MMEIP Resource Links

Hotlines



Hope For Wellness Helpline (English, French, Cree, Ojibway, & Inuktitut) (24/7)

- 1-855-242-3310, https://www.hopeforwellness.ca/

Family Violence Info Line (24/7)

- 310-1818 (call & text), https://www.alberta.ca/family-violence

AHS Addiction Helpline (24/7)

- 1-866-332-2322
- https://www.albertahealthservices.ca/findhealth/Service.aspx?id=1008399&serviceAtFacilityID=1047128#contentStart

Suicide Crisis Helpline (24/7)

- 9-8-8, https://988.ca/

MMIWG2S+ Crisis Line (24/7)

- 1-844-413-6649
- https://www.mmeip.ca/resources/missing-and-murdered-indigenous-women-and-girls-crisis-line

Sexual Trauma Support Line (24/7)

- 1-780-791-6708
- https://www.waypointswb.ca/stss

Canadian Human Trafficking Line (English, French, & 200 additional languages including 27 Indigenous languages) (24/7)

- 1-833-900-1010
- https://canadianhumantraffickinghotline.ca/

Alberta Health Services Mental Health Line (24/7)

- 1-877-303-2642
- https://myhealth.alberta.ca/suicide/helplines-and-distress-lines

Indigenous Support Line (available Monday-Friday, 10:00-6:00)

- 1-844-944-4744; calls are answered by Indigenous listeners who provide culturally safe, patient- and family-centred care
- https://www.primarycarealberta.ca/page14185.aspx

Canadian Mental health Association Distress Line (24/7)

- 780-482-4357
- Services provided include Crisis intervention, suicide prevention, emotional support, family violence prevention, and emergency intervention & response

Victim Supports & Justice Resources

Native Counselling Services of Alberta- Indigenous Courtwork Program

- +1 (403) 237-7850 (Office & Courtworker Phone, Calgary)
- https://www.ncsa.ca/programs/indigenous-courtwork-program

MMEIP- Navigating Missing Person & Homicide Investigation Processes in Alberta

- A guide for families, https://www.mmeip.ca/resources/navigating-missing-persons

Navigating Missing Persons & Homicide Investigation Processes in Alberta: A Family Guide

- A downloadable booklet with information on what to do if your loved one is missing, how to report, what you and others can do to help find them, and other important details regarding the process.

- https://shop.bearpawlegalresources.ca/collections/missing-and-murdered-indigenous-people/products/navigating-missing-persons-and-homicide-investigation-processes-in-alberta-a-family-guide

Victims of Crime- Staying Informed

- To find out how to register, call: 1-866-806-2275 (Correctional Service of Canada) & 1-866-789-4636 (Parole Board of Canada)
- https://www.publicsafety.gc.ca/cnt/rsrcs/pblctns/vctms-crm-styng-nfrmd/_fls/vctms-crm-styng-nfrmd-eng.pdf

Alberta Family Information Liaison Unit- 403-592-3238 (South Region)

- One-stop information service for families of missing and murdered Indigenous Peoples, providing legal and justice information, connections to counselling and Elders, and updates on investigations and court proceedings
- https://www.alberta.ca/family-information-liaison-unit

Victim Assistance Support Services- Calgary Police (1-888-327-7828, toll-free Call Centre line)

- Mon-Thurs 8:00-9:00, Friday 8:00-4:00, offers court information and updates, emotional support, and referrals to resources in the area for counselling, bereavement, and other appropriate support services
- https://www.calgarypolice.ca/about-us/our-people/victim-assistance-support-team.html

Mental Health & Support Resources

MMIWG- Manitoba Keewatinowi Okimakanak Inc.

- 1-844-413-6649 (Crisis Call Line)
- 1-800-750-7566 (MMIWG Intake Coordinator for further support)
- https://mmiwgwellnesstools.ca/
- Website provides wellness resources for those who have been impacted by MMEIP

Healing In Colour

- Directory of therapists to help people of colour find a therapist who hold the same background identity (Indigenous Peoples can search for a therapist that is of the same Indigenous identity as them)

Solace Grief Support Society

- Provides individual, family, and group counselling services to those struggling with grief and the loss of a loved one free of charge (services available in person and virtual)
- 403-601-3312, solacegrief1@gmail.com
- https://www.solacegriefsupport.com/programs-services/#group

Aboriginal Counselling Services of Alberta- (780-448-0379)

- Provides one-on-one counselling sessions (in-person and virtual) that use culturally grounded approaches that incorporate traditional practices, ceremonies, and teachings when desired by the client
- Cost is covered through NIHB for First Nations and Inuit clients with Treaty Status
- https://www.aboriginalcounseling.com/supportive-counseling

Indigenous Psychological Services- 587-594-9855

- Offers holistic healing for Indigenous Peoples through individual, family, play, and youth therapy, as well as healing circles for families that are guided by an Elder or facilitator
- Those with Treaty status may be eligible for coverage up to 20 sessions per year
- https://indigenouspsychologicalservices.com/

