At United Way of the Piedmont, we believe that everyone deserves the opportunity to thrive. We work everyday to strengthen access to healthcare, educational opportunity, and economic mobility in Spartanburg, Cherokee, and Union Counties of South Carolina.

This Resource Guide is supported by our Spartanburg Behavioral Health Task Force. The Task Force is a collaborative group of local experts focused on developing partnerships, securing funding streams, and implementing strategies to address the behavioral and mental health needs of Spartanburg County. This Guide compiles resources across Spartanburg, Cherokee, and Union Counties.

Learn more about our work and other resources at www.uwpiedmont.org.
If you or someone you know is struggling emotionally, is in crisis, or needs someone to talk to, please don’t hesitate to reach out for support.

<table>
<thead>
<tr>
<th>National Suicide Prevention Lifeline:</th>
<th>Dial: 988</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>For TTY Users: Use your preferred relay service or dial 711, then 988</td>
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</table>

<table>
<thead>
<tr>
<th>National Crisis Text Line:</th>
<th>Send a text to: 988</th>
</tr>
</thead>
<tbody>
<tr>
<td>National Crisis Chat:</td>
<td>988lifeline.org</td>
</tr>
<tr>
<td>CRISISline:</td>
<td>833-364-2274</td>
</tr>
<tr>
<td>Text Line:</td>
<td>Text &quot;CRISISline&quot; to 839863</td>
</tr>
<tr>
<td>Crisis Text Line:</td>
<td>Text HOME to 741741</td>
</tr>
<tr>
<td>Disaster Distress Helpline:</td>
<td>1-800-985-5990</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Deaf and Hard of Hearing Contact and Crisis Line:</th>
<th>(800) 647-2066, <a href="mailto:deafhotline@scdmh.org">deafhotline@scdmh.org</a> videophone (803) 339-3339</th>
</tr>
</thead>
<tbody>
<tr>
<td>Julie Valentine Center Crisis Hotline (Sexual Assault and Abuse Support):</td>
<td>(864) 331-0560</td>
</tr>
<tr>
<td>Love is Respect (Domestic Violence Support):</td>
<td>1-866-331-9474 or text &quot;loveis&quot; to 22522</td>
</tr>
<tr>
<td>Project R.E.S.T. (Formerly Safe Homes Rape-Crisis Coalition):</td>
<td>(800) 273-5066</td>
</tr>
<tr>
<td>SC 211</td>
<td>Call 211, Visit SC211.org, or download the app</td>
</tr>
<tr>
<td>Safe Harbor Domestic Violence Hotline:</td>
<td>(800) 291-2139</td>
</tr>
<tr>
<td>South Carolina Crisis Hotline:</td>
<td>(833) 364-2274</td>
</tr>
<tr>
<td>Spanish Language National Suicide Prevention Lifeline:</td>
<td>(888)-628-9454</td>
</tr>
<tr>
<td>Substance Abuse and Mental Health Services Administration National Helpline:</td>
<td>(800) 662-4357</td>
</tr>
<tr>
<td>Substance Abuse Helpline:</td>
<td>(855) 907-2953</td>
</tr>
<tr>
<td>TEENline Text Line:</td>
<td>864-77-TEENS (83367) Text &quot;TEENline&quot; to 988</td>
</tr>
<tr>
<td>Trevor Helpline (LGBTQ):</td>
<td>1-866-4u-TREVOR (488-7386) Text &quot;START&quot; to 678-678</td>
</tr>
<tr>
<td>Trans Lifeline:</td>
<td>1-877-565-8860</td>
</tr>
<tr>
<td>Veterans Crisis Line:</td>
<td>Dial 988, then Press 1 Send a text message to: 838255</td>
</tr>
</tbody>
</table>
SC 2-1-1 serves as a safety net for all individuals needing help finding assistance, by helping improve the effectiveness and coordination of health and human services across the state. The statewide program provides information about and referral to health and human service resources. The free and confidential service is available 24/7, 365 days per year.

Get Connected. Get Help.™

Greenville, SC Resources

If you need resources outside of the footprint of United Way of the Piedmont, we recommend the Community Resource Directory produced by the WellBeing Partnership of Greenville County at www.wbpgreenville.org/news-updates.
Table of Contents

Crisis Numbers ii
211 and Greenville Resources iii

Cherokee County

Cherokee County Commission on Alcohol and Drug Abuse 1
Cherokee Mental Health Center 1
Clear Skye Treatment Centers 1
Mental Health America - Cherokee County 1
Outside of the Box Therapy 2
ReGenesis Community Health Center 2
Project R.E.S.T. (formerly SAFE Homes/Rape Crisis) 2
SC Vocational Rehabilitation Department 2

