

November 2025

routes

ROUND UP



The Routes team (including Winnow and Freddie 🐶🐶) dressed up as the Scooby Doo Crew for Halloween!

# ROUTES ROUND UP

ISSUE 54 • NOVEMBER 2025

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### COMMUNITY EVENT CALENDARS

[Georgina Community Events](#)

[Newmarket Community Events](#)

## KEY DATES

### NOVEMBER 5

YRFN FRESH FOOD MARKET GEORGINA  
THE LINK, SUTTON | 11:30AM-1PM

### NOVEMBER 6

DROP-IN BASKETBALL  
JM DENISON SS, NEWMARKET | 6-8PM

### NOVEMBER 6

FREE/PAY WHAT YOU CAN MANICURE  
THE LINK, SUTTON | 1-3PM

### NOVEMBER 7

BARRIE CHRISTMAS CRAFT SHOW & MALL TRIP  
COOKSTOWN | \$20 BUS FARE | 12:30-4:00PM

### NOVEMBER 9

ART SHOW!  
THE LINK, SUTTON | \$20 TICKET | 2PM

### NOVEMBER 13

FREE/PAY WHAT YOU CAN MANICURE  
THE LINK, SUTTON | 1-3PM

### NOVEMBER 13

FUTSAL DROP-IN  
JM DENISON SS, NEWMARKET | 6:00-7:30PM

### NOVEMBER 16

MCMICHAEL ART COLLECTION  
KLEINBURG | \$25 BUS FARE | 11AM-2PM

### NOVEMBER 19

YRFN FRESH FOOD MARKET GEORGINA  
THE LINK, SUTTON | 11:30AM-1PM

### NOVEMBER 19

NEWMARKET HEIGHTS COMMUNITY DINNER  
CHURCH OF CHRIST, NEWMARKET | 3:30-7PM

### NOVEMBER 20

FREE/PAY WHAT YOU CAN MANICURE  
THE LINK, SUTTON | 1-3PM

### NOVEMBER 20

FREE BADMINTON SESSION  
JM DENISON SS, NEWMARKET | 6:00-7:30PM

### NOVEMBER 20

INTERNATIONAL NIGHT  
135 BRISTOL RD, NEWMARKET | 6:00-7:30PM

### NOVEMBER 27

JR.BASKETBALL  
JM DENISON SS, NEWMAKRET| 6:00-7:30PM



Community Lunch | 12-1:30 PM

The Link, Sutton

November 5, 12, 19 & 26

## Welcome New Volunteers!

Welcome new Fundraising  
Volunteer Michelle

*Welcome*

## By The Numbers - September



1,683  
Rides



1,020  
Riders



53 New  
Clients

## Call for Volunteers!

# Volunteer as a Friendly Caller!

  
connecting communities

We are looking for caring  
volunteers who are interested in  
having friendly phone  
conversations with other  
community members!

Does this apply to you?  
For more information or to submit  
an application,  
Visit our website: [routescc.org](http://routescc.org)  
Email: [info@routescc.org](mailto:info@routescc.org)  
or call: (905) 722-4616

# Sponsorship Spotlight: Kinnette Club of Sutton



**Why is supporting community connection important to you or your organization?**

"Serving the Community's Greatest Need" is at the heart of the Kinette Club of Sutton. Meaningful community connections help service clubs like ours better understand local needs and build partnerships that amplify our impact. Strong community ties allow us to reach more people, extend our support network, and make our community stronger together.



**How did you first get involved with the Georgina community?**

Since 1959, the Kinette Club of Sutton has proudly supported the residents of Georgina through countless initiatives. We've donated to many local service organizations/charities, supported community sports teams, awarded bursaries to all local high schools, collected food donations, and delivered much-needed service projects—such as our well-loved \$2 Clothing Sale. Together, we continue to serve, connect, and make a difference where it matters most—right here at home.



