sonny's Cornish kitchen

Locally sourced, lovingly prepared

Pasty and Finger food buffet example menu @ 9.75

Warm cocktail pasties

Steak, veggie, cheese and onion

Finger food items – please select four choices from the following (selection of sandwiches = 1 choice)

Meat and fish

Handmade sausage rolls

Scotch eggs

Cocktail sausages in mustard and honey (gf)

Chicken bites with Linghams chilli sauce (gf)

Vegetarian and vegan

Vegetable tart slices

Vegetarian quiche

Spicy stir-fry vegetable filo rolls (vegan)

Mozzarella, tomato and basil (g/f)

Cornish gouda or Yarg with melon and cucumber (g/f)

Spinach and feta filo rolls

Sandwich/wrap selection with/out salad (g/f available) choose x 4 fillings

Ham and mustard

Marinated chicken

Line and pole caught Tuna mayo. with cucumber

Smoked salmon and cream cheese

Msc prawn mayo.

Free-range egg mayo.

Davidstow cheddar and pickle

Cornish brie and tomato

Falafel and hummus (vegan)

Stir fried vegetables and chilli sauce (vegan)

Sweet things – please choose two

Mini scones, jam and clotted cream

Saffron cake

Lemon drizzle

Chocolate brownies

£9.75 per person

Add tea/coffee @ 1.50 per person

Service charged at 50.00 for one person for setup, service, clear down. Recommend 1 for 20 guests, 2 for 30, 3 for 50, 4/5+ for 100

Can be delivered in biodegradable boxes with see through lids or

we can provide service and use reusable crockery on white and stainless steel.

We can also provide biodegradable plates, recycled napkins.

Locally sourced meat from Perranarworthal and Truro farms, fish and seafood from day boats out of Newlyn. Cornish dairy and eggs locally sourced.

We endeavour to use seasonal fruit and vegetables whenever possible.

Sonya ran eco cuisine, a Corporate catering business based in North London before returning back to Cornwall in 2020 and starting Sonny's Cornish kitchen.

Her previous clients have included LQ Living, Imperial college London, Enfield council, Millfield theatre, Graduate fashion week, Notre Dame university, C40 cities, Ethical property company, Independent music festivals, Trip Advisor, Women in Tax