

# SEMLOH NEWSLETTER



TRIPS AWAY

ARTS &  
CRAFTS

COOKING

*JUNE EDITION*



EST 2022

# *A message from the directors*

Jess and I have just returned from an eight-day Christian mission education trip to Northern Samar — one of the most poverty-impacted regions of the Philippines — with Compassion Australia. What we witnessed, felt, and experienced there has changed us in ways we're still unpacking.

We sat in homes no bigger than a lounge room, with families of six or more, and no clean water or beds. We heard stories of heartbreak — of loss, hunger, abandonment, and resilience. We also saw joy. Deep, confronting joy. Faith that stood firm despite hardship. Families with little, giving much.

But more than anything, we saw the power of connection — and it reminded us why Semloh exists.

What we do here at Semloh isn't just about providing support — it's about seeing the person in front of us. It's about dignity. Hope. Inclusion. And it's about being the hands and feet right here in our own communities, just like we tried to be overseas.

We were reminded that poverty isn't always financial. Sometimes it's emotional. Relational. Spiritual. What we offer at Semloh — support, connection, community — matters deeply. This trip brought that into sharp focus.

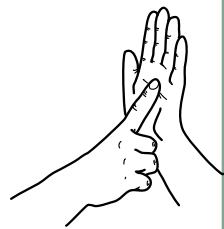
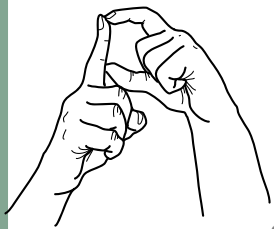
Thank you to our team for holding the fort while we were away. Your work continues to reflect the heart of why we do what we do. And as we settle back in, we're holding tight to what we've learned — and letting it shape us into even stronger leaders for you, our staff and families.

*Ben & Jess*

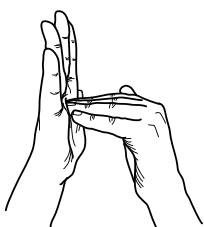
[www.semlohsupportservices.com.au](http://www.semlohsupportservices.com.au)







# *Auslan (sign language)* **WORKSHOP**





# JUNE ADVENTURES



This month's highlight at Semloh has been the exciting excursion to Australia Zoo. Clients had an unforgettable experience exploring the zoo, seeing iconic Australian wildlife up close, and learning about conservation efforts. From watching the crocodile show to feeding kangaroos, the trip was both educational and fun, making it a memorable adventure for everyone involved.

Semloh has also been taking part in smaller outings around the Toowoomba area. These local trips have offered participants the chance to explore nearby parks, shops, and community spaces in a relaxed and supportive setting. It's been a wonderful way to stay engaged with the local community and enjoy time outdoors.





## - AUSTRALIA ZOO -





# State of Origin - Game 2







# PURA FOUNDATION - MARATHON IN BRISBANE

*Congratulations James*





# SEMLOH CLIENT SPOTLIGHT

## GREG



### MY HOBBIES

- Bushwalking
- Swimming
- Collecting cars/number plates

### FAVOURITE FOOD

- Meat lover

### WHAT DO YOU ENJOY DOING AT SEMLOH:

- Meeting new people
- Cooking
- Colouring
- Socialising with other participants

### HOW DOES THE COMMUNITY CENTRE MAKE YOU FEEL?

Makes me feel very good & more confident

### WHAT'S THE IMPACT OF SEMLOH?

Makes me feel very good & more confident

### FUN FACT:

Get along with everyone and make them laugh

# Meet some of our professional care workers

## Brock P

**Favourite Hobbies** - Rugby league and golf

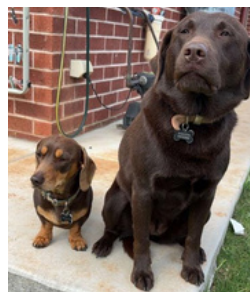
**Favourite song** - Broken window serenade by whiskey myers or nine ball by zac bryan

**Greatest achievement** - Playing Q cup

**Favourite Food** - Steak



**Pets** - A chocolate labrador named Peppy & sausage dog Wally



SUPPORT WORKER

## Tabitha

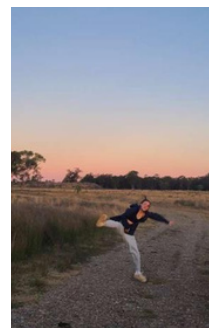
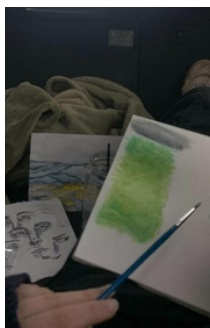
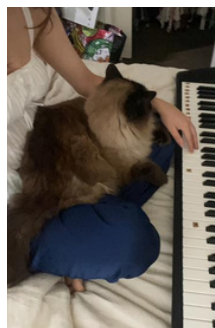
**Favourite Hobbies** - Walking, music & art

