



Camp Tahuaya opens to public after upgrades



BELTON JOURNAL/DANIEL MOCTEZUMA

Scouts hold the tied neckerchiefs used during the ribbon cutting ceremony at Camp Tahuaya on the morning of Saturday, March 1, with Longhorn Council leaders and event organizers standing behind them.

By Daniel Moctezuma The Belton Journal

Camp Tahuaya, located at 2603 Tahuaya Drive in Belton, is now officially open to the public after traditionally being limited to Scouting programs.

Longhorn Council, Scouting America, hosted a ribbon cutting ceremony at the camp on Saturday, March 1, to mark the completion of several upgrades aimed at welcoming families, schools, church groups, and other community organiza-

Traditionally, Camp Tahuaya was only available to Scouts and typically operated on weekends and during the summer. Now, with modernized facilities and expanded programming, the camp will be open year-round to the public.

"We've created accommodations that are comfortable for all generations of people," said Michael Cawood, a volunteer with Longhorn Council and the council's Vice President of Strat-

New accommodations include family suites, family cabins, RV sites, wall tents, and traditional campsites. Families and visitors can also participate in a variety of outdoor activities such as archery, climbing, hiking, fishing, and paddleboard-

Cawood said the decision to upgrade and expand access came after the council noticed more families looking for ways to spend time outdoors.

"We knew families were going into the out-

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Courtesy Photo

Mary Deville, a crime victim liaison for the Belton Police Department, talks to a crime victim via telephone. In 2024, Deville and her department helped more than 600 crime victims in Belton.

'Take Me Home' helps BPD locate missing individuals with dementia

By David Stone

The Belton Journal

A new program implemented by the Belton Police Department is designed to help authorities locate people with dementia, autism or specific mental health needs who have wandered away from home.

The program — Take Me Home — creates a local database with photos and personal information that helps police officers find someone who is lost, according to Mary Deville, crime victim liaison with the Bel-

"We started working on Take Me Home last January," she said. "We knew there was a need for it in the community, but when an elderly man with dementia went missing for two weeks last March, it became a catalyst for getting the program started in Belton."

In March 2024, 79-year-old Rogelio Arias, who had just moved to Belton from Mexico to be with his son and daughter-in-law, went missing after going for a walk. Arias only spoke Spanish.

The man had regularly taken short walks alone, but this time he didn't return home, according to his

See HOME,

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Pups on Patrol sniffs out crime



Courtesy Photo

Belton Police Chief Larry Berg speaks to those attending the inaugural meeting of Pups on Patrol, a program where dog walkers report suspicious activity to police. Berg said the meetings help build relationships between police and the community. Belton PD

By David Stone The Belton Journal

The Belton Police Department is using a new program to strengthen relationships with local residents, especially those with tail-wagging family members.

Pups on Patrol, formed late last summer after about 20 Beltonians and their dogs met at Sly Fox Coffeehouse for a new effort to prevent crime and grow partnerships in the community between residents and police.

The group will meet monthly beginning this spring.

"I have two dogs, and one of them is like a magnet - people gravitate toward him," said Belton Police Chief Larry Berg.

"I saw how many people were attracted to him and came up to us, and I thought dogs would be a good way for people to interact. Once the weather levels out, we will make these gatherings a regular thing."

"This is geared toward a social hour with police," Berg added. "We use the time to throw out safety tips. It's a fun time for police and the community to get to know each other. We will meet at one of our fine local parks, and people are encouraged to bring their dogs."

According to Berg, Pups on Patrol encourages dog walkers to report anything suspicious they may see while out walking

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Texas Association of Business gives presentation to EDC, chamber

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DAVID TUMA Megan Mauro with the Texas Association of Business presented on the 89th state legislative session

By Michelle Rodriguez The Belton Journal

The Belton Economic Development Corporation and the Belton Chamber of Commerce hosted Megan Mauro with the Texas Association of Business (TAB) as she presented on the 89th state legislative session.

The meeting was held at the Harris Community Center on Friday.

'The Texas Association of Business is the state chamber of commerce official state affiliate of the National Manufacturers Association. We are non-partisan and our number one job is to advocate for pro-business issues," said Mauro.

She listed Governor Abbott's emergency items in her PowerPoint presentation which are property tax relief, school choice, water supply, teacher pay raises, career training, cyber security, bail reform, border security, and expanding mental health-

She listed TAB's top priorities as tax relief, technology and innovation, and energy and electricity.

"TAB's priority for tax relief that is long term and equally distributed across the board, tax revision and extension of research and development tax credits, and government efficiency," said Mauro.

TAB's other top priorities are

infrastructure, education and workforce, and economic development.

"TAB's priority for education and workforce are career readiness programs, dual-use and STEM, teacher pay increases, and childcare tax incentives, and tri-share models. TAB's priority for economic development is to support existing and future state semiconductors and space initiatives, prioritize funding for critical incentives, research and development tax credits, Texas Enterprise Fund, and strategic tax exemptions to boost competitiveness, and support legisla-

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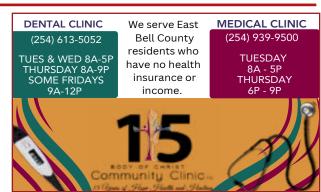


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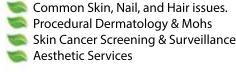




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EDITORIAL

Time for spring cleaning

Coffee Talk • Renae Brumbaugh Green

Spring is in the air! If you step outside, you can feel it in the slight bump in temperature. You can hear it in the birdsong. You can see it in tiny buds on tree limbs, and in fresh sprouts of green peeking through the dead stuff on the ground. An age-old tradition, for many of us, is spring cleaning.

According to National Geographic, the earliest references to spring cleaning are found in religious texts. Jewish Passover is observed in March or April of each year. In preparation, all traces of leavened bread are removed to represent the hurried way in which the Israelites fled Egypt—they didn't have time to let their bread rise. Catholics clean their altars before Good Friday, and Nowruz (the Persian New Year celebration) involves "shaking the house" to get rid of all the old dirt.

While spring is a great time to clean your physical environment, it's also the perfect opportunity to clear your mind! What better way to set yourself up for peace, joy, and fulfillment in the coming season?

Tips for Mental Spring Cleaning:

Declutter your physical space. Clean out your car, your purse, your home office. Throw away those nearlyempty shampoo bottles gathering on the bathtub ledge. Donate the dish towels that don't quite fit in your drawer and keep only your favorites. Research shows a link between a cluttered environment and an anxious mind.

While you're decluttering stuff, get rid of the thoughts and memories that don't serve you well. Remember, thoughts are just thoughts—they're not facts. When your brain serves up negative self-talk, argue with yourself. Tell yourself that's not true or that it doesn't matter as much as you might think it does. Focus on all the things you're grateful for—your friends and family, your pets, your job, your home... you'll probably find the gratitude list is much longer than you realize. In addition, let go of hurtful things from your past. Forgiveness doesn't mean "it's okay." It simply means you're not going to let that event continue to take up space in your mind.

Simplify. What do you have on your schedule that doesn't add joy and peace to your life? Can you get rid of any of it? Reduce it by half? What could you let go of that you wouldn't even miss? For example, you might check the amount of time you scroll through your phone. Try to reduce it by a certain percentage and fill that time with

something you love.

Add in joy and peace. Make your mental health a priority by doing things you enjoy. Take a walk. Knit a scarf. Paint a picture (it doesn't have to be good). Or simply sit and bask in the stillness while you focus on things you're grateful for.

Check in with your self-care routine. Are you getting enough sleep? Drinking enough water? Are you eating nutritious foods at least 80% of the time? These little habits add up in a big way.

The process of spring cleaning can feel like a lot of work while you're in the middle of it. But the sense of freedom and accomplishment it brings is well worth the trouble. In the same way, a mental spring cleaning may take some effort. But the results are more peace, more joy, and a renewed spirit. What are you waiting for?

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. Philippians 4:8

Genuine connections

My Front Porch • Lynette Sowell

Little kids make friends so easily. Life for them is simple. One afternoon at the playground on the swings in elementary school can bond them tighter than Superglue. It's just not fair.

Those were the days – we rode miles and miles on our bikes, "raced" our dogs, climbed trees, threw crabapples at the bats flying above the treetops at night. We thought the connections would last forever. And then, they don't. We get older, and it gets complicated.

People drag insecurities and issues into the mix along with expectations, and there can be a mess. Even knowing how to communicate effectively with another person is a skill some people just aren't very good at.

Now, with the digital age firmly part of many people's lives, it is possible for us to think we "connect" with people and yet may still feel disconnected - even

Former U.S. Surgeon General Dr. Vivek Murthy declared a national loneliness and social isolation epidemic throughout the country.

Dr. Murthy said that "One in two adults in America are living with measurable levels of loneliness, but the numbers are even higher among young people."

What's happened to us? He said – and I agree –

We don't gather for dinner with friends or neighbors like we used to. Also, the smartphones in our hands and other online interactions can take away from in-person

Some of us go to the grocery store less than we used to. Are we getting lazier? Are we trading convenience and losing real connection in the process? I won't even address the ease of using a tablet as a babysitter – some children don't know how to interact in person, in restaurants for example, anymore. Yes, it is hard when they are toddlers, especially – they are 'wild cards' with their behavior and yes, it is hard to know when they will/ won't have a meltdown. Yet somewhere along the way, many of us have lost the ability to really talk to and connect with each other. It worries me that some of our children and grandchildren are not learning it, either.

But back to Dr. Murthy and real connections. He noted that over the past 50 years or so, people are participating less in groups that helped keep us together, civic clubs, sports leagues, churches, and more.

With a heavy reliance on "digital" connections, it seems it is harder to create genuine connections that transfer or translate to in-person. I think a digital connection isn't completely bad, but making a genuine connection can be clunky sometimes, at best.

Take dating sites, for example. (Yikes.) People may state they are looking for something real, drama-free, laid back, genuineness. Some may ultimately find "the one" for them in a sea of strangers and photos and some named expectations (no Crocs wearers) and others that are unnamed. I believe "drama" occurs between people when there are unmet or unshared expectations.

We also live in a perpetually distracted digital world that will take our time and attention from what is real. How can we connect when we are distracted?

Dr. Murthy suggests we be more intentional with our "real" connections. He recommended the "5 for 5 Connection Challenge." Over the course of 5 days, take 5 actions: Call someone, express gratitude, ask for help (ouch!), offer support to someone. Call a friend to check on them. Reach out by phone. Contact an old friend, a new friend, a friend from church, a colleague. Maybe make it a point to meet up for lunch, play board games on a Saturday night, or you name it.

I believe that while having digital options is a great tool – we start to slip up on being intentional when we allow it to claim our attention away from what is real, right in front of us.





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Blair

Tiffany Dawn Blair October 28, 1983 -February 26, 2025

A memorial service for Tiffany Dawn Blair, 41, of Waco, will be held at 2:00 PM, Saturday, March 8, 2025, at Dossman Funeral Home in Belton.

Tiffany Blair passed away Wednesday, February 26, 2025, at Ascension Providence Hospital under the care of Community Hospice.

Tiffany was born October 28, 1983 in Temple, the daughter of Clifford Don and Doris Blair. She was a lifelong resident of Central Texas. She was a graduate of Salado High School and resided and worked in Waco. Tiffany was a beloved mother who centered her life around her children and took pride in being the best for them. She was a devoted friend to many and loved her friends and family. Tiffany worked at Woodway Family Medicine Clinic in Waco, where she was a Certified Medical Assistant. Prior to Tiffany's diagnosis of cancer, her dream was to go to nursing school and further her education.

