



ST. ANDREW'S CROSS

The Brotherhood of St. Andrew

Prayer, Study, and Service

October 2026

The Episcopal and Anglican Magazine of Men's Ministry



Too Busy

**How BUSYNESS IMPACTS YOU AND
YOUR MEN'S MINISTRY GROUP**

**WE ARE THE BROTHERHOOD OF ST. ANDREW, A LOCAL, NATIONAL, AND GLOBAL
MEN'S EPISCOPAL AND ANGLICAN MINISTRY.**

OUR AREAS OF MISSION FOCUS: DISCIPLESHIP AND MENTORING, PRISON MINISTRIES, RACIAL RECONCILIATION,



IT'S ABOUT TIME TO...

By Roy Benavides, President, Brotherhood of St. Andrew

Some years ago, as a young school superintendent, I moved with my family to begin a new job. We were miles from our roots and had brought our three daughters into a new environment. Any significant move can be stressful and test a family in both expected and unexpected ways. Such moves remain common in today's work climate.

We often face the decision to take new jobs that involve attending new schools, joining a new church community, adjusting to different social norms, and navigating a new community. Yet we often manage to work through these new environments with wonderful success and excitement.

In these situations, I learned that I had to prioritize and classify decisions according to a matrix ranging from complex to simple. I considered whether an issue consumed time without producing a benefit, wasted time on something frivolous, affected particular people, or was important and necessary regardless of any matrix or system. Change is part of family life and requires us to adapt and adjust. We must decide what is truly important and what each decision or event may cost the family.

During the move, we navigated the maze of decisions well until I received a phone call from the senior warden of our local Episcopal church. Outside the church, he was a Department of Agriculture scientist who worked to improve various crops. Although he was a busy person himself, he called to tell me that a new Education for Ministry (EFM) class was beginning at an Episcopal church in a nearby town. He encouraged us to attend a session and see whether we were interested. I immediately welcomed the opportunity. Later that day, when I told my wife that I planned to attend, she asked whether I realized how busy I already was with my new job and our family's transition. I told her

that I had considered the demands on my time but had chosen what I wanted to be busy with. To take the EFM class, I would need to adjust my other commitments. Thankfully, she made similar decisions and adjustments, as we all do from time to time.

A longtime colleague once told me that he had been challenged for assigning an important task to an already busy person. He acknowledged the concern but said he knew and trusted that the individual would welcome the challenge and complete the task successfully. Hence, if you want to get something done, give the task to a busy person because that person has the discipline and commitment to complete it well.

So, what do these two examples have in common? As a Brotherhood volunteer, you are probably already busy, and you also lead and assign tasks to other busy people. Although we should train, mentor, and coach others, we often rely on busy people to help and lead. Do not avoid that tendency; instead, develop committed members into dependable leaders who can plan and carry out important tasks. The Brotherhood of St. Andrew encourages us to build "bench strength" through succession planning that supports the long-term health of our Chapters. To do this, we must identify people who demonstrate both reliability and a strong commitment to our Brotherhood mission.

We have only so many swings available to us in our busy lives. Because everyone's time is equally valuable, we must maximize the time we have each day with our families and at work. Assigning value to our commitments and using our available time wisely are important leadership skills. Along with transparency and communication, these choices demonstrate good leadership to those we mentor and coach. I have learned that each of us receives the same amount of time—no more and no less. So, when I

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“I’M JUST TOO BUSY...”

By Conrad Jones, Past President, Brotherhood of St. Andrew

I am fairly certain you have heard those words at some point if you have ever asked a man at church, at work, or in your neighborhood whether he would be interested in visiting your Chapter’s next meeting. But have you ever heard those same words come from your own lips when your fellow Brothers invited you to attend a meeting, help with a service project, or even tune in to a monthly webinar via Zoom? I hope not, but I’d bet it has happened at least once! We become busy with everything life throws at us every day, whether it is work, family commitments, tasks around the house and yard, or commitments to friends and neighbors. Does it ever feel as though there is never enough time to get everything done, much less squeeze in another Brotherhood function? Does that commitment, which we pledge in our three disciplines, ever take a back seat to everything else in our daily lives?

Okay—confession time for me.

