

**ALL OUR CHILLIS ARE FRESH,
INCLUDING CAROLINA REAPERS!**

VN=Vegan
V=Vegetarian
D=Dairy Free
G=Gluten Free

PLEASE MENTION ANY ALLERGY OR
FOOD INTOLERANCE

ALLERGENS 'FOOD CONTAINS' KEY:

① Gluten ② Milk ③ Eggs ④ Soya ⑤ Fish
⑥ Molluscs ⑦ Crustaceans ⑧ Sulphites ⑨ Mustard
⑩ Celery ⑪ Ground Nuts ⑫ Sesame Seeds
⑬ Tree Nuts

Chilli Week

Friday 18 to Thursday 24 September

STARTERS £8.95

MEDITERRANEAN GOATS CHEESE BRUSCHETTA (V,G) ② 🌶️

Our twist on the traditional bruschetta, and for this week, with goats cheese. Toasted ciabatta ① topped with oven-roasted cherry tomatoes, olives, capers, peppers, onions and chillis and melted goats cheese ②

MINI MEXICAN SOMBREROS (VN,D,G) 🌶️🌶️

Two yorkshire puddings (including gluten-free and vegan ones!) filled with chilli con carne or mushroom chilli. With tortilla chips and guacamole ②③⑧ or tomato salsa

SPRING ROLLS (VN,D) ①④⑥ 🌶️

Vegetable spring rolls with beansprouts, peppers, sweetcorn and spices served with a sweet chilli dip

SWEET POTATO AND COCONUT SOUP (VN,D,G) 🌶️

Sweet potatoes, carrots, coconut milk and spices in this hearty soup. Served with crusty bread ① or GF bread

MAINS £18.95

THE ULTIMATE CHILLI PIZZA CHALLENGE (VN,D,G) 🌶️🌶️🌶️🌶️🌶️🌶️

Join the brave chilli-heads on our Chilli Wall of Flame! Simply eat all six sections, going clockwise from the most inoffensive chillis and climaxing with Carolina Reaper chillis, the hottest in the world! All our chillis are fresh, not dried. The pizza is also topped with mixed peppers and onions plus either pepperoni or mushrooms. We can make this pizza vegan and/or gluten-free. Eat with caution!

FIERY LAMB CURRY (G) ② 🌶️🌶️🌶️🌶️

A fiery curry of West Country diced lamb, chillis, yoghurt and spices, based on a Rajasthani recipe. Served with white rice and naan bread ① or GF flatbread

PENANG CURRY (VN,D,G) 🌶️

Penang curry in a rich, aromatic coconut sauce with cauliflower, green beans, mangetout and peppers. Served with white rice and roti bread ① or GF wrap

MEXICAN BURGER (VN,D) 🌶️

A mildly spiced bean burger topped with salsa, red onions, iceberg lettuce, cheddar ② or vegan cheese and jalapenos. With chips and salad

RENDANG BEEF BURGER (D,G) 🌶️🌶️🌶️

Minced beef burger marinated in highly flavoursome rendang spices on a bed of iceberg lettuce, red onions and tomatoes in a soft roll ① or GF roll. Served with spicy potato wedges and mint yoghurt ②

MEXICAN SOMBRERO (V) ①②③ 🌶️🌶️🌶️

Our chilli con carne or veggie mushroom chilli in a giant yorkshire pudding topped with melted cheese. With tortilla chips and hot chilli sauce on the side

RIBLESS BARBECUE PORK (D,G) 🌶️🌶️

Slow cooked pork off the ribs in our spicy barbecue sauce. Served with spicy potato wedges

CHILLI DOG (VN,D,G) 🌶️🌶️

A hot dog sausage in a roll with fried onions and either chipotle sauce ③ or hot chill sauce. Served with chips and salad

DESSERTS

BOOZY CHOCOLATE POT (V,G) ②③⑧ £8.95 🌶️

A rich, velvety chocolate pot with brandy and a hint of chilli. Served with home-made chocolate orange ice cream

COCONUT RUM AND CHILLI PINEAPPLE (VN,D,G) ① £8.95 🌶️🌶️

Fresh pineapple drizzled with a chilli, mint and coconut rum. Served with vanilla ice cream or DF ice cream

SCOTCH BONNET ICE CREAM (V,G & VN,D,G) £3 per scoop 🌶️🌶️🌶️

A bowl of home-made luxurious dairy ice cream ② or vegan ice cream laced with fiery Scotch Bonnets. Cold but hot!

PLEASE PRE-ORDER YOUR CHOICES IF YOU CAN BY CALLING US ON 0118 9699878

Please note, the chilli heat ratings may vary as we make each dish fresh! Menu items subject to availability and changes
www.theflowingspringpub.co.uk