Tiffany's love and legacy will continue in all of those who knew her. Her strength and her will to live was inspiring and will forever be remembered.

Ms. Blair was preceded in death by her mother, Doris Blair, in August 2024.

Survivors include her two children Ethan Eckles and Elaya Eckles of Waco and their father Edwin Eckles; her father Clifford Don Blair and many loving aunts, uncles, cousins and extended family.

In lieu of flowers the family kindly asks for memorials to be made to the children's GoFundMe account: https://www.gofundme. com/f/aid-for-ethan-and-elayas-tough-

Carole LaVaughn Beauchamp August 10, 1933 -February 26, 2025

Carole LaVaughn Beauchamp, 91, beloved Daughter, Spouse, Mother, Mother-in-law, Grandmother, Great-Grandmother (GG), and

friend was called to her eternal resting place in heaven on February 26, 2025. She entered this world on August 10, 1933, in Pleasant Hope, MO, born to David Frank and Maxine (Kibby) Crockett. She is survived by three children, six grandchildren and 21 greatgrandchildren.

LaVaughn was a military spouse to CW3 (retired) Glen Dale Beauchamp (11/15/1930 - 11/29/2021) through years of service in the Navy, Air Force, and Army. She and Glen retired to a home in the country outside of Belton, TX for over thirty years. She had retired from being a teacher and librarian with the Killeen Independent School District. Most recently, she lived at Stoney Brook Assisted Living in Belton. She often expressed her thankfulness to her many caregivers and the whole Amedysis Hospice team.

LaVaughn's children are Stephen Dale Beauchamp (wife Linda) of Burleson, TX; son David Ray Beauchamp (wife Debbie) of Kansas City, KS; daughter Debra Kay "D." Kirkland (husband Don) of Belton, TX. Her grandchildren through Stephen are Jennifer Hutchens (husband Alex) of Justin, TX; Michelle Smith (husband Bob) of Ft. Worth, TX; and Richard Beauchamp (wife Ilsa) of Smyrna, TN. Her grandchildren through David are John Beauchamp (wife Ashlev) of Kansas City, KS; Sarah (husband James) of Belton, TX, Luke Beauchamp (wife Brooke) of Shawnee, KS; and Anna Beauchamp (Heaven).

Great-grandchildren through Jennifer Hutchens are Jacob (wife Alison), Anneka, Justin, Benjamin, and Brandon; through Michelle Smith are Taylor, Travis, Dalton, and Kylie; through Richard Beauchamp are Paige, Abigail, Elisabeth, Madelyn, and Lillian; through John Beauchamp are Elijah, Noah, and Charlotte; through Sarah are Chase and Hunter; and through Luke are Hayden and Selah.

LaVaughn was a faithful Christian and member of Southern Baptist churches (First Baptist of Belton and Killeen). She loved music and was a Pianist/Accompanist, Alto in the JOY Singing Group (Senior Ladies), Church Choirs, and FBC Senior Choir. She was active in Sunday School and morning services. She enjoyed the FBC-Belton YouTube recordings when she stopped attending in person.

All of LaVaughn's family, cousins, in-laws, friends, neighbors, and colleagues would agree that she was a gracious lady who would always reach out and keep everyone connected and celebrated. She was a generous gift-giver to all and blessed so many with her smile and hugs. She was the "keeper of the pictures and memorabilia for friends and family alike. She was known for planning, decorating, and hosting all kinds of parties at home, church groups, and community (family, friends, and organizations).

LaVaughn enjoyed reading, crocheting, and traveling. Until her eyesight diminished, she would read both hard copy and digital books and articles. Among other projects, she was able to crochet or knit afghans for all her children, grandchildren, and greatgrandchildren. She and her husband enjoyed many travels through their 69 years of marriage in the United States and abroad. She enjoyed her bell collection that represented many of her vacations and avocations.

Some of LaVaughn's favorites included Western movies and TV series, going out to eat, chocolate meringue pies, chocolate candy with nuts, and orange slice candies. According to her daughter she made the "the best meatloaf ever."

A time of visitation will be held with friends and family at Harper-Talasek Funeral Home in Belton Thursday, March 6, 2025, from 3:00 p.m. - 5:00 p.m.

Graveside services will be held at 9:00 am Friday, March 7 at Central Texas State Veterans Cemetery in Killeen.

"Satisfy us in the morning with your unfailing love, that we may sing for joy and be glad all our days" Psalm 90:14

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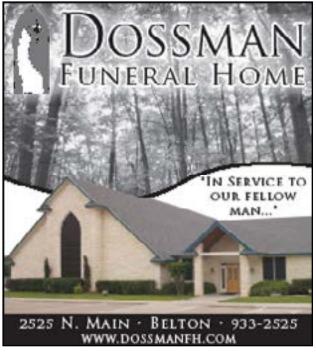
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EDC - From Page A1

tion that gives Texans the opportunity to vote for the creation of destination resorts with gaming in the state," said Mauro.

Senate Bill 1135 filed Texas Senator Brent Hagenbuch, representing District 30, is related to the civil liability of a commercial motor vehicle owner or operator. It is designed to protect businesses from frivolous lawsuits.

Senate Bill 26 filed by Senator Brandon Creighton establishes a new teacher retention allotment.

House Bill 2 filed by Brad Buckley aims to improve public education and school funding.

"Texas is a top exporting state with Mexico and Canada counting for half. The relationship is critical to the Texas economy," said Mauro.

Mauro ended her pre-

TEMPLE ISD

sentation with a questionand-answer session from those in attendance of the meeting. The first question asked was what the business owners do when they are unable to find help lo-

"There are a lot of state resources. Check small business governor webpages, and contact local lawmakers," said Mauro.

question Another asked by an attendee was about the new childcare

"The new childcare matching bill would be an addition to what the Workforce already has. It is another tool that is already in use in Florida, Georgia, and Kentucky. It is used to fill the gaps," said Mauro.

TAB is an advocate for businesses and growth is coming for businesses and schools.

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Home - From Page A1

daughter-in-law, Esbeida Martinez.

According to Belton Police Chief Larry Berg, officers used drones and canines to search for Arias, but discovered using kayaks that he had fallen and died near Nolan Creek.

"Take Me Home is aimed toward anyone who might potentially wander away and not be able to articulate who they are or where they live," Deville said this week.

Deville said Esbeida Martinez - the daughter-in-law - helped develop an app that would work for Spanish speaking people and provide police with information that may help locate the missing individual.

"We have about 19 signed up for the pro-

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gram," Deville said. "We had a couple more who have moved away, and we gave them copies of their loved one's Take Me Home file to give to police in their new community."

"A large number of those we have files on are either older folks with memory loss or young adults with autism," she said. "Take Me Home gives police information and photos that would help get a person back home."

To sign up a loved one for Take Me Home, visit https://shorturl.at/ qMhDn. Forms also are available at the Belton Police Department office.

The sign up form provides officers with the person's name, birth date, ethnicity, gender, hair and eye color, height and weight, and address.

Data also includes basic information, emergency contact, and any-

thing that could help police during an encounter, like notes about a language barrier. When a person is reported missing, officers will have direct access to the Take Me Home files to quickly know who to look for.

Chief Berg said he hopes Take Me Home changes and saves lives.

"The program strengthens our ability as police officers to protect and serve with compassion," he said. "It ensures that every person, regardless of age or ability, feels safe and supported in our city."

Berg praised Deville's work with Take Me Home and BPD's victims services department.

"Mary is a gift from God," he said. "She has been an inspiration. Mary has passion and heart for victims. If she sees a need, she finds or designs a program to fill that need. I've never seen anyone so compassionate

to help crime victims. She makes every victim feel valued."

Deville touches base with all victims of crime in Belton to see if they may need assistance. In 2024, her department served 622 victims.

She said domestic violence, sexual assault and fraud are some of the major crimes against victims in Belton.

Another new program in Deville's department provides used cell phones to crime victims in need.

"We started this program a couple months ago," she said. "We accept donated phones — the city of Belton has donated some older phones that were replaced. We partner with 911 Cell Phone Bank, and the phones we provide clients can call 911 or they are like prepaid cell phones good for 60 days."

Pups - From Page A1

their animals.

The next meeting has not been set, but Berg said he will be announcing the gathering through social media and in Rescue Magazine.

"I'm hoping it expands and grows," he said. "This can be a great crime prevention tool. There are no sign-ups or registrations — just come to the meetings. It's really informal."

In addition to reporting suspicious activities, Berg said it's important for dog walkers to learn how to stay safe while on foot. They should be alert and aware of their surroundings while on a

While hundreds of communities around the country have similar programs, Belton's Pups on Patrols is a local effort to bring the community together and build a connection with the police department.

"It's another way to keep the community safe," Berg added. "In addition to crime prevention, the program allows everyone to share their common love for dogs — it's a beneficial program."

Tahuaya - From Page A1

four years ago to make this camp something everyone could enjoy."

Community The Preview Day held on Sunday, March 2, gave visitors their first opportunity to see the upgrades

doors, and we also knew for themselves. The event where travelers could our property needed to be offered guided tours and upgraded," Cawood said. outdoor activities, giving "We started this process families a chance to experience what Camp Tahuaya has to offer.

Camp Tahuaya's location also carries historical significance. The property sits along the Chisholm Trail and once served as a waystation grind grain at a mill.

To mark the occasion, Longhorn Council leaders chose to tie two Scouting neckerchiefs together instead of cutting a ribbon, symbolizing the connection between the camp's history and its fu-

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Time: 6:00 PM

Doors Open: 5:15 PM for Silent Auction Viewing

Location: McLane Great Hall, University of Mary Hardin-Baylor RSVP by March 10, 2025

For more information or to become an Underwriter, please contact:

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EDITORIAL

My Regular Texas Is, Editorial

Pleasant Ramblings • Mark Magnan

I was born and raised in Texas. As I grew up, I knew Texas in a different way than we see it today. To be quite honest, our heritage as Texans has been diluted by the people that have come into the state and brought their habits with them. I have covered some of this in the past, but it needs to be remembered, lest we lose all that we hold dear as Texans. Texans seem to get branded as being braggarts or even being obnoxious due to the way we see life. I am OK with that; we are special people, and the rest of the world should take notice. Although I realize there are places that have nothing special to get excited about, and I feel bad for those folks.

Let's start with food and drinks. Like I have pointed out a time or two, we don't drink "pop." Dr Pepper is a native Texas drink. When I was growing up there were people that drank sweet tea, but no one made sweet tea. If you wanted it sweet you put sugar in your tea at the table. I knew folks that would put about an inch of undissolved sugar in the bottom of a glass of iced tea. And I never realized that tea could be served hot, I had always grown up with "iced tea." I didn't drink it with sugar, I just preferred it natural.

Texans are beef eaters. We rarely if ever eat "pork." "Oh but what about 'sausage'?" Well, sausage is given a waiver since you really don't see the pork. "OH! But what about BACON? Huh??" Let me point out that bacon is like the super fruit of meat. It is in a category all its own. It can be served by itself, as a seasoning, a condiment, and well, a limitless list of options. Bacon is a staple among Texas tables.

