

Locally sourced, lovingly prepared

# Cold fork buffet example menu

Please choose 3 main courses and 4 salads from 12.50 pp

Delivered in biodegradable boxes with see through lids or we can provide service and use reusable crockery on white and stainless steel

### Main course

#### Meat and fish

Roasted ham slices (gf)

Roast beef (served pink) (gf)

Whole dressed salmon (minimum 20) (gf)

Baked Salmon pieces with pesto glaze

Lemon and garlic Roast chicken pieces (using the whole bird) (gf)

## Vegetarian and vegan

Vegetable tart slices

Cauliflower steaks marinated and roasted (gf/Vegan)

Spicy stir-fry vegetable filo slices (vegan)

Whole tortilla sliced (gf)

Meze platter – stuffed vine leaves, roasted pepper slices, olives, capers, cornichons, hummus, tzatziki, crudites, bread

### **Salads**

Sonny's slaw

Roasted squash with Blue cheese and caramelised pear

Mozzarella, tomato and basil

New potato salad with free-range mayo and fresh mint

Sonny's Waldorf – apple, walnuts, natural organic yoghurt and celery

Giant couscous with roasted vegetables

Quinoa and brown rice with peppers

Rice noodles with spring onion, chilli and toasted sesame oil

Puddings @ 5.00

Cheesecake

Black forest trifle

Chocolate torte

Chocolate brownies

Scones, jam and clotted cream