



**2026 THSC Spring Invitational**  
**May 1 - 3, 2026**

HELD UNDER THE SANCTION OF U.S.A. SWIMMING, INC. Article 202.4  
HELD UNDER THE SANCTION OF OREGON SWIMMING, INC.

<b>Sanction No:</b>	<b>Meet # 26-038</b> In granting these sanctions, it is understood and agreed that USA Swimming and Oregon Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
<b>Meet Referee:</b>	Matt Miller/Johan van de Groenendaal <a href="mailto:atlarge2@thunderboltswimming.org">atlarge2@thunderboltswimming.org</a>
<b>Admin:</b>	Shamalee Rajapakse/Calvin Lin
<b>Meet Director:</b>	Joseph Moreno/Trisha Wheaton <a href="mailto:meetdirectors@thunderboltswimming.org">meetdirectors@thunderboltswimming.org</a>
<b>Location:</b>	<b>Tualatin Hills Aquatic Center</b> 15707 SW Walker Road, Beaverton, OR 97006 (503) 645-7454
<b>Sponsor:</b>	<b>Tualatin Hills Swim Club (THSC)</b> PMB 152, 16055 SW Walker RD Beaverton, OR USA 97006 (503) 629-5568 Fax: (503) 439-9328 Website: <a href="http://www.thunderboltswimming.org">www.thunderboltswimming.org</a>
<b>Facility:</b>	Indoor, 50 meters x 25 yards, 7 ½ foot lanes. Pool depth is 13.5 ft at the start end and 3.5 ft at the turn end in LCM configuration. The facility will ensure that the course dimensions are as stated. Open pool deck areas available for swimmers, coaches, and officials only. Wi-Fi throughout the facility.  <b><u>SPECIAL NOTE:</u></b> No personal folding chairs allowed on deck.  <i>In the interest of public safety, inclement weather may necessitate the closure of THPRD facilities. To communicate quickly and efficiently, THPRD posts new information about inclement weather closures and other interruptions on a 24-hour hotline:</i>  <b>Facility Closure / Inclement Weather Hotline: (503) 614-4018</b>  <i>*RV parking available for day use only at the north parking lot above soccer/baseball fields. For more information, please call THPRD Swim Center at (503) 629-6130.</i>
<b>Restrictions:</b>	Tobacco products, alcoholic beverages, and glass containers are prohibited on THPRD district property. Shaving is prohibited in the facility. Use of audio or visual recording devices, including cell phones, are not permitted in changing areas, rest rooms, locker rooms. Deck changing is prohibited. No cameras or other recording devices are allowed behind the blocks. Flash photography is prohibited during competition, except by express permission from the Meet Referee. Operations of a drone, or other flying apparatus, is prohibited over the venue (pool, athlete/coach areas, spectator areas, and open-ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present. Use of video recording devices under or over the water surface of the pool is prohibited. <b>Only coaches, swimmers, and working volunteers will be permitted on the pool deck.</b>  IMPORTANT: <ol style="list-style-type: none"><li>1. Alcohol is not allowed anywhere on the THPRD grounds.</li><li>2. Food may not be consumed on deck.</li><li>3. Locker rooms are for registered athletes only. Restrooms for parents and spectators are located across the hall from the main entrance to the THPRD pool.</li><li>4. All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAP"), and that they understand that compliance with the MAAP policy is a condition of participation in the conduct of this competition.</li></ol>