**Greatest achievement** - Surviving nursing school

**Dream holiday location** - Northern Italy

**Pets** - Ragdoll cat named Oscar **Favourite Food** - Sushi

**Favourite Song** - Anything by Gracie Abrams



SUPPORT WORKER

## Ryder

**Favourite Hobbies** - Golfing & footy

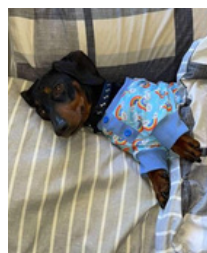
**Favourite Food** - Steak

**Favourite Song** - Spin you around, by Morgan Wallen

**Greatest Achievements** - Playing Queensland cup at 19

**Dream holiday location** - Greece

**Pets** - Daschound and Maltese shitzu



SUPPORT WORKER



**SEMLOH**  
CITY | COUNTRY | COAST





# CLIENT ACHIEVEMENTS

01

SIMON

Progressed towards his goals of upgrading his car

02

ANDREA

She got a second job at Scott Street Pharmacy

03

ALEX

Completed his training at Aurora doing a certificate II in skills for work and vocational pathways

# JUNE BIRTHDAYS

## Happy Birthday to All Our June Babies!

This June, we're excited to celebrate the birthdays of our amazing team members & clients! Each of you brings something special to our workplace, and we're grateful for your energy, talent, and dedication. Wishing you all a fantastic birthday month filled with joy, laughter, and well-deserved celebrations!



Hardy



Kail



Kayla



Patricia



Alisha



Olivia



Vivian



Freya



Georgia



Hayden



Andrew



Kyara



Madelon



Aidan



Monica



Greg



Tayla





# JUNE STAFF ANNIVERSARIES



In June, we proudly celebrate the work anniversaries of our dedicated team members. Their continued commitment and contributions have played a vital role in our success and growth. Each milestone reflects not only their hard work but also the strength of our team as a whole. We thank them for their loyalty and look forward to many more years of shared achievements.

