FEBRUARY 2025

# reutes ROUND UR



We had a great start to youth drop-ins at Sutton High School! Everyone loved the goats.

# ROUTES ROUND UP

ISSUE 45 · FEBRUARY 2025

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**COMMUNITY EVENT CALENDARS** 

**Georgina Community Events** 

Newmarket Community Events

#### **KEY DATES**

#### FEBUARY 2

LETS GET WALKING NEWMARKET LIONS HALL, 2PM

#### FEBRUARY 4

YOUTH DROP-IN SUTTON DISTRICT H.S: 3:30-5:30PM

#### FEBRUARY 5

YRFN FRESH FOOD MARKET GEORGINA THE LINK, SUTTON: 11:30AM-1PM

#### FEBRUARY 6

FREE BASKETBALL DROP-IN DENNISON H.S, NEWMARKET - 6-8PM

#### **FEBRUARY 10**

MANDARIN & VALUE VILLAGE BUS TRIP NEWMARKET, \$40 BUS FARE: 12-3PM

#### FEBUARY 13

FREE BASKETBALL DROP-IN DENNISON H.S, NEWMARKET - 6-8PM

#### FEBRUARY 14

COMMUNITY LOVE & CONNECTION DAY MAPLE LEAF P.S - 6-8PM

#### FEBRUARY 18

YOUTH DROP-IN SUTTON DISTRICT H.S: 3:30-5:30PM

#### FEBRUARY 19

YRFN FRESH FOOD MARKET GEORGINA THE LINK, SUTTON: 11:30AM-1PM

#### FEBRUARY 20

GEORGINA VOLUNTEER FAIR THE LINK, SUTTON: 2-6PM

#### FEBRUARY 27

ST.LAWRENCE MARKET BUS TRIP \$30 BUS FARE, TORONTO: 11AM-2PM

FEB 5,12,19 & 26 - GFC COMMUNITY LUNCH!

THE LINK, SUTTON: 12-1:30PM

#### In Loving Memory of Dave Atkinson

It is with deep sadness that we share the passing of our beloved volunteer, Dave Atkinson. Since joining us in 2019 as a Volunteer Driver, and later becoming a key part of our Friendly Calls Program from its inception in 2021, Dave's commitment to our community has been unparalleled.

Dave was a cornerstone of our Friendly Calls Program, faithfully reaching out to over five callers each week, providing companionship and support. His dedication as a Volunteer Driver is equally commendable, having provided over 2000 rides in the past five years, ensuring our clients could access essential services and maintain their independence.



Dave's outstanding contributions were rightfully recognized when he received the Town of Georgina Volunteer Award of Merit in 2022 and the Routes CC Helen Almond Award in 2023 for his unwavering dedication, compassion, and community spirit.

Dave's passing leaves a void in our hearts and our organization. He will be deeply missed by our staff, volunteers, and the countless clients whose lives he enriched through his selfless service. His legacy of kindness and commitment will continue to inspire us all.

We would also like to extend our heartfelt thanks to all who have donated in Dave's memory. Your generous contributions honor his legacy and support the continuation of the programs he was so passionate about. These donations make a significant impact, helping us to provide vital services and companionship to those in need. Your support ensures that Dave's spirit of giving and care lives on in our community. Our thoughts are with Dave's family and friends during this difficult time.

To read his obituary, please click here: https://www.peacefultransition.ca/obituary/david-philip-atkinson

#### **New Volunteers!**

Friendly Callers: Hannah, Taiwo,
Raghu
Client & Food Delivery Drivers:
Gunta, Patrick & Sharon



#### By The Numbers - December







**1,526** Rides

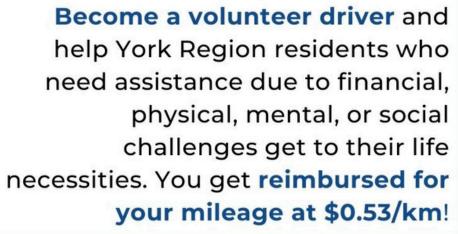
**953** Riders 42 New

#### Volunteer Call!

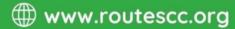
## VOLUNTEER DRIVERS NEEDED







#### **CONTACT US:**





(C) 905-722-4616

#### MUST HAVE/ OBTAIN:

- Valid 'G' license
- Access to a vehicle
- VSC
- · Proof of insurance

#### Volunteer Call (Continued)!



# The Routes CC Board Needs You!

# JOIN OUR BOARD OF DIRECTORS

As a Director on our Board, you will have a meaningful role in steering the future of the organization and positioning resources as we move forward in line with our NEW Strategic Plan.