<b>Rules and Safety:</b>	<p>Current USA Swimming rules will govern this meet. Current Oregon Swimming Safety Guidelines and Warm-up Procedures will be in effect and strictly enforced.</p> <p><b>USA Swimming Minor Athlete Abuse Prevention Policy:</b> All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.</p> <p><b>Safe Sport Compliance &amp; Locker Rooms:</b> The facility locker rooms are for registered athletes only. Restrooms for coaches, officials, parents and spectators are located in the lobby of the pool building and across the breezeway from the main entrance to the THPRD pool.</p> <p><b>Medical Supervision:</b> CPR and first aid certified lifeguards are on duty during warm-ups, competition and cool-down for the entirety of the event. AED devices are available at the main desk of the pool. Lifeguards will call EMTs should a situation require additional medical assistance.</p>																																				
<b>Spectator Info:</b>	<p>Indoor seating for spectators is limited. The meet referee may elect to close the seating area if needed. Parents should not stand/sit in areas marked “For Athletes Only”. Parents/guardians should plan on bringing chairs to sit in the breezeway and grassy areas while their swimmers are between events.</p>																																				
<b>Warm-up Procedures:</b>	<p>Meet warmups will be managed by the coaches. Swimmers must enter the water using a 3-point entry with a hand on deck, sitting, feet first. No jumping in.</p> <p>NOTE: Swimmers violating safety procedures may be removed from warm-ups for the remainder of the session. Additional violations may cause the swimmer to be removed from the meet.</p>																																				
<b>Swimwear:</b>	<p>No technical suit may be worn by any 12 &amp; Under USA Swimming athlete member in competition at any Sanctioned, Approved, or Observed meet.</p>																																				
<b>Eligibility:</b>	<p>Swimmers must be currently registered with U.S.A. Swimming or registered in a foreign swimming federation; <b>NO ON DECK USA REGISTRATION SHALL BE PERMITTED.</b> Swimmers must be within the listed age brackets as of May 1st, 2026. <i>With submission of entries, the coach/team representative attests that all swimmers entered are registered with USA Swimming.</i></p>																																				
<b>Qualifying Standards:</b>	<p><b>10&amp;U:</b> No time standards  <b>11&amp;O:</b> USA B time standards for events 200m and longer  12&amp;U swimmers participating in the Open sessions must meet 13-14 A time standards. 11 to 14-year-olds may swim in either the 11-14 sessions or the Open sessions on Saturday and Sunday but not both. USA Swimming Motivational Standards <a href="#">here</a></p>																																				
<b>Bull Pen:</b>	<p>There may be a bull pen staging area for 10 &amp; Under swimmers. A staging area may be implemented for all other ages at the discretion of the referee on the day of the meet.</p>																																				
<b>Times:</b>	<p>Swimmers should arrive at the pool no earlier than 15 min before their warm-up. The pool deck will open for swimmers at 6:45am each morning for 7:00am warm-ups.</p> <table border="1" data-bbox="393 1465 1469 1801"> <thead> <tr> <th>Date</th> <th>Description</th> <th>Warm-Ups</th> <th>Session Start</th> <th>Session End</th> </tr> </thead> <tbody> <tr> <td><b>Friday May 1</b></td> <td>Distance Events</td> <td>4:00 PM</td> <td>5:00 PM</td> <td>9:00 PM</td> </tr> <tr> <td rowspan="3"><b>Saturday May 2</b></td> <td>10&amp;U</td> <td>7:00 AM</td> <td>8:00 AM</td> <td>10:00 AM</td> </tr> <tr> <td>11-14</td> <td>10:00 AM</td> <td>11:00 AM</td> <td>3:00 PM</td> </tr> <tr> <td>Open</td> <td>3:30 PM</td> <td>4:30 PM</td> <td>9:30 PM</td> </tr> <tr> <td rowspan="3"><b>Sunday May 3</b></td> <td>10&amp;U</td> <td>7:00 AM</td> <td>8:00 AM</td> <td>10:00 AM</td> </tr> <tr> <td>11-14</td> <td>10:00 AM</td> <td>11:00 AM</td> <td>3:00 PM</td> </tr> <tr> <td>Open</td> <td>3:30 PM</td> <td>4:30 PM</td> <td>9:30 PM</td> </tr> </tbody> </table> <p><i>Warmup &amp; meet start times are tentative and may be adjusted. Any changes will be communicated. Please refer to THSC's website meet information page for any late changes.</i></p>	Date	Description	Warm-Ups	Session Start	Session End	<b>Friday May 1</b>	Distance Events	4:00 PM	5:00 PM	9:00 PM	<b>Saturday May 2</b>	10&U	7:00 AM	8:00 AM	10:00 AM	11-14	10:00 AM	11:00 AM	3:00 PM	Open	3:30 PM	4:30 PM	9:30 PM	<b>Sunday May 3</b>	10&U	7:00 AM	8:00 AM	10:00 AM	11-14	10:00 AM	11:00 AM	3:00 PM	Open	3:30 PM	4:30 PM	9:30 PM
Date	Description	Warm-Ups	Session Start	Session End																																	
<b>Friday May 1</b>	Distance Events	4:00 PM	5:00 PM	9:00 PM																																	
<b>Saturday May 2</b>	10&U	7:00 AM	8:00 AM	10:00 AM																																	
	11-14	10:00 AM	11:00 AM	3:00 PM																																	
	Open	3:30 PM	4:30 PM	9:30 PM																																	
<b>Sunday May 3</b>	10&U	7:00 AM	8:00 AM	10:00 AM																																	
	11-14	10:00 AM	11:00 AM	3:00 PM																																	
	Open	3:30 PM	4:30 PM	9:30 PM																																	