After serving in multiple roles in the Brotherhood of St. Andrew over the past 15 years, I was beginning to feel the same way. I had served as a Chapter Director for two Chapters, Province President, National President, a member of our Brotherhood Board of Directors, and chair of our foundation. Wasn’t that enough for me? It would have been so simple to use the excuse “I’m too busy” for any more Brotherhood to-dos.

Freshly retired after 31 years with Verizon, I

decided to begin a career in real estate. It was just a part-time venture at first, but it has become a full-time job of nearly 40 hours a week! I am grateful for and blessed by that success, but it does take away from the time I once devoted to Brotherhood work. As busy as I was, when I finally recognized that I was slipping away from those three Brotherhood disciplines, I had to make things right again—with the man in the mirror and with God. You know, one of the biggest mistakes we make in life is *thinking we have time*. Only God gives us the gift of time here in our earthly lives, and we must be good stewards of that time because one day we will run out of it. We don’t want to regret that

we did not make enough time to do what God wants us to do. It is up to us to find time for Prayer, Study, and Service.

I felt myself slipping away ever so subtly, and then God whispered to me—ironically, through an email from our **St. Andrew’s Cross** editor, Kathy Copas—that I needed to stop being too busy. I needed to write this not only for my Brothers to read but also to remind myself what is really important. We dedicate—yes, dedicate—ourselves to Prayer, Study, and Service. We should never, ever be too busy for that. **Amen.**

“You know, one of the biggest mistakes we make in life is thinking we have time. Only God gives us the gift of time here in our earthly lives, and we must be good stewards of that time because one day we will run out of it.”

REMEMBERING BROTHER JIM CARLOCK

By Conrad Jones, Past Brotherhood of St. Andrew President

Brothers,

I was deeply saddened to learn of the recent, sudden passing of Brother James “Jim” Carlock. Many of you may not have known Brother Jim, but I counted him among my closest Brothers, even though we lived miles apart. Jim was a loyal member of the Brotherhood Chapter at Trinity Episcopal Church in Fredericksburg, Virginia. I first met Jim when I was Province III President, and I called on him to serve as Diocesan Coordinator for the Diocese of Virginia. This was no small task, as the Diocese of Virginia was the largest diocese in the Episcopal Church. After months of my asking him to serve, he finally said yes, and the Chapters in Virginia were all blessed by that decision.

In 2020, he led an effort to rewrite the outdated official bylaws of Province III. His work was still not finished. In my role as National President, I called on Jim to conduct research and interviews and then write a white paper for the National



Board about the difference between “dues” and “pledges.” His work eventually led us to adopt the term “dues” that we use today.

Later, National President Roy Benavides called on him to chair a Governance Committee charged with enacting the “One Man, One Vote” proposal that I made and that was approved at the 2024 National Council. He continued to chair that committee as it worked to combine our national Constitution and Bylaws into one document, which will be proposed for adoption at our next NCC meeting.

His diligent work for his own Chapter, the Chapters in Virginia, Province III, and our National Brotherhood went beyond that of a dedicated servant. Jim was a man dedicated to the Brotherhood, as we all aspire to be. He walks among the angels now, and we collectively owe him our gratitude for his service here on Earth. I will surely miss you, Brother



CHICAGO BROTHERHOOD ASSEMBLY OBSERVES CLERGY APPRECIATION DAY

Because National Clergy Appreciation Day fell on Thursday, October 8, this year, the Chicago Assembly of the Brotherhood of St. Andrew initiated an effort to recognize selected church leaders in our diocese. We sent each leader a letter thanking them for what they do for their parishes and communities and committed to intentionally praying for them for the next six months. Additionally, we recognized the pastors in our own churches in person at each service on Sunday, October 11, presenting each with a certificate of appreciation from the Brotherhood of St. Andrew on behalf of the entire parish.

Thom Sutton

Chicago Assembly President
Brotherhood of St. Andrew



**IT ONLY TAKES
TWO MINUTES...**

...to share just a couple of lines, like the item on the left about Brotherhood or men's ministry happenings in your parish or region. Do it now with a quick email to editor@brothersandrew.net.

Thank you for all you do!