**Kin Canada**  
**Kinette Club**  
**of Sutton**

# Accreditation Announcement!



## Important Announcement

**Routes Connecting Communities is  
now accredited from Imagine Canada!**

**73 standards were met which means:**

- We uphold the highest standards of governance, financial accountability, and transparency.
- Our fundraising practices are ethical, responsible, and community-focused.
- We are a trusted organization dedicated to strengthening human connection.



# QuestBus Trips!

## NOVEMBER TRIPS

### FOOD ACCESS SUPPORT



#### GEORGINA FOOD PANTRY

11:00AM | Fridays, Nov. 14, 21 & 28  
Free Bus Fare | Call GFP to Book: (905) 596-0557



#### GOOD FOOD COLLECTIVE COMMUNITY LUNCH

\$5 Bus Fare | \$5 Suggested Dine-In | \$8 Takeout  
12:00PM-1:00PM | Wednesdays: Nov. 5, 12, 19, 26



### SHOP, SOCIAL & WELLNESS (GEORGINA ONLY)



#### KESWICK WALMART PLAZA

10AM-12PM or 12PM-2PM | Thursdays: Nov. 13 & 27 | \$10 Bus Fare



#### ROAD TO FITNESS & FRIENDSHIP: TAI CHI @ THE ICE PALACE

Tuesdays Weekly: Nov 11, 18, 25 & Dec 2, 9, 16 | 10-11AM | Free Bus Fare  
Must be Registered, Apply Now: [forms.office.com/r/uq9BabupSc](https://forms.office.com/r/uq9BabupSc)  
Applications accepted on rolling basis! Different drop-in each cohort.  
Comes with **FREE** Rec Pass | For Seniors 55+ in Georgina

### ADVENTURE AWAITS – TAKE THE QUEST!



#### BARRIE CHRISTMAS CRAFT SHOW & COOKSTOWN MALL

HANDCRAFTED TREASURES, FESTIVE FINDS & GREAT SHOPPING

12:30PM-4:00PM  
Friday, Nov. 7 | BUS FARE: \$20 | ADMISSION AT DOOR: \$12/Adult, \$10/Senior



#### McMICHAEL CANADIAN ART COLLECTION

CANADIAN ART, CHARMING EXHIBITS, AND A COZY CAFÉ

11:00AM-2:00PM  
Sunday, Nov. 16 | BUS FARE: \$25 | **FREE ADMISSION**



\*THANK YOU TO THE PROVINCE OF ONTARIO FOR KEEPING THESE TRIPS AFFORDABLE!



PICK-UP FROM YOUR HOME!

CALL 905-722-4616 x 1  
TO RESERVE A SEAT!

PROJECT FUNDED BY:



# Good Food Collective Menu



Globally Inspired Meals with Homemade Flavour & Local Ingredients

20849 Dalton Rd, Sutton | Wednesdays 12-1:30PM | \$5 Transportation avail. upon request

Dine-in: Pay-what-you-can | Takeout: Minimum \$8 (reservations due by 4PM Monday)

Interested in sponsoring a lunch? Reach out to Carolyn at carolyn@routesc.org

## November 5



**BUTTER CHICKEN / CHANA MASALA  
WITH BASMATI RICE AND NAAN**

Diwali Celebration!

Sponsor: Health Georgina

Community Group: Sutton Legion, Branch 356

YRFN Fresh Food Market



## November 12

**FULLY LOADED BAKED POTATO SOUP  
& HOUSE SALAD**

Sponsor: Farm Credit  
Thompson Potato Farm



Birthday dessert from Brenda



## November 19



**MEATLOAF, MASHED  
POTATOES & BAKED BEANS**

Guest Chefs EddyBee N Tootsie!

Sponsor: EddyBee & Tootsie

YRFN Fresh Food Market



## November 26

**MULLIGATAWNY STEW**

Sponsored by:  
Councillor Dale Genge

National Cake Day!