BBQ is a good place to point out how Texas food has changed. Just a few years ago no self-respecting Texas BBQ cook placed anything on his grill except beef. No pork, no sheep, no sushi, just beef. If you had walked into a BBQ joint and ordered "pulled pork" the proprietor would have looked at you like you had lobsters coming out of your ears. There might have been a customer in line that would have escorted you outside in a rather brisk manner. You could walk down to the nearest Dairy Queen, as every small town in Texas had one, but all you would find there was beef, either a hamburger or fried, well that and ice cream.

Telling time the Texas way is different as well. I guess in the good old days they didn't have a watch or didn't want to wear it out

while they were herding cattle. Morning in Texas typically starts before the sun comes up. Some Texans actually have to wake up the rooster so he can crow. Morning lasts until about dinner time (more on that in a moment). Shortly after the noon meal is what begins "enin." Now, "Enin" is Texan for evening, except that it encompasses most of the afternoon and usually up until sunset, then it is night, obviously, and time for bed.

When I was growing up we had breakfast in the morning. The noon meal was either lunch or dinner, depending on how it was served. Lunch was something you ate while working or a quick midday meal. Dinner was what you had on Sunday after church. Then the evening meal was always supper. You had to clean up for dinners and suppers, lunch was less casual.

Also we have ways of giving directions. We rarely use mileage, preferring to use time as the measure of travel. If you asked me how far Dallas is from here, I couldn't tell you how many miles, but I know it is about two and a half hours. When I travel to one of my favorite places in southwest Texas, it is a full day, and all my fellow travelers get the same

reference.

Cowboy hats are a pet peeve of mine. A hat is always set upside down and always removed for a meal, maybe not always inside. A cap is completely different. However, both are always removed inside of the Alamo. Then there is the entire etiquette about straw and felt hats, and of course dark and light colored felt hats. All that seems to be lost these days.

Texas has always been a proud culture. It seems so watered down now and few of the old habits exist any longer. I am sure there are places where what I have just written would seem quite common. However, there are plenty of places now where I would get a few odd stares, like I was writing something akin to some foreign country and their habits, which maybe I am.



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between 1987 and tions dropped some ing a new routine, 1989 was incredibly programs in favor of et cetera - because times when we're in turbulent for Ameri- others, and the sum- I was still young (I the thick of things we can animation. Many mer of 1989 was the was in elementary can't always see the American animation last hurrah for a great school) it was an es-larger picture. One studios were out- many cartoons that pecial blow for me consequence of this sourcing work to Ja- defined the 1980s for to discover that most is that when things pan, but the change a great many chil- of my cartoon pals are going wrong, we in the value of the dren, with these car- weren't there to greet can easily end up Japanese Yen relative toons largely disap- me when I arrived. In blaming the wrong to the American dol- pearing from line-ups my already confused person or thing, poslar disrupted this. A once the fall televi- and homesick mind, I sibly even someone lot of syndicated pro- sion season started. blamed the relocation or something that's grams were tied into some combination I'm north of 40, and I that if we'd stayed would be far better of toys and comic also hail from a mili- where we'd been I'd to get ourselves situbooks, only for sales tary family. For the still have them. of the latter two to be first several years of insufficient to justify my life, we'd be in til some years later, and *then* once we continued produc- one place just long when I began jointion. Some syndi- enough to put down ing various online cated programs were roots before the forums dedicated to sold using bartered Army would decide the pop culture of the time - where the in- we needed to head off 1980s and the enterdividual television elsewhere. I had diffi- tainment industry in station pays less to culty making friends general that I learned carry the show in ex- because of this, so I about the seismic upchange for giving up made "friends" with heaval in the animasome of the advertis- various bits of escap- tion industry. Those ing time to a sponsor ist entertainment... shows I'd loved were row to dig to the root for the show – only including the televi- doomed for one reafor the practice to fall sion. out of favor as the decade wore on. Some move from one base gry over the ones I no

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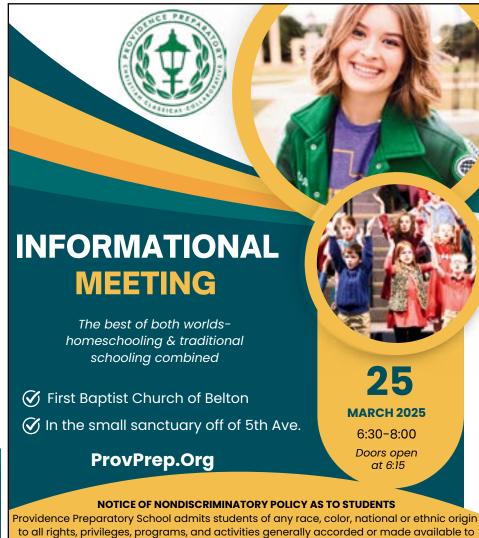
As I've noted, for this, believing innocent. Instead, it

It wasn't unson or another, and more accurately tar-We did, indeed, instead of being an- get the solution. content creators and to another in the longer had I should younger readers who syndicates went bust, summer of 1989. have been grateful might be asking, while others made an As difficult as the that a few of them no, streaming meassortment of back- relocation already were still on the air in dia didn't exist back room deals. Et cetera. was for me - saying some fashion. Even if then, so we couldn't Couple all of this goodbye to the few we'd stayed instead simply take our fa-

ated, get a handle on what's happening, have a clearer head try to figure out why exactly things are happening. In fact, recommended that when something goes wrong you ask yourself "why?" at least five times in a

PS - for those





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LIFESTYLES Thursday, March 6, 2025 THE BELTON JOURNAL

Hickland shares updates over coffee

By Michelle Rodriguez

The Belton Journal

Bell County residents had the opportunity to drink a cup of coffee, listen, and ask questions of House District 55 State Representative Hillary Hickland as she gave updates on legislative priorities.

The coffee meeting was held at the Central Texas Council of Government office on Friday.

"Over the last several months, my team and I have worked tirelessly to ensure the concerns you shared with me on the campaign trail are addressed. From securing our border to strengthening laws to protect our children, I am committed to advancing policies that support the needs of our district and all Texans. I am working for you, House District 55," said Hickland.

Hickland's legislative priorities have been border enforcement, protecting Texas' kids, securing Texas' elections, government efficiency (DOGE)/cutting red tape, and banning taxpayer funded lobbying.

Other top items on Hickland's agenda includes House Bills 2 and 3, a two-step plan for school funding and parent choice, the Texas Public Policy Foundation's current education opportunity and the need for parent empowerment, and Bell County's Central Texas Water Alliance.

"Water needs vary. Different needs vary in Texas. The Central Texas Water Alliance is collaborating on the water crisis to develop water solutions," said Hickland.

There's a projected shortfall of water supply needs. There is a plan to add five to ten endeavors.

"Teacher sentiment is at its lowest. House Bill 2



BELTON JOURNAL/MICHELLE RODRIGUEZ Hillary Hickland speaks at her coffee meeting on Thursday and gives updates on legislative priorities.

awards an increase in public school funding including an increase to the basic allotment by \$220 per student. We are working on eliminating STAAR testing. I've personally filed over 30 bills. I've met with entities, superintendents, county officials, and law enforcement to make things better. Texas is a place people want to move to and we want to keep it that way," said

Hickland.

Hickland is on the veterans committee because House District 55 has many veterans.

There were note cards and pens available for questions asked by meeting attendees for Hickland to answer. Questions were read aloud by Hickland's chief of staff Ruth Mesta.

"DEI was eliminated from universities, what about high schools," said Mesta.

"We are focusing on academics," said Hickland.

"There's a property appraisal issue. Property tax relief is needed and citizens get frustrated," said Mes-

"I just heard from the comptroller about appraisals. I spoke with Kevin Cook with Bell County Appraisal District about how the comptroller compared other counties across the state," said Hickland.

Hickland ended the meeting by speaking about her support of House Bills 2 and 3 again.

"I want to bring understanding that the education bill empowers parents to choose whether their children attend public school or are homeschooled. It's confusing why so many public-school educators are self-indicting. A vast majority, 95 percent, of families choose public school funding that comes from the general revenue. Around half of the budget of the state of Texas goes to education. Nobody is giving up on public schools. I met with superintendents and board of trustees. There's a lot of fears in public educators for school choice. Parents are motivated by love and the future of their children," said Hickland.

Hickland encouraged attendees to contact her for any local issues she may be able to help address.

Champion racecar driver meets and greets fans

By Michelle Rodriguez

The Belton Journal

Race fans in Central Texas attended a meet and greet for IMSA race car driver Chris Walsh at BMW of Temple last Wednesday. Walsh is an enlisted officer in the U.S. Air Force

in special tactics and loves to race.

"As a kid, I got into formula one and games that





I could play. My Dad, Bob Walsh, was into cars. My race on Saturday is a circuit of COTA. I'm always excited to race. We won the championship last year in a BMW. The car I drive now is a step up, series wise. The team moved up to a higher level, top sports car series," said Walsh.

Walsh tried out for the U.S. Olympic bobsled team then transitioned into car racing. He first started racing motorcycles and rode a Ducati 1199 in motor cross then transitioned into cars.

"The cool thing about motor sport is everybody has a role to play to make a driver be successful. I asked my daughter, Kate Walsh, what do you think the car should look like? She said a phoenix, like ash. I like it because a phoenix rises up from the ashes. The blue color on the car came out of AI," said Walsh.

There was food, lemonade and tea at the meet and greet. They had giveaways like Stanley cups, wireless chargers, and BMW dog tags.

"Everybody lives in different places and everybody flies to meet. A couple of guys live close enough that come to the shop. We have everybody that's usually at the shop come to the truck cause it's all the same guys. We want them to gel, where they all get to know each other, and they work together," said Anthony "Tony" Callas, co-owner of Carrus Callas race

Callas has a shop near Orlando, and another shop Los Angeles. They work on street cars likes Porsches and BMWs.

"If he wins, it's very little. A gentlemen race car driver is somebody that is not a pro, but they are paid to race and that's very common. It is hard to get into this business. Very few people actually make it. Very few people can maintain being able to be a race car driver because you start off in go karts and motorcycles. Everybody thinks it's so glamorous and everything but it's a very difficult sport," said Callas.

For example, the team has a transporter that costs \$1 million.

"We have a partnership with Daniel Espinosa. He pays the money for the transporter, and he bought the

car. I own the shop and the equipment. NASCAR has TV coverage. The sponsors make a difference. They get to see their name on a car and they get to see their name on TV. NASCAR is popular. There's a bunch of different car manufacturers out there, but all of these cars are run by gentlemen drivers. There are teams where one individual is paying for everything. It's rare we even have sponsors," said Callas.

The team was in Saturday's first race of the IMSA and they won second place.



BELTON JOURNAL/MICHELLE RODRIGUEZ Chris Walsh, race car champion, met with fans at BMW in Temple last Wednesday.

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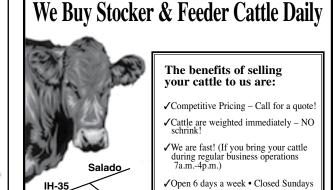
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7 activities to commemorate the spring equinox

The beginning of spring is cause for celebration. In many areas of the world, the start of spring marks the end of cold temperatures and hours spent indoors, a shift in conditions that is welcomed by millions each year.

Spring is a time of rebirth when flowers and trees bloom anew and animals bear new young. Spring is an exciting and busy time, and one that people can commemorate in many unique ways. Here are seven ideas to usher in spring this March.

