

October Newsletter!



The Good Food Collective team is working hard, and always loving what they do! ❤️ On September 23, they made an incredible 140 Classic Hero Subs as part of their weekly lunch program, bringing people together over good food and great company.

With the 2026 Harvest Dinner just around the corner, there's lots happening in the Good Food Collective community this month! 🍁

Check out our October newsletter for more community updates, upcoming events, and ways to get involved.

WHAT'S INSIDE

- Volunteer Spotlight & Call for Volunteers
- Client Experience Survey
- GFC Menu
- Questbus
- Georgina & Newmarket Fresh Food Markets
- Good Food Collective Harvest Dinner Call for Silent Auction Items

Volunteer Spotlight Anahita!

Newmarket Community Action
Table Ambassador

Tell us a little bit about yourself and what inspired you to start volunteering with Routes.

I am an ambivert by nature, a financial advisor by profession, and simultaneously while I'm managing client portfolios, I take pride in balancing my favourite role as a firm and fun parent!

What is your favorite memory with Routes?

Meeting people, from all walks of life, my favorite part is the work we do at Routes, we truly connect communities, and my most favorite memory has to be the time spent at LAMP - Trinity Church, and the countless times, that I have seen well fed faces and the selfless volunteers, giving their absolute best with the intention to only be of service.

How has Routes impacted you?

Routes and the opportunities to volunteer have helped me strengthen my empathy and perspective, encouraged me to reflect, and offer more gratitude, and it's a constant reminder that acts of giving are not necessarily monetary, it can be simple contributions of time, mentorship, listening or just being present to offer help.



This is my favourite picture of me and my kids, enjoying some paddle boarding, there is such calm just being around the waters and I love this quote "Flow like the water, and you will find your way through any rock"

What are your goals for the future?

More than goals, at this present time, I truly wish that we as humans put aside our religious and geopolitical views and come together in humanity and in compassion, and that we all take pleasure in knowing that there is power in diversity.

Join the Richmond Hill Bingo Team!

VOLUNTEERS NEEDED

Support our charitable partner Bingo World to raise funds for Routes Connecting Communities

\$50 HONORARIUM

Per 2-hour shift

Support during the event
and cleanup afterwards



Bingo World and Gaming
Richmond Hill
350 Newkirk Road

Join the team!

E-Mail: Emily@routescc.org

Call: 905-722-4616x4



Join the Bingo Team!



**New Client Driver: Larry, Food Delivery
Driver: Tanaz & Bingo Volunteer: Homa!**

2026 Client Experience Survey

CLIENT EXPERIENCE SURVEY 2026

We value your feedback and want to hear how we can continue improving our services and showing up for the community.

Please take 5 minutes to complete our client survey and share your experience with us.

As a thank you, every client who completes the survey will be entered into a draw to win a \$100 gift card!

CHANCE TO WIN A
\$100
GIFT CARD



SCAN THE QR CODE TO
ACCESS THE SURVEY

Link To Survey: www.routescc.org/feedback

Need help filling out the form? Call our office at
905-722-4616 or visit us at The Link.



Click here to fill out the survey!

The Good Food Collective Menu



October MENU

GOOD FOOD COLLECTIVE



Globally Inspired Meals with Homemade Flavour & Local Ingredients
20849 Dalton Rd, Sutton | Wednesdays 12-1:30PM | Dine-in: Pay-what-you-can | Takeout:
Minimum \$8 (reservations due by 4PM Monday)
Interested in sponsoring a lunch? Reach out to Carolyn at carolyn@routescc.org

October 7

HOT TURKEY OPEN FACE SANDWICH

Thanksgiving Celebration
Sponsored by: The
Thompson-Carter Family
YRFN Fresh Food Market



October 14

BRATWURST AND WARM GERMAN POTATO SALAD

German Heritage Month
Sponsored by: Good Food
Collective
Community Group:
Georgina Fire



October 21

SPLIT PEA AND HAM SOUP

Fall Celebration
Dessert and Coffee
sponsored by: Melissa
Taylor Real Estate
YRFN Fresh Food
Market



October 28

CHILI WITH GARLIC BREAD

Halloween celebration!
Sponsors:
Naturally Enchanted &
Cedarvale Lodge



CONTACT:

(905) 722-4616
info@goodfoodcollective.ca
goodfoodcollective.ca

E-Transfer: finance@routescc.org
Add message "GFC Lunch"

Questbus!