### CONTACT:

(905) 722-4616

info@goodfoodcollective.ca  
goodfoodcollective.ca

E-Transfer: finance@routesc.org

Add message "GFC Lunch"

# Harvest Dinner!

The Good Food Collective Harvest Dinner 2025 was a beautiful reminder of what happens when a community comes together. Thanks to your generosity, we raised over \$13,000 to support local programs - made possible by 25+ sponsors, 150+ guests, and 40+ incredible team members and volunteers.



# Northern Georgina Quick Action R2 Grants



## NORTHERN GEORGINA COMMUNITY ACTION TABLE



### MEDIA RELEASE

#### 2025/2026 QUICK ACTION GRANT ROUND 2

In partnership with the United Way Greater Toronto Area, the Northern Georgina Community Action Table (NG CAT) is pleased to announce the recipients of 2025/2026 Round 2 Quick Action Grants. The purpose of the Quick Action Grants is to provide residents with resources to implement their ideas to address two critical issues – Mental Well-Being and Employment/Income Generation in our community. Congratulations to our grant recipients!

#### RESIDENT LED GRANTS

##### **Reiki 101: Your Calm Superpower (\$3500)**

This resident-led program will bring professional Reiki training to Georgina residents. The two-day Reiki Level I and II certification program, taught by Reiki Master Maureen McDermott, will provide participants with practical tools to manage stress, calm their nervous systems, and improve mental well-being. Upon completion, graduates will be certified Reiki practitioners qualified to offer healing sessions as a business in the community. Benefits of Reiki include stress reduction, deep relaxation, improved sleep, emotional balance, anxiety relief, and support for the body's natural healing processes. The program will take place between November 2025 and March 2026. To learn more, email [mcdermottpics111@gmail.com](mailto:mcdermottpics111@gmail.com)

##### **Village Circles: Employ & Empower (\$2770)**

This resident-led program will host monthly circles to support community, connections, and learning. Topics will include stress regulation, boundaries, service navigation as well as practical employment boosters such as a resume refresh, basic interview prep, and more. Sessions will take place between November 2025 and March 2026. For more information on this program email Absane Ibrahim at [aibrahim@daretorisefoundation.org](mailto:aibrahim@daretorisefoundation.org)

For more information about the grant projects, please contact Karen at [karenw@routesc.org](mailto:karenw@routesc.org) or Sandra at [sandra@routesc.org](mailto:sandra@routesc.org).

The Georgina CAT is a community based round table comprised of residents and agencies that want to Stability. For more information on the Northern Georgina CAT initiatives, please contact [sandra@routesc.org](mailto:sandra@routesc.org)

# Central Newmarket Quick Action R2 Grants



## CENTRAL NEWMARKET COMMUNITY ACTION TABLE

### MEDIA RELEASE

#### 2025/2026 QUICK ACTION GRANT ROUND 1 RECIPIENTS

In partnership with United Way Greater Toronto, the Central Newmarket Community Action Table (CNCAT) is pleased to announce the recipients of 2025/2026 Round 1 & 2 Quick Action Grants. The purpose of the Quick Action Grants is to provide residents and agencies with resources to implement their ideas that address two critical issues – Mental Well-Being and Housing Stability in our community. Congratulations to our grant recipients!

#### RESIDENT LED GRANTS

##### **Building Belonging (\$4000)**

A one-day gathering held August 8<sup>th</sup> 2025 that invited residents of all backgrounds to learn, connect, and act on local housing challenges. Through youth-led panels, hands-on workshops, and resource tables, the event was designed to reduce stigma around housing insecurity and create opportunities for support and dialogue. Local organizations were on-site to offer tools and guidance. Gift cards and refreshments were provided to encourage participation.