Spartanburg County Rehabilitation 3

BHG Spartanburg Treatment Center 3
Celebrate Recovery / Hope Church 3
Faith Home Inc. Christian Rehabilitation for Alcoholics & Addicts 3
FAVOR Spartanburg 3
GoForth Recovery 4
Mel-Med 4
Palmetto Carolina Treatment Center, LLC 4
The Forrester Center for Behavioral Health 4
# Table of Contents

Spartanburg County Support Services 5
  Access Health Spartanburg 5
  Alzheimer’s Association 5
  Family Connection of SC 5
  Mental Health America—Spartanburg 5
  NAMI Spartanburg 5
  New Day Clubhouse 6
  ReGenesis Community Health Center 6
  SC Vocational Rehabilitation Department 6
  Upstate Warrior Solution 6

Spartanburg County Therapy 7
  Almost Perfect Counseling 7
  Anchoring Within, LLC 7
  Ashley Kemp Counseling, LLC 7
  BestMinds Pediatric and Adolescent Mental Health 7
  Be Well Counseling 7
  Boiling Springs First Baptist Church Counseling 8
  Candace D. Cathcart, LLC. - C&C Counseling Associates 8
  Dr. Caleb Loring 8
  Children's Advocacy Center of Spartanburg, Cherokee, & Union 8
<table>
<thead>
<tr>
<th>Table of Contents</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Denise Levereaux, MSW</td>
<td>8</td>
</tr>
<tr>
<td>Elena Mendez Counseling</td>
<td>9</td>
</tr>
<tr>
<td>EMERGE Family Therapy Center &amp; Teaching Clinic</td>
<td>9</td>
</tr>
<tr>
<td>Envision Counseling</td>
<td>9</td>
</tr>
<tr>
<td>Eubanks Peer Support Living Room</td>
<td>9</td>
</tr>
<tr>
<td>Full Circle Counseling</td>
<td>9</td>
</tr>
<tr>
<td>Gateway Children’s Mental Health Services</td>
<td>9</td>
</tr>
<tr>
<td>Ginger Church, LPC-I</td>
<td>10</td>
</tr>
<tr>
<td>Guiding Reins</td>
<td>10</td>
</tr>
<tr>
<td>H&amp;W Enterprises (Health and Wellness Outpatient Practice)</td>
<td>10</td>
</tr>
<tr>
<td>HALTER Therapeutic Riding Center</td>
<td>10</td>
</tr>
<tr>
<td>Hart to Heart Therapy</td>
<td>10</td>
</tr>
<tr>
<td>Healing Solutions, LLC</td>
<td>11</td>
</tr>
<tr>
<td>Hope Center For Children</td>
<td>11</td>
</tr>
<tr>
<td>In Step Counseling</td>
<td>11</td>
</tr>
<tr>
<td>Inner World Counseling</td>
<td>11</td>
</tr>
<tr>
<td>Janet Barnes McConnell Counseling</td>
<td>11</td>
</tr>
<tr>
<td>Jessica Loving Counseling, LLC</td>
<td>11</td>
</tr>
<tr>
<td>JM Skinner-Johnson, LISW-CP</td>
<td>11</td>
</tr>
<tr>
<td>JoAnn Smith, MDiv, LMFT, LPC</td>
<td>12</td>
</tr>
<tr>
<td>Kim Minnick, LISW-CP, MAC</td>
<td>12</td>
</tr>
<tr>
<td>Life Changing Solutions Group, LLC</td>
<td>12</td>
</tr>
<tr>
<td>Living Stones Family Services</td>
<td>12</td>
</tr>
</tbody>
</table>
# Table of Contents

<table>
<thead>
<tr>
<th>Service Provider</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lori Ivey, LPC</td>
<td>12</td>
</tr>
<tr>
<td>Magnolia Counseling Associates</td>
<td>13</td>
</tr>
<tr>
<td>Medical Group of the Carolinas - Psychiatry</td>
<td>13</td>
</tr>
<tr>
<td>Middle Tyger Community Center</td>
<td>13</td>
</tr>
<tr>
<td>Modern Wellness Family Counseling</td>
<td>13</td>
</tr>
<tr>
<td>Monique Watson, LPC, NBCC, MAC, CACII</td>
<td>13</td>
</tr>
<tr>
<td>New Beginnings Counseling Services</td>
<td>14</td>
</tr>
<tr>
<td>New Day Clubhouse</td>
<td>14</td>
</tr>
<tr>
<td>New Horizons Counseling</td>
<td>14</td>
</tr>
<tr>
<td>North Grove Counseling Associates</td>
<td>14</td>
</tr>
<tr>
<td>Palmetto Counseling and Play Therapy</td>
<td>14</td>
</tr>
<tr>
<td>Piedmont Care, Inc.</td>
<td>14</td>
</tr>
<tr>
<td>Project Hope</td>
<td>15</td>
</tr>
<tr>
<td>Project R.E.S.T. (Formerly Safe Homes/Rape Crisis)</td>
<td>15</td>
</tr>
<tr>
<td>Recreating Positive Living, LLC</td>
<td>15</td>
</tr>
<tr>
<td>Rooted Wings, LLC</td>
<td>15</td>
</tr>
<tr>
<td>River Rock Therapy</td>
<td>16</td>
</tr>
<tr>
<td>Ruth C. Compton, MEd, LPC</td>
<td>16</td>
</tr>
<tr>
<td>St. Luke's Free Medical Clinic</td>
<td>16</td>
</tr>
<tr>
<td>Skylyn Counseling</td>
<td>16</td>
</tr>
<tr>
<td>Spartanburg Area Mental Health</td>
<td>16</td>
</tr>
<tr>
<td>Susan Lea, LMFT, CAMS II</td>
<td>17</td>
</tr>
<tr>
<td>Turning Leaves For Children</td>
<td>17</td>
</tr>
<tr>
<td>Winzai Amadi Counseling Services</td>
<td>17</td>
</tr>
</tbody>
</table>
Table of Contents