- 1. Fill a home or business with flowers. Collect some early tulip or daffodil blooms and place them around the house. Offer bouquets of dandelions to children or weave them into flower crowns.
- 2. Spend time in nature. It's time to get outside, and there is no better time to do so than the beginning of spring. Soak up the sun and temperate climate, which can be good for your physical and mental well-being.
- 3. Visit a loved one. Bring some sunshine to an elderly relative by visiting with him or her. Take a stroll outside or sit on a bench and enjoy a picnic.
- 4. Prepare the garden by cleaning out weeds and tilling the soil. Some early spring preparation ensures everything will be ready when planting time arrives.

 5. Prepare an outdoor feast. Whether it's a picnic or
- a barbecue, serve up a warm-weather feast with salads, sandwiches and other dishes that are normally served outdoors.6. Sow some seeds. Encourage each member of
- your household to pick a favorite plant or flower and sow it in celebration of the first day of spring. It's possible to make a special spring garden with perennials that will bloom each year.

 7 Make spring-related crafts Colorful wreaths
- 7. Make spring-related crafts. Colorful wreaths, centerpieces and garlands can bring some of the natural wonders of spring indoors.

The first day of spring is an opportunity to enjoy what makes the season so special. Celebrate the new season with plenty of creative ideas.









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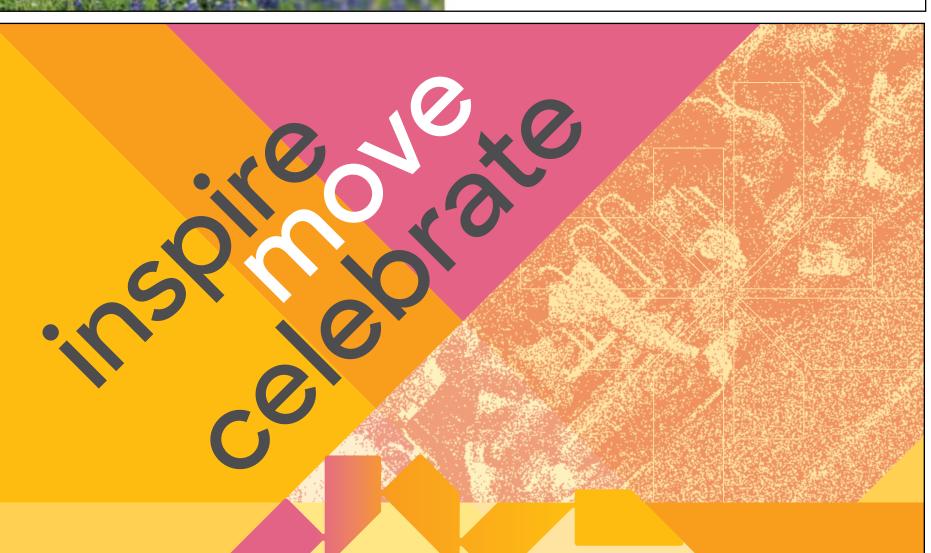
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SPORTS



Dr. Jack Welch From the Bleachers

Can Concussions Be Prevented?

Since the introduction of the first leather helmets, the primary objective of protective headgear has been to prevent skull fractures and broken necks. Initially, helmets were designed merely to shield the head from collisions. However, as helmet designs evolved into hard-shell models with protective liners, they inadvertently became tools for aggres-

The high number of football-related fatalities over the years prompted experts to develop safer helmet technology. Vicis, a leading helmet manufacturer, has consistently ranked at the top of the National Football League's (NFL) laboratory tests for reducing head impact severity. The Vicis high-tech ZERO1 helmet has outperformed its competitors in these tests.

The NFL collaborated with biomechanical experts to assess 34 helmet models from four manufacturers. These tests simulated concussion-causing impacts sustained by players, analyzing rotational velocity and acceleration. Among the top-rated helmet manufacturers are Vicis, Schutt, Riddell, Xenith, and Rawlings.

What causes a concussion? Contrary to popular belief, concussions are not always the result of a direct blow to the head. They can also be caused by a jarring impact on the jaw. Kyle Lamson, head of research and development at Xenith, explains, "A concussion can actually happen without hitting your head." As a result, no helmet can completely prevent concussions.

Glenn Beckmann, director of marketing communications for Schutt Sports, supports this view: "There is no such thing as a concussion-proof helmet. And there won't be for the foreseeable future. We still aren't anywhere close to knowing enough to say we can prevent concussions."

Some helmet companies have developed specialized mouthpieces that claim to aid in concussion prevention. While these devices may help reduce the risk, experts agree that they do not eliminate concussions.

> Helmets and See WELCH Page B3

BISD has strong showing at relays

By Clay Whittington The Belton Journal

Belton and Lake Belton will both be competing at meets today, and the programs will be taking plenty of momentum along after strong showings last

The Broncos and Lady Broncos placed second and third, respectively, at last week's Bryan Viking Relays, while the Lady Tigers were the runners-up at their home meet — the annual Denise Petter Big Red Relays — on Saturday.

At Tiger Field, Belton amassed 125 points to finish behind only Temple (150) in the final standings thanks in part to distance runner Olivia Brillhart earning a pair of gold medals. The senior won the 1,600-meter run in 5 minutes, 23.81 seconds and had a first-place time of 11:39.07 in the 3.200.

The performance was complemented by teammates Damauria Nolan-Hemphill and Laila Page, who combined for seven top-three outings.

Nolan-Hemphill, sophomore, won the 100 in 12.03 and was second in the 200 (25.40) and long jump (18 feet, 7 inches), while Page, a junior, was first (37-63/4) in the triple jump, second in the pole vault (9-6) and 400 (59.12)

and third (25.95) in the 200.

Furthermore, the pair joined junior Delilah Hoffman and freshman Isabella Warner to place third (4:09.43) in the 1,600 re-

Hoffman was also third (49.76) in the 300 hurdles, matching the bronze medals collected by teammates Jane Gauntt (pole vault, 9-0) and Warner (800, 2:26.35).

Leander (3rd, 123) and Killeen Chaparral (4th, 69) followed in the final standings.

With a limited num-

See **RELAYS**, Page B3

Lady Tigers claim district championship

By Clay Whittington

The Belton Journal

The Lady Tigers did it again.

After establishing itself as one of the area's premier programs by winning every district championship it competed for between 2005 and 2016, there was a

Following the string of success, Belton fell short of the goal in three straight seasons, but it bounced back, and Tuesday evening, the Lady Tigers cemented themselves atop the District 16-5A standings and captured their seventh consecutive league title.

Belton traveled to Killeen and cruised past Chaparral to secure their spot, winning 6-0.

While the Lady Tigers went unchallenged in the match, there was concern entering the contest.

A week earlier at Waco University, Belton played the Lady Trojans to a 0-0 tie, shrinking its lead over the opponent to just three points in the standings. It was the team's first time to not earn a victory since Jan. 17, and as a result, the Lady Tigers had to defeat or tie the Lady Bobcats to clinch the top seed.

They won convincingly. Belton improved to 8-0-1 with 25 points, while University, which has also already earned a playoff berth, beat Killeen Ellison 7-0 at home Tuesday to move to 7-1-1 with 22 points.

> See GIRLS, Page B3

Lake Belton Girls soccer team defeats Ellison 8-0 in district play

By Aries Ramos The Belton Journal

The Lake Belton Lady Broncos soccer team defeated the Ellison Eagles 8-0 on February 28. The win improved their district record to 4-4, keeping them in third place as they aim to clinch a playoff spot. The match also served as Teach-Appreciation Night, where the team honored their educators, adding an extra layer of significance to the event.

From the start of the game, the Lady Broncos dominated the field. They controlled possession and could capitalize on their scoring opportunities, building a substantial lead over Ellison. Their offense was efficient, and they kept the Eagles from creating any real scoring chances. With this result, the Broncos remained in the hunt for a playoff spot, but they know their work is far from finished.

The team's 4-4 district record puts them in a strong position, but they are looking ahead to their next game against the Waco Lions. The Lions, currently 3-5 in district play, are in fourth place and will be looking to close the gap. A win for the Broncos would help them keep their thirdplace spot and move them closer to securing a playoff berth.

Lake Belton has been focused on staying consistent and improving each game. With the Waco match approaching, the Lady Broncos know every point counts. They aim to that Waco will be a formidable opponent and must bring their best performance to stay ahead in the district race.

The Lady Broncos have shown they can compete at a high level, but the upcoming game against Waco will be critical. A win would solidify their spot in the playoff picture, but a loss could leave them vulnerable in the tight district standings. With the regular season winding down, the team is focused on finishing strong and achieving their goal of making the postseason.

As the Broncos prepare for their next challenge, they are ready to continue their push for the playoffs.

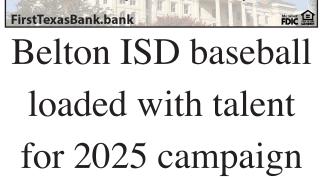
maintain their position in the standings and ensure they qualify for the playoffs. The Broncos know

> 13-5 and 16-2. "This is a talented team game." The Broncos went 26-7

22-5A with a 14-0 mark.

coach Chris Peacock begins his second year at the helm, with Dallas Robertson, Chris George, and Haygen Tibbetts assisting.

The Broncos returning



FIRST

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By Tony Adams

The Belton Journal

The baseball programs at Belton High School and Lake Belton High School both qualified for the 5A playoffs last season. And ran into a tough District 21-5A gauntlet that ended both team's hopes early.

Belton head coach Mark Krueger is in his ninth year as head coach of the Tigers with 139 wins. Darin Blomquist, Ryan Lindemann, and Jason Knight are the Belton assistant coaches

The Tigers were 20-10 and placed second in District 22-5A in 2024.

The Tigers return five core starters with 1B/P Jacob Quigley, 2B/P Austin Wood, SS Gage Flores, OF Rayshaun Peoples, and P/C/1B Cole Haisler. All five will be senior leaders that younger players will lean on.

Quigley, Haisler, Wood, Jose Rangel, and Pecos Smith will be part of a talented Tiger pitching staff that will see experienced post-season teams in their non-district schedule.

Trey Garcia, Will Shepard, Billy Young, Landon Owens, Oakley Torres, Mason Chartier, and Collin Sallee will also be players to watch during the season for the Tigers.

Weather washed out the team's Pflugerville Tournament the first weekend of the season. As of Feb. 23, the Tigers are 2-0 following a doubleheader win at Killeen on Feb. 22,

that is hungry, and will compete," Krueger said. "Even with the seniors, there is plenty talent to battle every

last season and won District

Lake Belton head

starters are 2B/OF Bryce Davis, OF Cameron Bartz, corner IF/DH Kaden Ward, P/DH Brandon Holley, SS Zavion Rodriguez, and P/C/ OF Braxtan Cope.

Lake Belton has 15 seniors and ten juniors on the varsity squad in 2025, with plenty of talent within.

The Broncos pitching staff includes Holley, Cope, Hunt, Tate Lisenbe, Ely Vaughan, Maverik Maddux, Tate Lisenbe, Brock Winkler, Landon Willey, Andrew Ramos, and Kellen Scarborough.

Cope and Ramos will handle the catching duties.

Bartz, Davis, Cole Mikulas, Samuel Matous, Jory Holland, Morgan Locklin, and Rohde Smith will provide depth in the outfield.

