

< KID'S > KORNER

Gospel Today

Sixteenth Sunday in Ordinary Time / Luke 10:38-42

Mary sat in quiet listening to Jesus, while her sister Martha bustled about serving Jesus and His disciples food and drinks. Both women were focused on Jesus, but hearing the Word of God, Jesus said, was most important. [*Bustle*: To hurry busily and briskly]

Year C

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KEEP A GOOD BALANCE

Some days we are like Mary, spending quiet time with Jesus. Other days we are like Martha, serving God by helping others.

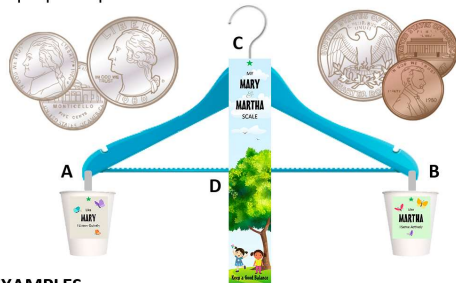
Let's make a Mary and Martha scale, and measure how we spend time with Jesus.

YOU WILL NEED

1 clothes hanger (plastic or wire) • 2 cups (same size plastic or paper) • Scissors, tape, crayons/markers • Coins as weights (nickels work great, but you can use pennies/quarters as long as you always use the same size coin).

DIRECTIONS

- Color and cut out pieces A, B, C.
- Tape A & B to top edge of each cup.
- Tape top edge of cup (at star) to each end on bottom edge of hanger by looping tape over hanger and back onto cup.
- Tape C to center/upper part of hanger as shown and secure at point D.
- Hang your new scale in a place where it can move freely.
- Each time you focus on Jesus, put a coin/weight into the proper cup.



EXAMPLES

Coin into Mary cup

- Reading about Jesus
- Praying to Jesus
- Listening to gospel

Coin into Martha cup

- Being an Altar Server
- Singing in the choir
- Assisting family or friends

What else can you do to be like Mary and Martha?

A Good Deed - Donate your coins each week to charity/church

Tape to top
of hanger

★
MY
MARY
&
MARTHA
SCALE

A ★
Like
MARY
I Listen Quietly

B ★
Like
MARTHA
I Serve Actively

Remember — Keep a
good balance! Both
sides are important in
being a good disciple.

**Keep a Good
BALANCE**