Union County 18

Healthy U Behavioral Health Services 18

SC Vocational Rehabilitation Department 18

Union Mental Health Center 18

*Includes Child/Adolescent Services*
# Cherokee County

<table>
<thead>
<tr>
<th><strong>Clear Skye Treatment Centers</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Provides comprehensive treatment services to assist individuals dealing with opiate addictions.</td>
</tr>
<tr>
<td>104 Willis Street, Gaffney, SC 29341</td>
</tr>
<tr>
<td>Phone: (800) 792-9030</td>
</tr>
<tr>
<td>Web: clearskyetreatmentcenters.com</td>
</tr>
<tr>
<td>Services offered: Rehabilitation</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Cherokee County Commission on Alcohol and Drug Abuse</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Provides adult and adolescent counseling and support services for substance use/abuse.</td>
</tr>
<tr>
<td>201 West Montgomery Street, Gaffney, SC 29341</td>
</tr>
<tr>
<td>Phone: (864) 487-2721</td>
</tr>
<tr>
<td>Web: cherokeerecovery.com</td>
</tr>
<tr>
<td>Services offered: Rehabilitation</td>
</tr>
<tr>
<td>Payment: Accepts Medicaid</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Cherokee Mental Health Center</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Offers services to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.</td>
</tr>
<tr>
<td>125 East Robinson Street, Gaffney, SC 29340</td>
</tr>
<tr>
<td>Phone: (864) 487-2710</td>
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<tr>
<td>Web: sparmhc.org</td>
</tr>
<tr>
<td>Deaf/Hard of Hearing after-hours contact: <a href="mailto:deafhotline@scdmh.org">deafhotline@scdmh.org</a></td>
</tr>
<tr>
<td>Services offered: Therapy</td>
</tr>
<tr>
<td>Payment: Accepts Medicaid, offers a sliding scale</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Mental Health America-Cherokee County</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Provides advocacy and education about mental illness as well as customized training programs and some support services.</td>
</tr>
<tr>
<td>126 Foxfire Drive, Gaffney, SC 29340</td>
</tr>
<tr>
<td>Email: <a href="mailto:clifmartha@aol.com">clifmartha@aol.com</a></td>
</tr>
<tr>
<td>Services offered: Support</td>
</tr>
</tbody>
</table>
**Outside of the Box Therapy**  
Offers individuals and couples therapy for grief, trauma, or caregiver support. Provides parenting and anger management classes.  
206 West Meadow Street, Gaffney, SC 29341  
Phone: (864) 597-9493  
Web: outsideoftheboxtherapy.com  
Services offered: Therapy  
Payment: Accepts Medicaid, offers a sliding scale

**ReGenesis Community Health Center**  
Provides quality health care to the community. Offers diagnosis and treatment for depression, anxiety, schizophrenia, bipolar disorder, eating disorders, addiction, and more.  
1341 N. Limestone Street, Gaffney, SC 29340  
Phone: (864) 582-2411  
Web: myrhc.org  
Services offered: Support  
Payment: Accepts Medicaid, offers a sliding scale

**Project R.E.S.T. (formerly SAFE Homes/Rape Crisis)**  
Provides services to victims of sexual assault and domestic violence. Offers crisis counseling and individual and family psychotherapy.  
1612 North Limestone Street, Gaffney, SC 29341  
UW Cherokee Non-profit Partnership Center  
24-Hour Hotline: 1(864) 583-9803 or 1(800) 273-5066  
Web: shrcc.org  
Email: shrcc@aol.com  
Services offered: Therapy