FOOD ACCESS SUPPORT



GOOD FOOD COLLECTIVE COMMUNITY LUNCH

\$5 Fare | \$5 Suggested Dine-In | \$8 Takeout
12:00PM-1:00PM | Wednesdays: Sept. Oct. 7 & 21



SHOP, SOCIAL & WELLNESS



ROAD TO FITNESS & FRIENDSHIP (GEORGINA RESIDENTS)

TAI CHI @ THE GEORGINA ICE PALACE

Tuesdays Weekly: Oct. 6, 13, 20, 27 | 10:00AM-11:00AM | **FREE** Fare
Must be Registered | Comes with **FREE** Rec Pass | For Seniors 55+



SCAN

Proudly supported by
GEORGINA



ROUTES TO WELLNESS (EAST GWILLIMBURY RESIDENTS)

LINE DANCING, AQUA MOVE & MINGLE, OPEN SWIM @ HEALTH & ACTIVE LIVING PLAZA

Thursdays Weekly: Oct. 1, 8, 15, 22, 29 | 10:00AM-12:00PM | **FREE** Fare
Must be Registered | Comes with **FREE** Rec Pass | For Seniors 55+



SCAN



KESWICK WALMART PLAZA

FIRST COME FIRST SERVED, LIMITED SEATS AVAILABLE.

10:00AM-12:00PM OR 12:00PM-2:00PM
24 SEATS AVAILABLE | Wed, Oct. 28 | \$10 Fare



ADVENTURE AWAITS – TAKE THE QUEST!



HARVEST DINNER AT THE LINK

JOIN US FOR A DELICIOUS MEAL & SUPPORT THE GOOD FOOD COLLECTIVE!

6:00PM-9:00PM
Fri, Oct. 23 | \$20.00 Bus Fare | MEAL INCLUDED IN COST!



PICK-UP FROM YOUR HOME!
CALL 905-722-4616 x 1 TO RESERVE A SEAT!

PROJECT FUNDED BY:



Georgina Fresh Food Market

GEORGINA FRESH FOOD MARKET

Drop by and enjoy our affordable fresh fruit and vegetable market. The market includes beautiful produce, veggie tastings and more! This space is open to all and designed to make it easier to access fresh produce.

CASH
CREDIT
DEBIT



Bring a
reusable
bag!

2026 DATES:
Wednesdays

Aug 5 & 19
Sept 2 & 16
Oct 7 & 21

TIME:
11:30 am –
1:00 pm

PLACE: The Link
20849 Dalton Rd, Sutton

CONTACT: For market related questions, please contact YRFN
at: Christinal@yrfn.ca or (905) 841-3101 ext 210

For more information, check out our website: www.yrfn.ca



Newmarket Fresh Food Market

NEWMARKET FRESH FOOD MARKET

Drop by and enjoy our affordable fresh fruit and vegetable market. This space is open to all and designed to make it easier to access fresh produce. To learn about our markets visit www.yrfn.ca

**CASH
CREDIT
DEBIT**

**Bring a
reusable
bag!**



2026 Dates:

Weekly

Tuesdays

Sept. 1, 8, 15, 22

& 29

Fridays

Sept. 4, 11, 18 &

25

TIME:

11:00am-

1:00pm

PLACE: York Region Food Network – 17665 Leslie St., Unit 19
Newmarket.

CONTACT: For market related questions, contact
ChristinaL@yrfn.ca or (905) 841-3101 x 210



Harvest Dinner Call for Silent Auction Items!



2nd Annual HARVEST DINNER



We need your help!

Our 2026 Harvest Dinner is fast approaching on October 23 and we're looking for donations for our silent auction!



DONATIONS CAN INCLUDE:
GIFT BASKETS, GIFT CARDS, EXPERIENCES,
PRODUCTS, SERVICES AND MORE!

DONATION DEADLINE:
OCTOBER 19, 2026

Have something you'd like to donate?

Donations can be dropped off at Routes or the Community Living Office: 20849 Dalton Rd, Sutton

For more information, contact: carolyn@routescc.org



Our 2026 Harvest Dinner is fast approaching on October 23 and we're looking for donations for our silent auction. Gift cards, gift baskets, products, services, or experiences are all welcome!

Proceeds directly support the Good Food Collective (GFC), a community-driven partnership between the Georgina Community Food Pantry, Community Living Georgina, and Routes Connecting Communities.

Since January, our community meal program has brought together nearly 000 people across York Region through food, skills, and opportunity. Your support can amplify our impact – reaching even more people across our region – to build community and bridge social gaps.

Donations can be dropped off at Routes or the Community Living Office:
20849 Dalton Road, Sutton

For more information or questions, click the button below!

Thank you for helping us build stronger, connected communities!