WHEN MEMBERS OF YOUR CHAPTER OR MEN'S MINISTRY GROUP ARE TOO BUSY

Every Brotherhood or men's ministry leader eventually faces the same challenge: **everyone is busy**. Work, family, church responsibilities, sports, appointments, and everyday demands can make it difficult for men to participate consistently in a Chapter meeting, men's ministry Bible study, or special Chapter-sponsored event. But the answer is not to add yet another meeting to the calendar. Sometimes we simply need to work a little smarter and extend grace to those who are genuinely struggling but sincerely intend to make time for our ministry.

Start by **valuing people over programs**. Ask what the men in your group actually need and what realistically fits their schedules. A shorter prayer and Bible study gathering—perhaps immediately before or after church, with coffee or a meal—may accomplish more than a longer Saturday morning session that is difficult for some men to attend. You might offer both options for a time to learn which works best. The point is to listen carefully, respond to what your men need, and reevaluate the schedule regularly.

Next, **simplify your ministry calendar**. In addition to reviewing your weekly Bible study sessions and the three or four events your group sponsors each year, talk with your clergy about doing less and partnering with others more. Choose quality over quantity. Consider holding two special events instead of four, and focus on doing those two exceptionally well while keeping them simple.

Also, **share responsibility throughout your Chapter or group**. Ministry should not depend on one or two leaders doing everything. Give your men specific, manageable roles with clear timetables, such as organizing a breakfast, leading a discussion, contacting a few members, or planning a service project. When everyone contributes a little, no one has to carry the whole load. Check on progress regularly to prompt men who may have forgotten their assignments or procrastinated. Resist the urge to



rescue those who fall behind; instead, remind everyone that each person's contribution matters.

Finally, **use technology wisely**. A group text, email, or messaging app can help keep your men connected between meetings. A brief Scripture thought, prayer

request, or word of encouragement can help maintain relationships even when schedules prevent attendance at face-to-face meetings. Your goal is to help your men feel included and connected despite life's busy pace.

The goal of your Brotherhood Chapter or men's ministry group isn't to keep everyone even more busy than they already are. It is to help them grow in Christ, build genuine friendships, serve others, and become stronger husbands, fathers, brothers, and disciples.

When schedules are crowded, don't give up. **Work smarter, simplify the plan, share the load, and keep the Brotherhood mission clear**. A healthy men's ministry isn't measured by how many activities it offers, but by how effectively it helps Brothers follow Jesus together.

IT'S ABOUT TIME TO... *Continued from page 3.*

hear someone say, "I don't have time to do these tasks," I want to ask whether that person has truly evaluated what matters most. Ideally, people will acknowledge that they make time for what is important to them and choose what they want to be busy doing. After all, it's about time.

WHEN FEWER MEN HAVE LESS TIME: RETHINKING “WE’VE ALWAYS DONE IT THAT WAY”

There was a time when we all had more men, more volunteers, more energy, and more time. Programs were full, calendars were packed, and the phrase “we’ve always done it that way” probably made perfect sense.

But times change.

Today, a Chapter or men’s ministry group may have fewer men in the room, and those who attend are often balancing work, family, church, aging parents, and countless other responsibilities. Yet our Brotherhood ministry expectations—with their deep roots in history and tradition—sometimes remain unchanged.

That creates a problem.

Tradition can be valuable, but tradition should never become more important than the mission. The question isn’t, “How have we always done this?” The better question is, “What does God want us to do now?”

Maybe a ministry that once required three meetings of our Brothers can accomplish its purpose with one meeting and the use of technology for check-ins and reminders along the way. Maybe an event that took weeks of preparation can be simplified. Maybe a program needs to be retired so that something new can take its place.

This isn’t about doing less because we care less. It’s about doing what matters most because we care deeply.

Our goal is not to preserve every Brotherhood or men’s ministry program, meeting, or tradition. Our goal is to help men grow in Christ, build meaningful relationships, serve others, and become spiritual leaders in their homes and communities. Prayer. Study. Service.

If we have fewer men and less time, perhaps God is inviting us to rethink how we minister—not to abandon the mission but to focus on it even more. We must also be honest with one another and have the difficult conversations about who we are now and how we can best use our available time, talent, and treasure.

Sometimes faithfulness means continuing.

Sometimes faithfulness means changing.

And sometimes the most spiritual words we can say are, “Let’s find a better way.”