**SC Vocational Rehabilitation Department**  
Prepares and assists individuals with disabilities for employment.  
364 Huntington Road, Gaffney, SC 29341  
Phone: 1(864) 489-3306, 1(864) 489-9954  
Web: scvrd.net  
Services offered: Support
<table>
<thead>
<tr>
<th>Establishment</th>
<th>Address</th>
<th>Phone</th>
<th>Email</th>
<th>Web</th>
</tr>
</thead>
<tbody>
<tr>
<td>BHG Spartanburg Treatment Center</td>
<td>239 Access Road, Spartanburg, SC 29303</td>
<td>(864) 503-0207</td>
<td></td>
<td>spartanburg.bhgrecovery.com</td>
</tr>
<tr>
<td>Celebrate Recovery / Hope Church</td>
<td>102 John Dodd Road, Spartanburg, SC 29303</td>
<td>(864) 497-4642</td>
<td><a href="mailto:lhillstock@yahoo.com">lhillstock@yahoo.com</a></td>
<td><a href="https://bit.ly/3j9ohBZ">https://bit.ly/3j9ohBZ</a></td>
</tr>
<tr>
<td>Faith Home Inc. Christian Rehabilitation for Alcoholics &amp; Addicts</td>
<td>Women’s Facility: 309 Washington Street, Abbeville, SC 29620</td>
<td>(864) 223-0694</td>
<td><a href="mailto:info@faithhomegwd.net">info@faithhomegwd.net</a></td>
<td>faithhomegwd.net</td>
</tr>
<tr>
<td></td>
<td>Men’s Facility: 144 Faith Home Road, Greenwood, SC 29649</td>
<td></td>
<td><a href="mailto:faithhomegwd@msn.com">faithhomegwd@msn.com</a></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Men’s Facility: 180 Battleground Road, Cowpens, SC 29330</td>
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<tr>
<td>FAVOR Spartanburg</td>
<td>Episcopal Church of the Advent</td>
<td>(864) 940-1136</td>
<td><a href="mailto:favor@favorupstate.org">favor@favorupstate.org</a></td>
<td>favorupstate.org</td>
</tr>
</tbody>
</table>
GoForth Recovery
Offers housing and a structured environment that allows alcoholics and addicts to recover.
P.O. Box 6560, Spartanburg, SC 29304
Email: info@goforthrecovery.com
Web: goforthrecovery.com

Mel-Med
Medication-assisted recovery for alcohol, opiates, and tobacco recovery.
Telemedicine available as well as trans-hormone maintenance, outpatient detox, and Vivitrol and Sublocade injections.
1451 East Main Street, Suite 2A, Spartanburg, SC 29307
Phone: (864) 586-3979
Email: fritschemd@Mel-Med.com
Web: mel-med.com
Payment: does not file insurance. Superbill provided for patient insurance filing.

Palmetto Carolina Treatment Center, LLC
Specializes in opiate addiction treatment through Medication-Assisted Treatment (MAT) and counseling.
325 Inglesby Parkway, Unit F, Duncan, SC 29334
Phone: (864) 527-1250
Web: carolinatreatmentcenters.com
Payment: accepts Medicaid and Medicare

The Forrester Center for Behavioral Health
Provides adult and adolescent counseling and support services for substance use/abuse.
First-come, first-serve with ID. No walk-ins. Outpatient basis.
129 Dillon Drive, Spartanburg, SC 20307
Phone: (864) 582-7588
Hours: Mon-Thurs. 8:30-2 p.m.
Web: theforrestercenter.org
Payment: accepts Medicaid, BCBS, and insurance that would pay for outpatient services and payment plans.
# Spartanburg County Support Services

## Access Health Spartanburg
Designed to be a link between the uninsured and local health professionals. Guides eligible clients to a medical home. Typical 48-hour wait for service.
501 Howard St., Suite B, Spartanburg, SC 29303
Phone: (864) 560-0190
Web: [accesshealthspartanburg.org](http://accesshealthspartanburg.org)
Payment: free to residents of Spartanburg, Cherokee, and Union Counties at or below 200% of the Federal Poverty Level

## Alzheimer’s Association
Provides advocacy, education, and support for people living with Alzheimer’s and all those impacted by Alzheimer’s including caregivers.
901 South Pine Street, Spartanburg, SC 29302
Phone: (864) 542-9998
Web: [www.alz.org/sc](http://www.alz.org/sc)

## Family Connection of SC
Family supports and trainings for families with a member that has a disability.
249 North Grove Medical Park Drive, Suite 200, Second floor, Spartanburg, SC 29303
Phone: 1-800-578-8750
Email: info@familyconnectionsc.org
Web: [familyconnectionsc.org](http://familyconnectionsc.org)

## Mental Health America—Spartanburg
Provides advocacy and education about mental illness as well as customized training programs and some support services.
Phone: (864) 345-0014
Email: info@mhaspartanburg.org
Web: [mhaspartanburg.org](http://mhaspartanburg.org)

## NAMI Spartanburg
Provides free education, support groups, and advocacy to people with a mental illness and their families.
Phone: (864) 406-8126
Email: office@namispartanburgsc.org
Web: [namispartanburgsc.org](http://namispartanburgsc.org)
New Day Clubhouse
Provides employment services, housing, and day program for individuals with persistent mental illness.
325 South Church Street, Spartanburg, SC 29306
Phone: (864) 582-5431
Web: newdayclubhouse.com
Payment: accepts Medicaid

