sonny's Cornish kitchen

Locally sourced, lovingly prepared

Finger food buffet example menu

Choose 8 @ 12.50

Choose 10 @ 14.50

Choose 12 @ 16.50

Meat and fish

Handmade sausage rolls

Scotch eggs

Cocktail sausages in mustard and honey (gf)

Chicken bites with Linghams chilli sauce (gf)

Sirloin of beef with mustard mayo

Salmon, beetroot and horseradish cream

Prawn salsa on little gem (gf)

Scallops wrapped in bacon (gf)

Vegetarian and vegan

Vegetable tart slices

Vegetarian quiche

Vegan sausage rolls (sweet potato and red onion)

Spicy stir-fry vegetable filo rolls (vegan)

Tortilla towers (gf)

Stuffed vine leaves (gf)

Roasted squash with Blue cheese and caramelised pear

Mozzarella, tomato and basil (g/f)

Cornish gouda or Yarg with melon and cucumber (g/f)

Parmesan baskets with micro salad

Spinach and feta filo rolls

Stuffed radish tapenade

Sandwich/wrap selection with/out salad (g/f available)

Ham and mustard

Marinated chicken

Line and pole caught Tuna mayo. with cucumber

Smoked salmon and cream cheese

Msc prawn mayo.

Free-range egg mayo.

Davidstow cheddar and pickle

Cornish brie and tomato

Falafel and hummus (vegan)

Stir fried vegetables and chilli sauce (vegan)

Coronation chickpea (vegan)

Sweet things – small in size but not flavour

Mini scones, jam and clotted cream

Lemon drizzle

Flapjacks (can be vegan)

Chocolate brownies (can be vegan)

Vanilla cheesecake

Fresh fruit sticks (vegan/gluten free)

Pineapple with brown sugar and lime juice (vegan/gluten free)

Add tea/coffee @ 2.00 per person

Service charged at 50.00 for up to four hours

Can be delivered in biodegradable boxes with see through lids or

we can provide service and use reusable crockery on white and stainless steel.

Locally sourced meat from Perranarworthal and Chacewater, fish, seafood from Falmouth or Wing of St Mawes. Cornish dairy and eggs locally sourced.

We endeavour to use seasonal fruit and vegetables whenever possible.

Sonya ran eco cuisine, a Corporate catering business based in North London before returning back to Cornwall in 2020 and starting Sonny's Cornish kitchen.

Her previous clients have included LQ Living, Imperial college London, Enfield council, Millfield theatre, Graduate fashion week, Notre Dame university, C40 cities, Ethical property company, Independent music festivals, Trip Advisor, Women in Tax