## 3 YEARS WITH SEMLOH



Kylie P



Minnie R

## 2 YEARS WITH SEMLOH



Thomas B

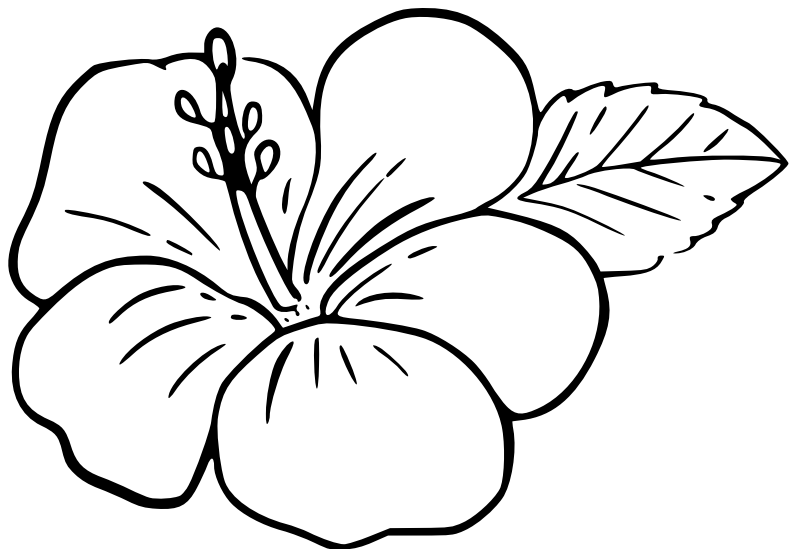
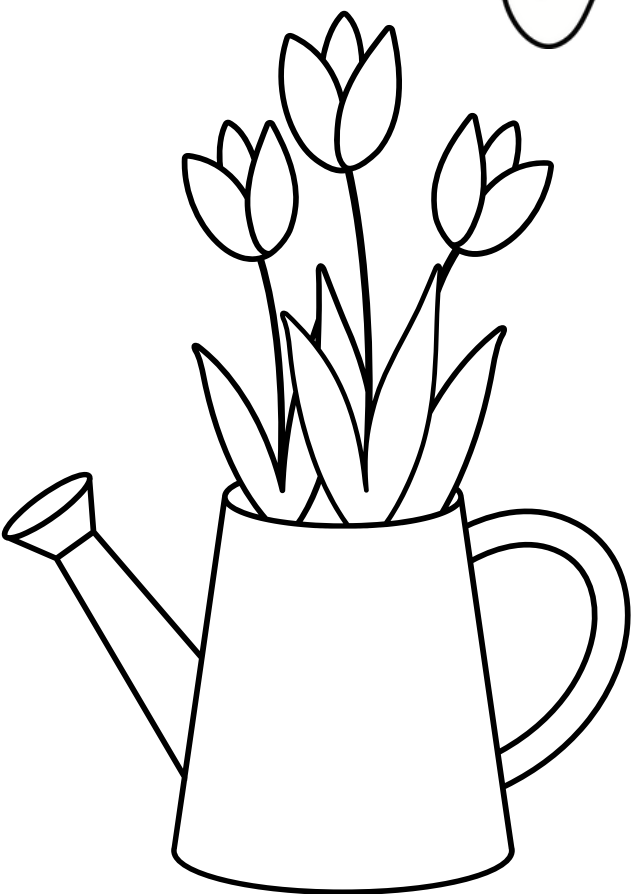
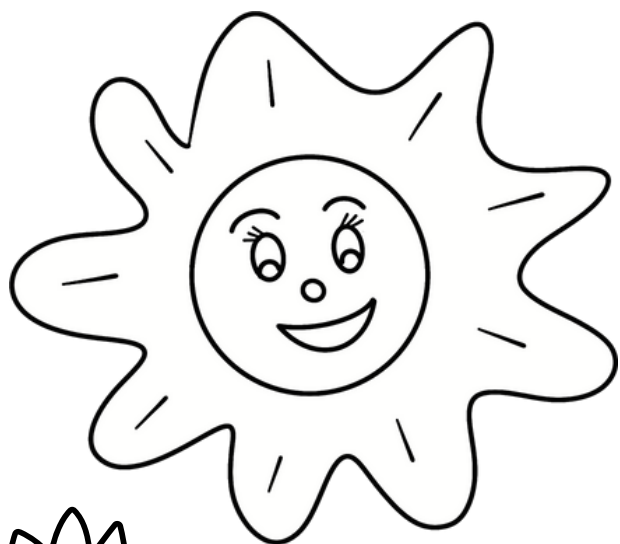
## 1 YEAR WITH SEMLOH



Tracey M

# SEMILOH KIDZ

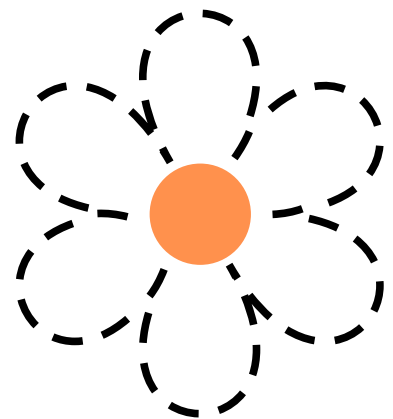
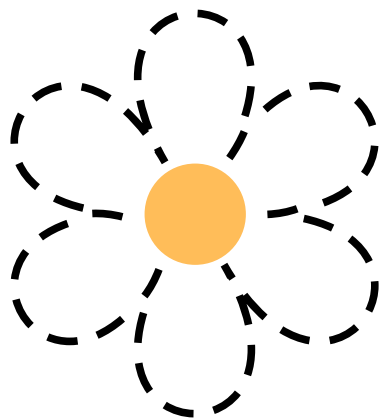
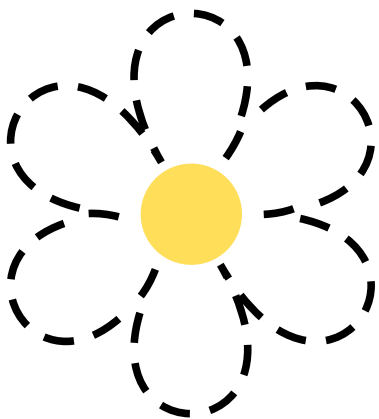
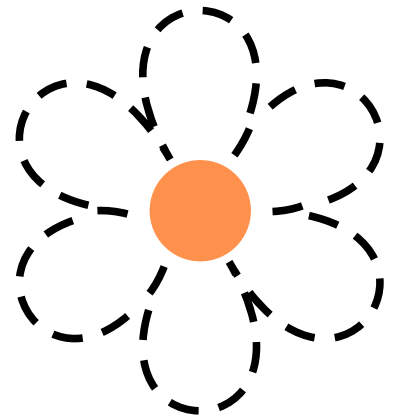
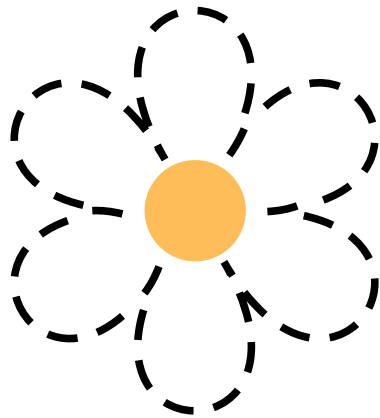
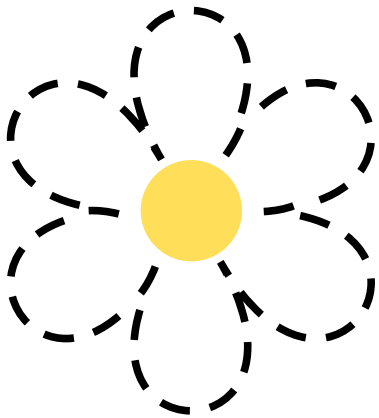
COLOUR ME IN