Rodriguez, Davis, Ward, Hunt, Willey, Winkler, Cooper Mees, Ty Green, and Brent Thomson make Lake Belton deep in infield talent.

"This is a senior-heavy team, and very competitive," Peacock said. "They compete every pitch, and they are supportive of one another."

Lake Belton lost its first tournament to inclement weather, which was the Central Texas First Pitch Classic. They were scheduled to play Southlake Carroll and Victoria West at Bronco Park.

As of Feb. 22, Lake Belton is 2-0. They picked up a doubleheader against Class 6A powerhouse Waco Midway on Feb. 22 and swept the Panthers, 2-1 and 3-2. The two will meet again in Hewitt on April 28.

Belton and Lake Belton will start District 16-5 play on March 25 against one another. The first game will be at Bronco Diamond, and the second at Tidwell Field on March

Other district opponents the Tigers and Broncos will face are Killeen Chaparral, Killeen Ellison, Waco High, and Waco University. With it being a six-team, ten-game district, all games loom large.

Lady Tigers place second at Regional powerlifting meet

By Clay Whittington The Belton Journal

the opportunity to excel.

The Lady Tigers qualified at least one athlete in every weight class for the regional powerlifting meet, and then, they capitalized on

In total, eight Belton lifters produced points, while three emerged with gold medals as the Lady Tigers placed second at the Region II-5A, Division II Meet on Saturday at Del Valle.

Led by Lauren Seidel, Kennedy Weston, Melissa Farmer and Byonka Donaldson, who each advanced to the upcoming state meet, Belton finished with 34 points — a mere 10 behind champion Liberty Hill.

Seidel placed first in the

105-pound weight class, using a 175-pound squat, 90 bench press and 235 deadlift to total 500 pounds, while Weston (325-170-320-815) and Farmer (350-185-330-865) won the 181 and 242 divisions, respectively.

Additionally, by placing among the top two, 242+ standout Donaldson (2nd, 355-185-300-840) also qualified for state.

Lake Belton will also be represented at state after finishing fourth (21) at the Region II-5A, Division I Meet.

Jayla Lisenbe was second (385-225-340-950) in the 198 weight class, and she will be joined by teammates Scarlett Cotham and Alayna Castro, who qualified by eclipsing predetermined totals. Cotham was third (245-150-280-675)

in the 114 division, and Castor was fifth (315-195-340-850) in the 181 division.

The Texas High School Women's Powerlifting Association State Championships will be held at Edinburg's Bert Ogden Arena on March 15.

At regionals, Lady Broncos placed behind champion College Station (42), Kyle Lehman (2nd, 29) and Burleson Centennial (3rd, 22) as multiple lifters generated points.

Catalina Esquivel (3rd, 97, 190-105-215-510), Macie Solis (3rd, 105, 230-125-240-595), Emma Scholz (4th, 105, 210-135-205-550), Shekayla Munoz (4th, 114, 240-125-245-610), Baylie Anderson (4th, 242, 190-105-245-540), Moriah Rydberg (5th,

114, 240-125-225-590) and Isalei Simpson (5th, 242+, 270-150-255-675) each contributed to the team's

The Lady Tigers beat out Elgin (3rd, 26) and Pflugerville Connally (4th, 25) as Briley Campbell (3rd, 114, 215-120-235-570), Anahi Perez (3rd, 198, 290-155-300–745), Katelyn Bailey (4th, 97, 140-90-165-395) and Isabella Ake (4th, 220, 200-125-235-560) each placed among the top four.

Also competing at regionals were Belton's Gabriela Magana Avila (6th, 181, 260-155-290-705), Makayla Reyes (7th, 123, 215-115-185–515), Ciara Messersmith (9th, 132, 195-140-245-580), Rachel

> See **POWERLIFTING**, Page B3

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Sports Briefs

By Clay Whittington The Belton Journal

Due to inclement weather, including extremely high winds, both Belton and Lake Belton were forced to post-

pone their softball games Tuesday. The Lady Tigers were set to play Gatesville at home, while the Lady

Broncos were going to welcome Troy Instead, both games were moved

available. As a result of the postponement, both programs have a quick turnaround

to Wednesday. Final scores were not

with games scheduled for Friday. Lake Belton will play at Buda Hyde Park at 5 p.m.

Then, each program receives a rest until March 14, when the Lady Broncos travel to Pflugerville Weiss and Belton plays at Robinson.

BELTON BOYS SOCCER

The Tigers' hopes of returning to the playoffs came to a close Tuesday, when Killeen Chaparral earned a 3-2 road victory to secure District 16-5A's final postseason berth.

Belton scored its first goal with 17 minutes remaining in regulation on a kick from Will Braley, and the Tigers tied the score 2-2 five minutes later thanks to Edwin Donis' goal, but they

The defeat dropped Belton to 2-6-1

with seven points.

Waco (9-0-0, 27), Waco University (5-3-1, 16), Chaparral (5-4-0, 15) and Lake Belton (3-5-1, 10) qualified for the playoffs.

Now, the Tigers turn their attention toward their season finale Friday, when they travel to Waco for a 7:30 p.m. start.

BELTON GIRLS GOLF

Lady Tigers standout Jacklyn Munoz continued her perfect start to the season by recently winning her second tournament championship in two

At the Temple Spring Invitational, Munoz shot an 86 to defeat a field of 46 other golfers with the closest competitor being teammate Anya Jinadatha, who was six strokes behind.

Munoz's next opportunity for an event title comes March 19 at the Belton ISD Invitational.

BOYS POWERLIFTING

The Texas High School Powerlifting Association Region 2, Division II Meet will be held Saturday at Joshua and several local lifters will be in attendance.

Belton's Daniel Arana, Corbin Wittman and Logan Rick's qualified along with multiple Lake Belton athletes.

Lifters advance to the upcoming state meet by placing first or second in their weight class or eclipsing a predetermined weight total at regionals.











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Relays - From Page B1

ber of participants in attendance, Lake Belton was ninth (7) as sophomore Jenna Benedick placed third (5:55.35) in the 1,600 to lead the

Harker Heights (134) won the boys team title, beating out Chaparral (2nd, 94), Temple (3rd, 89), Copperas Cove (4th, 88) and Belton (5th,

The bulk of the Tigers' points were earned by junior Christian Porter (1st, 200, 21.93; 1st, 400, 49.70), senior pole vaulters Logan Lamberte (1st, 13-0) and Joshua Roberts (2nd, 12-6), sophomore Graham Chambley (1st, 110 hurdles, 15.53) and the 400 relay team (1st, 42.24) of Kegan Sherwood, Azian Wilkinson, Miguel Manners and Porter.

At Bryan, the Broncos received eight medals en route to 109 points, situating themselves between Waco

105) and Bryan Rudder (4th, 95).

Individually, senior Travellis Harrison (shot put, 43-9), senior Julian Walker (long jump, 22-8), junior Kendrick Jones Jr. (400, 49.17) and sophomore Zion Harness (100, 11.07) won their events, while Zach Dodd, Jaden Haye, Harness and Jones teamed up to win the 1,600 relay in

Additionally, the quartet of Josh Mallard, Jones, Harness and Dodd were second (42.42) in the 400 relay, while junior Carson Yandell (3rd, pole vault, 12-0) and Walker (3rd, high jump, 6-2) also took trips to the medal stand for Lake Belton.

Conroe Grand Oaks (1st, 153) and Midway (2nd, 135) were the only teams to amass more than the Lady Broncos' 126 points.

Placing among the top three for

Midway (1st, 181), Brenham (3rd, Lake Belton was senior Abigail Rydberg (1st, pole vault, 11-0), junior Aleya Russell (1st, long jump, 16-11³/₄; 3rd, 200, 26.00), sophomore Audrey Mughelli (1st, triple jump, 36-9), senior Chelsie Miller (2nd, 400, 1:01.92), junior Kiely Camacho (2nd, 100 hurdles, 16.00), sophomore Zoey Johnson (2nd, shot put, 29-4), sophomore Dannika Kelley (3rd, high jump, 5-2) and junior Amara Sanchez (3rd, shot put, 28-9).

team of Nylah Berrian, Bella Garcia, Russell and Miller also won in 48.40, and the 800 relay team of Ty'anah Debose, Carlie Johnson, Berrian and Garcia was second (1:44.94).

Belton will look to build on the performance at today's Waco Connally Cadet Invitational, while Lake Belton will travel for the Pflugerville Relays.

The Lady Broncos' 400 relay

Girls - From Page B1

Now, having already secured at least a portion of the district title, the Lady Tigers look to take sole control of the championship Friday, when they conclude their regularseason schedule against visiting

If history is any indication, Bel-

ton should be in control throughout the contest.

In eight previous matches, the Lady Tigers have only allowed one score, and it came in the first encounter, when Belton won 5-1 in

Since then, the Lady Tigers begin March 20.

have outscored the Lady Lions 56-0, including an 8-0 victory in the first round of district play.

Regardless of the outcome, Belton's next match will be in the play-

The bi-district round is set to

Welch - From Page B1

mouthpieces serve as tools for mitigating head injuries but cannot guarantee complete protection. Helmets are particularly effective at protecting the skull and absorbing direct linear force impact. However, changing the way the game is played is crucial to reducing injuries.

The evolution of safer tackling techniques in recent years has helped in reducing injuries. Leading coaches have introduced better tackling techniques to minimize head injuries. One of the most significant changes is the adoption of

the rugby-style tackle, popularized by former Seattle Seahawks coach Pete Carroll. This method emphasizes using the shoulder and arms to wrap up the ball carrier rather than leading with the head.

With increased awareness of concussion risks, modern football emphasizes removing the head from tackling and using helmets strictly for protection rather than as weapons. Enhanced helmet designs, improved mouthpieces, and refined tackling techniques have collectively contributed to making football a much safer sport.

Thought for the week, "We're heading in the right direction with improvements that make the game safer than when I played." Gary Welch, former college football

Dr. Jack Welch is an educator and professional football coach. His doctorate is in educational administration, and he has been an educator, administrator, and football coach, mentoring young minds, for over 40 years. He is also the author of Foundations of Coaching. He can be reached at jackwelch1975@gmail.com.

Powerlifting - From Page B1

(11th, 148, 220-135-240-595).

Lake Belton's remaining lifters were Kaitlyn Mays (6th, 97, 175-90-205-470). Maia Keen (6th, 220, 295-165-275-735), Harper Holt (7th, 123, 205-120-290-615), Emyle Love (7th, 132, 250-145-275-670), Aralina Acosta (7th, 198, 310-175-290-775), Lorelai Scallorn (7th, 220, 275-175-255-705), Avery Park (8th, 198, 315-165-290-

Truitt (9th, 165, 235-150- 770), Sarah Rogers (9th, tum Vaughn (10th, 148, Abby Rydberg (12th, 148, 245–630) and Bella Reyes 97, 100-45-115–260), Ta- 315-160-285–760) and 240-165-300-705).

