

Please note we are a little independent pub, not a big restaurant! We don't have waiting staff so please order your food and drinks at the bar. We try our hardest to serve your meals, which are cooked to order, as quickly as possible. If you are in a hurry, please ask us the likely waiting time.

We hope you enjoy the lovely atmosphere and our home-made food.



V=Vegetarian ■, VN=Vegan ■

D=Dairy/Milk-Free G=Gluten-Free

WHEN ORDERING PLEASE MENTION ANY FOOD INTOLERANCE OR ALLERGY

ALLERGENS 'FOOD CONTAINS' KEY:

① Gluten ② Milk ③ Eggs ④ Soya ⑤ Fish
⑥ Molluscs ⑦ Crustaceans ⑧ Sulphites ⑨ Mustard ⑩ Celery ⑪ Ground Nuts ⑫ Sesame Seeds ⑬ Tree Nuts

Faded symbols mean 'may contain'.

We do not use frying oils containing GM soya.

All meals subject to availability.

FATHER'S DAY



STARTERS

- **SEAFOOD MEDLEY (D,G) ⑥⑦ £8.95**
King prawns, mussels and squid rings on a bed of salad drizzled with lemon oil. Served with a slice of granary bread^①
- **CRISPY CHILLI BEEF (D,G) ①④⑤⑧ £9.95/ £18.95**
Spiced, coated strips of beef with a sweet chilli sauce served with salad. Main size available
- **TOMATO & BASIL SOUP (VN,D,G) £8.95**
Served with crusty bread^① or GF bread and DF spread
- **SMOKED HADDOCK KEDGEREE FISH CAKE (G) ②④⑤ £8.95**
Gluten-free smoked haddock kedgerree fish cake with mango. Served with salad

MAINS ALL £18.95

- **CIDER BATTERED HAKE, CHIPS AND PEAS (D,G) ⑤⑧**
A piece of skin-on hake in gluten-free cider batter with chips and garden peas
- **SLOW-COOKED BEEF IN MALBEC GRAVY (D,G) ⑧**
Beef cooked in malbec gravy served with leeks, carrots, skin-on roast potatoes and yorkshire puddings^{①②③}. Gluten-free yorkshires available^{②③}
- **GIANT YORKSHIRE WITH CHICKEN IN ROSEMARY GRAVY (G)**
Sliced chicken breast in a rosemary gravy with leeks, carrots and skin-on roast potatoes in a giant yorkshire pudding^{①②③}. Two smaller gluten-free yorkshires available^{②③}
- **ROASTED STUFFED PEPPER (VN,D,G)**
Roasted pepper stuffed with a blend of vegetables, mushrooms, lentils, oats, sunflower and pumpkin seeds. With vegetables, skin-on roast potatoes, gravy and yorkshire puddings^{①②③}. Gluten-free yorkshires^{②③} and vegan yorkshires available
- **LONG DOG AND CHIPS (VN,D,G)**
A meat-free sausage with fried onions in a hot dog roll^① served with skin-on chips and salad
- **GAMMON, EGGS AND CHIPS (D,G) ③**
West Country gammon (served cold unless requested hot) with two fried free range local eggs, chips and salad
- **SHAWARMA KEBAB (VN,D,G)**
Pitta bread^① or a GF wrap stuffed with salad and topped with spiced shawarmi-style plant-based strips. Comes with jalapenos, gherkins, a hot chilli sauce^⑧ and mint raita^② or vegan mint mayo
- **THE FLOWING SPRING ROAST LAMB KEBAB (D,G)**
Our version of the doner kebab. Pitta bread^① or a GF wrap stuffed with salad and topped with sliced roast lamb. Comes with jalapenos, gherkins, a hot chilli sauce^⑧ and mint raita^② or vegan mint mayo
- **CHILLI CALZONE (VN,D) ①**
A large calzone filled with either our chilli con carne or veggie mushroom chilli and melted mozzarella^② or vegan style mozzarella. Served with salad

DESSERTS

- **LEMON MERINGUE PIE (V,G) ②③⑬ £8.95**
Zingy lemon meringue on a gluten-free base. Served with vanilla ice cream
- **CHURROS (VN,D) ① £8.95**
with chocolate sauce, vanilla ice cream or DF vanilla ice cream
- **DAIRY ICE CREAMS ② £2.50 A SCOOP**
Vanilla, Chilli Chocolate Orange, Strawberry and Basil
- **VEGAN ICE CREAM £2.50 A SCOOP**
Vanilla



Please book your table by calling (0118) 9699878. Pre-orders are appreciated, particularly for tables of 6 or more.

*Whilst every effort is made to ensure our food marked 'G' is gluten-free, there is a small risk due to environmental cross-contamination when made and handled