

St. Rita Catholic Church

**89-318 Farrington Hwy.
Nanakuli, Hawaii 96792**

**Parish Office: (808) 668-7833
Website: <http://www.stritananakuli.org>**

| | | |
|--------------------------------|----------------------------|--------------|
| Pastor: | Rev. Paulo Kosaka, OFM Cap | |
| Deacon: | Deacon Harold S. Levy, Jr. | |
| Office Manager: | Mele Ahuna | |
| Bookkeeper: | Lalla Andres | |
| Religious Education: | Karen Victor | 808-672-5437 |
| R. C. I. A. | Don Gerry | 860-908-5954 |
| Youth Minister: | Ivan Okuda | 808-308-6261 |
| Knights of Columbus: | Bill Kozak | 609-381-1193 |
| Outreach Coordinator: | Carlin Ujimori-Kaeo | 808-668-7833 |
| Outreach/Facsimile/Prayer-line | | 808-668-7716 |

SUNDAY MASS SCHEDULE

Saturday at **5:00 PM**

Sunday at **7:00 AM, 9:00 AM and 5:00 PM**

Confessions: Saturday from 3:15 to 4:00 PM or at the Rectory by appointment

Infant Baptism: Contact Parish Office

Sacrament of Matrimony: Contact the Pastor 6 months before the wedding date for an appointment.

Funerals: Contact the Pastor before going to the Mortuary

We, the people of God of St. Rita Parish in Nanakuli, are united in our belief and in our commitment to Jesus Christ. In the spirit of aloha we respond to Christ's mission of love and freedom with our care, concern and communal action. This is expressed in the stewardship of our treasure through tithing and in the gift of our time and talents through shared ministries.

As a fast growing rural parish with a large Hawaiian population we feel a special calling to stand together in truth and justice for indigenous people of this land. As part of the universal Church, our outreach extends beyond our boundaries to the global community and we affirm the human dignity of all peoples. As a parish family we enthusiastically participate in bringing about God's reign of peace. We continue to evangelize, welcome and invite all of God's people to St. Rita Parish.

IF YOU ☐ ARE NEW TO THE PARISH ☐ HAVE A NEW PHONE NUMBER
☐ HAVE A NEW ADDRESS ☐ NEED OFFERTORY ENVELOPES

NAME _____ PHONE(HM) _____ (WK.) _____

ADDRESS _____
 STREET CITY STATE/ZIP

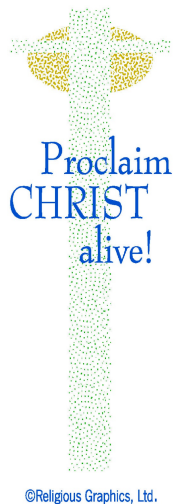
Sixteenth Sunday in Ordinary Time

July 20, 2025

The Lord sustains my soul!

PARISH CALENDAR

| | | |
|--------------------|----------------------|----------------------------|
| Saturday, July 19 | 5:00 p.m. | Mass |
| Sunday, July 20 | 7:00 a.m. | Mass |
| | 9:00 a.m. | Mass (Live Stream) |
| | 5:00 p.m. | Mass |
| Monday, July 21 | 7:30 a.m. | Liturgy of Hours/Rosary |
| | 8:00 a.m. | Mass |
| Tuesday, July 22 | 7:30 a.m. | Liturgy of Hours/Rosary |
| | 8:00 a.m. | Communion Service |
| Wednesday, July 23 | 7:30 a.m. | Liturgy of Hours/Rosary |
| | 8:00 a.m. | Communion Service |
| | .. 9:30am -11:30 am | Food Pantry Open |
| Thursday, July 24 | 7:30 a.m. | Liturgy of Hours/Rosary |
| | 8:00 a.m. | Communion Service |
| Friday, July 25 | 7:30 a.m. | Liturgy of Hours/Rosary |
| | 8:00 a.m. | Communion Service |
| Saturday, July 26 | 3:15-4:00 p.m. | Confession - Church |
| | 5:00 p.m. | Mass |



NEXT SUNDAY READINGS:

Gn:18:20-32: The Lord was outraged at the sinfulness of Sodom and Gomorrah and was determined to destroy them, but Abraham interceded on behalf of the innocent who lived in those towns, and the Lord relented.

Col:2:12-14: The author of Colossians wrote, "You were buried with him in baptism. . . . also raise with him." God has forgiven all our transgressions and "removed it from our midst, nailing it to the cross."

