



SEPTEMBER NEWSLETTER

semloh



As we step into the new season, we are excited to bring a sense of renewal and growth to our community. This month, we are sharing inspiring stories, service updates, and helpful resources to support you and your loved ones. At Semloh, we are here to walk alongside you - every season, every step.

A message from the Directors

Spring is a season that speaks to all of us about renewal, growth, and possibility. After the cool and slower pace of winter, there's something powerful about the way spring bursts into life flowers pushing through the soil, fresh colours filling our world, and longer days bringing warmth and light. It's a reminder that no matter what challenges we've faced, there's always the opportunity to reset, to begin again, and to find inspiration in what lies ahead.

At Semloh, we see that same spirit reflected in our team and community. Each day, we witness acts of kindness, resilience, and care small moments that might seem ordinary, but together they create something extraordinary. Just as spring teaches us that growth takes time and patience, your efforts, no matter how big or small, are laying the groundwork for brighter futures for our clients and their families.

This season, we want to encourage you to lean into inspiration. Let spring be a reminder to refresh your mindset, to look for new opportunities, and to take those small steps that create lasting impact. Growth doesn't always happen in big leaps it often happens in the everyday moments of encouragement, teamwork, and showing up consistently for those around us.

As leaders, Jess and I have been reflecting on how important it is to keep our eyes on what truly matters: people. Our staff, our clients, our families, and our community are at the heart of everything we do. When we nurture those relationships, support each other, and embrace change with courage, we become stronger just as the roots of a tree deepen in spring to prepare for the seasons ahead.

We're incredibly proud of the dedication and heart that each of you brings to your role. You are the reason Semloh continues to grow, adapt, and make a difference in so many lives. This spring, let's carry that energy forward. Let's be inspired not just by the season around us, but by the vision of what we can achieve together.

Here's to a season of growth, fresh opportunities, and renewed purpose. 🌱☀️

With gratitude and excitement for what's ahead

Ben & Jess

www.semlohsupportservices.com.au

Semloh

NEW STAFF MEMBER



We're thrilled to welcome Ebony to Semloh as our new Intake Officer! Young, bubbly, and full of energy, Ebony brings a fresh perspective and a vibrant presence to the team. Her approachable nature and passion for helping others make her a perfect fit for this role.

We're excited to have her on board and can't wait to see the positive impact she'll make with our clients and within the team. Be sure to say hello and help her feel right at home!

SEPTEMBER ADVENTURES



This month, Semloh's adventures have been blooming right alongside the changing season. With spring bringing warmer days and clear skies, our clients have enjoyed getting back outdoors to soak up the sunshine. The Carnival of Flowers added a splash of colour and joy to the month, with vibrant floral displays and garden trails providing a perfect backdrop for relaxing walks and photo opportunities.

The highlight of the month was our main excursion to the Mount Tamborine Skywalk. Clients were treated to breathtaking views as they strolled above the forest floor, surrounded by lush greenery and the sounds of native wildlife. The elevated bridges and serene pathways offered a peaceful yet exciting experience, making it a standout memory for everyone who joined.



RUOK?[™]
I'm **here**
to **hear**





It's Spring Time Of Year



HELLO
SUNSHINE





Mount
Tamborine

CLIENT SPOTLIGHT

My name is Kaed A

How long have you been
at Semloh?

14 | 03 | 2024

Do you engage in supported
employment?

Works volunteer at food
assist

Something you like to do in
the community centre

Friday coffee with friends,
playing uno

How does coming into the
centre make you feel?

Happy, welcomed, accepted

What impact has Semloh had on
you?

More sociably confident

This is a picture of me!



What is your favourite food?

Sushi

My favourite Hobbie

Just dance

Fun fact about you

Likes things magically
pulled from his ear

Who is someone you
look up to

Katy Perry, Emma Memma

Meet some of our Professional Care Workers

Kim G

Favourite Hobbies - Watching crime documentaries

Favourite Food - Chinese

Favourite Song - It's oh so quiet (Bjork)

Biggest Achievement - My Children

Dream Holiday - Travelling anywhere with my bestie

CJ & Remi



SUPPORT WORKER

Jesse D

Favourite Hobbies - Drawing/Art, Video games, horror movies

Favourite Song - Currently my favourite songs are Pray for Silence by Miss May and Void Alone by What Lies Below

Favourite Food - Mexican, sushi, pizza

Dream holiday - Tokyo & Italy

SUPPORT WORKER



SEMLOH
CITY | COUNTRY | COAST



HAPPY TO YOU *Birthday*

Happy Birthday to All Our September Babies!