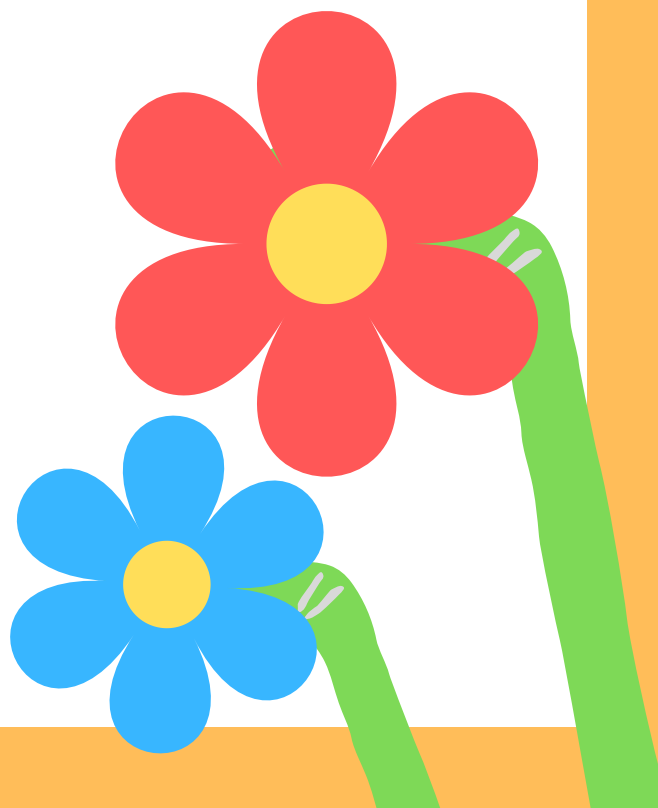


# PAPER FLOWERS

Colour the flowers and cut the outlines.  
Glue them on green straws and put them in a jar.



