



RE: Nut Free School

09 June 2025

Dear Parent(s)*,

At Alder Tree we serve as a nut-free school. This is to ensure the safety and well-being of all individuals with nut allergies, who can experience severe reactions. We understand that not everyone has nut allergies, but it is crucial for the safety of everyone attending our site that everyone is aware and compliant with this policy.

Children who suffer from nut allergies can develop a severe, potentially life-threatening allergic reaction. If someone has a nut allergy it is not just eating nuts that can cause a severe reaction, just being touched on the skin or smelling the breath of someone who has had nuts or a product containing nuts can trigger anaphylactic shock (which can cause breathing and swallowing difficulties).

Please ensure that no nut products, including those that may contain traces of nuts, are brought into the academy, this includes all food items brought for lunches or snacks.

For example:

Peanut butter sandwiches
Chocolate spreads
Cereal bars
Some granola bars
Cakes that contain nuts
Biscuits / Cookies that contain nuts
Peanut butter cakes
Some Asian food, including satay Sauces that contain nuts

This list is not exhaustive list, therefore, please check the packaging of products closely.

We appreciate your support to keep our school community safe and well.

Yours Sincerely

Principal

* The term 'parent' includes any person or body with parental responsibility such as a foster parent, carer, guardian or local author

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