We're sending warm birthday wishes to all our wonderful staff and clients celebrating in September! As spring blossoms around us, we're thrilled to celebrate another year of life, laughter, and special memories with each of you. Whether it's a quiet celebration or a cheerful gathering with cake and balloons, we hope your day is filled with joy. Happy Birthday from all of us at Semloh!

✦ Mel	✦ Susan	✦ Jacob	✦ Fletcher
✦ Sam	✦ Lucy	✦ Paul	✦ Brooklyn
✦ Elijah	✦ Harley	✦ Arley	✦ Connor
✦ Jazzy	✦ Ali	✦ Hannah	
		✦ Isabella	



SEPTEMBER STAFF ANNIVERSARIES

This September, we're proud to celebrate the work anniversaries of our dedicated Semloh staff. Your ongoing commitment, care, and passion make a real difference every day, and we're so grateful to have you as part of the team. Congratulations on reaching another milestone - here's to many more successful years ahead!

3 YEARS WITH SEMLOH



Kelly S

1 YEAR WITH SEMLOH



Brooke P



GLOVES & GRIND

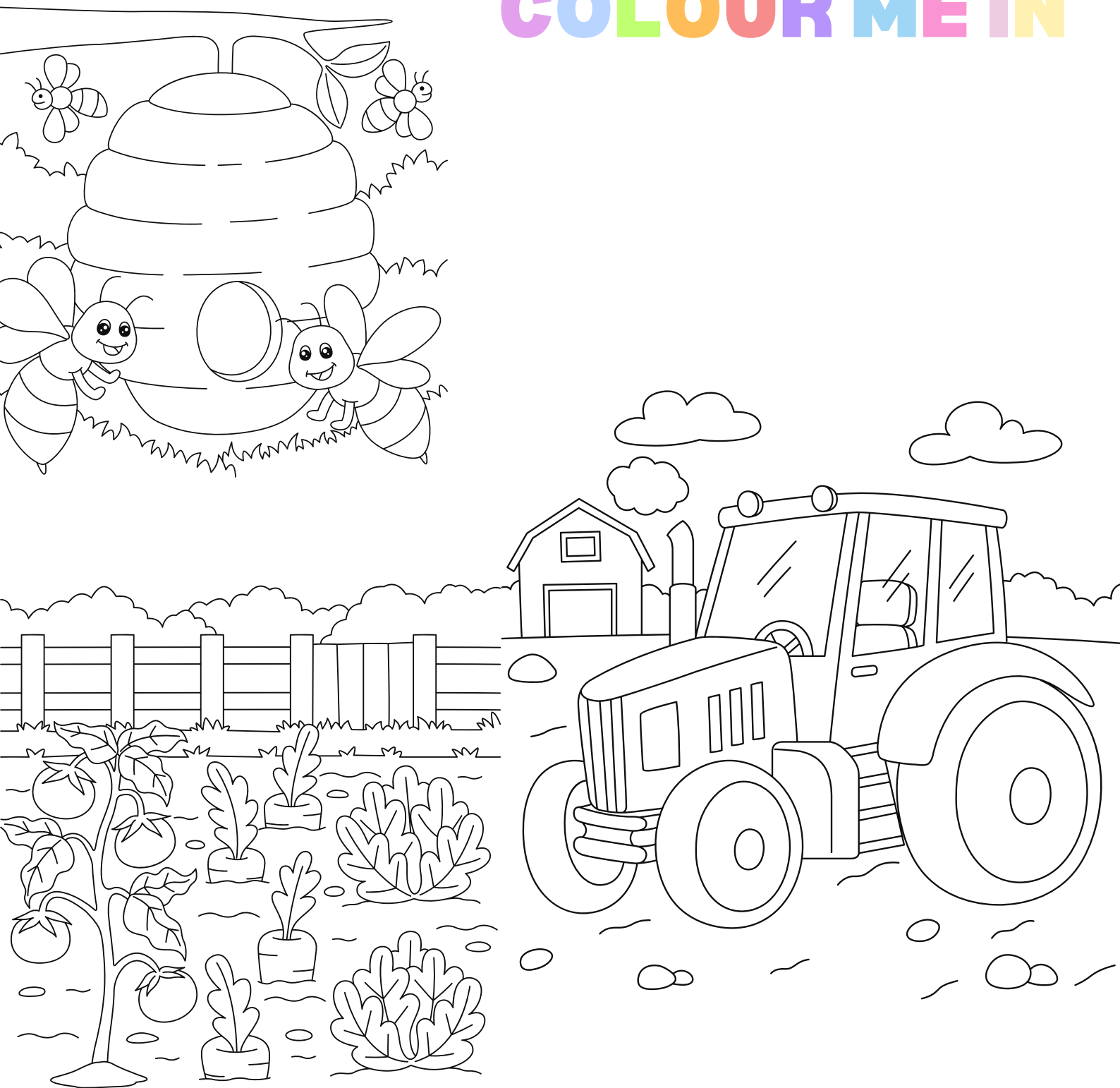


Gloves and Grind Café has been getting a lot busier lately, and we're thrilled to see the growing support from our community! We're also excited to share that we've recently started a supported employment program, with clients now working a few hours each day alongside our team. It's been a great step forward in building an inclusive and welcoming space.

