

Paddlesport Guidance - Beyond Level 0 - effective 9th August 2021

This guidance replaces previous paddlesport guidance.

1. **All** indoor and outdoor paddlesport activity is permitted and there is no requirement to physically distance.
2. Those organising activities should appoint a responsible person/s, referred to as the **COVID officer**, to act as the point of contact on all things related to COVID-19. An [e-learning module](#) for COVID officers is available to support those undertaking the role.
3. The COVID officer must ensure that full risk assessments, processes and mitigating actions are in place before any activity takes place. Specific consideration should be given to the needs of those who are at greater risk including some older adults or those with disabilities
4. **Indoors:** The number of participants allowed to take part in organised indoor activity should be determined by venue specific risk assessments conducted using the Scottish Government [guidance on the opening of sport and leisure facilities](#).
5. Follow government guidelines in relation to **travel** including car sharing and wearing masks in indoor public spaces.
6. No one who is symptomatic or self-isolating should attend a sports facility or activity.
7. Coaches should consider the needs of participants returning after recovering from COVID-19. Participants should be able to confidentially disclose this so the coach can make suitable adjustments and allowances to the planned activity for the individual and check that input from a medical professional has been sought where appropriate.
8. If you organise any activities or operate a facility, follow the Scottish Government **Test and Protect** requirements by collecting the name, contact number, date of visit, time of arrival, and the departure time of all those attending. Store information for 21 days and share it when requested to do so by public health officers.
9. Cleaning of equipment, hand and respiratory hygiene are to be implemented and provision should be made for these.
10. It is not always possible to prevent people from spectating in a public space. In such circumstances, the organisers are required to consider mitigating measures as part of their risk assessment/management plan with an emphasis on discouraging, where possible, informal spectating. Any such measures should be clearly communicated by the organiser in advance which may include, amongst other things, the displaying of notices around the venue to remind the public to follow Scottish Government guidance.
11. The new Scottish Government strapline is to **Give People Space**.

Further information:

- [Scottish Government Guidance](#) [sportscotland Coronavirus \(COVID-19\) guidance, information and resources](#)

If you have any questions about the guidance please don't hesitate to contact us: hello@canoescotland.org