<b>Entry Limit:</b>	Three (3) events max per day for Saturday and Sunday sessions + 1 distance event on Friday
<b>Meet Limit:</b>	10&U and 11-14 sessions will comply with the 4-hour rule. Distance event entries for all ages may be limited at the discretion of the meet referee in order to comply with session time limits.  Entries will be accepted until the 4-hour limit is met. Teams providing officials will be given priority. All other entries will be accepted based on when they are received. THSC reserves the right to adjust the timeline and/or limit the number of entries as needed.
<b>Entries:</b>	Submit times in LSY course order. Converted times will be accepted. <b>NT entries will not be accepted for the 11-14 and Open sessions.</b>  USA Swimming registration numbers must be included. <b>Entries Open:</b> Wednesday, April 15, 2026, 12:00pm <b>Entries Deadline:</b> Wednesday, April 22, 2026, 5:00pm No event changes will be accepted after 12:00am on April 26th.  With submission of entries, the coach/team representative attests that all swimmers entered are registered with USA Swimming.  <ol style="list-style-type: none"> <li><b>HY-TEK Meet Manager Software will be used. Please submit entries via Hy-Tek in LSY order and email in HY-TEK format to <a href="mailto:addison@thunderboltswimming.org">addison@thunderboltswimming.org</a>.</b> When emailing entries, please include a Team Meet Entry Report.</li> <li>Please review entries for each session of the meet prior to warm-ups for that session, and report any potential corrections to the Meet Director at least 30 minutes prior to the beginning of the session's competition. Corrections will be made on a case-by-case basis, with the benefit of the doubt going to the swimmer(s) involved.</li> </ol>
<b>Entry Fees:</b>	\$3.00 OSI swimmer surcharge \$45.00 facility fee \$6.50 per event fee  <b>Payments should be sent via PayPal to <a href="mailto:AR@Thunderboltswimming.org">AR@Thunderboltswimming.org</a> before April 30 and after the payment amount has been confirmed. THSC does not accept check payments for meet entries.</b>
<b>Dive Certification</b>	Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water.  When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
<b>Awards:</b>	<b>10&amp;U:</b> 1st-10th place ribbons awarded for 8&U and 9-10. All awards must be picked up at the conclusion of the competition. They will not be mailed. <b>11-14 and Open:</b> Heat winners will be entered into a raffle for prizes. 1st-3rd place finishers will automatically be entered into a prize draw (1st = 3 tickets, 2nd = 2 tickets, and 3rd = 1 ticket). There will be one female and one male prize package drawn during the final session on Sunday. Athletes will have 5 days to claim their prizes after they are announced.
<b>Format:</b>	Timed finals invitational, 8 competition lanes for Open sessions, 10 competition lanes for 10&U and 11-14 sessions
<b>Seeding:</b>	The Friday Distance Session will be seeded fastest to slowest. Deck seeding for all events 200m and longer. 10&U sessions on Saturday and Sunday morning will be seeded slow to fast. 11-14 and Open sessions on Saturday and Sunday afternoon will be seeded fast to slow.
<b>Check-in:</b>	<b>Positive check-in required for all events 200m and longer.</b> A Google Form for each session will be sent out to coaches for positive check-in the day before each session.
<b>Meetings:</b>	A coaches meeting may be held 15 minutes prior to the start of each session. An officials meeting will be held 45 minutes prior to the start of each session.
<b>Officials:</b>	We always appreciate the help of certified officials signed up in advance of the meet. Officials will be vetted in USAS OTS prior to this meet.