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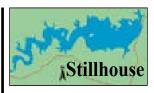
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FISHING REPORT



FAIR. Water stained; 50 degrees; 2.35 feet below pool. Before the most recent blast of cold came in on February 19, water temperatures had cooled back to the levels they were at before the record-setting, 8-day warming trend that ended on February 8. After a few smaller male white bass began to appear headed toward spawning areas around Mother Neff State Park, the migration run generally halted and will likely remain low key until our next significant warmup For those heading upriver, light leadhead jigs with white or offwhite curl-tail grubs selected to fish just inches above the bottom will produce well, as will grey and/or olive streamers fished on fly gear. Anglers remaining on the upper ends of the main lake on the Leon River or Cowhouse Creek arms, flatline trolling will be improving. Troll multiple baits that dive to different depths, then change over once fish show a preference. Fish in deeper, clearer water will remain interested in the 5/8 ounce and 3/4 ounce white Bladed Hazy Eye Slab worked with a very slow, steady upward motion where fish are seen concentrated on bottom via sonar. Report by Bob Maindelle, Holding the Line Guide Service. Catfish are fair. With cold water temperatures anglers should search for blue catfish in deeper river channels and around steep ledges in 30-45 feet of water. Larger cut baits have been effective for trophy size fish. Eater fish under 10 pounds are still active and slow drifting with small cut shad along sand flats will produce. Channel catfish are fair but can still be caught on warmer days using punch bait in 15-25 feet of water. Report by Brian



GOOD. Water stained; 50 degrees; 2.92 feet below pool. Before the most recent blast of cold on February 19, water temperatures had cooled back to the levels they were at before the record-setting 8-day warming trend which ended on February 8. After a few smaller male white bass began to appear headed toward spawning areas on either side of the Gravel Crossing, the migration run generally halted and will likely remain low key until our next significant warmup. For those heading upriver, light leadhead jigs with white or off-white curl-tail grubs selected to fish just inches above the bottom will produce well, as will grey and, or olive streamers fished on fly gear. For those remaining on the upper end of the main lake, flatline trolling will be improved. Troll multiple baits that dive to different depths, then change over once fish show a preference. Fish in deeper, clearer water will remain interested in the 5/8 ounce and 3/4 ounce white Bladed Hazy Eye Slab worked with a very slow, steady upward motion where fish are seen concentrated on bottom via sonar. Report by Bob Maindelle, Holding the Line Guide Service.



Worley, B&S Catfishing.

Five moves for young investors

Scot Hrbacek, CFP® Financial Advisor

If you're just starting out in your career and thinking about investing for your future, what should you know?

Of course, you may have to address priorities such as paying off student loans. Still, it's never too soon to start investing. Consider these five tips:

First, take advantage of your opportunities. If you have a 401(k) plan at work, contribute as much as you can afford.

Second, think long-term. Don't make mistakes by trying to time the market for short-term gains.

Third, know your risk tolerance. This knowledge will help you

make better investment choices.

Fourth, diversify your investments. Diversification can't prevent all losses, but it can help reduce the effects of market volatility on your portfolio.

And fifth, try to avoid dipping into long-term investments to pay for unexpected costs, such as a major home repair. It helps to build an emergency fund containing several months' worth of living expenses.

By putting these moves to work, you can help yourself make progress on an investment journey that could last a lifetime.

This Article was written by Edward Jones for use by your local Edward Jones

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NOTICE TO ALL PERSONS HAVING CLAIMS AGAINST

THE ESTATE OF PEDRO ESCAMILLA, SR., **DECEASED**

NOTICE is hereby given that original Letters of Testamentary were issued on February 25, 2025, in a proceeding styled Estate of Pedro Escamilla, Sr., Deceased, in Cause Number 25CPB00061, pending in the County Court of Bell County, Texas. Claims may be presented in care of the attorney for the Independent Executrix, addressed as follows: Rosie Hernandez Independent Executrix of the Estate of Pedro Escamilla, Sr.,

c/o Burk Roberts, Roberts & Roberts, L.L.P., 2501 East Elms Rd., Ste. A , Killeen, Texas 76542-3023 All persons having claims against this estate, which is currently being administered, are required to present them within the time and in the manner prescribed by law.

Signed on February 27, 2025.

Roberts & Roberts, L.L.P., Attorneys for Rosie Hernandez

By: Burk Roberts 03.06





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ACREAGE From the Starry Nights to the City Lights this one-ofa-kind Texas Ranch is under 30 minutes to Waco & 1.5 hrs to Austin! Approx 29 acres with views over Leon River/Lake Belton! 3,000+ square ft custom home you must see to appreciate. Enjoy the fabulous chef's kitchen and large family room both with panoramic views. Take family game night to a whole new level with wet bar and full bath with separate entrance for possible future pool. Huge covered back porch to see the magnificent Texas night sky and enjoy cool nights by the custom fireplace. Everything is bigger and better in Texas and it is clear to see why when you see this amazing ranch!

NEW CONSTRUCTION! Beautiful rock and brick home situated on 1/2 acre in the newly developed Deer Grove subdivision in Belton ISD. The open floor plan features 3 bedrooms and 2 bath, a pop-up ceiling in the family room as well as a corner fireplace as a focal point. Large open kitchen with beautiful cabinets and granite! A formal dining and breakfast area plus office. A generous master suite with large walk in closet as well as nice sized secondary bedrooms. Large covered porch, perfect for relaxing or entertaining with your friends and family. As if that is not enough - the home has been pre-wired for a home

SALADO -- **Sellers are offering a 2-year home warranty to include pool and septic coverage!** Beautiful custom home with pool to cool off in the Texas summer heat and an oversized backyard to enjoy! This home is located in Salado ISD - features a split floorplan with 4 bedrooms (2 secondary are oversized), 3 bath, formal dining and eat-in breakfast area with luxury vinyl flooring throughout. The kitchen is open to the breakfast and living areas making it great for entertaining. Oversized, insulated garage. All interior walls insulated for sound and exterior walls are fully insulated making this very energy efficient! Great location with easy access to I-35, Belton, Temple, and Austin.

BELTON ISD - Charming home with a nice front porch, 2 bedrooms, one bath and lots of storage. Living area could be used as a meeting room. Lot features a beautiful mature tree in the front yard, fully fenced yard, and several out buildings. Excellent location with many possibilities! Adjacent properties are also listed for sale and could make this an amazing commercial property

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THE STATE OF TEXAS CITATION BY PUBLICATION CASE NUMBER 25CPB00127

To: UNKNOWN HEIRS

CASSIDY WILSON, Applicant, on February 24, 2025, filed an application for independent administration and letters of administration and application to determine heirship in a proceeding styled: JOSEPH TAYLOR RIBAR, Deceased, and bearing the number 25CPB00127 in the County Court of Bell County, Texas.

The court will hear the aforesaid Application after the expiration of ten days, exclusive of the day of publication, from the date this citation is published which will be March 06, 2025, in the County Court at Law #1 Courtroom, at the Bell County Justice Complex, 1201 Huey Road, in Belton, Texas. All persons interested in the aforesaid estate are commanded to appear at or before the time set for said hearing by filing a written contest or answer to said application should they desire to oppose or contest it.

Said written contest or answer shall be filed in the office of Shelley Coston, County Clerk, Bell County, Texas, PO Box 480, Belton, Texas 76513. The name and address of the attorney for applicant is: STEPHEN T. BRISCHKE, 15 NORTH MAIN STREET, TEMPLE TX 76501

The officer serving this Citation shall, in compliance with the Law, serve it by publication once in a newspaper of the general circulation in this, the County in which the decedent last resided as required by Section 202.052 of the Texas Estate Code, for not less than ten days before the return day hereof, exclusive of the day of publication, and the date of publication said newspaper bears shall be the day of publication.

Issued and given under my hand and seal of said Court at office on February 24, 2025.

Shelley Coston County Clerk of Bell County, Texas, PO Box 480, 1201 Huey Road, Belton, TX 76513

By: Sophia Nieto Deputy 03.06

THE STATE OF TEXAS **CITATION BY PUBLICATION – PARENT** AND CHILD

CAUSE NO. 21DFAM325496

To MONICA SUAREZ Greetings:

You are hereby commanded to appear before the 169th Judicial District Court, Bell County, Texas to be held at the Bell County District Courts Building in Belton, Texas, to be held at the courthouse of said County in the City of Belton, Texas, at or before 10 o'clock AM of the Monday next after the expiration of 20 days after the date of service of which this citation, then and there to answer the petition in intervention in suit affecting the parent-child relationship of DESIREE AMBER YOUNG Petitioner

filed in said Court on January 22, 2025, against MONICA SUAREZ-RICO, respondent, and said suit being number 21DFAM325496, on the docket of said Court, and entitled In the Interest of Children

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SERENA ROSITA JIMENEZ DOB: 11/11/2014 The nature of which suit is a request to Parent/ Child Relationship.

The Court has authority in this suit to enter any judgement or decree in the child's/children's interest which will be binding upon you, including the termination of the parent-child relationship, the determination of paternity and the appointment of a conservator with authority to consent to the child's/children's adoption.

The officer executing this writ shall promptly serve the same according to requirements of law, and the mandates hereof, and make due return as the law directs.

This was issued at the request of attorney: BRETT H PRITCHARD, 1201 S WS YOUNG DR STE C, KILLEEN, TX 76543.

NOTICE TO Defendant: You have been sued. You may employ an attorney. If you or your attorney do not file a written answer with the clerk who issued this citation by 10:00 AM on Monday next following the expiration of twenty days after you were served this citation and petition, a default judgment may be taken against you. In addition to filing a written answer with the clerk, you may be required to make initial disclosures to the other parties of this suit. These disclosures generally must be made no later than 30 days after you file your answer with the clerk. Find out more at TexasLawHelp.org.

Witness, Joanna Staton, District Clerk of Bell County, Texas.

Issued and given under my hand and the seal of said Court at office in Belton, Texas, on February 24, 2025.

Joanna Staton District Clerk Bell County, Texas, 1201 Huey Road, P.O. Box 909, Belton, Texas

By: M Cortez Deputy Clerk 03.06

THE STATE OF TEXAS **CITATION BY PUBLICATION – CIVIL CAUSE NO. 24DCV344981**

To Sean Robert Benavides

Greetings:

You are hereby commanded to appear by filing a written answer to the plaintiff's original complaint and request for disclosure at or before 10 o'clock AM of the first Monday after the expiration of 42 days from the date of issuance of this Citation, the same being Monday, at or before 10 o'clock AM, before the Honorable 169th Judicial District Court, Bell County, Texas to be held at the Bell County District Courts Building in Belton, Texas. Said plaintiff's original complaint and request for disclosure was filed in said court on March 04,

The file number of said suit being No. 24DCV344981. The names of the parties in said

Ryan Walters VS. Sean Robert Benavides The nature of said suit being substantially as fol-

Mr. Walters was hit by Mr. Benavides in an MVA and Mr. Walters has had some medical issues since the MVA on 10/28/2022. Attorney has tried to find the Defendant to let him know of the case filed against him with no success.

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This was issued at the request of attorney: CHRIS MCDANIEL HORTMAN HARLOW BASSI ROBINSON & MCDANIEL PLLC, POST OFFICE DRAWER 1409, LAUREL MS 39441.

NOTICE TO DEFENDANT: You have been sued. You may employ an attorney. If you or your attorney do not file a written answer with the clerk who issued this citation by 10:00 AM on Monday next following the expiration of forty- two days after you were served this citation and petition, a default judgment may be taken against you. In addition

LEGALS

to filing a written answer with the clerk, you may be required to make initial disclosures to the other parties of this suit. These disclosures generally must be made no later than 30 days after you file your answer with the clerk. Find out more at TexasLawHelp.org.