Lk:10:38-42: Martha became angry with her sister Mary who sat down and listened to Jesus rather than help with housework. Jesus told Martha, however, that Mary had the better choice:



Saint Mary Magdalene:

Patron Saint of pharmacists, contemplative, converts, glove makers, hairdressers, penitent sinners, people ridiculed for their piety, perfumers, reformed prostitutes, tanners, women Invoked against sexual temptations:

Saint Mary Magdalene, also known as Magdalene or Mary of Magdala, is likely named for the busy fishing village of Magdala on the Sea of Galilee's western edge. All we know about Mary comes from the Gospels. Luke 8:1-3 introduces her as one of the women who accompanied and provided for Jesus and the Twelve. The women had been "cured of evil spirits and infirmities." Mary is noted to have been delivered from "seven demons," which could be distinct demons who possessed, obsessed, or oppressed Mary. The number seven also symbolizes perfection, implying complete possession or perfect deliverance from these demons and from an evil life. Thus, she never returned to the sins from which Jesus delivered her. Some identify the seven demons as the seven capital sins, implying that Mary had gravely violated them all and was delivered from each of these sinful habits.

Saint Mary Magdalene, when you encountered Jesus, you repented of your sinful life and followed Him. You remained faithful to Him, witnessing His death and Resurrection. Please pray that I may courageously repent of my sins and stand with you at the foot of the Cross so that I may witness the transforming effects of the Resurrection. Saint Mary Magdalene, pray for me. Jesus, I trust in You.



ANNOUNCEMENTS

KNIGHTS OF COLUMBUS: Knights of Columbus council 16414 would like to congratulate all St. Rita class of 2025 graduates. Our council consists of men from St. Rita parish who have stepped up and want to make a difference for the parish. If you are a man who is at least 18 years old, in good standing with the Catholic Church, and interested in becoming a Knight, please contact GK Bill Kozak at 1 (609) 381-1193. Council 16414 had fundraisers such as baked good sales, breakfast bentos, and more. If you'd like to support Council 16414 with your time, talent, or treasure please reach out to any brother knight or call GK Bill.

WORD OF LIFE: "Married love differs from any other love in the world. By its nature, the love of husband and wife is so complete, so ordered to a lifetime of communion with God and each other, that it is open to creating a new human being they will love and care for together." *United States Conference of Catholic Bishops "Married Love and the Gift of Life"*

WEEKLY READINGS

Jul 20 Sun: 16TH Sunday in Ordinary Time

Dt:30:10-14; Ps:69; Col:1:15-20; Lk:10:25-37

Jul 21 Mon: Ordinary Weekday

Ex:14:5-18; Ps:15:1bc-2, 3-4, 5-6; Mt:12:38-42

Jul 22 Tue: Saint Mary Magdalene

Sg:3:1-4b; Ps:63: 2, 3-4, 5-6, 8-9; Jn:20:1-2, 11-18

Jul 23 Wed: Ordinary Weekday

Ex:16:1-5, 9-15; Ps:78; 18-19, 23-24, 25-26, 27-28; Mt:13:1-9

Jul 24 Thur: Ordinary Weekday

Ex:19:1-2, 9-11, 16-20b; Dn:3:52, 53, 54, 55, 56; Mt:13:10-17

Jul 25 Fri: Saint James, Apostle

2 Cor:4:7-15; Ps:126:1bc-2ab, 2cd-3, 4-5, 6; Mt:20:20-28

Jul 26 Sat: Saint Joachim and Anne, Parents of the Blessed Virgin Mary

Ex:24:3-8; Ps:50:b-2, 5-6, 14-15; Mt:13:24-30

Saint Anne & Saint Joachim

(Parents of the Blessed Virgin Mary)

Saint Anne—Patron Saint of grandparents, grandmothers, mothers, room-makers, cabinetmakers, carpenters, dressmakers, equestrians, expectant mothers, homemakers, housewives, lace workers, seamstresses, miners, old-clothes dealers, Canada, and France. Invoked against sterility and poverty and to find lost articles

Saint Joachim—Patron Saint of grandparents, grandfathers, fathers, married couples, cabinetmakers, and linen traders



©Religious Graphics, Ltd.