Visit our website to learn more and apply.



**Apply Now!** 

Please forward your resume to: <a href="mailto:boarddirector@routescc.org">boarddirector@routescc.org</a>





#### **GEORGINA FOOD PANTRY**

9am-11am | Feb. 7, 14, 21 & 28 | Free Bus Fare



#### **GOOD FOOD COLLECTIVE COMMUNITY LUNCH**

Pay-What-You-Can Lunch | \$5 Suggested Dine-In 12-1pm | Feb. 5, 12, 19 & 26 | \$5 Bus Fare | \$8 Takeout Avail.

## SHOP & SOCIAL TRIPS V V V V



#### **KESWICK WALMART PLAZA**

10am-2pm | Thurs. Feb 6 & 20 | \$5 Bus Fare (GEORGINA RESIDENTS ONLY)



#### **GIANT TIGER/NO FRILLS**

10am-2pm | Mon. Feb. 3 & 17 | \$5 Bus Fare (GEORGINA RESIDENTS ONLY)



#### MANDARIN + VALUE VILLAGE

12pm-3pm Mon. Feb. 10 | \$40 Bus Fare Lunch included, beverages extra NO REFUNDS AFTER January 20!



#### ST. LAWRENCE MARKET (TORONTO)

11am-2pm | Thurs. Feb 27 | \$30 Bus Fare

CALL 905-722-4616 x 1 TO RESERVE A SEAT









Call our office to book your space on the bus, or reach out about rentals and advertising!

#### Good Food Collective Menu



Globally Inspired Meals with Homemade Flavour & Local Ingredients

20849 Dalton Rd, Sutton | Wednesdays 12-1:30PM | \$5 Transportation avail. upon request

Dine-in: Pay-what-you-can | Takeout: Minimum \$8 (reservations due by 4PM Monday)

Interested to sponsor a lunch? Reach out to Carolyn at carolyn@routescc.org

#### February 5

#### TURKEY POT PIE WITH A CUCUMBER SALAD

YRFN FRESH FOOD MARKET SPONSORED BY: TOWN OF GEORGINA

COMMUNITY GROUPS: YORK REGION FOOD NETWORK YOUR SUPPORT SERVICES NETWORK



Housing Needs Assessment Survey:





#### February 12

BOWTIE PASTA WITH ROSE SAUCE AND A GREEN SALAD

SPONSORED IN PART BY: HEALTH GEORGINA

SPECIAL GUEST: TIM GREENWOOD STORYTELLER





INCIDENT

lentine's Days

#### February 19

#### BROWN STEW CHICKEN WITH RICE AND PEAS

YRFN FRESH FOOD MARKET

SPONSORED BY: YORK REGIONAL POLICE ASSOCIATION

SPECIAL GUEST: KENDRA SHAE-MARIE MULLINGS FROM GEORGINA BLACK EXCELLENCE SOCIETY.







#### February 26

#### TUNA MELT AND TOMATO BASIL SOUP

SPONSORED BY: TIRP (TRAUMATIC INCIDENT RESPONSE PROTOCOL)

COMMUNITY GROUP: VAUGHAN COMMUNITY CENTER
STAY FOR A SHORT SEMINAR GOING OVER HEALTHY
EATING AND LIFESTYLE CHANGES!

PINK SHIRT DAY





#### CONTACT:

(905) 722-4616 info@goodfoodcollective.ca goodfoodcollective.ca E-Transfer: finance@routescc.org Add message "GFC Lunch"

#### **Black History Month**

01 FEB

# BLACK HISTORY MONTH

01 MAR

Black History Month in Canada is a time dedicated to celebrating the rich contributions and heritage of Black Canadians to the nation's history and identity. Despite being integral to Canada's development since the 1600s, the role of Black people and communities has often been overlooked. From the early presence of figures like Mathieu Da Costa to the sacrifices made by soldiers of African descent in wars such as the War of 1812.

#### **ACTIVITY CORNER**



ALL ABOARD: ELIJAH MCCOY READ ALOUD



COLOURING PAGES

Jean Augustine, the first
Black woman in Canada's
Cabinet and House of
Commons, advocated for the
recognition of February as
Black History Month. She
continues to support
scholarships for single
mothers and young women
through her empowerment
center.