MMEIP Media Resources

Through the Storm: Finding Support for Families of Missing and Murdered Indigenous Peoples

- https://www.youtube.com/watch?v=hsAiXa0FS3s
- Awareness video that explores the journey Indigenous families and advocates go through when seeking justice for their loved ones; features family members, advocates such as Stephanie Harpe, and explores crucial topics surrounding MMEIP and the National Inquiry
- Discusses the disinclusion of murdered and missing Indigenous men and boys and how we can propose plans to ensure the response to MMEIP includes victims of all genders
- Highlights how Indigenous Peoples of different gender identities, sexualities, ages. Race, and ability face different experiences of oppression, marginalization, and how the process of seeking justice turns out

If I Go Missing, By Brianna Jonnie, Nahanni Shingoose, & Neal Shannacappo

- Graphic Novel for teens and young adults that combines fiction and non-fiction, serving as a window into one of the dangers of being an Indigenous teen in Canada today
- The novel shares a story of a young Indigenous woman who goes missing, and the reactions of her friends, community, the police, and the media

Missing Nimâmâ, By Melanie Florence and Illustrated by François Thisdale

- A children's book (ages 8-12) that shares a story of a mother-daughter connection that persists through tragedy across time, with the inclusion of Cree language
- Follows a young Cree girl who grew up in the care of her grandmother, as she reaches important milestones such as her first day of school to watching her first child grow up, Kateri's mother is missing but not gone, watching her child grow up without her, sharing both perspectives of Kateri and her mother
- A beautiful and emotional story that provides simple, age-appropriate context for children
- https://www.scholastic.ca/our-books/book/missing-nimm-9781039708181
- https://www.bing.com/videos/riverview/relatedvideo?q=misssing+nimama&&mid=E360633B7C38E022940CE360633B7C38E022940C&churl=https%3a%2f%2fwww.youtube.com%2fchannel%2fUC3Og3_nnWlxtetA3R5L1tsQ&FORM=VRDGAR (Video/Audio Reading)

Tess's Red Dress: Honoring Love & Family, By Carolyn Roberts & Kelsey Mata Foote

- A children's book (6-9) that uses age-appropriate and empathetic language to introduce young children to Red Dress Day and the importance of remembering the missing and murdered Indigenous women, girls, and 2-Spirit People.
- Provides resources to support parents through this important and difficult conversation
- Follows the story of a young girl named Tess, her mother, and her auntie who is missing, as Tess prepares for Red Dress Day, her parents show her how to honor her auntie by wearing a red dress and keeping her stories and memories alive

Into The Light- Human Trafficking in Indigenous Communities in Alberta

- Designed to spread awareness about trafficking in Indigenous communities and ways we can stop it; Includes the voices of Indigenous advocates, Elders, anti-trafficking workers, and detectives
- Discusses the ways traffickers target, manipulate, and groom vulnerable people
- Highlights those who are vulnerable and at risk of trafficking, such as young people, children in foster care and group homes (12-18)
- https://shop.bearpawlegalresources.ca/collections/missing-and-murdered-indigenous-people/products/into-the-light

MMEIP Government Benefits

Jordan's Principle

- 1-855-572-4453 (Jordan's Principle Call Centre) (24/7)
- Helps provide unmet needs for First Nations children living on reserve, including mental health and addiction supports, appointment transportation, and education related needs (tutoring, assessments/screenings for educational needs, etc)
- https://sac-isc.gc.ca/eng/1568396296543/1582657596387

Canadian Benefits for Parents of Young Victims of Crime

- 1-800-622-6232
- For parents/legal guardians who consider to/ have taken time away from work and suffered a loss of income to cope with the disappearance/death of your child
- For the loss of a child who is 25 or younger

- https://www.canada.ca/en/employment-social-development/services/parents-young-victims-crime.html

MMEIP Cultural/Spiritual Resources

Elizabeth Fry Society of Calgary- Indigenous Cultural Supports, (1-877-398-3656, toll-free line)

- Provides those wanting to reconnect with culture and begin their healing journey access to Elders and Knowledge Holders, Ceremonies, cultural activities, and language lessons
- https://elizabethfrycalgary.ca/programs/indigenous-cultural-supports/

Spiritual Care- Alberta Health Services

- Provides spiritual and emotional support to individuals and families in the hospital, including grief counselling, ceremonies, prayer, connecting people to their spiritual community, and safe spaces set aside for private prayer and services

Niitoiyis Family Support Society- Family Wellness Centre (403-531-1880 Ext: 100)

- Provides programs to families that nurture family wellness and child-parent relationships, and cultural services such as access to Elders, healing circles, traditional teachings and Ceremonies, and cultural supports
- https://www.niitoiyis.com/family-wellness-centre