

# UNITED FOR FAMILIES FALL FOOD DRIVE



Imagine a community where every family has enough to eat. Many of our neighbors are experiencing food insecurity, but together, we can change that. By donating food today, you can help bring hope and nourishment to local families.

For our Fall Food Drive, United Way of the Piedmont collaborates with The Bridge at Green Street and TOTAL Ministries to offer meals to families in need. Join us in this opportunity to give back by purchasing a complete list of groceries.

## HOW TO PARTICIPATE

**GO SHOPPING** Shop for the needed items and gather donations. Participating community members should email [mhuman@uwpiedmont.org](mailto:mhuman@uwpiedmont.org) for empty food boxes.

**DONATE ONLINE** Using our online shopping tool, Roonga, to start a team collection drive. The last day to purchase online items is November 6.



## IMPORTANT DATES

**By Oct. 8**  
Email United Way how many boxes you need!

**Oct. 9**  
Pick up empty donation boxes

**Oct. 13 - Nov. 14**  
Collect grocery items with your team

**Nov. 18 or 19**  
Drop-Off Day - United Way staff will let you know your site!



## GROCERY LIST

**1 box = full list of items = 1 family**

- ☐ 1 - 8 oz+ Box of Cereal
- ☐ 1 - Box (8-10 packs) Instant Oatmeal or Grits
- ☐ 1 - Box of Pop Tarts or Nutri-Grain Bars
- ☐ 1 - 13.75 oz Box Instant Potatoes
- ☐ 2 - 19 oz Canned Chunky Soups
- ☐ 2 - 14 oz Canned Vegetables
- ☐ 2 - 15 oz Canned Fruits
- ☐ 1 - 16 oz Box Pasta
- ☐ 1 - 24 oz Pasta Sauce
- ☐ 1 - 5 lb Bag of Rice
- ☐ 1 - 12 oz Canned Meat (tuna, chicken, spam, etc.)
- ☐ 1 - 20 oz Box Bisquick Mix
- ☐ 1 - 7.25 oz Box Macaroni and Cheese
- ☐ 1 - 18 oz Box Brownie Mix