ReGenesis Community Health Center
Provides quality health care to our community.
Administration / Medical Offices: 460 Langdon Street, Spartanburg, SC 29306
Phone: (864) 582-2411
Scheduling line: (864) 670-9415
Pediatrics/Teen Center & Pharmacy: 750 South Church Street, Spartanburg, SC 29306
Woodruff Office: 220 Irby Street, Woodruff, SC 29388
Web: myrhc.org
Payment: accepts Medicaid, Medicare, and offers affordable options based on need and income

SC Vocational Rehabilitation Department
Helps eligible South Carolinians with disabilities and maintain or help seek employment.
353 South Church Street, Spartanburg SC 29306
Phone: (864) 585-3693
Web: scvrd.net
Payment: Voc Rehab will help determine what coverage you may be eligible for

Upstate Warrior Solution
Serving Veterans, Military members, First Responders, and their Families in Upstate SC.
431 E. Kennedy St, Spartanburg, SC 29302
Phone: (864)-520-2073
Email: info@upstatewarriorsolution.org
Web: upstatewarriorsolution.org
Appointments required to be seen
Almost Perfect Counseling
Specializes in adolescents through adults, individuals, couples, families, anxiety, depression, life changes, anger management and substance misuse. Telehealth available.
1714 Boiling Springs Road, Boiling Springs, SC 29316
Phone: (864) 415-5068
Web: almostperfectcounseling.com
Email: almostperfectconsulting@gmail.com

Anchoring Within, LLC
200 Fernwood Drive, Lower Level, Spartanburg, SC 29307
Phone: (864) 663-2218
Email: anchoringwithin@gmail.com
Web: anchoringwithin.com

Ashley Kemp Counseling, LLC
Specializes in ages 18-65, depression, anxiety, trauma, CBT, DBT, and EMDR.
707 East Main Street, Spartanburg, SC 29302 - only virtual options available for care
Phone: (864) 345-7454
Email: atrkemp@gmail.com

BestMinds Pediatric and Adolescent Mental Health
Offers medication management, parent education, skills building, and psychosocial support. The provider works in collaboration with other care providers such as your primary care provider and therapist.
187 North Church Street, Ste 304, Spartanburg, SC 29306
Phone: (864) 415-8827
Email: charlottedavis@bestmindspeds.com
Web: bestmindspeds.com
Payment: accepts Medicaid

Be Well Counseling
Specializes in anxiety, depression, grief, and wellness
561 East Main Street, Spartanburg, SC 29302
Phone: (864) 266-4339
Web: bewellcounselingsc.com
Payment: sliding scale
**Boiling Springs First Baptist Church Counseling**
Offers individuals, couples, families, children, teenagers, and adults the opportunity to achieve their goals through the counseling process.
3600 Boiling Springs Road, Boiling Springs, SC 29316
Phone: (864) 699-3446
Email: kevin.cooksey@familybuilderscounseling.com
Web: bsfbccounseling.com
Payment: accepts Medicaid

**Candace D. Cathcart, LLC. - C&C Counseling Associates**
Specializes in adults and adolescents, individuals, couples, families and grief, anxiety, self-esteem, and depression issues.
364 South Pine Street, Suite B-240, Spartanburg, SC 29302
Phone: (864) 381-7803
Web: candacedcathcartllc.com

**Dr. Caleb Loring**
Provides therapeutic services for children, adolescents, and adults as well as psychological testing for adults and children.
324 East Saint John Street, Spartanburg, SC 29302
Phone: (864) 641-6979
Web: drcalebloring.com

**Children's Advocacy Center of Spartanburg, Cherokee, & Union**
Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required.
100 Washington Place, Spartanburg, SC 29302
Phone: (864) 515-9922
Web: cacsp.org

**Denise Levereaux, MSW**
Specializes in adults, individuals, trauma, PTSD, anxiety and depression, work stress, divorce, family conflicts, and social stressors. Teletherapy available.
1953 Old Reidville Road, Spartanburg, SC 29301
Phone: (864) 680-0495
Web: dltherapy.com
EMERGE Family Therapy Center & Teaching Clinic
Provides individual, couples, and family counseling for children, teens, and adults.
Teletherapy offered.
138 Dillon Drive, Spartanburg, SC 29307
Phone: (864) 583-1010
Web: emergeftc.org
Payment: offers a sliding scale

Envision Counseling
Specializes in treating individuals, couples and families and offers comprehensive services dealing with: Anxiety, Depression, Anger, Relationships, Work/Life Balance and more.
3211 Reidville Road, Suite C, Spartanburg, SC 29301
Phone: (864) 278-0590
Email: info@ecsweb.org
Web: ecsweb.org