#### **INFORMATION & SERVICES**

HTTPS://YORKREGIONAACC.CA/ HTTPS://WWW.BLACKTALENTS.CA/ HTTPS://BLACKYOUTH.CA/





#### **Client Satisfaction Survey Results**

#### **CLIENT SATISFACTION SURVEY RESULTS**



WHAT ARE WE DOING WELL?



Clients feel Routes staff and

volunteers are caring

87%

Clients feel Routes services make you feel more connected to your community



48%

Clients would recommend our service to others

Clients are currently accessing more than 1 service at Routes

#### WHAT CAN WE IMPROVE ON?

#### **Improved Communication:**

We heard that you have experienced some challenges accessing our teams and service through our phone system. We want to give you peace of mind when using our service. We will incorporate some process improvements to reflect this. We also offer online registrations for our services at

https://www.routescc.org/book





#### **More Volunteers:**

A common theme you shared was that we need more volunteers to meet your needs. Volunteers are the foundation of our service delivery. If you would like to learn more about how you or a loved one can become a volunteer please visit

https://www.routescc.org/volunteer

#### TESTIMONIALS

"You provide multiple opportunities for community engagement. You provide valuable services to community...a TRUE Connection"

"All your drivers are wonderful!"

"All of the services are stellar! I have met the most wonderful, caring, interesting, friendly and courteous people ever!"

"I am more than happy with the current services offered! Routes is a blessing to so many people in Georgina and York Region!"

# THANK YOU!

If you'd like to submit feedback, please visit https://www.routescc.org/complaints-policy or scan the QR code







www.routescc.org

info@routescc.org (905)-722-4616



#### **Partner With Us**



#### **Brain Games Booklet Advertising**

Activity booklets provided for free to seniors in York Region, to support mental well-being & healthy brain aging.

\$550 - Inside Cover (Full Page) Ad

\$475 - **Full Page Ad** 

\$250 - 1/2 Page (Horizontal) Ad

\$150 - 1/4 Page Ad

\$100 - Sponsor a Puzzle



#### **Community Lunch Sponsorship**

We serve ~150+ people a nutritious, globally inspired meal with homemade flavour & local ingredients every week.

#### \$200 or In-Kind Donations

- Verbal thank you at the lunch
- · Listed on the monthly flyer

#### \$500 Sponsorship

- Verbal thank you at the lunch
- · Listed on monthly menu flyer
- Logo on monthly menu flyer
- · A social media post

#### \$1,000+ Sponsorship

- Verbal thank you at two lunches
- · Listed on monthly menu flyer
- Logo on monthly flyer
- A social media post
- 5-10-minute keynote speech during lunch



# Your Ad Here

#### **Quest Bus Advertising**

Our accessible bus empowers locals to access food supports in Georgina. We also ensure that isolated seniors can enjoy social trips to support their mental well-being.

- Advertise for \$750/quarter
- The Quest Bus travels 6,000km/quarter across York Region, Toronto, and the GTA, supporting more than 1,800 riders in 2023.

Get thousands of eyes on your business through a  $5' \times 2'$  sign on both sides of the bus & our online network.

routescc.org/advertise

#### Check out our promotional videos on Youtube!



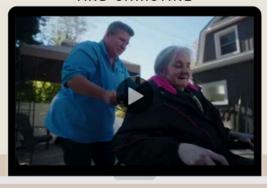
#### Routes Youtube Channel

EPISODE 01 - PROGRAMS
AND LUNCHES



### Routes Youtube Channel

EPISODE 02 - SHARON AND CHRISTINE







#### Routes Youtube Channel

EPISODE 03 - WENDY AND FRANK





Sundays this winter, Starting Dec 1st 2024

Jan 12th, Feb 2nd & March 9th 2025

Meet up Location/Time:
Newmarket - Near Lions Hall on Duncan Drive
at 2 PM











#### Thank you YRP!



What a great way to start the year!

Thanks to York Regional Police Association for their donation to our community lunch program Members 3 District Supervisor Sgt Leonard, YRPA 3 District Director Jarrett Thomas and PC Nanowski donated \$500 to support the weekly lunch program to assist those in need in the community.

We love the support we get from our community partners

See you this Wednesday for lunch at noon!