NOTES OF STEWARDSHIP

Martha and Mary are the focus of this weekend's Gospel, which abounds with rich themes about hospitality, service, and finding the right balance between action and prayerful attention to the Lord. Christians who are good stewards of their faith life realize that if they are too busy to enjoy peaceful, private time with the Lord, then something is out of balance in their spiritual lives. If we make time for Mass, but then carry on with our bus schedules without prayer, meditation and reflection, we are missing out. If we find ourselves anxious and harried by life's routines, could it be a sign that something in our spiritual life needs some serious attention? (International catholic Stewardship Council)

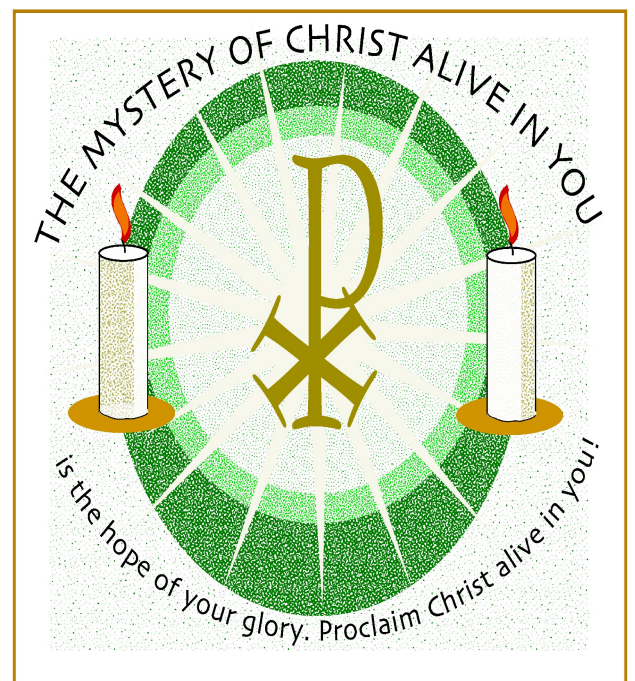
STEWARDSHIP OF TREASURE

| | |
|-------------------|--------------------|
| Sunday Collection | \$ 7,742.14 |
| Candles | 75.00 |
| Mass Intention | 80.00 |
| Outreach | 45.00 |
| Total | \$ 7,672.14 |

RESTRICTED COLLECTIONS

| | |
|---------------|--------------------|
| Building Fund | \$ 7,740.00 |
| Total | \$ 7,740.00 |

MAHALO FOR SHARING YOUR TREASURE



©Religious Graphics, Ltd.

WORSHIP, LIVE, LEARN, OR WORK IN WAIPAHU?

Call and make an appointment to visit our caring, friendly staff at our Waipahu Community Office and become a member!

Building Better Financial Futures

Phone: 677-6206

Waipahu Community Office
94-226 Leoku St., #4,
Waipahu, HI 96797
www.mvfcu.coop



MATANUSKA VALLEY
FEDERAL CREDIT UNION
HAWAII ALASKA

Federally insured by NCUA



Frances I. Cajimat
Community Office
Manager

Email: cajimatf@mvfcu.coop



DR. ELAINE MESINAS, DMD SUNSHINE DENTAL CENTER

QUALITY CARE THAT MEETS YOUR
DENTAL NEEDS FOR CHILDREN & ADULTS

FREE CONSULTATION

SAME DAY EMERGENCY & WALK-IN APPOINTMENTS

Waipahu • 94-748 E Hikimoe Street
808-677-3751 • Tues, Thurs, Sat

Kalihi • 1437 North King Street
808-847-4868 • Mon, Wed, Fri, Sat

www.sunshinedentalhawaii.com

HDS MEDICAID, QUEST, UNITED HEALTH CARE,
HUMANA, HMSA, UNITED CONCORDIA, AETNA,
HMAA, GEHA and more...



Funeral Photo & Video Services

"Preserve memories of the love shared, the stories told, & the legacy of loved ones."

Photography♥Videography
Memorial Slideshow♥Drone

★Earn rewards for referrals

•\$150 for every successful
photo AND video referral.

•\$100 for every successful
photo OR video referral.