Eubanks Peer Support Living Room
A safe space where individuals can find support and resources to prevent a behavioral health crisis. Appointments available but not required.
358A Serpentine Drive, Spartanburg, SC 29303
Phone: (864) 591-3501

Full Circle Counseling
Specializes in ages 6+, adults, anxiety, depression, parenting, marital issues.
101 Springdale Street Duncan, SC 29334
Phone: (864) 559-8944
Payment: accepts Medicaid and some insurance

Gateway Children’s Mental Health Services
Specializes in children and adolescents (ages birth to 18), offering general practice.
397 Serpentine Drive, Suite B, Spartanburg, SC 29303
Phone: (864) 406-6041 ext. 2
Email: referrals@gatewaychildrens.com
Web: gatewaychildrens.com
Payment: accepts Medicaid

Elena Mendez Counseling
2165 Chesnee Highway, Spartanburg, SC 29303
Phone: (864) 237-5961
Web: elenamendezcounseling.com
Payment: offers a sliding scale
Ginger Church, LPC-I  
Specializes in teens, depression, anxiety, and divorce issues.  
561 East Main Street, Spartanburg, SC 29302  
Phone: (864) 909-0604  
Payment: offers a sliding scale

Guiding Reins  
Utilizes equine-human interaction to promote self-awareness of mindset and behavior for veterans, military personnel, first responders and their families.  
1944 Redland Road, Campobello, SC 29322  
Phone: 864-457-3575  
Email: info@guidingreins.org  
Website: guidingreins.org  
Payment: free to veterans, scholarships for family members

H&W Enterprises (Health and Wellness Outpatient Practice)  
Provides individual, family, group and medication therapy.  
1524 John B. White Sr. Boulevard, Suite 6, Spartanburg. SC 29301  
Phone: (864) 586-3300  
Email: awofford@healthandwellnessofsc.com  
Web: hwenterprises.org

HALTER Therapeutic Riding Center  
Halter Horses enhances the lives of children with challenges through equine assisted activities. Call for more information.  
P.O. Box 1403, 1400 Carolina Club Rd, Spartanburg, SC 29302  
Phone: (864) 586-1671  
Email: office@haltersc.com  
Web: haltersc.org  
Payment: offers scholarships

Hart to Heart Therapy  
Specializes in children, adolescents, adults, couples and families, grief, trauma, crisis care, abuse/neglect, anxiety, depression, and spiritual care. Telehealth available.  
101 North Pine Street, Suite 210, Spartanburg, SC 29302  
Phone: (864) 920-1202  
Email: info@aliciahart.net  
Web: aliciahart.net
Healing Solutions, LLC
Offers individual, couples, and family counseling services. Telehealth available.
340 East Main Street, Suite 102, Spartanburg, SC 29302
Phone: (864) 707-2167
Email: healingsolutions@hsccg.com
Web: healingsolutionscounseling.com
Payment: accepts Medicaid

Hope Center For Children
Specializes in children and family issues.
202 Hudson L. Barksdale Blvd., Spartanburg, SC 29306
Phone: (864) 542-5978
Web: hopecfc.org
Payment: BCBS and all Medicaid as well as self-pay or sliding scale when appropriate

In Step Counseling
Specializes in ages 8-35, adolescents, and young adults.
175 Magnolia Street, Suite 106, Spartanburg, SC 29306
Phone: (864) 310-6776
Email: instepcounseling@gmail.com
Payment: accepts most Medicaid and some private insurance

Inner World Counseling
Specializes in anxiety, depression, pregnancy, prenatal, and postpartum.
1425 John B. White Sr. Boulevard, Spartanburg, SC 29306
Phone: (770) 262-9293
Payment: offers a sliding scale

Janet Barnes McConnell Counseling
Specializes in individuals and couples with relationship problems, adult survivors of childhood sexual abuse, and sexual intimacy issues. Online or via phone.
157 Hall Street, Spartanburg, SC 29302
Phone: (864) 474-5695

Jessica Loving Counseling, LLC
Specializes in depression, anxiety, and PTSD.
601 West Main Street, Spartanburg, SC 29301
Phone: (864) 706-6832
Payment: accepts Medicaid

JM Skinner-Johnson, LISW-CP
Specializes in individuals and children, families, anxiety, trauma, attachment struggles, depression, adjustment issues, and EMDR. Telehealth provider.
601 West Main Street, Spartanburg, SC 29301
Phone: (864) 513-4265
Payment: accepts Medicare, out-of-network, BCBS, ETNA, and Humana
• JoAnn Smith, MDiv, LMFT, LPC  
Specializes in children, adolescents, adults, couples, trauma survivors, addiction, dissociative personality disorder, and spirituality.  
331 Bryant Road, Spartanburg, SC 29303  
Phone: (864) 977-8120  
Payment: accepts Medicaid

