

How Aligned are your Priorities?

It's easy for our daily actions to stray from our true intentions. While we may believe we're prioritizing family, faith, or personal well-being, an honest look at our habits often tells a different story. This tool offers a crucial, non-judgmental look into that reality. The insights it provides are simply a first step toward living a more intentional life—one that truly reflects what matters most to you. Take a moment, be honest with yourself, like looking into a mirror, and let's see what emerges.

The 10-Question Self-Assessment

1. Faith & Spirituality:

During a typical week, how much time do you intentionally set aside for spiritual reflection, prayer, or activities related to your faith?

- A) Daily, a lot of time.
- B) A few times a week.
- C) Once a week.
- D) Rarely or never.

2. Your Spouse:

When was the last time you had a dedicated, uninterrupted conversation or spent quality time alone with your spouse, focused only on your relationship?

- A) In the last 24 hours.
- B) In the last few days.
- C) In the last week.
- D) It's been a while, or it doesn't apply to me.

3. Your Kids:

How often do you do things with your children where you're fully present and focused on them, without distractions from work or other duties?

- A) Daily.
- B) Several times a week.
- C) Once or twice a week.
- D) Rarely or only for special events.

4. Work-Life Balance:

In the last month, how many evenings or weekends did you spend mostly on work-related tasks, even when you weren't officially "on the clock"?

- A) More than 8.
- B) 4-7.
- C) 1-3.
- D) None.

5. Where Do Your Actions Lean?

When you're facing a conflict or a difficult decision, which area of your life usually gets your immediate focus or takes precedence in how you act?

- A) Your work or career.
- B) Your personal interests or other people outside your closest family.
- C) Your kids' needs or activities.
- D) Your spouse's needs or your relationship with them.
- E) Your faith or spiritual practices.

6. Unexpected Free Time:

Imagine you suddenly have a free hour in your schedule. What are you most likely to do with that time?

- A) Spend it in prayer or spiritual study.
- B) Connect with your spouse.
- C) Engage with your children.
- D) Catch up on work or personal errands.
- E) Enjoy a hobby or relax.

7. Feeling Recharged:

How often do you feel truly rested and ready at the start of a new week, so you can fully tackle your priorities?

- A) Almost always.
- B) Most weeks.
- C) Sometimes.
- D) Rarely or never.

8. Making Cuts:

If you had to reduce one area of your life to create more time, which one would be the hardest for you to cut back on?

- A) Work commitments.
- B) Social activities/personal time.
- C) Time with your children.
- D) Time with your spouse.
- E) Spiritual practices.

9. Financial Investment:

When you think about your money, which area gets the most significant investment (your time, treasure, or talent (energy))?

- A) Work/Career development.
- B) Your children's activities/future.
- C) Your home/personal comfort.
- D) Faith-based giving/activities.
- E) Experiences with your spouse.

10. Overall Alignment:

Overall, on a scale of 1 to 5 (1 being completely out of balance, 5 being perfectly aligned), how well do your daily actions match your stated priorities of God, Spouse, Kids, and Work (in that order)?

- A) 5 - Perfectly aligned.
- B) 4 - Mostly aligned, just need small adjustments.
- C) 3 - Some big areas feel out of balance.
- D) 2 - Really struggling to align; need major changes.
- E) 1 - Completely out of balance.

Stories - Songs

By Keith Lilek
Award-Winning Catholic Author

Living Life's Priorities
Get Back to Me

**Get Back to God Today —
The Anchor of Your Life**

Baby Jesus, I Believe
Knock on Wood
Fall on Your Sword
Your Grace
It's Time to Attend
From Gold Medal to God
The Shoe Master

**Prioritizing Your Spouse—
The Cornerstone of Your Heart**

Mentor Dad
Finding the Right Wife
I Listen, Yes, I Hear the Call
My Vow to My Lord and You
It's How You Say It
I Life You
My Lord's Eyes

**Prioritizing Your Children —
The Joy and Future of Our Lives**

I Am Your Earthly Father
A Dad Makes All the Difference
I Promise
Lileks Are Leaders
Chastity Ring
Save Money for Your Children's Children
Ellen, Get Right Back Up

**Embracing Your Work —
Understanding Why We Work**

Character Sets the Bar High
Mentoring Job
Street-Corner Strays
Sullivan's Bizarre
Confess to a Friend
You Saved Me With Your Eyes
We Laid Hands on Him Today

Lessons

**Living Life's Priorities: God, Spouse,
Kids, Work, That is How I Live!**

God, Spouse, Kids, Work/Others
Find Your True Self

**Get Back to God Today —
The Anchor of Your Life**

Devotion to Christ
Keep Faithful
Apologize Now & Often
Pray on Your Knees
Continuing Education
Show Others How to Win
Wash Their Feet

**Prioritizing Your Spouse—
The Cornerstone of Your Heart**

Understand Your Family Origins
Choose Wisely
Change Your Purpose
Commit to Christ in Relationship
Change Your Tone
Find Deeper Meaning
See the Joy Loved Ones

**Prioritizing Your Children —
The Joy and Future of Our Lives**

Shift Parenting Perspective
Be Present with Kids
Choose Your Words Wisely
Teach Leadership
Promote Kids Virtue
Biblical Saving Lesson
Be Encouraging

**Embracing Your Work —
Understanding Why We Work**

Teach Character
Pay It Forward
See The Face of Jesus
Surround Yourself with Positivity
Let Go & Move On
Support Others in Need
Pray Over Others