

Cumberland County Opioid Settlement Spending Update May 2025

Overview:

Cumberland County Government began receiving direct payments from several Opioid Settlements in 2022 and will continue to receive payments for the next 18 years. As of May 2025, the county has received approximately \$750,000. Each year, the total payment amount will fluctuate but the County expects to receive an average of \$211,260 annually. All subdivision recipients of the opioid settlement funds in Maine must spend the money on approved uses for opioid abatement identified in the Opioid Settlement MOU.

Cumberland County's Process for Determining Spending:

In 2023, Cumberland County Public Health staff, including the Director, the Behavioral Public Health Manager, the Chronic Disease Prevention Manager, and the Substance Use Prevention Team Lead, completed an assessment process to determine the needs for addressing opioid use disorder and substance use disorder over the next 3-5 years. The assessment process included information from an extensive County Health Improvement Planning process that took place in 2022, as well as a 2023 survey of organizations to understand current efforts to prevent and address OUD in Cumberland County. This assessment was then used to set priorities for investment and create a 2023-2027 Action Plan. The Plan was approved by County Commissioners in September of 2023. A more detailed write up of the process, the assessment and the Action Plan, can be found HERE on the county's website.

Priority Areas for Investment:

As settlement dollars are allocated across Cumberland County, an opportunity exists to fill a critical need and coordinate efforts in ways that maximize impact and return on investment while simultaneously building critical community capacity to make a long-term impact on the problem. Priority areas for investment over the next 3-5 years include:

Coordination	Interventions	Prevention
 Support capacity building & 	Support services for	Facilitate community-led
coordination of acute	Housing First	process for Building
overdose response and	 Increase # of detox beds 	Community Resilience
follow up efforts	 Invest in innovations in 	 Invest in whole family, two
 Support coordination of 	treatment	generation programming
municipal opioid settlement	Increase youth treatment	Increase early interventions
spending	options	for youth & families
 Support data collection, 	 Coordination of SUD 	impacted by OUD and SUD
analysis, and sharing	services	



Total opioid settlement spending since 2023 (approximates):

Total Spent to date: Approximately \$275,000

Coordination:

\$85,000 has been spent on salary and benefits (accounting for about half of his time), phone, travel, and professional development of the Behavioral Public Health Manager, Brandon Irwin. Some examples of the coordination work Brandon has done with the time he bills to Opioid Settlement funds includes:

- Brandon organized a Sequential Intercept Mapping Workshop facilitated by SAMHSA in Spring of 2024. The goal of the workshop was to identify the top 5 priorities and create action plans for improving systems and services for people who use drugs or have a substance use disorder and are involved in the criminal legal system. The workshop included over 70 partners from criminal legal and behavioral health systems as well as people with substance use disorders and experience in the criminal legal system. The workshop led to action teams that are currently working on improving coordinated reentry from jail within the first 48 hours after release and increasing the availability of peer support throughout the whole criminal legal system. Brandon continues to organize groups of people to coordinate improvement efforts, including recruiting for a steering committee and an advisory council of people with lived experience.
- Brandon helped establish a Coordinated Community Care Team (CCT) in the Lakes Region. A
 CCT is a multidisciplinary group of providers from community organizations, treatment, and
 healthcare who collaborate in an effort to better support a person's complex needs across
 different settings and systems of care. A second CCT is under exploration for the Greater
 Portland area.
- Brandon managed the RFP process for our opioid response innovation and capacity building grant in 2024. He continues to manage the contract with Greater Portland Health, the grant recipient.

\$5,000 was used to host the SIM mapping event in March of 2024. SAMHSA provided the facilitation and reports for the project, but we provided funds for renting a space, food, supplies, and stipends for people with lived experience who could not come to the event through their work.

Interventions:

\$21,000 was used in 2023 for recovery housing for people involved in the Pathways of Hope project when there was a gap between funding cycles. Ongoing funding of recovery housing and treatment for people in the Pathways of Hope project at Portland Recovery Community Center is provided to Cumberland County Public Health through a Maine Public Safety grant.

\$80,000 was awarded to Greater Portland Health for innovations in treatment through a competitive RFP process facilitated by CCPH. Three outside experts in harm reduction and treatment joined CCPH Director and Behavioral Public Health Manager in reviewing proposals and determining the awardee. Greater Portland Health is using the grant funds to support the staff on the new mobile medical van as



they do harm reduction and opioid use disorder treatment outreach to people at highest risk of overdose deaths in Cumberland County. More information about the project can be found <u>HERE</u>.

\$77,000 was used in 2023-2024 to pay for Medication for Opioid Use Disorder for people with OUD who are incarcerated at the Cumberland County Jail.

\$300 was spent on incentives (\$5 Dunkin gift cards) for the City of Portland staff to provide to people at high risk for HIV to get HIV and STI testing. There are concerns about the HIV outbreak in Bangor spreading to Portland this summer so extra efforts are needed to incentivize people who use drugs to be tested for HIV.

Prevention:

\$5,000 was used to pay Claire Schroeder, a prevention consultant, to interview people who work with families and in communities most impacted by opioids to understand their needs. She also worked with the prevention team at CCPH to create a prevention intervention focused on that group of people. The intervention created through this process was the basis for a recent federal SAMHSA grant application written by CCPH that could award \$425,000 a year for 5 years for substance use prevention in Cumberland County.

Plans for Future Spending:

CCPH plans to continue funding coordination efforts by paying for at least half of the salary of the Behavioral Public Health Manager, Brandon Irwin. We also plan to continue assessing funding needs for additional innovative interventions or capacity building funds for interventions. We may also use funds for medication for addiction treatment for people with a substance use disorder in the Cumberland County jail and for recovery housing for people at highest risk for overdose death or involvement in the criminal legal system as needed. This coming year we will be using some funds to implement prevention efforts with families who have been most impacted by opioids.

For more information, please contact the Cumberland County Public Health Director, Liz Blackwell-Moore at Blackwell-moore@cumberlandcounty.org