• Kim Minnick, LISW-CP, MAC  
Specializes in ages 11+, tweens, teens and young adults, adults, couples, addictions, mood disorders, and women’s issues. Certified IMAGO relationship counselor. Brain-spotting trained.  
561 East Main Street, Spartanburg, SC 29302  
Phone: (864) 363-0063  
Payment: accepts BCBS, Blue Choice, PAI, SRMC

• Kim Minnick, LISW-CP, MAC  
Specializes in depression, anxiety, trauma, and PTSD  
340 East Main Street, Spartanburg, SC 29302  
Phone: (864) 501-5693  
Payment: offers a sliding scale

• Life Changing Solutions Group, LLC  
Specializes in ages 12+, depression, bipolar, addiction, grief, trauma  
269 South Church Street, Spartanburg, SC 29306  
Phone: (864) 316-0191

• Living Stones Family Services  
Offers individual therapy using cognitive approach, specializing in trauma, grief, depression, child therapy, sexual abuse, and anger.  
101 North Pine Street, Suite 303, Spartanburg, SC 29302  
Phone: (864) 586-5353  
Payment: accepts Medicaid

• Lori Ivey, LPC  
Specializes in depression, anxiety, bipolar disorder, marital and family issues as well as works with LGBTQ and transgender population.  
127 Metro Drive, Spartanburg, SC 29303  
Phone: (864) 397-8056  
Email: loriivey18@gmail.com  
Payment: accepts Cigna, Beacon Health, UMR, and different EAP plans and can connect to others
Magnolia Counseling Associates
Provides therapy specializing in trauma, bipolar disorder, depression, anxiety and eating disorders, and behavioral problems.
811 East Main Street, Suite B1, Spartanburg, SC 293062
Phone: (864) 583-5969
Web: magnoliacounseling.net

Medical Group of the Carolinas - Psychiatry
Provides psychiatric care for patients 18+.
391 Serpentine Drive, Suite 400, Spartanburg, SC 29303
Phone: (864) 560-7517
Web: spartanburgregional.com/locations/medical-group-carolinaspsychiatry
Payment: accepts Medicaid

Middle Tyger Community Center
Provides counseling services, financial assistance, and additional community services and supports.
84 Groce Road, Lyman, SC 29365
Phone: (864) 439-7760
Web: middletyger.org
Payment: offers a sliding scale

Modern Wellness Family Counseling
Offers counseling for new mothers, couples, and families as well as individual and play therapy.
945 East Main Street, Suite 5, Spartanburg, SC 29302
Phone: (864) 383-9002
Email: admin@modernwellness.hush.com
Web: modernwellnessfamilycounseling.com
Payment: accepts Medicaid and BCBS

Monique Watson, LPC, NBCC, MAC, CACII
Balancing Act Coaching & Consulting, LLC
Specializes in individuals, couples, families, addictions, coaching, and weight management.
101 North Pine Street, Suite 303, Spartanburg, SC 29302
Phone: (864) 205-7660
New Beginnings Counseling Services
Specializes in ages 6+, children and families, couples, anxiety, depression, ADHD, ADD, trauma, relationship issues, and military/veteran support.
145 North Church Street, Suite 103, Spartanburg, SC 29306
Phone: (864) 266-3393
Payment: accepts Medicaid

New Day Clubhouse
Referrals from mental health provider required for membership for mental health services for SPMI
325 S. Church Street, Spartanburg, SC 29306
Phone: (864) 582-5431
Email: aturner@newdayclubhouse.com
Web: newdayclubhouse.com

New Horizons Counseling
Provides individual, couple, and family therapy to individuals, couples, children, and families as well as parenting and adolescent and teen group therapies.
1714 Boiling Springs Road, Boiling Springs, SC 29316
Phone: (864) 764-1007
Web: newhorizonscounselingsc.com

North Grove Counseling Associates
Offers individual, couples, and children, only sees ages 16 and older - files adoption subsidy if someone adopted through DSS.
240 North Grove Medical Park Drive, Spartanburg SC 29303
Phone: (864) 699-9213
Web: northgrovecounseling.com

Palmetto Counseling and Play Therapy
Provides individual, child, and play therapy services
811 East Main Street, Suite B-1, Spartanburg, SC 29301
Phone: (864) 542-7140
Payment: offers a sliding scale

Piedmont Care, Inc.
Provides treatment and support services to people living with HIV/AIDS and HIV prevention services such as free HIV testing, condom distribution, and education.
101 North Pine Street, Suite 200, Spartanburg, SC 29302
Phone: (864) 582-7773
Web: piedmontcare.org
Project Hope
Offers ABA therapy and other services for children and adults with autism and their caregivers.
200 Elford Court, Spartanburg, SC 29306
751 East Georgia Street, Woodruff, SC 29388
424 N. Hwy 101, Landrum, SC 29356
Phone: (864) 676-0028
Email: clients@projecthopesc.org
Web: projecthopesc.org
Payment: accepts Medicaid