Rewards require a minimum 4-hour booking.

www.visionaryviewsllc.com/funeral



Jerome Adarna Jr.
(808)342-7508
Jerome@visionaryviewsllc.com



Luxury Real Estate and Vacation Rentals



KBM | RESORTS

Vacation Rental Property Management

808-568-3270 Parishioners

• www.kbmresorts.com • reservations@kbmresorts.com •

Stay with Us Next Time

Oahu • Maui • Big Island • Park City • Lic.# RB20743



Professional Image

PRINTING • COPYING • GRAPHICS

Making Hawaii Look Good In Print

Color Copies • Offset Printing • Banners • Posters • Graphic Design
Mounting & Laminating • Scanning • U.S. Postal Service Partner

KAPOLEI MARKETPLACE • 590 FARRINGTON HWY
MON THRU FRI: 8AM-7PM • SAT: 9AM-4PM

TEL: (808) 674-8388 • KAPOLEI@PROIMAGEHAWAII.COM

This bulletin is made
possible by your
advertisers at **no cost** to
the church.
Please consider
advertising and support
the advertisers whenever
possible.

Call (808) 674-8388
for advertising space.

Armas
Financial Services

I can help with your:

- Medicare Advantage Plans
- Prescription Drug Plans
- Medicare Supplemental Plans
- Dental Plans & Vision Plans
- Life Insurance & Final Expense

NO-Cost Consultation with
NO Obligation to Enroll



Angie Armas
808-382-6290
8am - 5pm

94-210 Pupukahi St. Ste. 203, Waipahu



MILL TOWN
DENTAL CLINIC

OUR SERVICES :

- ✓ Family & Cosmetic Dentistry
- ✓ White Fillings, Same Day Crowns
- ✓ Digital Dental Office
- ✓ Metal Free Dentures
- ✓ Implants
- ✓ Invisalign

(808) 678-8300

Located at the
Filipino Community Center in Waipahu



- Most Insurances Accepted, Including Devoted Plans
- Payment Options Available
- No Insurance, No Problem! Ask about our New Patient Special!

DR. MARILOU CABALO CABABAT



OFFICE HOURS

Mon, Tue, Thurs, Fri
8am-12pm and 1pm-5pm
Closed Wednesday
Weekend Appointments
Available

16th Sunday In Ordinary Time C July 20, 2025

Ka Leo O Ke Kahuipa – Aloha ‘Ohana Aloha Nui’ia

KA AHA KUKA O NA KAMIANO A ME MELEANA # 16414

**HO’OMAIKA’I – CONGRATULATIONS NEWLY INSTALLED KNIGHTS of COLUMBUS
OFFICERS**

Our newly appointed officers: **Grand Knight** – William Kozak, **Deputy Grand Knight** - Thomas Zizzy, **Financial Secretary** – Chris Kalili, **Treasurer** – Sabastian Lopez, **Recorder** – Eric Taramasco and **New Member** – Sanford Dexter Kaninau Jr.

Also, we extend our farewell, prayers and best wishes to **Micheal Simechero** our former Grand Knight who has moved to the mainland, God bless Michael and Ahui hou!

PART of VACATION 2025

I will be on 10-day vacation starting this **Tuesday, July 21st**. until **Thursday, July 31st**. The La Salette Fathers will be covering for the coming weekend masses except 7:am Sunday.

Scripture Reflections

Old Testament: Genesis 18: 1- 10a

Background Context: Our first reading taken from **Book of Genesis** begins with Abraham sitting outside his tent during the hottest part of the day. It is a story about how Abraham practiced hospitality which was akin to a sacred duty to the people of the ancient Middle East, and it is still much the same today.

The three strangers who suddenly appeared were greeted by Abraham, even though he did not know who they were but being always faithful to his customs and duty of hospitality as he runs to welcome the three strangers into his home.

Abraham offers them water, rest, and a big meal (choice steer, curds and milk). In the culture of the time, showing hospitality to strangers was a sacred duty, and had mutual benefit for people of the desert who depended often on the hospitality of each other to survive. Abraham offers them water, rest, and a big meal (choice steer, curds and milk). Abraham offered them food and rest. This story showed the biblical teaching of the value of treating guest with respect and dignity and the cultural practice of hospitality of the nomadic peoples. Abraham went above and beyond what was expected, and he was rewarded. What Abraham did in generosity he did not realize right away that these visitors represented God.

In the guise of the three traveling strangers, God showed up in unsuspecting way and after being welcomed and treated generously in Abraham's home, God's made a promise that was unbelievable, so much so that Sarah overhearing it laughed. As they ate, one of the visitors said something shocking, **"I will surely return to you about this time next year and Sarah will then have a son."** (Genesis 18: 10a). Both Sarah and Abraham were well into old age, therefore Sarah, who was listening from inside the tent, and when she heard this, she laughed. (Genesis 18:13).