WHEN A MAN OF FAITH FEELS OVERWHELMED BY BUSYNESS

There is a particular kind of exhaustion that comes from trying to do everything well. Work demands your attention. Your family needs you. Church brings responsibilities. Your Brotherhood Chapter or men's ministry group offers opportunities and assigns important tasks, particularly around weekly Bible study and prayer sessions and special parish events. Friends need encouragement. Bills need to be paid, home or automotive projects need to be finished, and somewhere in the middle of it all, you are trying to follow God faithfully.

You may even feel guilty for being overwhelmed. After all, shouldn't a man of faith be able to handle it?

The answer is no.

Jesus never called us to prove our worth by how much we can accomplish. He calls us to abide in Him. In Mark 6:31, after a demanding season of ministry, Jesus told His disciples, "Come with me by yourselves to a quiet place and get some rest." Rest wasn't a reward for finishing everything. It was part of following Him.

Sometimes the most faithful thing you can do is stop.



That may mean saying no to a good opportunity because it isn't your responsibility. It may mean putting your phone away and giving your family your undivided attention. It may mean admitting to a Brother, "I'm overwhelmed," and asking for prayer. It may mean giving yourself permission to miss a weekly Bible study because you need to get some Saturday morning rest. It may mean just spending ten quiet minutes with God before rushing into the demands of the day.

Being busy can make us feel important. But busyness is not the same as fruitfulness.

Ask God to show you what He has actually entrusted to you—and what you have picked up that He never asked you to carry. Then trust Him enough to lay some of it down.

You don't have to be everywhere. You don't have to fix everything. You don't have to carry everyone.

You are a man, not a machine.

And God is not measuring your faithfulness by your calendar. God is inviting you to walk in faith—one day, one decision, and one intentional step at a time.

UPCOMING SPEAKERS ANNOUNCED FOR MONTHLY WEBINARS

November: TBA

December: The Most Reverend Sean Rowe, Presiding Bishop and Primate of The Episcopal Church

JOIN US FOR OUR MONTHLY WEBINARS, ON THE FIRST WEDNESDAY OF EACH MONTH

HERE'S THE LINK: [BROTHERHOOD OF SAINT ANDREW MONTHLY WEBINAR](#)

MEETING ID: 851 3889 2685

PASSCODE: 0723

When Being Too Busy Becomes a Spiritual Barrier

A BROTHERHOOD OF ST. ANDREW OR MEN'S MINISTRY BIBLE STUDY

Length: 60 minutes

Theme: When a full schedule leaves little room for God

Primary Scriptures: Luke 10:38–42; Mark 1:35–39

Supporting Scriptures: Psalm 46:10; Matthew 6:33; Ecclesiastes 3:1; Ephesians 5:15–17

The Big Idea

Busyness isn't always a sign that we're doing too much. Sometimes it's a sign that we're giving too much of our attention to things that matter less than what God is asking of us.

The goal isn't to become less productive. The goal is to become **more available to God, more present with people, and more faithful with what God has entrusted to us.**

0–5 Minutes — Opening & Icebreaker

Opening Question

Ask the men:

“If someone gave you three completely free hours tomorrow—with no work, chores, appointments, or obligations—what would you actually do with them?”

Let several men answer.

Then ask:

“What does your answer reveal about what you naturally run toward when nothing is demanding your attention?”

Don't over-discuss this. Use it to get the men thinking about their relationship with time.

Opening Prayer

“Creator God, thank you for bringing us together as Brothers. We ask you to slow our hearts down enough to hear your voice. Show us where our schedules, responsibilities, ambitions, entertainment, or even good things have crowded you out. Give us wisdom—not merely to do less, but to live faithfully. Help us become Brothers who are available to you and present with the people you've entrusted to us. In Jesus' name, amen.”

5–15 Minutes — What Does Busyness Have to Do with Spirituality?

Read **Luke 10:38–42**.

Martha is busy serving Jesus.

That's important.

Jesus doesn't criticize her for serving.

Her problem is that her service has become so consuming that she has lost sight of the person she is serving.

Martha essentially says: “Lord, don't you care that I'm doing all this work?”

Jesus responds by pointing her back toward what is truly necessary.

Ask the Group

- What stands out to you about Martha?
- Was Martha doing something wrong by serving?
- Why do you think Jesus addressed her heart rather than simply helping her with the work?
- What does Martha's frustration reveal about what was happening inside her?
- Can good responsibilities—even our Brotherhood or men's ministry responsibilities at church—become spiritual distractions?
- What are some things men commonly become “too busy” for?

