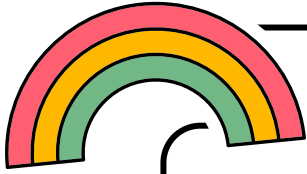


BINGO



Stretch
like a
rainbow

Blow in the
wind like a
kite

Crab walk
with a
friend

Spin 3 times
to the right
and 3 times
to the left

Balance
like a
flamingo

Find a
flower and
squat down
to smell it

Fly like an
airplane

Throw a ball
as far as
possible,
then run fast
to get it back

Crocodile
crawl on
the grass

Walk on
your heels
in a zig zag
pattern

Find some
grass and log
roll 5 times..

Squat down
low like a
frog, then
jump up high

Skip around
and collect
4 things
from nature

Stretch up
high like a
tall giraffe
reaching
for the sun

Pose like a
cobra
basking in
the sun

Kick a ball
back and
forth with
a friend

Gallop
like a horse
and find 4
yellow things

Do a silly
dance, then
hold a pose
for 5
seconds

Find a big
tree and
jump up
high to touch
a branch

Jump rope

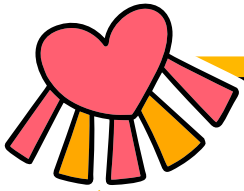
Find a crack
in the
pavement
and balance
along it

Jump
forward
just like a
kangaroo

Throw a ball
high in the
air and
catch it as it
comes down


Hop over a
puddle

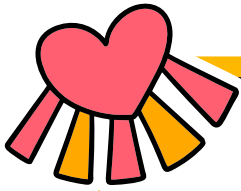
100



BINGO





ACTIVITY LIST



Stretch like a rainbow
Balance like a flamingo
Blow in the wind like a kite
Crab walk with a friend
Spin 3 times to the right and 3 times to the left
Find a flower and squat down to smell it
Walk on your heels in a zig zag pattern
Fly like an airplane
Throw a ball as far as possible, then run fast to get it back
Crocodile crawl on the grass
Find some grass and log roll 5 times
Squat down low like a frog, then jump up high
Skip around and collect 4 things from nature
Pose like a cobra basking in the sun
Find a big tree and jump up high to touch a branch
Kick a ball back and forth with a friend
Gallop like a horse and find 4 yellow things
Do a silly dance, then hold a pose for 5 seconds
Jump rope
Hop over a puddle
Jump forward just like a kangaroo
Throw a ball high in the air and catch it as it comes down
Stretch up high like a tall giraffe reaching for the sun
Find a crack in the pavement and balance along it
Take a 10-minute walk around the playground
Do 10 jumping jacks
Skip in place for 2 minutes
Crawl like a bear

COPY AND PASTE THIS LIST

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