##### **Community Fall & Winter Programs (\$3500)**

Scheduled for Thursdays at Dr. Denison Secondary School between October 2025 and March 2026. This project will provide inclusive programming for community members between different age groups. With a mix of sports, art, hair care, games, and leadership opportunities, the project creates space for fun, connection, and learning. There will be opportunities for older students to serve as mentors and earn volunteer hours, while adults from the community will facilitate workshops and receive honorarium. The goal is to bring generations together, foster confidence and friendships, and help all participants feel a deeper sense of community.

##### **Art, Healing, and Unity (\$3000)**

During the winter 25-26 calendar, this project looks to transform the impacts of war, prejudice and cultural division into opportunities for healing by offering immersive art experiences that rebuild safety, trust and belonging. This event serves as a reminder that we are all equal, that life itself is a shared gift and through art, music and mindful presence we can celebrate life together.

##### **Flourish Circle (\$4000)**

A retreat-style workshop series designed to support the mental well-being of women over 40 will be taking place at the Women's Centre of York Region between February and March 2026. It aims to reduce stress, build resilience, and empower women to thrive in their next chapter in

# Central Newmarket Quick Action R2 Grants

life. While combining education, creative activities and peer support, the goal is to prioritize health, leading to greater confidence, fulfillment and long-term wellbeing.

## **International Night (\$4000)**

Taking place November 20<sup>th</sup> 2025 at Dr. JM Denison Secondary School, with a goal to create a safe, welcoming, identity affirming space for all families in Newmarket with a focus being on newcomers. This is a youth-led initiative which was created to pave opportunities for at-risk youth, immigrants and those facing barriers to showcase their leadership skills and talents. While connecting families with local Newmarket organizations, we are hoping to connect newcomer families with each other so they can foster positive, supportive relationships as they navigate the challenges of adjusting to a new country. It will be an evening of education and celebration for Newmarket residents as we showcase and highlight the diverse cultures within our community.

## **Well Informed (\$2,150)**

This student led project aims to host youth-focused (primary school) health education seminars that introduce core topics like nutrition, exercise, and wellness in an engaging, accessible way. Project leaders focus is to inspire local youth with reliable, easy-to-understand health information that can support healthier choices and spark long-term interest in wellness. Post secondary students will serve as facilitators through interactive presentations, visual storytelling, and open discussion designed to keep youth engaged and learning.

## **AGENCY LED GRANTS**

### **Nourish to Flourish – 360 Kids (\$7500)**

This project seeks to support at-risk and homeless youth in Newmarket and surrounding areas by offering a four-week, skill-building program focused on healthy eating, mental wellness, and financial empowerment. From August 4<sup>th</sup> to August 29<sup>th</sup> 2025, participants gathered weekly at the 360 Kids industrial kitchen located at Yonge Street and Davis Drive to assemble 50 healthy meal kits per session, the kits included shelf stable items as well as a \$20 grocery gift card to support with the rest of the ingredients. While preparing these kits, youth took part in guided conversations about the connection between nutrition and mental health, learning how nourishing the body can positively impact emotional well-being. The youth who participated in assembling the kits also took a kit home, and the remainder were handed out at Newmarket Public Library. All participants also learned about what the York Region Pop-Up Team at 360° Kids does.

# Central Newmarket Quick Action R2 Grants

## **Soul Food Sundays – Newmarket African Caribbean Canadian Association (\$5500)**

Soul Food Sundays is a brunch series (First date – September 21st, 2025 ) for Black women in Newmarket focused on nourishing mental wellbeing, building emotional resilience and strengthening peer connections. Inspired by a community member’s reflection after attending the Aurora Black Community Association Gala, the project recognizes the unique healing, solidarity and joy that comes when Black women gather in shared space. While many women in our community serve as caregivers, educators and social workers, they rarely get the chance to refill their own emotional cup. This initiative will provide a safe and affirming environment where Black women can connect, reflect and uplift one another through food, storytelling and facilitated conversations. Sessions will be co-hosted by a mental health facilitator and community volunteers and will include guided discussions on self-care, supporting Black children in schools and navigating systems of care and education.

