

The live music really ramps up in March with five gigs in the Acoustic Lounge, starting off with Moonshine on Friday 6 March. Moonshine is a brand new group made up of 6 musicians from well-known bands coming together to play Southern US Rock classics including the Allman Brothers,

Lynyrd Skynyrd, the Georgia Satellites, Walter Trout and many more. The band consists of 3 guitarists, piano and Hammond organ, bass and drums, fronted by Andrew Walker who is the face of David Bowie in the excellent tribute band Moonage.

Our friend, singer-songwriter Steve Morano will provide support, playing a selection of his catchy country-blues songs.

Tickets are just £10.

The following day, Saturday 7 March, we have Moonage Unplugged, a year on from their debut show here. The trio of Andrew, Paul and Ollie will be playing well-known and lesser known tracks from Bowie's vast collection, performing two 45 minute sets. Local band White Label will be supporting them with an unplugged set.

On Wednesday 11th March we have the pleasure of hosting Chicago-based funky-blues quartet Electric Soul Company. They are definitely worth seeing, as are Pretty Green, a highly impressive and energetic tribute to The Jam, here on Saturday 21 March.

The following Saturday sees The Loungeroom Lizards here for the first time: a band dedicated to the masterful songs of Crowded House. For the full list of gigs, including our summer season of Gigs in the Garden, with all the details and ticket links, please visit the What's On page of our website.

We have Three 0.5% Beers On Tap, 7 Vegan, 5 Gluten-Free

We've recently discovered some great tasting alcohol-free (0.5%) beers and are proud to now have three on tap: a lager, a pale ale and a best bitter.

We've also revised our line-up to maximise the number of vegan and gluten-free beers.

Five of our draught beers are now gluten-free (G) and all but one of

them are vegan (VN). Our line-up is now as follows:

Lucky Saint Lager 0.5% (VN)
Nirvana Best Bitter 0.5% (VN,G)
Renegade Solo Pale Ale 0.5% (V,G)
Anspach & Hobday London Black 4.4% (VN,D)
Hoopy Original Cider 4.8% (VN,G)
Renegade Lager 4.1% (VN,G)

Tring Alchemist 4.5% (VN,D)
Renegade: Detour Pale Ale 4.1% (VN,G)

We have a further selection of alcohol-free and gluten-free beers in cans and bottles. All our wines and soft drinks are gluten-free and vegan too.

Find out more on our website's Drinks page or pop in for a drink!



Valentine's Evening

3 courses for £22.50
with live music from the
Sing-along-a-Nick trio



Saturday 14 February, 6pm in the bar



VALENTINE'S MENU

3 courses for £22.50 each
PLEASE PRE-ORDER YOUR MEAL 24 HRS. PREV 0118 9699878 OR POP IN

STARTERS

FRAMM, AVOCADO AND MOZZARELLA TOWER (G) Ⓜ
Fresh mozzarella tower topped with aubergine and basil, mozzarella and basil.

POTTED HAM HOCK WITH PICCALILLI (G) Ⓜ
Potted ham hock with herbs and onions, piccalilli and mustard.

SEASIDE SALAD (V,D) Ⓜ
Seasonal salad with a choice of dressing.

SPICED SWEET POTATO SOUP (V,W,D) Ⓜ
Spiced sweet potato and coconut soup topped with pumpkin croutons.

MAIN

BLACK BEAUTY BEEF (D,G) Ⓜ
British beef slow cooked in Black Beauty port with red wine, onions and mushrooms.

MUSHROOM, SPINACH AND WHITE TRUFFLE PIE (V,D) Ⓜ
Mushrooms, spinach and fragrant white truffle in a creamy sauce, encased in the perfect puff pastry.

ROASTED STUFFED PEPPER (V,W,D) Ⓜ
A whole pepper packed with a blend of vegetables, mushrooms, lentils, rice, sunflower and pumpkin seeds.

AROMATIC PEANUT PANEER CURRY (V,W,D) Ⓜ
An aromatic coconut curry with cashew nuts, green beans, marzipan and peanut.

FISH PIE (G) Ⓜ
Hake, salmon, mixed haddock and prawns in a creamy sauce, topped with mashed potato.

AND TO FINISH

THE FLOWING BOOZY SWEET SHOP BAG Ⓜ
A selection of sweets, lollipops and soft chocolates, wrapped in a foil bag.

WE ARE ORDERING PLEASE MEET THE COOKING CHALLENGE
NIRVANA BEST BITTER 0.5% (VN,G) 4.4% (VN,D)
BLACK BEAUTY BEEF 4.1% (D,G) 4.5% (VN,D)
DETOUR PALE ALE 4.1% (VN,G) 4.8% (VN)

**FISH & CHIPS AND PIZZAS
TO TAKE AWAY
(inc gluten-free).**

CALL US ON 0118 9699878

DIARY

FEBRUARY
Sat 14: Valentine's Day Singalong and dining.
Free entry or £22.50 fixed menu
Fri 27: Slightly Plugged Night in the bar

MARCH
Fri 6: Southern Rock Band Moonshine + support from Steve Morano
Sat 7: Moonage Unplugged + White Label Unplugged
Wed 11: Electric Soul Company from Chicago
Sun 15: Mother's Day
Sat 21: Pretty Green, The Jam Tribute
Sat 28: The Loungeroom Lizards

APRIL
Sun 12: Classic Cars & Bikes 9:30-11:30am
Sat 18: Rea-Loaded: Chris Rea tribute

MAY
Sat 2: Jewels & the Jacuzzi
Sun 10: Classic Cars & Bikes 9:30-11:30am
Sun 17: Moonshine, Incredible Spring Band, Ding Dong Daddios, Moonage and more. In aid of Blood Cancer UK. 2pm to 8pm
Sat 23: Tina, Queen of Rhythm, in concert
Sat 30: From Gold to Rio: Spandau Ballet and Duran Duran

JUNE
Sat 6: The Small Fakers in concert
Sun 14: Classic Cars & Bikes 9:30-11:30am
Sat 20: King Awesome (80s Stadium Rock!)
Sat 27: The Trembling Wilburys in concert

JULY
Sat 4: Fleetwood Mac in concert
Sun 12: Classic Cars & Bikes 9:30-11:30am
Sat 18: CODA - a tribute to Led Zeppelin
Sat 25: Space Cowboy, Jamiroquai tribute

AUGUST
Sat 1: Thunderstruck, AC/DC tribute
Fri 7: Stanley Dee in concert
Sat 15: Moonage, Bowie tribute
Sat 22: Peat Loaf, Meat Loaf tribute

SEPTEMBER
Sat 5: Jagged Little Alanis + Selina and the Howlin' Dogs
Fri 11: Supersonic Queen in concert

■ Acoustic Lounge ■ Gigs in the Garden