Let the discussion go where it naturally goes.

Key Observation

There is a difference between:

Being busy because life requires responsibility

and

being busy because we have never learned to say no.

There's also a difference between:

being productive

and

being spiritually available.

A man can have a packed calendar, accomplish impressive things, provide well for his family, serve at church, be a regular participant and even a leader in his Brotherhood or men's ministry group, and still be slowly becoming unavailable to God.

15–27 Minutes — Jesus Was Busy, But Never Ruled by Busyness

Read **Mark 1:32–39**.

Jesus has an exhausting evening.

People are coming to Him for healing.

Everyone wants something from Him.

And the next morning, instead of immediately jumping back into the demands of the crowd, Jesus gets up early and goes somewhere quiet to pray.

Continued on next page.

Simon and the others eventually find Him and essentially say: "Everyone is looking for You."

That's a powerful sentence.

Everyone is looking for Jesus.

Yet Jesus doesn't allow other people's urgency to determine His obedience.

Discussion

Ask:

- What demands were pressing on Jesus?
- What did Jesus do before returning to those demands?
- Why is it significant that Jesus sought solitude and prayer?
- What does Jesus' example teach us about the difference between **urgency** and **importance**?
- What are some things in our lives that are constantly saying, "Everyone needs you right now"? Do our Brotherhood or men's ministry responsibilities sometimes fall into that category?
- How can a man's phone become a source of constant interruption?

Make This Point

Jesus had:

- people who needed Him,
- work to accomplish,
- physical needs,
- limited time,
- opposition,
- responsibilities,
- and a mission.

He was busy.

But He was never controlled by busyness.

That's the distinction.

The question isn't:

"How can I eliminate everything from my life?"

The better question is:

"Is my schedule controlling me, or am I stewarding my schedule before God?"

27–37 Minutes — The Spiritual Cost of Being Too Busy

Write these five words somewhere everyone can see them:

BUSY → DISTRACTED → DISCONNECTED → DEPLETED → DRIFTING

Explain that chronic busyness can create a progression.

1. Busy

There is always something to do.

"I'll spend time with God when things settle down."

But things rarely settle down.

2. Distracted

Even when we finally have quiet, our minds are somewhere else.

We're physically present but mentally running through tomorrow's schedule.

3. Disconnected

Prayer becomes occasional.

Scripture becomes something we know we *should* read.

Conversations with our spouses become logistical.

Our children get our leftovers.

Fellowship becomes optional.

Our overall Brotherhood commitment to Prayer, Study, and Service is diminished.

4. Depleted

Eventually we're running on fumes.

And when we're depleted, we tend to become:

- impatient,
- irritable,
- emotionally unavailable,
- tempted,
- self-focused,
- apathetic or indifferent
- and spiritually passive.

5. Drifting

We don't necessarily decide to walk away from God.

We simply stop intentionally walking **toward** God.

That's often how spiritual drift happens.

Spiritual drift rarely begins with one giant decision. More often, it develops through a series of small choices that gradually redirect our attention.

Among our Brothers, spiritual drift may appear as gradually becoming less available, involved, or engaged.

Give us courage to say no when we need to, but also give us the discipline to make room for the Prayer, Study, and Service that are critical to our faith commitment. Help us be present with our spouses, children, and friends, and give us the courage to say to the world, when necessary, "Not right now."

37–47 Minutes — What Is Making Us Too Busy?

Read **Ephesians 5:15–17**.

Paul tells believers to pay careful attention to how they live and to make the most of their time.

Discussion Exercise

Ask the men to silently consider the following categories:

Continued on next page.

Work	Is my career consuming more of me than God intended?
Money	Am I working constantly because “more” never feels like enough?
Family	Am I physically present but emotionally absent?
Church	Am I serving so much that I'm neglecting my relationship with God?
Technology	Is my phone stealing the attention God deserves?
Entertainment	What receives the time I claim I don't have?
Hobbies	Have good things become ultimate things?
Ambition	Am I trying to prove something through achievement?
People	Am I afraid to disappoint people by saying no?
Rest	Do I feel guilty when I'm not accomplishing something?

Give them about 60 seconds of silence.

Then ask: **“Which one of these is most likely to become a spiritual barrier in your life?”**

Let men share voluntarily.

