# sonny's <br> Cornish kitchen 

## Locally sourced, lovingly prepared

## Cold fork buffet example menu

Please choose 3 main courses and 4 salads from 12.50 pp
Delivered in biodegradable boxes with see through lids or we can provide service and use reusable crockery on white and stainless steel

## Main course

## Meat and fish

Roasted ham slices (gf)
Roast beef (served pink) (gf)
Whole dressed salmon (minimum 20) (gf)
Baked Salmon pieces with pesto glaze
Lemon and garlic Roast chicken pieces (using the whole bird) (gf)

## Vegetarian and vegan

Vegetable tart slices
Cauliflower steaks marinated and roasted (gf/Vegan)
Spicy stir-fry vegetable filo slices (vegan)
Whole tortilla sliced (gf)

Meze platter - stuffed vine leaves, roasted pepper slices, olives, capers, cornichons, hummus, tzatziki, crudites, bread

## Salads

Sonny's slaw
Roasted squash with Blue cheese and caramelised pear
Mozzarella, tomato and basil
New potato salad with free-range mayo and fresh mint
Sonny's Waldorf - apple, walnuts, natural organic yoghurt and celery
Giant couscous with roasted vegetables
Quinoa and brown rice with peppers
Rice noodles with spring onion, chilli and toasted sesame oil

Puddings @ 5.00
Cheesecake
Black forest trifle
Chocolate torte
Chocolate brownies
Scones, jam and clotted cream