Application to Life: Sarah is very old and so is Abraham. Sarah's laughter may have come from disbelief, but maybe even from sadness or pain, after so many years of waiting and hoping for the covenant God had made to Abraham that he would be a father of many nations. (Genesis 17: 3-6). To Sarah's doubt comes God's gentle and yet powerful question to Sarah who laughed; **"Is there anything too marvelous for the Lord to do?"** (Genesis 18: 14). That question turns the whole moment around. Sarah's laughter of disbelief becomes the laughter of inner joy, God reminding Sarah that nothing is too hard or impossible for the Lord's promise to be fulfilled, even when we may doubt.

What an amazing but relevant lesson is taught to us, when we feel like it's too late, too hard, or too broken, God reveals His presence and reminds us of all that God is ever faithful to all His promises.

Even in our doubts and weariness, God's timing always surprises us and bring fuller life. In the end, Sarah did not just laugh at God's promise, she laughed with God, in joy. We all find it natural and easy to praise, laugh and rejoice with God when things go our way, but if not, it is so easy for us to lose the joy and the trust in God. Yet it is precisely then that we must still trust, be patient and rejoice for God to fulfill His promises.

St. Rita's parish ohana for 37 years has been striving to **"rebuild"** the old burned down parish social hall since back in 1988. It has been a long and daunting task, and many obstacles lie in the path, some due to our property status that deprive us unlike other parishes access a loan to build. But we must not fall into despair, rather redouble our trust and be fervent in our prayers and let God's heart know that we really need a place to gather to dance, share songs, socialize and with loud laughers to share our ono food in many festal days of the year, most especially on the feast of our Patron St. Rita of Casia. Let God's heart be touched and be moved by our reverence and fervent prayers in His sacred Church that we need a such a place to gather before and after our sincere and reverent worship every Sunday.

New Testament: Colossians 1 24 - 28

Background Context: In our second reading taken from Paul to the Colossians, Paul opens his heart to the Christians - church revealing both his suffering and his joy in the ministry. At first glance, his words are surprising. **“Now I rejoice in what I am suffering for you.”** Most of us do not associate suffering with rejoicing but Paul sees his hardships as part of a larger mission. He knows he does not suffer pointlessly; he suffers so that others may come to know Jesus Christ and grow in Him.

Paul says he is **“filling up what is lacking in Christ’s afflictions,”** not because Christ’s sufferings on the Cross was not enough, Jesus Christ and His suffering and death has accomplished the work of our redemption. There is no adding to what is accomplished but Paul sees himself continuing Christ’s work through his own life as member of the Mystical body, the church. Paul is speaking about the church, the Mystical body of Christ. We who are baptized and are members of the Mystical body of Christ the church and we all know much is still lacking in us.

Jesus Christ’s love led Paul to suffer for the members of the Mystical body the church and make up for what is lacking in this body, the church. Paul willingly shares that pattern for the sake of the Church. Paul’s suffering is a way of loving others and bringing them into a deeper relationship with God.

Application to Life: The central theme in this passage is the mystery of the gospel. That as baptized members of the church, the Mystical body of Christ, like Paul we can also bear sufferings for the sake of others.

“Christ in you, the hope of glory.” This truth is also rich with meaning. Before the coming of Christ, God’s plan of salvation was revealed in by the prophets in preparation for the coming of Christ. It is only by Jesus Christ God’s plan is fully revealed. Paul recognizes this and states, now, through Jesus Christ, that mystery – our salvation is made known not just to a specific group- Jews, but to all peoples. **“Christ in you”** means God is no longer distant. Through Jesus Christ, God lives within believers by the Spirit, bringing hope, strength and transformation.

It is a personal and powerful truth; we do not just follow Jesus Christ; we carry Him within us. Paul’s goal is not just to share this message but to help believers grow to full maturity. Paul works tirelessly so that each person may become more like in the image of Jesus Christ, fully formed, spiritually mature, and grounded in truth. This passage reminds us that faith is not just about comfort or security; it’s about purpose and mission. Even in our struggles and sufferings, God is at work. Our lives have meaning and purpose when we use them to serve others and share the hope we carry. And that hope, Jesus Christ in us is

all that is enough to sustain us. How can I carry Jesus Christ into my struggles this week and bear witness?