Important Leadership Note:

Don't allow this section to become:

“Here's everything men are doing wrong.”

Instead, emphasize:

Busyness can be an idol even when the things we're busy doing are good things.

Work is good.

Providing for your family is good.

Serving at church (and with your Brotherhood Chapter or men's ministry group) is good.

Exercising is good.

Helping people is good.

Building something is good.

But **a good thing can become a bad master.**

47–55 Minutes — Practical Response: Making Room for God

Read **Matthew 6:33**.

Jesus doesn't tell us to stop working.

He tells us to **seek first the kingdom of God**.

So what does that look like practically?

(Leader: Give the men these five challenges.)

1. Establish a “first” before establishing a “full.”

Before the day fills up, give God something.

It doesn't have to begin with an elaborate hour-long devotional.

Start with:

- scripture
- prayer
- silence
- worship
- surrender

The principle is:

God gets intentional attention, not leftover attention.

2. Identify one unnecessary “yes.”

Ask:

- “What am I currently saying yes to that God may be asking me to say no to?”
- Not every opportunity is an assignment.
- Not every need is your responsibility.
- Not every invitation requires your participation.

3. Protect one relational priority.

For some men, that may mean:

- dinner with the family,
- a weekly date with their spouse,
- time with their children,
- calling their father,
- meeting with another Brother or Brothers,
- or simply being fully present at home.

4. Create technology boundaries.

Challenge the men to experiment with one simple boundary:

- no phone during meals,
- no phone for the first 30 minutes of the morning,
- no work email after a certain time,
- one technology-free evening,
- or putting the phone in another room during prayer and scripture time.

5. Schedule margin.

This may be the hardest one.

If every minute is scheduled, **there is no room for interruption.**

And sometimes God works through interruptions.

55–60 Minutes — Personal Commitment and Closing

Hand each man a piece of paper or ask them to use their phone.

Have them complete these three sentences privately:

"This week, God may be asking me to..."

1. **Stop:** "I need to stop _____."
2. **Start:** "I need to start _____."
3. **Protect:** "I need to protect _____."

Give them a minute of silence. Then ask:

"What is one change you are actually willing to make this week?"

Invite a few men to share. Don't pressure everyone to speak.

Closing Thought

End with this:

"Temptation doesn't always come in the form of some amorphous force enticing us into doing something terrible. Sometimes all that needs to happen is for us to be constantly occupied with things that aren't the most important things."

Then remind them:

Jesus isn't calling us to laziness.

- He's calling us to **faithfulness**.
- The goal isn't an empty calendar.
- The goal is a life where our **calendar reflects our calling**.
- A man can be busy and still be faithful.
- A man can be productive and still be spiritually healthy.

A man can carry significant responsibilities without allowing those responsibilities to become his identity.

The question isn't simply:

"How busy am I?"

It's:

"What is my busyness preventing me from hearing, doing, or becoming?"

Closing Prayer

"Lord Jesus, we confess that we often allow our schedules to become louder than Your voice. We fill our lives with work, responsibilities, entertainment, commitments, and good things, yet sometimes leave You with whatever time remains.

Forgive us.

Give us wisdom to recognize what matters most. Give us courage to say no when we need to. Help us be present with our wives, our children, our friends, and the people you've placed around us. Give us discipline to make room for our Brothers and our mutual commitment to Prayer, Study, and Service.

Teach us not merely to manage our time, but to surrender it.

Make us men who are busy about the things that matter to You.

In Jesus' name, amen."

Optional takeaway verse

Psalms 46:10 — "Be still, and know that I am God."

A strong challenge for the men to take home:

"Don't just ask God to help you manage your busy life. Ask God whether your busy life is actually the life God is calling you to live."



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#brstandrew

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JOIN US VIA ZOOM FOR WEEKLY SCHEDULED MEETINGS

Open to everyone

SUNDAYS, Compline Service

9 p.m. Eastern / 8 p.m. Central / 7 p.m. Mountain / 6 p.m. Pacific
[us02web.zoom.us/j/87561851713?](https://us02web.zoom.us/j/87561851713?pwd=UJ5ok56elbb5aZGcZaNQQTtaaxaand.1)

[pwd=UJ5ok56elbb5aZGcZaNQQTtaaxaand.1](https://us02web.zoom.us/j/87561851713?pwd=UJ5ok56elbb5aZGcZaNQQTtaaxaand.1)

We begin with a few moments of silence or meditation followed by the service from the *Book of Common Prayer* Page 127.