## WHAT YOU NEED

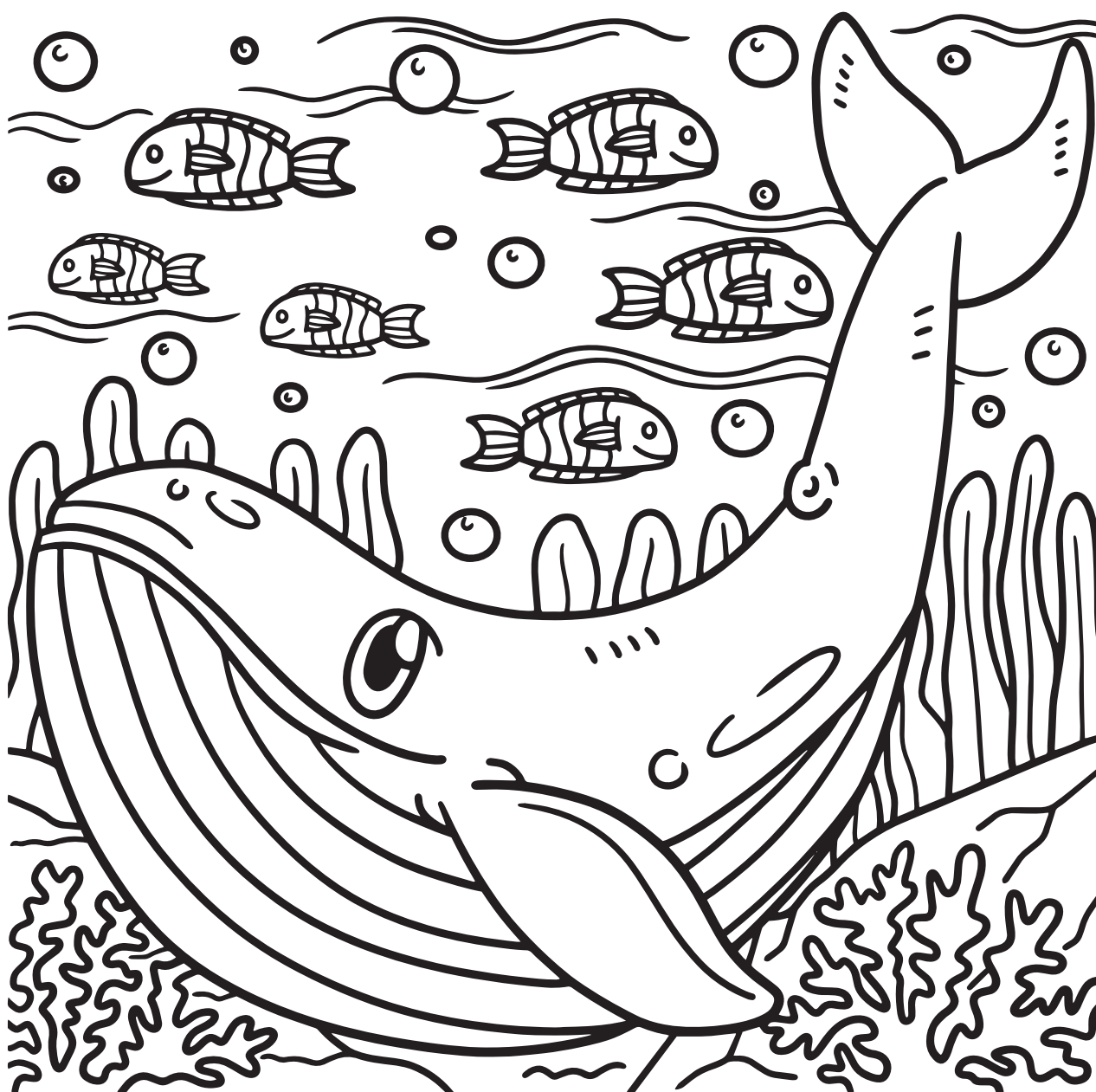




Name: \_\_\_\_\_

# SEA ANIMALS

## COLOURING



## WHALES



Name: \_\_\_\_\_






# Discover the message









Use the clues to discover the message.




## Clues





								
a	b	c	d	e	f	g	h	i
								
j	k	l	m	n	o	p	q	r
								
s	t	u	v	w	x	y	z	

## Decode

## Write

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# Pumpkin Soup



## Ingredients:

- 1kg of pumpkin (*Butternut is recommended*)
- 1 brown onion
- 2 garlic cloves
- 3 cups of vegetable or chicken broth/stock
- 1 cup of water
- Salt & Pepper
- Bread (*for serving*)



## Instructions:

1. Cut the pumpkin into 3cm slices. Cut the skin off and scrape seeds out
2. Place the pumpkin, onion, garlic, broth and water in a pot – liquid won't quite cover all the pumpkin. Bring to a boil, uncovered, then reduce heat and let simmer rapidly until pumpkin is tender (check with butter knife) – about 10 minutes.
3. Remove from heat and use a stick blender to blend until smooth
4. Season to taste with salt and pepper, stir through cream (never boil soup after adding cream, cream will split).
5. Ladle soup into bowls, drizzle over a bit of cream, sprinkle with pepper and parsley if desired.

Serve with crusty bread!

*Tip: If you don't have cream but want extra richness in your soup, just add a touch of butter!*





# EXPRESSION OF INTEREST

## *The Gold Coast*

**JULY 30<sup>TH</sup> 8:00AM - 5:00PM**

Cost: \$31.90

- *Ripley Believe it or not*

- *Walk around/shopping*

- *Beach walk/potential swim for the brave*

**RSVP: JULY 4<sup>TH</sup>**



# CONTACT US



Website:

[www.semlohssupport.com](http://www.semlohssupport.com)



@semlohssupportservices

Email:

[info@semlohssupport.com.au](mailto:info@semlohssupport.com.au)

Phone:

(07) 4613 6413

Address:

623-625 Ruthven Street,  
Toowoomba City, QLD 4350

LEAVE US A 5 STAR  
REVIEW ON GOOGLE