Issued and given under my hand and seal of said Court at office in Belton, Texas, on February 24, 2025. Joanna Staton District Clerk Bell County, Texas, 1201 Huey Road, P.O. Box 909 ,Belton, Texas 76513 By: M Cortez Deputy Clerk 03.06,06.13,03.20,03.27



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THE BELTON JOURNAL

Local Activities & Events

Newcomers Club Activities MARCH

3/06: 42, Dominoes 3/08: Couples Night Out

3/10: Bookworms 3/11: Singing Bluebonnets

3/13: 42, Dominoes

3/14: TGIF

3/15: Exploring Wines

3/17: Snack Time MahJong

3/18: Bunco

3/19 Popcorn Bridge

3/20: Nonfiction book Club; Meet and Greet Coffee; 42, Dominoes

3/21: Trail Blazers Walking Group 3/22: Jimmy's Egg

3/24: Well -Read Women; Canasta

3/25: singing Bluebonnets

3/26: Fun Lunch; Crochet and Knit

3/27: 42, Dominoes

To join or for more information, please call: Mary Pringle (760)265-5035 or email at: pringlem@msn. com. Visit the website: www.bellcountynewcomers.com.

CAC announces 2025 concert lineups

Here's a look at the 2025 Texas Music Series:

THE TEXAS TENORS — March 30

Emmy award-winning classical crossover, the trio was formed in 2009 by country singer JC Fisher, pop singer Marcus Collins and opera singer John Hagen They were a top four finalist in the fourth season of America's Got Talent, making them the highest-ranking vocal group in the show's history. SHAWN COLVIN — May 16

In the 30 years since the release of her debut album, Colvin has won three Grammy Awards, released 13 albums, written a critically-acclaimed memoir, maintained a non-stop national and international touring schedule, appeared on countless TV and radio shows, had her songs featured in major movies, and created a remarkable canon

RUTHIE FOSTER JAZZ BAND — July 12

With five Grammy nominations to her name, Ruthie Foster stands as a testament to the power of authenticity and resilience in music. Her soulful melodies, heartfelt lyrics and an unwavering commitment to her art inspire audiences and fellow musicians as she continues to carve a path uniquely her own.

AN CLIBURN FINALIST CLAYTON STEPHENSON — Oct. 18

American pianist Clayton Stephenson's love for music is immediately apparent in his joyous charisma onstage, expressive power and natural ease at the instrument

ASLEEP AT THE WHEEL - Nov. 8

Founded in 1970, Asleep at the Wheel has been part of the American roots music landscape for more than 50 years.

Shinyribs, a regular visitor to the CAC, defies genres as a melting pot of Texas blues, New Orleans funk, horn-driven Memphis soul, country twang, border music, big band swing and roots-rock. The 2025 CTOS Classic Music Series includes four big

The Cultural Activities Center in Temple has announced lineups for its two premier music series, and visiting bands will include Los Lonely Boys, Asleep at the Wheel and the wildly popular Shinyribs. 2025 will usher in new music in both the Texas Music Series and the Central Texas Orchestral Society's Classical Music Series. Some old friends will be making return engagements in Temple, and many new performers also will be playing the CAC stage. For more information, please visit https://www.cacarts.org/events. Be on the lookout for the full 2025 Texas Music Series lineup in next weeks edition of the newspaper. The Bell County Master Gardener Association is hosting a FREE hands-on workshop bringing nature closer to home, Saturday March 8th, 9:00 AM to 4 PM, at the AgriLife Extension Office, 1605 N. Main St., Belton. Join us to create Slam the Scam Throughout the year, we give you the tools to recognize scams and stop scammers from gardless of space size. This workshop will walk you through the entire processground prep, planting, and care. You'll receive expert guidance and resources to help create your own Pocket Prairie at home. Open to all community Members! Bring your gloves, hat, water and clothes to get dirty. Don't miss out on this exciting class. Class Limit: 25. Please Register at bcmgaspeakers@gmail.com SAVE THE DATE! BCMGA Annual Plant Sale Fundraiser, Saturday March 15th, 8:00 AM to 1:00 PM or until sold out at the Cadence Bank Center (formerly the EXPO Center), 301 W. Loop 121, Belton. Whether you are a novice gardener or a seasoned one we will have vegetables, Herbs, Native-Drought Tolerant plants for your garden. Follow us on our Website and/or FaceBook page for pant highlight. Come Early!

The Bell County Master Gardener Association is hosting a free monthly seminar "Container and Raised Bed Care and Maintenance" on Thursday, March 20th, from 6:00PM to 7:30PM at the Texas Agrilife Extension Office, BCMGA Learning Center, 1605 N. Main St., Belton. Certified Master Gardener, Lenny West will discuss how best to grow and maintain container gardens and how they can help feed those in food deserts. Class Limit: 50. Please Register at bcmgaspeakers@gmail.com

The Grace Gallery cordially invites you to attend the opening of their new exhibit Professional Artists of Central Texas on Thursday, March 6 from 5-7 p.m. Located behind Main Street Bridal in Belton, the address is 108 West Central Avenue. Parking will be available behind the building.

SAVE THE DATE! Are you looking for Veggies, Herbs, Native-Drought Tolerant plants for your garden this spring and want to support our local Bell County Master Gardeners Association? If you answer yes, you will not want to miss our annual fundraising plant sale at Cadence Bank Center (EXPO Center), 301 W Loop 121, Belton, TX. Check out our website and FaceBook page in the weeks to come for plant highlights.

Rare of Breed The Redemption Tour at Schoepf's BBQ Rare of Breed: The Redemption Tour Pt. 2 is coming to Belton on Saturday, March 22 from 6-10 p.m. at Schoepf's BBQ. Rare of Breed brings his message of hope, redemption, and faith to the stage. Special guests Joe Nester and Just Nate Musik will also perform, making this a night filled with powerful performances and uplifting

Team Poss"Abilities" presents the Central Texas Poss"Abilities" Job Fair for high school & college students, including young adults with disabilities. They're inviting employers, job training programs, and vendors to participate in the 6th Annual Area Poss" Abilities" Job Fair on Friday, March 28 from 9 a.m. to 1 p.m. for high school students and 1 p.m. to 3 p.m. for college students and young adults. It will be held at the Bawcom Student Union Center located at University of Mary-Hardin Baylor. Lunch will be provided. For any general/registration questions, contact: Cheryl Nelson at 254-913-4193.

Ladies Auxiliary M.P.R.V.F.D. presents Roses for Hoses on Saturday, April 12 at 8:30 a.m. at the Oakmont Park in Morgans Point Resort. A 5K run and walk, part of the Centex race series formerly known as Cops Vs. Robbers. Dress in costume or come as you are. The event supports the fire department and community outreach projects.

Aspen Hospice and Palliative Care Volunteers Needed Listed here are many ways you can help make a difference for our hospice patients. You can provide companionship, listen to music, read, reminisce, play games, cards, checkers, paint nails, apply makeup, curl hair or take them on walks. Please visit aspenhealthcare.net or call 512-856-5668 for more information.

Young's Daughters Funeral Home Dementia/Alzheimer's Caregiver Sup**port Group** occurs weekly on Fridays from 6-7 p.m. This group allows your loved ones to join. Loved ones will be doing activities while the group of caregivers are joining together to better understand and learn tips and tricks for daily life. Young's Daughters Funeral and Bereavement Center is located at 4235 East Hwy 190 in Temple.

Bell County Historical Commission holds their meetings on the fourth Monday of every month at 6 p.m. in the historical Bell County Court House, 101 E. Central Ave in Belton. Join us in our vision of preserving and promoting Bell County's rich historical heritage for current and future generations. We are dedicated to initiating and conducting programs that preserve and celebrate the county's historic cultural resources in alignment with state laws governing historical preservation in Texas. Our community resources consist of a research room, book repository, cemetery information, historical markers and monument records. Our services include information on historic preservation, educational programming, history community outreach and partnerships. We welcome you to come join other history minded folks and get involved by serving on one of our committees that consist of preservation, cemetery, markers and education. To volunteer or

for more information please visit historical commission@bellcounty.texas.gov, call 254-933-5917 or go by their office located in the historic Bell County Courthouse, 101 E. Central Ave., RM 117. Pistons on the Creek will meet every third Friday from 5:30 p.m. to 11 p.m. Come down to Nolan Creek and show off your rides. From classic to modern, muscle, rat rod, exotic, all automotive enthusiasts are welcome. Support our awesome downtown businesses and restaurants surrounded by live music, food, drinks and a great atmosphere.

Bell Fine Arts Visitors welcome Wednesday's from 9 a.m. to 2 p.m. at 306 E th Ave in Belton. Majong games are available every Monday from 1 p.m. to 4 p.m. Come join the fun and meet new folks. For more information text Jeanne at 409-313-0611.

Local chapter of the Crochet Guild of America meets from 10 a.m. to 12 p.m. on Wednesdays at the Lena Armstrong Public Library, 301 E. First St., in Belton. The group is open to anyone interested in crochet. All skill levels are welcome. For information email Betty Reichert at bettyreichert@yahoo.com or Kathy Bement at katshookand needle@gmail.com. Anyone interested in joining the local chapter of the Crochet Guild of America will also need to join the National Crochet Guild of America. Visit www.crochet.org for details.

Bell County Texas Democratic Women holds their monthly meeting on the third Saturday of each month at 10 a.m. in the Belton AgriLife Center, 1605 N Main in Belton. Join us to hear from local and state candidates and about important issues and events. This is open to the public. Leadership Belton is an excellent source for learning leadership skills. This 10-month program focuses on three key elements: community awareness training, leadership training, and team building. Do you have someone ready to take the next step to become a leader? If so, Leadership Belton is here to make that difference. For more information on how to participate, contact the chamber at 254-939-3551 or e-mail at info@beltonchamber.com.

Engage & Empower with BISD Belton ISD believes the learning experiences of our students are enhanced through the engagement of our community. We invite parents and community members to get involved in our schools. Register as a volunteer with our new volunteer and partnership system at the following link: https://beltonisd.ezcommunicator.net/edu/beltonisd/login_form.

Temple-Belton Ladies Lion Club Meeting Second and Fourth Monday of every month at 6:30 pm at the Belton V.F.W., 2311 S. Pearl St.

Community Information

TAKE ME HOME PROGRAM The Belton Police Department is adopting the Take Me Home Program, aimed at helping individuals who need special assistance to return safely home after getting lost. The program is a database with photos and personal information to help police officers find someone who is lost or wandered away from home. Take Me Home is designed for individuals who may need additional aid including those with Dementia, Autism or specific mental health needs. It's free to register someone and the data is kept confidential to first responders. You can sign up a loved one here: www.beltontexas.gov/takemehome. Read more about the program here: https://www.beltontexas.gov/news_detail_T11_R1166.php.

Dial 988 for Mental Health Emergencies To help those contemplating suicide, press option 1 for assistance with military/veteran population.

Text-to-911 for speech/ hearing impaired, those unable to call or speak due to home invasion, abduction or domestic violence or physically incapable. Providing location, city name and nature of the emergency in the first message is imperative. For further education on this service, don't hesitate to call 254-933-5500.

Citizens Helping in Police Service (CHIPS)

e extra eyes and ears while in areas where large groups may gather. Contact the Belton Police Dept. to join.

Belton Citizens Police Academy meets Thursday nights to enhance police and community partnerships. Apply online to be a part of this exciting program.

a Pocket Prairie where you'll learn how to design and install a Pocket Prairie, re- stealing your money and personal information. Share the information with your loved ones & Slam the Scam!