WEDNESDAYS, Mid-Week, Mid-Day Prayer

1 p.m. Eastern / Noon Central / 11 a.m. Mountain / 10 a.m. Pacific
[us02web.zoom.us/j/85663208398?](https://us02web.zoom.us/j/85663208398?pwd=UG0vTkj2OXAwKzBEEdGpYcTBCanZEEZz09)

[pwd=UG0vTkj2OXAwKzBEEdGpYcTBCanZEEZz09](https://us02web.zoom.us/j/85663208398?pwd=UG0vTkj2OXAwKzBEEdGpYcTBCanZEEZz09)

Let's spend 20 minutes praying for the Brotherhood, our Brothers, and those in need. Share how prayer has made a difference in your life—it's a simple way to refill your spiritual tank.

Our devotional handbook and the *Book of Common Prayer* provide the words. To help lead a session, contact roy.benavides@brothersandrew.net.

THURSDAYS, Bible Study

8 p.m. Eastern / 7 p.m. Central / 6 p.m. Mountain / 5 p.m. Pacific
us02web.zoom.us/j/4485027479

Join the Brotherhood of St. Andrew, the Brooklyn and Queens Assemblies, and the Diocese of Chicago for weekly Bible Study each Thursday. Deepen your understanding of Scripture and connect with fellow Brothers. For questions, email:

nychibiblestudy@gmail.com.



For General Convention to Triennial and many other Brotherhood of St. Andrew opportunities over the next year and beyond, we're working on a larger communication piece anticipated to be both electronic and print/direct mail that—among other things—will exhaustively highlight what's been happening with our Chapters and men's ministry groups church wide. We want to highlight YOU and have every state in the US represented. Please help us!

To that end, by November 30, write to editor@brothersandrew.net with a two-three line description of one thing your group has been doing, from a standard Saturday morning Bible study to some sort of special mission project. Here are just a couple of examples to inspire you.

- Men at St. Swithin's in Bozeman, Montana just helped build a hometown Habitat for Humanity house for a family of six.
- St. Jim's in Newport, Rhode Island led weekly Sunday night summer Evening Prayer on the beach as a way of reaching out to both members and tourists.

ALSO CALLING OUT....

To share the incredible breadth and depth of Brotherhood ministry across our church, we are seeking at least one parish, group, or person to highlight for EACH of our areas of Brotherhood of St. Andrew mission focus. To refresh your memory about these ministries, they include:

- Discipleship and Mentoring
- Prison Ministries
- Racial Reconciliation
- Recovery
- Social Justice
- Veterans Ministries
- Youth and Scouting

Who do you know who is doing impactful ministry in any of these areas? Might that even be you and the Brothers in your own Chapter?! Please help us cast a wide net, however you best communicate in your diocese or regional area, and help us gather ideas for who and what should be lifted up when we highlight this mission work. Send your suggestions by November 30 to editor@brothersandrew.net and put MISSION FOCUS SUGGESTIONS in the subject line. Please be sure to include full contact information for yourself and anyone you are nominating. Blessings and thank you!



We welcome...

- General stories and photos about your Chapter or men's ministry activities.
- Stories and photos about your Province meetings or activities.
- Reflections about how you solved a common Brotherhood challenge, such as building attendance or increasing involvement in your project or ministry.
- Points of pride about your Chapter milestones.
- Personal spiritual or biblical reflections.
- Ideas related to the Brotherhood seven areas of mission focus.
- Stories about how you helped mobilize partnerships in your community.
- Practical tips/helps related to common Brotherhood activities out of your own expertise or experience.
- Photos of Brothers you have encountered in other places. For example—at a church you attended during your summer vacation.

Send your contributions in standard MSWord 12 point type with no formatting.

Attach photos—don't embed them in your story.

Attach a separate Word document with photo ID's, from left to right, that correspond to your photos. Don't forget to double check the spelling of any names you include. If it isn't obvious, describe what we are seeing in your photo/s and where/when they were taken.

Email your material to editor@brothersandrew.net. If you have questions or just want to brainstorm an idea, call Kathy at 502-345-6406.