## **Art Workshop Series – Doane Hospice (\$3550)**

Grief programs for children that will be structured as short workshops taking place on school PA Days/ during the December 2025 Winter break. The workshops will be themed “The Hero’s Journey: Navigating the Loss of a Loved One,” and will offer free grief support for the participants. The workshops will be offered at Doane House Hospice located in Central Newmarket (Yonge Street/Eagle Street). All activities will be tailored to participants’ ages. Regular check-ins will ensure a supportive environment, while volunteers will assist with logistics. Pre- and post-workshop surveys with parents/guardians will measure emotional well-being improvements.

For more information on any of the Quick Action Grants listed above or Central Newmarket Community Action Table initiatives, please visit [linkingnewmarket.ca](http://linkingnewmarket.ca), @Linkingnewmarket on social media or contact, [khalil@routescc.org](mailto:khalil@routescc.org) (Community Engagement Lead) or [sandra@routescc.org](mailto:sandra@routescc.org) (Community Engagement Manager)

The Central Newmarket CAT is a community based round table comprised of residents and agencies that want to make a difference in Newmarket. Our primary focus is in the areas of Mental Well-Being and Housing Stability.

**SCAN THIS QR CODE TO BE LINKED TO OUR SOCIAL MEDIA**



# Senior Shuttle

**Free**

**NEW!**

## **SENIOR SHUTTLE: THE ROAD TO FITNESS & FRIENDSHIP**

### **APPLY TODAY!**

Join us for a month of FREE Town of Georgina drop in recreation programming and a FREE bus ride each week to get there!

Entry to the program is not guaranteed. Up to 20 spots available each month. You can join multiple cohorts.

**Free Rec Pass for the month!**

**Free Transportation once/week!**

**Stay healthy, active & social!**

Interested? Complete the application at the link below and let us know what activities we should focus on!

<https://forms.office.com/r/uq9BabupSc>



**More Info:**

info@routesc.org

905-722-4616 x 1



PROJECT FUNDED BY:



**Apply here!**

# Art Show!

## WHEN MASTERPIECES MEET THE RUNWAY

FASHION + ART + FOOD + FUN!

Dress Up

Show Up

Give Back!



Join us for an afternoon  
in support of the **Good Food Collective**

- + Fashion Through the Ages: playful slideshow and surprising stories with **Ewa & Steeve Chwojko**
- + Local designers & their creations
- + Dance & music
- + Silent auction + more surprises!



**Sunday, November 9**  
**At 2pm**

**Tickets \$20** (at the ROUTES)



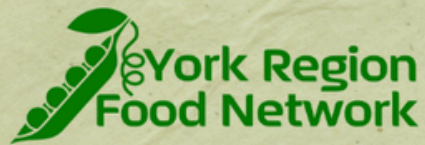
The LINK: 20849 Dalton Rd, Sutton

More info: [artamica.com](http://artamica.com)

Email: [artamica.ca@gmail.com](mailto:artamica.ca@gmail.com) (also for e-transfer)



# YRFN Keswick Pop Up!



## KESWICK AFFORDABLE FRESH FOOD MARKET

### POP UP

Bring a  
reusable  
bag!

CASH  
CREDIT  
DEBIT



**Fridays,  
Nov 14, 2025  
Dec 12, 2025  
12:00pm-1:00p  
m**

**Ice Palace  
Foyer  
90 Wexford Dr.  
Keswick**

**CONTACT:** For market related questions, please contact us at:  
MarissaW@yrfn.ca or (905) 841-3101 ext 209

For more information, check out our website: [www.yrfn.ca](http://www.yrfn.ca)



# YRFN Georgina Pop Up!

## GEORGINA FRESH FOOD MARKET

Drop by and enjoy our affordable fresh fruit and vegetable market. The market includes beautiful produce, veggie tastings and more! This space is open to all and designed to make it easier to access fresh produce.



