



IVY ENDODONTICS

AT PRINCETON

WHAT TO EXPECT FOLLOWING ENDODONTIC TREATMENT

Your tooth and surrounding gum may be slightly tender for several days as a result of manipulation during treatment and previous conditions of your tooth. You may also experience tenderness in your jaw area from keeping it open for an extended period of time. These symptoms are temporary and should resolve within a few days to a week.

GUIDELINES FOR POST-TREATMENT CARE

1. Do not eat anything or drink hot beverages until the numbness wears off (approx. 2-3 hours). This will prevent you from biting and/or burning your cheek or tongue.
 2. Do not chew food on the affected side until your endodontic therapy is completed and your tooth is covered with a protective restoration provided by your family dentist. You may feel a divot in the area of the temporary filling which is normal; the inside of your tooth is completely sealed.
 3. You may continue your regular dental hygiene regimen by brushing and flossing.
 4. Discomfort may be alleviated by taking over the counter Ibuprofen/Advil/Motrin 200mg (1-3 tablets at once) every 6 hours. **Should significant pain persist**, take Tylenol 500mg (1 tablet of x-strength) or Tylenol 650mg (2 tablets of regular strength) with ibuprofen, at the same time, every six hours for up to 48 hours. NOTE: Alcohol intake is not advised while taking any of these medications.
 5. Should you experience discomfort that cannot be controlled with the above listed medications, or should swelling develop, please contact our office immediately at (609)799-7427. If our office is closed, Dr. DeMayo can be reached on his cell phone at (281)460-4217 or Dr. Kang on her cell phone at (609)240-2388. Please have your pharmacy phone number available.
- If you were prescribed an **antibiotic**, it is recommended that you also take a probiotic to help prevent potential gastrointestinal side effects.
 - **Women Only**- Antibiotics may inhibit the effectiveness of birth control pills.

AFTER COMPLETION OF ENDODONTIC TREATMENT

- Root canal therapy is now completed. The root canal system has been permanently sealed. However, the outer surface is sealed with temporary restoration. **A follow-up restoration (filling or crown) must be placed to protect your tooth against fracture and contamination within a few weeks.**
- Please contact your primary dentist for an appointment **within 2 weeks**. A complete report of treatment including radiographs will be sent to your family dentist.
- We will be submitting a claim on your behalf today. Please allow up to one week for processing, and reach out to your insurance company to confirm receipt and if any additional information is required.