Dementia/Alzheimers Support Group- Young's Daughters Funeral Home & Bereavement Center, 4235 E. US HWY 190 in Temple. Fridays from 6 p.m. to 8 p.m., Join us for activities while caregivers discuss and help each other during this difficult time. Call Sabrina at 254-401-1302



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Agape Christian Center 321 N. Penelope ~ 254.939.WORD **Anchor of Hope Fellowship** 5700 F.M. 439 ~ 254.721.6514 **Belton Christian Church** 9425 W FM ~ 436 254.939.1172 **Belton Church of Christ** 3003 N. Main ~ 254.939.1816 **Belton Church of God in Christ** 1122 W. 2nd Ave. ~ 254.939.1697 **Belton First Assembly of God** 500 S. IH-35 ~ 254.933.2803 **Belton Lighthouse** 1001 NE Loop 121 ~ 254.654.7278 **Belton Nazarene Church** 1701 Sparta Rd ~ 254.939.3404 Bethel A.M.E. Church 401 S. Davis St. ~ 254.939.6090 **Central Texas Cathedral Worship Center** 700 S. Main Street ~ 254.831.3064 **Christ Bible Baptist Church** 1590 Jack Rabbit Rd ~ 254.939.9247 **Christ the King Catholic Church** 310 E. 24th Ave. ~ 254.939.0806 **Christian Tabernacle Apostolic UPC** 1010 S. Wall St. ~ 254.939.3464 **Cornerstone Community Church** 5081 Dog Ridge Rd ~ 254.721.8250 **Crossroads Church** 500 South I-35 ~ 254.939.2122 **Dominion Life Chapel** 105 Green Briar St. ~ 254.563.0472 **Elm Grove Baptist Church** 6388 Elm Grove Rd. ~ 254.933.8127 **Family Gospel Church** 2210 Holland Rd. $\sim 254.721.0707$ **Fellowship Baptist Church** 2025 Morgan's Point Rd ~ 254.780.2388 First Baptist Church Belton 506 N. Main St. ~ 254.933.3391 **First Christian Church of Belton** 306 E. 5th Fccbelton.com First Mexican Baptist Church 703 S. Wall St. ~ 254.939.6900

Freedom Bible Fellowship 308 W. Ave. D ~ 254.933.3310 **Holy Temple of Our Lord Jesus** Christ of the Apostolic Faith, Inc. 519 S. Pearl St. ~ 254.613.4591 **Hope Community Church** 507 Mitchell St. ~ 254.933.8222 **Hope Tabernacle** 202 E. 1st Ave. ~ 254.933.8222 Iglesia de Cristo 3303 N. Main ~ 254.939.6910 **Immanuel Prince of Peace Lutheran Church** 1215 S. Wall St. ~ 254.939.0824 **Kevs Valley Baptist Church** 4393 W. US Hwy. 190 ~ 254.939.1650 **Lakeview Baptist Church** 7717 N Hwy. 317 ~ 254.780.1884 **Liberty Church** 302 E. Central Ave. ~ 254.933.7107 **Liberty in Christ Church** 2520 N. Main ~ 254.939.3337 Miller Heights Baptist Church 1400 S. Wall St. ~ 254.939.1835 Ministerios Vida 2020 S. IH-35 ~ 254.624.8015 Mt. Zion United Methodist Church 218 Alexander St. ~ 254.939.5621 **New Life Fellowship** 706 E. 4th. ~ 254.939.8011 **Nolan Valley Baptist Church** 13206 W. FM 93~ 254.721.5998 Pentecostal Church of Jesus Christ

505 E. Ave C. www.RRBC1689.com **Temple Vision de lo Alto** 4357 Orchard Hill ~ 254.563.1231 **Trinity Full Gospel** 810 East 2nd Ave. ~ 254.939.7673 **Unitarian Universalist Fellowship** 1726 Morgan's Point Rd. ~ 254.778.8034 **TEMPLE** 1st Christian Church of Temple

117 N. Birdwell St. ~ 254.939.0822

Redeemer Reformed Baptist

300 N 5th St ~ (254) 773-9061 **Christ Episcopal Church** and School 300 N. Main St. ~ 254.773.1657 **Christian Life Church** 4343 West FM 93 ~ 254.939.2626 **Covenant Lutheran Church** 4202 Hickory Rd. ~ 254.733.7718

First Baptist Church

8015 West Adams Ave. ~ 254.773.6866

First Methodist Church GMC 102 N. 2nd Temple. TX

~254.773.7992

First Presbyterian Church Temple

12 West French ~ 254.773.3407

Foundation Church

10701 W. Adams ~ 254.780.9673 **Grace Baptist Church**

740 Jayline Drive ~ 254.773.1401 **Grace Comm. Primitive Baptist**

3111 N. 3rd St ~ 254.774.8192 **Grace Presbyterian Church**

 $2401~S~57th \sim 254.773.2134$

Harvest Church

2501 General Bruce Dr. ~

254.780.3566

Immanuel Lutheran Church 2109 W. Ave H ~ 254.773.3898 **Leon Valley Church of Christ**

4404 Twin City Blvd. ~ 254.939.0682 **New Hope Church of God**

2005 W. Ave D., Suite D. ~ 254.742.2181

St. Francis Episcopal & School 5001 Hickory ~ 254.733.4255 St. Luke's Catholic Church 2807 Oakdale Dr. ~ 254.773.1561 St. Mary's Catholic Church 1018 S 7th St. ~ 254.773.4541 **Taylors Valley Baptist Church**

2497 W. FM 93 ~ 254.939.0503 **Temple Bible Church** 3205 Oakview Drive ~ 254.778.3233

First Church of the Nazarene 5000 S. 31st ~ 254.773.3744 The Redeemed Christian Church of

God Salvation Center 405 Van Dyke Drive, Suite 403A ~

469-348-1475 **Unity Church of Temple**

318 N. 2nd ~ 254.770.0070 **Vineyard Christian Fellowship** 7425 W Adams Ave. ~ 254.778.2802 Vista Community Church

7051 Stonehollow Dr. Sundays 8:30, 10, 11:30 a.m., 5 p.m.

www.thevista.tv $\sim 254.774.7992$ **Wildwood Baptist Church**

5195 Cedar Creek Rd. ~ 254.773.3177

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First Presbyterian Church of Belton

2500 Church Street ~ 254.939.2115

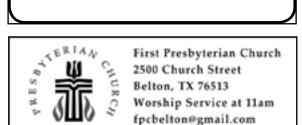
Free Pentecostal Church of Jesus

First United Methodist Church

205 E. 3rd Ave. ~ 254.939.5703

1111 Cacti Lane ~ 254.933.8201





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PRAYER







Prepare for a transformative Lenten season with "Journey to Grace: Reflections for Lent," the latest publication from New Life Methodist Church of Salado, authored by New Life Methodist's pastor, Tom Lathen. Join Pastor Tom as he guides you through a 40-day spiritual journey leading up to Easter, reflecting on the life, teachings, and sacrifice of Jesus Christ. Each day features a carefully selected scripture quote and a thought-provoking devotional that echoes the Lenten themes of repentance, reflection, and renewal through Jesus Christ. "The book is designed for daily devotionals during the Lenten season, with each day highlighting a scripture and offering a meaningful reflection," shares Pastor Tom. "It's a resource to help deepen your spiritual journey

as we prepare our hearts for Easter." Adding a personal touch to this publication, the cover artwork is an original design by New Life Methodist teen member, Justice Fettig, a talented student at Belton High School. The book layout and design were crafted by Lay Leader, John C. Perry of Salado. The book is now available in limited quantities and is being offered as a service to the Salado community at no cost. You can pick up your copy by attending a Sunday morning worship service at New Life Methodist Church, currently meeting at the Salado Middle School each Sunday at 10:00 AM, with Bible Study at 9:00 AM. Don't miss this opportunity to enrich your Lenten experience with "Journey to Grace: Reflections for Lent."

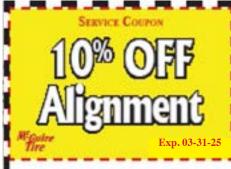
Drive-Thru Ashes Kick Off Lenten Season

Get ready to embark on a spiritual journey this Lenten season with New Life Methodist Church Salado's unique drive-thru imposition of ashes on Ash Wednesday, March 5th. Start your day with a sacred touch of tradition as you prepare your hearts and minds for the celebration of Easter. "Our drive-thru tradition began in 2023 due to the absence of our permanent sanctuary," shared Pastor Tom Lathen. "Now, even as we plan our new church building on Williams Road, it's wonderful to keep this meaningful practice alive." Mark your calendars, March 5th! Drive-thru ashes will be available from 7:00-9:00 AM in the parking area next to the Salado Museum, and from 4:00-7:00 PM near the church property along Williams Road, close to Salado Middle School. The church continues to hold Sunday services at Salado

Middle School, a location that has graciously accommodated their growing congregation. "Our congregation has flourished at the Middle School, where we gather for Adult Education and Worship every Sunday morning," noted Lay Leader John Perry. The Lenten season doesn't stop there. Join us for the 3rd annual Stations of the Cross, a moving crosswalk through downtown Salado, taking place on Good Friday, April 18th. Experience Good Friday services at 6:00 PM inside the Salado Museum. The pinnacle of our journey, Easter Sunday, will be celebrated on April 20th at 10:00 AM at the Middle School. Everyone is welcome to join this joyous occasion!

Seek and Find Find and circle the 10%'s in this week's paper. Bring your circlede's to our office and win 4 FREE movie passes to Grand Avenue Theaters or The Beltonian Theater. Your Choice!







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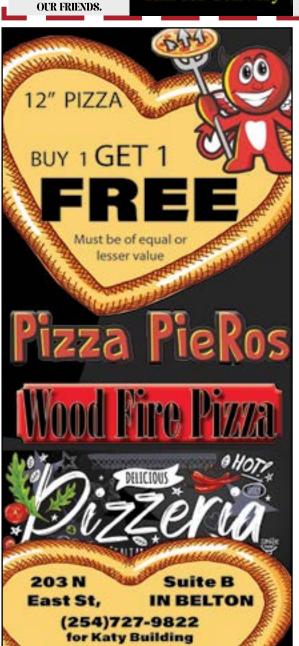
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True or false? There is no perfect diet for everyone.

pepeeu eq Answer: True; experimentation may



Fill in the missing blocks with numbers between 0-20. The numbers in each row add up to the totals on the right. The numbers in each column add up to the totals on the bottom.

10	8		33
	11	9	22
6		5	15
18	23	29	

s t 9 ш 7 21 8 Of

Solution

Get Scrambled

Unscramble the words to determine the phrase.

EHLTYHA LMSAE

Answer: Healthy meals



by processing

THIS

HISTORY

1910: French aviator Raymonde de Laroche becomes the first woman to receive a pilot's

1936: Daytona Beach and Road Course holds its first oval stock car race. 1979: The compact

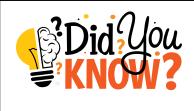
disc is demonstrated

for the first time.

license.



English: Protein Spanish: Proteína **Italian:** Proteine French: Protéine **German:** Eiweiß



A combination of various foods, with a good deal of vegetables and fruits, is part of a healthy and balanced



Can you guess what the bigger picture is? Answer: Smoothie