#### **CONTACT US!**







# **BOOK THE QUESTBUS FOR YOUR NEXT GATHERING!**

PERFECT FOR WEDDING PARTIES, FAMILY CELEBRATIONS, GROUP OUTINGS, AND MORE!

AVERAGE RENTALS

RANGE FROM \$400-\$800



# Refer-A-Friend 15 HERE!

Any volunteer that refers a friend to become a volunteer client driver will be awarded a \$100 Esso Gift Card IF: that referee remains a volunteer for 6 months AND completes min. 20 rides.

Once both conditions are met, the gift card is awarded.

Chat with any Transportation staff to apply!











## YOUTH DROP INS

SUTTON DISTRICT HIGH SCHOOL OPEN TO ALL YOUTH AGED 12-18

JOIN US EVERY OTHER TUESDAY
FROM 3:30-5:30PM
JAN 21ST-JUNE 24TH.

#### SESSION 1 - JANUARY 21ST

DE-STRESS FOR EXAM SEASON!
CUDDLE BABY GOATS AND PARTICIPATE
IN MINDFULNESS ACTIVITIES



Let's Become Junior Chefs

From Scratch to Success!

**For Kids** 





#### BE READY TO COOK YOUR NEXT MEAL

#### **FEBRUARY TO MARCH 2025**

Tuesdays: February 11 & March 4 Taking place @ Maple Leaf Public School - Meet us in the Den (Classroom 128) 11 to 12:30PM

Thursdays:

February 6, February 20 & February 27

#### **What to Expect**

- ✓ Quick, easy and safe practices for students
- ✓ Learning how to prep for cooking
- ✓ Exploring diverse, flavourful recipes that nourish both body and mind.









For more information contact Ms. Lilley

905 868-5326

155 Longford Drive - Newmarket

linkingnewmarket.ca



Keep your mind healthy, practice balance and release stress through our chair yoga classes.



6:00-7:30PM FEBRUARY 21, MARCH 21, **APRIL 25, MAY 16,** 

155 Longford Drive, Newmarket





linkingnewmarket.ca







# FREE DROP IN BASKETBALL

HOSTED BY PLAYFOREVER

#### A TYPICAL SESSION:

Basketball skill work, 4v4/5v5 & workshops catered to high school students in York Region

#### **SCHEDULE:**

Thursdays 6 to 8 PM - January 9th to April 3rd 2025 No events on March 13th

#### **ADMISSION:**

**Positive Attitude** 

#### **LOCATION:**

DR. J.M Denison Secondary School Gymnasium-135 Bristol Road, Newmarket

(Entrance is located on the left side of the building near the field)

FOR MORE EVENT INFO, GO TO LINKINGNEWMARKET.CA









# YOUTH Drop in

**HOSTED BY 360 KIDS POP-UP** 

FOR YORK REGION
HIGHSCHOOL STUDENTS

# UPCOMING EVENTS

**JAN 23** 

Decompress & Study

Games between studying wont hurt; Study, Game & Snack FEB 6

Movie Night

Join us for popcorn and an all time favourite 'Shrek'

**FEB 20** 

Coffee House

Enjoy a warm drink and connect with the community about the Youth Drop In

WHERE:

DR. JM DENISON SECONDARY SCHOOL 135 BRISTOL ROAD NEWMARKET - (CAFETERIA)

> WHEN: 6 TO 7:30 PM

> > Linkingnewmarket.ca





















#### HOUSING SUPPORTS **NAVIGATION PROGRAM**

Concerned about maintaining your housing?

Facing eviction?

Unsure how to speak with landlords or find available rentals?

Need support accessing services?



#### **GET FREE SUPPORT WITH...**



#### FINDING RENTALS

Utilizing resources to find vacant rental opportunities within your budget & desired locations.



#### **REACHING OUT TO LANDLORDS**

Communicating with landlords to schedule house viewings & discuss rental details.



#### **GATHERING/COMPLETEING DOCUMENTS**

Gathering necessary documents required by landlords & support filling out/submitting documents.



#### SERVICE NAVIGATION

Getting connected with additional supports & resources that best assist your current needs.









905 - 722 - 4616 Mousinginfo@routescc.org

**Northern York South Simcoe** ONTARIO HEALTH TEAM

# NYSS OHT

# Primary Care Clinic

# NEW **CLINIC IN KESWICK**



#### (i) DESCRIPTION:

Our Family Doctors and Nurse Practitioners provide comprehensive care including detailed assessments, diagnosis, and treatment for a variety of health conditions.