[Inquire about donating here:](#)

Georgina Community Action Table Programming



ADULT DROP IN

A FREE DROP-IN FOR ADULTS & SENIORS

PRESENTED BY THE NORTHERN GEORGINA COMMUNITY ACTION TABLE

THUR
OCT 1

Fall Coasters

10am-12pm Link Event Hall



THUR
OCT 8

Twine Pumpkins

10am-12pm Link Event Hall

THUR
OCT 15

Pumpkin Painting

10am-12pm Link Meeting room 2



THUR
OCT 22

Halloween Tumbler Cups

10am-12pm Link Meeting Room

TUES
OCT 27

Halloween Cooking Class

10:30am-12:30pm Link Kitchen

*Sign up required for cooking class due to limited space. Email Karenw@routesc.org

No Sign Up Necessary for craft
drop ins

Light Refreshments Provided

Contact: Karen

905-722-4616 x 6 or

KarenW@routesc.org



Lead Agency for the Northern
Georgina Community Action Table:



Newmarket Community Action Table Programming



Quick Action Grants NEWMARKET

ROUND 2 SUCCESSFUL APPLICANT MEETING



ROUND 1
PROJECT!

We have awarded \$4000 to **THREE** unique resident led grants. Each successful applicant created plans to organize initiatives in Newmarket that support housing stability and/or mental well-being!



6-7 PM Wednesday October 14th 2026
Huron Heights Secondary School - Cafeteria
40 Huron Heights Drive, Newmarket

MEET THE PROJECT LEADS AND SEE HOW YOU CAN BE A PART OF THE IMPACT!

Email Khalil for more information or to confirm your attendance khalil@routescc.org

QUICK ACTION GRANTS:
www.linkingnewmarket.ca/quick-action-grant/



Funded by
The Regional
Municipality of York



OUR HAPPY PLACE
TOGETHER WE SHINE

Thrive & CONNECT

GROW. CONNECT. THRIVE TOGETHER.

A six-month wellness program designed to support neurodiverse adults in Newmarket through inclusive, community-based experiences that encourage self-expression, confidence, and social connection.

WELLNESS & MINDFULNESS
Support your mind and body through movement and mindfulness practices.

CREATIVE EXPRESSION
Explore your creativity and express yourself through the arts.

SOCIAL CONNECTION
Build friendships and strengthen connection in a supportive community.

WELL-BEING & CONFIDENCE
Develop practical skills and confidence for everyday life.

SIX INTERACTIVE EVENT SESSIONS
SEPTEMBER 2026 – FEBRUARY 2027 • 10:30 AM – 1:30 PM

SEPT 24
DRUMMING
with Glenn Marais

OCT 15
ZOO TO YOU
@ BASE

NOV 19
DANCE
@ Art Dance Co

DEC 17
COOKING
with Eleana's Bazaar

JAN 21
ART
@ Lemmy Create

FEB 18
ZUMBA

FEB 25
CEREMONY OF ACHIEVEMENT
Celebrating growth, accomplishments, and our amazing community!

SPACES ARE LIMITED! **IT'S FREE!** **REGISTER TODAY!** ourhappyplaceadp.ca

This Quick Action Grant Is Supported & Funded By



REAL TALK

HELPFUL RELATIONSHIPS & HEALTHY BOUNDARIES

A WORKSHOP
SERIES FOR YOUTH

NOVEMBER 11 & DECEMBER 9, 2026

**HURON HEIGHTS SECONDARY SCHOOL
CAFETERIA**

WEDNESDAYS 6 TO 7 PM

40 HURON HEIGHTS DRIVE, NEWMARKET

**SUPPORTED BY THE NEWMARKET
COMMUNITY ACTION TABLE**



GET A GIFT CARD FOR EVERY WORKSHOP YOU ATTEND



SUPPORTED BY



**TD READY
COMMITMENT**



ACCESSIBLE SPACE



Newmarket Community Action Table

FREE BADMINTON SESSION

2026 Thursdays

October 1st

November 5th, 12th

December 10th

06:00PM – 07:30PM

**Dr. JM Denison Secondary School
135 Bristol Rd. Newmarket
(North West Entrance Only – Field Parking Lot)**

**Follow us
@LinkingNewmarket
linkingnewmarket.ca**

FREE REFRESHMENTS!

**Join us on the court! Whether you're playing for glory or
just love the game, this is your moment!**

**All Participants Must
Sign In Prior To Play!**



OPEN TO ALL AGES



Funded by
The Regional Municipality of York



Routes CC | 20849 Dalton Road | Sutton West, ON L0E 1R0 CA

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