<b>Uniforms:</b>	Oregon Swimming Officials' uniform: white shirt, black pants or skirt, and black shoes and socks.
<b>Trainees:</b>	Trainees will be welcome in all positions (Starter, Stroke & Turn, or Electronic Timer), subject to building capacity limits.
<b>Timers:</b>	Visiting teams will be given lane assignments based on the number of swimmers entered per session. <b>We will need the help of every team.</b> Lane timers should visit the Volunteer Check-In desk to sign up for lane timing. <b>Swimmers must provide their own timers and lap counter for the 800 Free.</b>
<b>Notice:</b>	This meet may be covered by the media, including photographs, video, webcasting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

**SESSION 1: OPEN**

**FRIDAY, MAY 1st**

**WARM-UPS 4:00 PM TIMED FINALS 5:00 PM**

Mixed Event #	Event Description
101	10&U 200 Freestyle
102	11-12 400 Freestyle
103	Open 800 Freestyle*

\*Swimmers must provide their own timers and lap counters for the 800 Free

**SESSION 2: 10&U**

**SATURDAY, MAY 2nd**

**WARM-UPS 7:00 AM TIMED FINALS 8:00 AM**

Girl's Event #	Event Description	Boy's Event #
-	Boy's 200 IM	201
202	100 Backstroke	203
204	100 Breaststroke	205
Timer Shift		
206	50 Butterfly	207
208	50 Freestyle	209
Timer Shift		
210	Girl's 400 Freestyle	-

**SESSION 3: 11-14**

**SATURDAY, MAY 2nd**

**WARM-UPS 10:00 AM TIMED FINALS 11:00 AM**

Girl's Event #	Event Description	Boy's Event #
----------------	-------------------	---------------



301	200 Freestyle	302
303	100 Butterfly	304
Timer Shift		
305	50 Backstroke	306
307	50 Freestyle	308
Timer Shift		
309	200 Backstroke	310
311	100 Breaststroke	312
313	400 IM	314

**SESSION 4: OPEN**  
**SATURDAY, MAY 2nd**  
**WARM-UPS 3:30 PM TIMED FINALS 4:30 PM**

Women's Event #	Event Description	Men's Event #
401	200 Freestyle	402
403	100 Butterfly	404
405	200 Backstroke	406
407	100 Breaststroke	408
409	400 IM	410
Timer Shift		
411	50 Backstroke	412
413	50 Freestyle	414

**SESSION 5: 10&U**  
**SUNDAY, MAY 3rd**  
**WARM-UPS 7:00 AM TIMED FINALS 8:00 AM**

Girl's Event #	Event Description	Boy's Event #
501	Girl's 200 IM	-
502	100 Butterfly	503
504	100 Freestyle	505
Timer Shift		
506	50 Backstroke	507
508	50 Breaststroke	509
Timer Shift		
-	Boy's 400 Freestyle	510

**SESSION 6: 11-14**  
**SUNDAY, MAY 3rd**  
**WARM-UPS 10:00 AM TIMED FINALS 11:00 AM**

Girl's Event #	Event Description	Boy's Event #
----------------	-------------------	---------------



601	100 Backstroke	602
603	200 Butterfly	604
Timer Shift		
605	50 Breaststroke	606
607	50 Butterfly	608
Timer Shift		
609	200 Breaststroke	610
611	100 Freestyle	612
613	200 IM	614
615	13-14 400 Freestyle	616

**SESSION 7: OPEN**

**SUNDAY, MAY 3rd**

**WARM-UPS 3:30 PM TIMED FINALS 4:30 PM**

Women's Event #	Event Description	Men's Event #
701	100 Backstroke	702
703	200 Butterfly	704
705	200 Breaststroke	706
707	100 Freestyle	708
709	200 IM	710
711	400 Freestyle	712
Timer Shift		
713	50 Butterfly	714
715	50 Breaststroke	716

**LIMITS:** The following distance event limits may be imposed at the discretion of the Meet Referee:

**11-12 400 Free:** Limited to the fastest 12 heats mixed gender

**800 Free:** Limited to the fastest 10 heats mixed gender

**10&U 400 Free and 200 IM:** Limited to the fastest 4 heats per gender

**11-14 400 IM:** Limited to the fastest 4 heats per gender

**13-14 400 Free:** Limited to the fastest 4 heats per gender