### DATES:

Wednesdays

Sep. 3 & 17

Oct 8 & 22

Nov 5 & 19

Dec 3 & 17

### TIME:

11:30 am -

1:00 pm

**PLACE:** The Link  
20849 Dalton Rd, Sutton

**CONTACT:** For market related questions, please contact YRFN  
at: MarissaW@yrfn.ca or (905) 841-3101 ext 209

For more information, check out our website: [www.yrfn.ca](http://www.yrfn.ca)



# Housing Backpacking Event



# Futsal Drop-In



# FUTSAL DROP IN



**NOVEMBER 13**



135 Bristol Road Newmarket  
Dr. JM Denison Secondary School Gymnasium  
(North West Entrance Only - Field Parking Lot)

**6 TO 7:30 PM**

FREE PROGRAM FOR HIGHSCHOOL STUDENTS  
SIGN VIA QR CODE TO PLAY!

**[LINKINGNEWMARKET.CA](http://LINKINGNEWMARKET.CA)**



**THIS ACTIVITY IS PROVIDED BY**



# Badminton!



Linking Newmarket Presents

# FREE BADMINTON SESSION

Join us on the court! Whether you're playing for glory or just love the game, this is your moment! Open to all ages

**Thursday November 20<sup>th</sup>**

**At 06:00PM – 07:30PM**

**Dr. JM Denison Secondary**

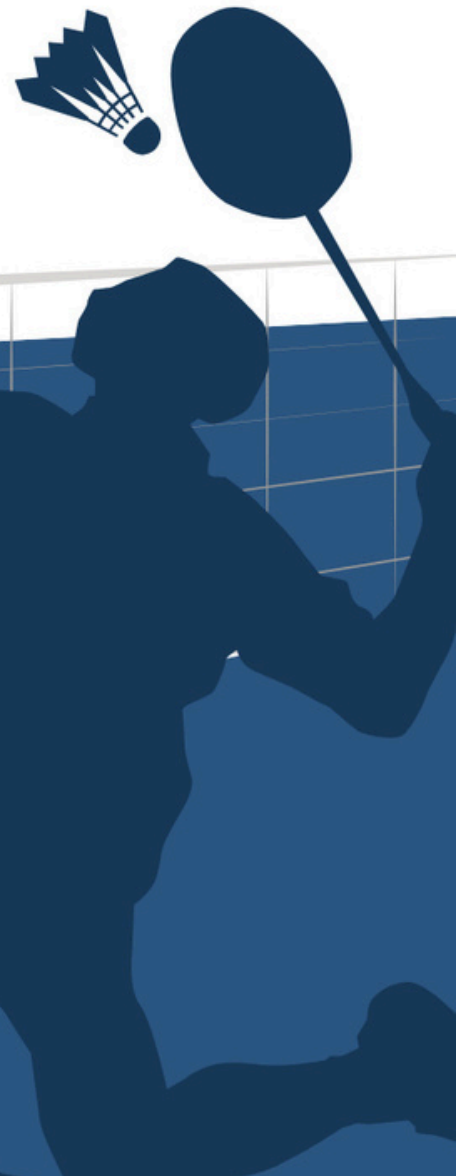
**135 Bristol Rd. Newmarket**

**(North West Entrance Only – Field Parking Lot)**

THIS ACTIVITY IS  
PROVIDED BY



United Way  
Greater Toronto



**FREE REFRESHMENTS!**

# Jr. Basketball Drop-In

★ **NEWMARKET COMMUNITY ACTION TABLE PRESENTS** ★

**JR.**

WHERE:  
**DR. JM DENISON SECONDARY SCHOOL**  
135 BRISTOL RD. (NORTH WEST ENTRANCE ONLY - FIELD PARKING LOT)