#### **BOOK AN APPOINTMENT TODAY IF:**

- · You don't have a Family Doctor or Nurse Practitioner.
- · You need access to safe, in-person, high quality-care.



**LOCATION:** 716 THE QUEENSWAY SOUTH, KESWICK ON, L4P 4C9



**OPERATING HOURS: MON-FRI 8:30AM TO 4:00PM** 



#### HOLIDAY SCHEDULE

 Dec 23 Regular hours

 Dec 24 to Dec 29th Closed

• Dec 30 Regular hours • Dec 31 Closed

• Jan 1 Closed



#### How to book an appointment:

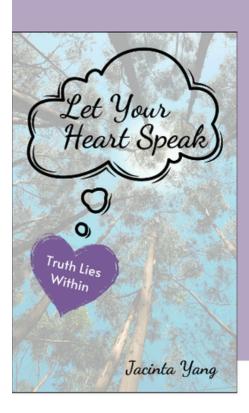
Call 905-476-9110







# Jacinta Yang Author and Holistic Healer



#### Speak Your Truth, Heal Your Heart A Journey to Authenticity

Start your healing journey today.
Uncover your true self, break barriers,
and find purpose.
Let Your Heart Speak offers guidance
for self-discovery at any life stage,
encouraging you
to embrace your imperfections,
build emotional resilience,
and discover your divine path.

#### JacintaHealingArts.com

jacintahealingarts@gmail.com @jacintahealingarts Youtube.com/@jacintahealingarts 416.805.5911





#### Impact Snapshot - GFC 2024

# GOOD FOOD COLLECTIVE IMPACT DASHBOARD





YTD Total Meals **7550** 

Community Info Tables **36** 

Food Workshops **28** 

Lunches Sponsored 2024: **34** 

2023: **25** 

Cultural Celebrations **31+** 



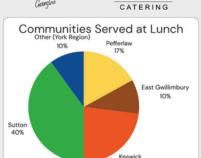














"Always nice to have someone to eat with, I hate eating alone. Awesome meals from around the world and many cultures."

"You guys do an amazing job, not just with the food, but making everyone feel at home and welcome."

"Love the announcements and community info. The more I come the more comfortable I am." Impact Snapshot - 2024 Year in Review!

# 2024 ROUTES YEAR IN REVIEW



# TRANSPORTATION OVER 13,900 VOLUNTEER DRIVEN RIDES

AND FOOD DELIVERIES

**648 RIDES** 

IN OUR STAFF-OPERATED ACCESSIBLE VEHICLE





**OVER 4,000** 

QUESTBUS RIDES TO SOCIAL TRIPS AND FOOD SUPPORTS



#### GOOD FOOD COLLECTIVE WWW.GOODFOODCOLLECTIVE.CA



7,500+
MEALS SERVED
(COMMUNITY LUNCH AND CATERING)





#### **COMMUNITY ENGAGEMENT**



NORTHERN GEORGINA COMMUNITY ACTION TABLE

ACTION TABLE

70+ EVENTS, PROGRAMS & WORKSHOPS

7,600+

COMMUNITY MEMBERS ENGAGED

WWW.LINKINGGEORGINA.CA



CENTRAL
NEWMARKET
COMMUNITY
ACTION TABLE

90+

EVENTS, PROGRAMS & WORKSHOPS

2,900+

COMMUNITY MEMBERS ENGAGED

WWW.LINKINGNEWMARKET.CA



TRAUMATIC INCIDENT RESPONSE PROTOCOL

85±

COMMUNITY HEALING & OUTREACH EVENTS

2,400+

COMMUNITY MEMBERS ENGAGED

WWW.ROUTESCC.ORG/TIRP

#### **HOUSING SUPPORTS**

**439**CLIENTS

CLIENTS SUPPORTED



CLIENTS REHOUSED OR MAINTAINED HOUSING REFERRALS

#### **INCOME TAX CLINICS**

#### OVER \$1.1 MILLION RECOUPED IN BENEFITS AND

RECOUPED IN BENEFITS AND REIMBURSEMENTS FOR MODEST INCOME RESIDENTS

CONTACT US

905 722-4616

info@routescc.org www.routescc.org