As always, we've got fresh, new baked treats coming out daily, and our toasted sandwiches have been a big hit - perfect for a quick lunch or a cozy snack. Come by and see what's new!

SEMILOH KIDZ

COLOUR ME IN



Name: _____

Discover the message

Use the clues to discover the message.



Clues

								
a	b	c	d	e	f	g	h	i
								
j	k	l	m	n	o	p	q	r
								
s	t	u	v	w	x	y	z	

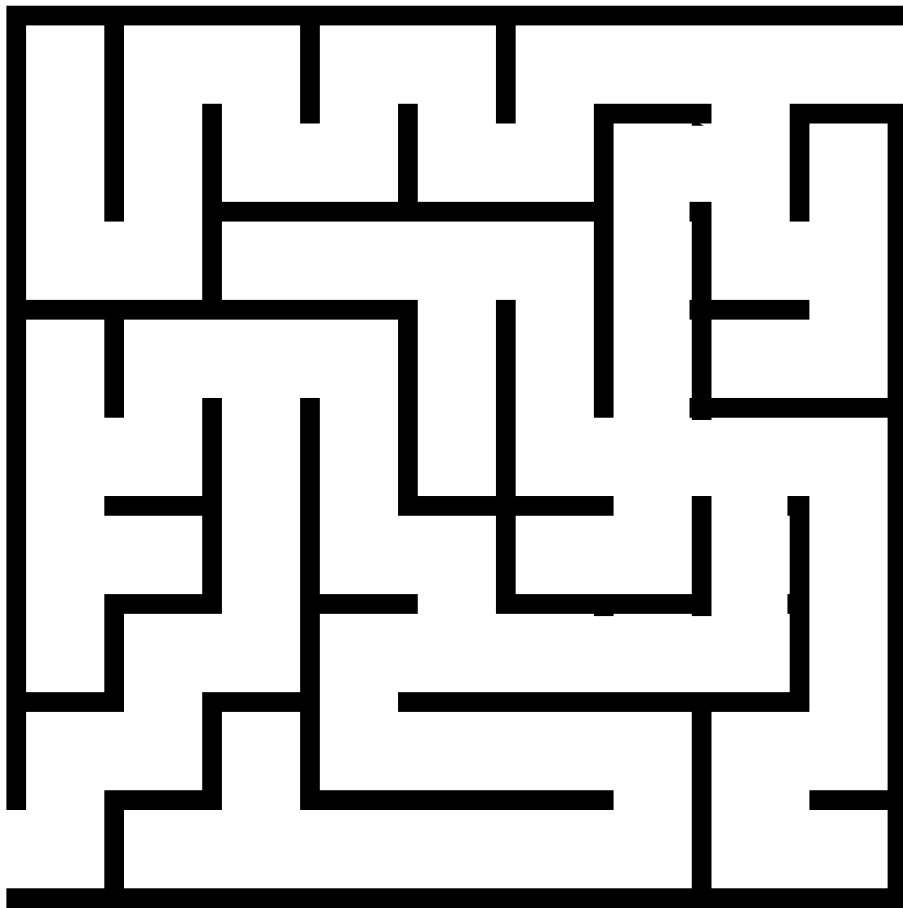
Decode

Write

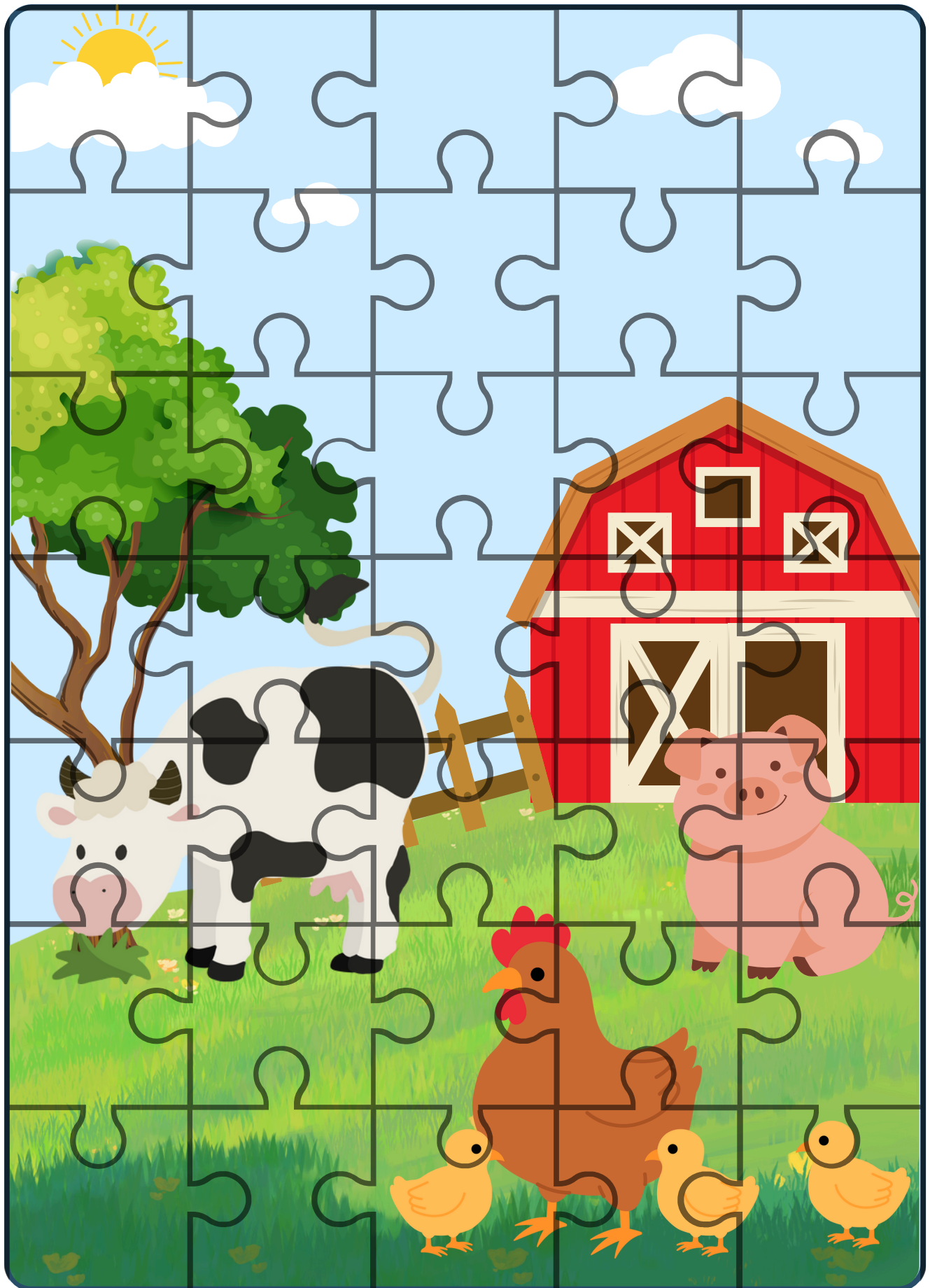
Maze Puzzle

The little girl lost her balloon.
Can you find her balloon?





Farm Friends Puzzle



SUSHI



Ingredients

- 2 1/2 cups (540g) sushi rice
- 1/2 cup (125ml) rice vinegar
- 2 tbsp caster sugar
- 6 nori sheets
- 200g cooked chicken schnitzle, cut into 1cm-thick batons
- 1 avocado, halved, stoned, peeled, thinly sliced
- Light soy sauce, to serve
- Wasabi paste, to serve
- Pickled ginger, to serve

Instructions

1. Bring your rice to a boil
2. Cook until all the water is dissolved (roughly 12 min)
3. Let the rice cool in a bowl then combine vinegar, sugar and a pinch of salt in a small bowl
4. Combine mixture with rice until it's cold
5. Place a sushi mat on a clean surface with slats running horizontally. Place a nori sheet, shiny-side down, on the mat. Use wet hands to spread rice over the nori sheet, leaving a 3cm-wide border along the edge furthest away from you.
6. Place chicken and avocado along the centre of the rice. Hold filling in place while rolling the mat over to enclose rice and filling.
7. Use a sharp knife to slice sushi widthways into 1.5cm-thick slices. Place on serving dishes with soy sauce, wasabi and pickled ginger, if desired.



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LEAVE US A 5 STAR
REVIEW ON GOOGLE