Gospel: Luke 10: 38 – 42

Background Context: In the gospel of Luke, we encounter Martha and Mary, and we find Martha who is busy preparing everything trying to be good host, while her sister Mary does something different, she sits at Jesus' feet and listens to him. Martha becomes upset and asks Jesus to tell Mary to help her. Surprisingly Jesus gently corrects Martha. Now this story is not about whether busy serving is good or bad.

Now why was Jesus at Martha, Mary and Lazarus' home in Bethany just few miles outside Jerusalem? Jesus was heading to Jerusalem and He had spoken not once but on 3 different occasions to His disciples of His coming suffering in Jerusalem, yet they did not understand Him. Nevertheless, Jesus resolutely set Himself toward Jerusalem, as Isaiah prophesied long ago, **"Suffering Servant set His face like a flint..." (Isaiah 50:7)**. Jesus deeply desired to fulfill His mission, yet Jesus' human heart must have ache with heavy sorrow and fear. In Bethany in the house of His dear friends what Jesus truly desired and perhaps needed was rest, solace and understanding more than food and drink.

Adhering to the traditions and customs of ancient Middle East hospitality it was natural for the host, Martha, to busy herself to prepare a good meal for her guest and try to make everything perfect. She was doing what was expected and something good. But it is precisely in this being so busy she missed the very reason Jesus was there in their presence. Mary understood why Jesus came and stayed by Jesus to listen and be with Him. Martha in her desire give Jesus the customarily hospitality in her busy activity missed the reason Jesus was there. Jesus knowing full well what awaited Him, would have as any person would simply want to rest His heavy heart and have the chance for Martha and Mary to be present to Him.

Martha is so taken up with her hospitality tasks that she has missed the deeper reason for hospitality; it is the opportunity to be present. When Martha said **"Lord, do you not care that my sister has left me by myself to do the serving?" (Luke 10:40)**. Jesus replied, **"Martha, you are anxious and worry about many things. There is need for only one thing, Mary has chosen the better part, and it will not be taken from her" (Luke 10: 42)**. Being in His presence, hearing His words and learning to Him was more important at that moment than all the preparations that were being made for food and drink.

Application to Life: This passage teaches us a lesson that is important for our lives. That we learn to prioritize and balance our lives. The story of Martha and Mary is a story of

discipleship. That our discipleship must be **both prayerful and reflective but also it must be active and produce good fruit.**

Now Jesus is not condemning Martha for wanting to have Mary assist her so that they could best serve the host - Jesus. But **Martha's active discipleship** must come after the example of **Mary's discipleship, that is reflective, prayerful in Jesus' presence.**

What Jesus truly needed most at this time was comfort and listening heart and not food and drink the customary hospitality of the time. Often our efforts to do good miss the mark to do our best. We often feel or act like Martha, busy, distracted, and stressed. There are so many things to do in the course of our day, and we try to do them all well, but how often we fail to realize that it has to begin with God first and then flows into the busy day?

In the middle of our bustling and stress filled day, we can miss what matters most: time spent with Jesus first. Daily Jesus invites us to slow down and sit at His feet, like Mary did, He reminds us that being present with Him, listening to His Word, and letting His peace guide our hearts first to the **"better part."** When we make time for that, everything else begins to fall into place. The busy and hurried pace of life then would not overwhelm us so easily for we began with Jesus.

The story teaches us that **our discipleship is both reflective and prayerful – like Mary and yet also active and productive – like Martha.** But Jesus made it clear by teaching us that **it begins first as Mary did and only then as Marth does.**

Jesus tells us something even more important, that it is in spending time with Him we find and discover our real value. As Christians and disciples when we do learn to properly prioritize our lives by first being centered in God, then we can with God accomplish many things over the course of our day, both great and small. The truth is that **"the better part"** is first making space to pray, to listen to rest in God's presence.

The Difference: I got up early one morning and rushed right into the day: I had so much to accomplish that I didn't have time to pray. Problems just tumbled about me and heavier came each task. **"Why doesn't God help me?"** I wondered. He answered, **"You didn't ask."** I wanted to see joy and beauty, but the day toiled on, gray and bleak. I wondered why God didn't show me. He said, **"But you didn't seek."** I tried to come into God's presence; I tried all my keys at the lock. God gently and lovingly chided, **"My child, you didn't knock."** I woke up early this morning, and paused before entering the day, I had so much to accomplish that **I had to take time to pray.**

Have a blessed week in the Lord! Fr. Paulo ofm cap.