Project R.E.S.T. (Formerly Safe Homes/Rape Crisis)
Offers resources and counseling services for victims of domestic violence and sexual assault.
236 Union Street, Spartanburg, SC 29302
Phone: (864) 583-9803
24-hour hotline: (864) 583-9803 or (800) 273-5066
Email: info@projectrest.org
Web: https://projectrest.org

Recreating Positive Living, LLC
Offers counseling services to individuals and families. Licensed in substance abuse, marriage and family therapy, qualifies for mandatory substance abuse and domestic violence groups.
2375 East Main Street, Suite A101, Spartanburg, SC 29307
Phone: (864) 415-8640
Email: atanner@recreatingpositiveliving.org
Web: recreatingpositiveliving.com
Payment: accepts all major insurance, Medicaid & Tricare

Rooted Wings, LLC
Specializes in trauma, PTSD, selective mutism, survivors of narcissistic parents or partners, women’s issues, gender identity, religious/spiritual issues, anxiety, depression, relationship issues, and LGBTQ.
191 Memorial Drive, Pacolet, SC 29372-2255
Phone: (864) 398-9322
Email: sljacksonlpc@gmail.com
Web: rootedwingssc.com
Payment: accepts Medicaid, BCBS, and employee assistance programs
River Rock Therapy
Specializes in children and teens, and works with anxiety, trauma, and grief in all ages
134 Oakland Ave. Spartanburg, SC 29302
Phone: (864) 809-3516
Email: riverrocktherapyllc@gmail.com
Web: riverrocktherapyllc.org
Accepts: BCBS, employee assistance programs and self-pay

Ruth C. Compton, MEd, LPC
Provides family (18+), individual, and often uses CBT. Offers video and phone sessions.
707 East Main Street, Spartanburg, SC 29302
Phone: (864) 316-5910
Email: ruthcompton6@gmail.com
Web: ruthcompton.com
Payment: BCBS, Aetna, Lyra, Employee Assistance Programs, and self-pay

St. Luke's Free Medical Clinic
Offers free quality health care to uninsured Spartanburg County residents.
162 North Dean Street, Spartanburg, SC 29302
Phone: (864) 542-CARE (2273)
Email: info@slfmc.org
Web: slfmc.org

Skylyn Counseling
Specializes in therapy for depression and anxiety, couples, family, and grief counseling,
parenting support, work and career issues, stress management, and conflict resolution.
236 Union Street, Spartanburg, SC 29302
Phone: (864) 585-5010
Email: landa@skylyncounseling.com
Web: skylyncounseling.com

Spartanburg Area Mental Health
Offers peer support, adult therapy, hospital and jail liaisons, school-based mental health, early
intervention, therapy, psychiatric, psychiatric nurse, and deaf services.
250 Dewey Avenue, Spartanburg, SC 29303
Phone: (864) 585-0366
24-Hour Emergency On-Call Spartanburg: (800) 277-1366
Email: contact@sparmhc.org
Web: sparmhc.org
Susan Lea, LMFT, CAMS II
Offers counseling and mental health services for adults, clinical supervision for LMFT Associates and graduate students, and specialty services for anger management, batterers’ intervention, and drug and alcohol use. AAMFT Approved Supervisor.
101 North Pine Street, Spartanburg, SC 29302
Phone: (864) 406-5774
Email: susanleatherapy@gmail.com
Web: susanleatherapy.com
Payment: accepts selected insurances and self-pay

Turning Leaves For Children
Specializes in trauma and PTSD, anxiety, and children and adolescents. Offers video and phone sessions.
601 West Main Street, Spartanburg, SC 29301
Phone: (864) 707-3903

Winzai Amadi Counseling Services
Offers individual and family therapy as well as suboxone treatment.
101 B-2 Regency Commons Drive, Greer, SC 29650
Phone: (864) 655-4002
Payment: accepts Employee Assistance Programs
Healthy U Behavioral Health Services
Union County Commission on Alcohol and Drug Abuse
Provides adult and adolescent counseling and support services for substance use/abuse.
201 South Herndon Street
Phone: (864) 429-1656
Payment: accepts Medicaid, self-pay, and some insurances

SC Vocational Rehabilitation Department
Prepares and assists individuals with disabilities for employment.
131 North Main Street, Jonesville, SC 29353
Phone: (864) 475-5000
Web: scvrd.net
Email: jonesville@scvrd.net

Union Mental Health Center
Offers service to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.
130 Medical Sciences Drive, Union, SC 29379
Phone: (864) 427-1224
24-Hour Emergency On-Call Services: 1(800) 277-1366
Deaf/Hard of Hearing or after hours contact: deafhotline@scdmh.org
Web: scdmh.net
Payment: accepts Medicaid, BCBS, and offers a sliding scale