



IVY ENDODONTICS

AT PRINCETON

INSTRUCTIONS FOLLOWING ROOT CANAL SURGERY

- Remove the gauze from the surgery area after 30 minutes.
- Apply ice pack to the operated area for 15 minutes on and 15 minutes off for 24 hours.
- No chewing on the operated side for one week.
- Brush your teeth very gently on the operated area without touching the gum. Use mouth rinse (Peridex) after each meal for one week (may cause some staining but with thorough brushing it will come off).
- Do not lift lips to look at the operated area and avoid unnecessary movement of lips for one week.
- Strenuous athletic activities should be avoided for several days.
- Continue to take antibiotics as directed.
- Discomfort may be alleviated by taking 200mg-600mg of ibuprofen (Advil/Motrin) every 6 hours. **Should significant pain persist**, take Tylenol 500mg (1 tablet of x-strength) or Tylenol 650mg (2 tablets of regular strength) with ibuprofen, at the same time, every six hours for up to 48 hours. NOTE: Alcohol intake is not advised while taking any of these medications.
- Expect facial swelling and mild bruising for 3-4 days.
- If you were prescribed an **antibiotic**, it is recommended that you also take a probiotic to help prevent potential gastrointestinal side effects.
- **Women Only**- Antibiotics may inhibit the effectiveness of birth control pills.

If you are experiencing a true dental emergency, please contact our office immediately at (609) 799-7427. If our office is closed, Dr. DeMayo can be reached on his cell phone at (281) 460-4217 or Dr. Kang on her cell phone at (609)240-2388. Please have your pharmacy phone number available.