# BASKETBALL



WHO: FOR  
YOUTH  
GRADES 3 TO 8

WHEN:  
6:00PM-7:30PM  
NOVEMBER  
**27**

LEADERSHIP  
DEDICATION  
ENJOYMENT  
PHYSICAL  
DEVELOPMENT  
CONFIDENCE



FREE REGISTRATION



**\$0**  
PER PLAYER

★ **[WWW.LINKINGNEWMARKET.CA](http://WWW.LINKINGNEWMARKET.CA)** ★

FOR MORE INFORMATION:

**THIS ACTIVITY IS PROVIDED BY**



# Drop-in Basketball

NEWMARKET COMMUNITY ACTION TABLE PRESENTS

# BASKETBALL

## DROP-IN



FIRST THURSDAY OF EVERY MONTH  
STARTING OCTOBER 2  
6-8PM



AT DR. J.M. DENISON SECONDARY SCHOOL  
135 BRISTOL RD. NEWMARKET  
(NORTH WEST ENTRANCE ONLY - FIELD PARKING LOT)

FREE PROGRAM  
FOR HIGH  
SCHOOL  
STUDENTS

SNACKS AND  
REFRESHMENTS  
AVAILABLE



FOR MORE INFORMATION VISIT  
[LINKINGNEWMARKET.CA](http://LINKINGNEWMARKET.CA)

THIS ACTIVITY IS PROVIDED BY



# Chair Yoga

## CHAIR YOGA



Keep your mind healthy, practice balance and release stress through our chair yoga classes. Open to all ages!

INSIDE DR. JM DENISON  
SECONDARY SCHOOL CAFETERIA

6:00 - 7:00PM  
THURSDAY NOVEMBER 6TH

135 Bristol Rd. Newmarket  
(North West Entrance Only - Field Parking Lot)



**FREE!**

THIS ACTIVITY IS PROVIDED BY



**routes**  
connecting communities

**York Region**

**United Way**  
Greater Toronto

Find our event calendar at  
[linkingnewmarket.ca](http://linkingnewmarket.ca)

# International Night!



You are invited to Denison's 1<sup>st</sup> Annual

# INTERNATIONAL NIGHT

**NOVEMBER 20, 2025 • 6:30-8:30 PM**


135 Bristol Road, L3Y 8J7  
Newmarket, ON

Join us for a night of education & celebration showcasing our diverse community. Learn about other cultures, engage with a variety of community partners, & sample some delicious international food provided by our hospitality & family studies programs as well as local businesses.

Sponsored by:



## Free Manicure Program




FREE/Pay What You Can  
Manicure Services Provided by  
Sutton High School Students  
\*Done under supervision



Location: The Link 20849 Dalton Rd,  
Georgina, ON L0E 1R0




# MANICURE PROGRAM



Wednesday October 22

Thursday November 6  
Thursday November 13  
Thursday November 20



1PM - 3PM



Signup via form or  
email  
[karenw@routesc.org](mailto:karenw@routesc.org)





# SEPTEMBER 2025 IMPACT SNAPSHOT

## SEPTEMBER HIGHLIGHTS



1,155

CLIENT RIDES



68

ACCESSIBLE  
VAN RIDES



11

COMMUNITY  
EVENTS



1,210

VOLUNTEER  
DRIVING HOURS



460

BUS RIDES



40

FRIENDLY CALLS



207

VOLUNTEERS



459

MEALS SERVED



**WE TOOK OUR  
CLIENTS 26,906 KM  
THIS MONTH!**



**WE SUPPORTED 16  
HOUSING CLIENTS!**

**WE MADE 10 REFERRALS FOR  
TRANSPORTATION, LEGAL AND  
SHELTER SUPPORTS!**



### TESTIMONIAL

We absolutely love the bus trips! Each month, we look forward to discovering what new adventure awaits. We round up our friends to come along and always make wonderful memories together.” – QuestBus Client



905-722-4616

[www.routescc.org](http://www.routescc.org)

[info@routescc.org](mailto:info@routescc.org)

@RoutesConnectingCommunities