

# Holy Eucharist

## Rite II



**Fifth Sunday after the Epiphany**

**The Rev. Robert Odom, Celebrant  
February 8, 2026**

*The altar flowers are given by Carol Lanthrum  
in celebration of her brother Steve's birthday*

# The Word of God

## Opening Hymn

*Lift up your heads, ye mighty gates!* 436

1 Lift up your heads, ye mighty gates; be - hold the  
2 O blest the land, the ci - ty blest, where Christ the  
3 Fling wide the por - tals of your heart; make it a  
\*4 Re - deem - er, come! I o - pen wide my heart to  
5 So come, my Sov - ereign; en - ter in! Let new and

1 King of glo - ry waits! The King of kings is  
2 ru - ler is con - fessed! O hap - py hearts and  
3 tem - ple, set a - part from earth - ly use for  
4 thee: here, Lord, a - bide! Let me thy in - ner  
5 no - bler life be - gin; thy Ho - ly Spi - rit

1 draw - ing near; the Sa - vior of the world is here.  
2 hap - py homes to whom this King of tri - umph comes!  
3 heaven's em - ploy, a - doned with prayer and love and joy.  
4 pres - ence feel: thy grace and love in me re - veal.  
5 guide us on, un - til the glo - rious crown be won.

Words: Georg Weissel (1590-1635); tr. Catherine Winkworth (1827-1878). Music: *Truro*, melody from *Psalmody Evangelica, Part II*, 1789; harm. Lowell Mason (1792-1872), alt.

## The Opening Acclamation

*Blessed be God: Father, Son, and Holy Spirit  
People And blessed be his kingdom, now and for ever. Amen.*

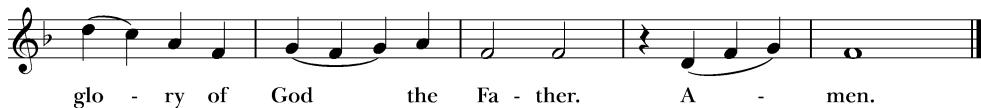
## The Collect of Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of the Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name, through Christ our Lord. *Amen.*

### Gloria

*Hymnal S-280*

1. Glo - ry to God in the high - est, and  
peace to his peo - ple on earth. 2. Lord God, heaven - ly  
King, al - might - y God and Fa - ther, we wor - ship you, we  
give you thanks, we praise you for your glo - ry. 3. Lord Je - sus  
Christ, on - ly Son of the Fa-ther, Lord God, Lamb of God, 4. you  
take a - way the sin of the world: have mer - cy  
on us; 5. you are seat - ed at the right hand of the Fa-ther: re -  
ceive our prayer. 6. For you a - lone are the Ho - ly One,  
you a - lone are the Lord, 7. you a - lone are the Most  
High, Je - sus Christ, with the Ho - ly Spi - rit, in the



Music: Robert Powell (b. 1932), rev. Setting: Copyright © Church Publishing Inc.

## The Collect of the Day

*Celebrant* The Lord be with you.

*People* And also with you.

*Celebrant* Let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. *Amen.*

## First Lesson

**Isaiah 58:1-12**

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgments, they delight to draw near to God. "Why do we fast, but you do not see? Why humble ourselves, but you do not notice?" Look, you serve your own interest on your fast day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord? Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rear guard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am. If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. The Lord will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in.

*After the reading, the lector says*

*The Word of the Lord.*  
*People* *Thanks be to God.*

## **Psalm 112:1-10**

1 Hallelujah!  
Happy are they who fear the Lord \*  
and have great delight in his commandments!

2 Their descendants will be mighty in the land; \*  
the generation of the upright will be blessed.

3 Wealth and riches will be in their house, \*  
and their righteousness will last for ever.

4 Light shines in the darkness for the upright; \*  
the righteous are merciful and full of compassion.

5 It is good for them to be generous in lending \*  
and to manage their affairs with justice.

6 For they will never be shaken; \*  
the righteous will be kept in everlasting remembrance.

7 They will not be afraid of any evil rumors; \*  
their heart is right;  
they put their trust in the Lord.

8 Their heart is established and will not shrink, \*  
until they see their desire upon their enemies.

9 They have given freely to the poor, \*  
and their righteousness stands fast for ever;  
they will hold up their head with honor.

10 The wicked will see it and be angry;  
they will gnash their teeth and pine away; \*  
the desires of the wicked will perish.

## **Second Lesson**

## **1 Corinthians 2:1-16**

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God. Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish.

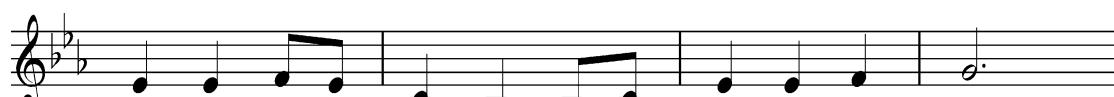
But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written, "What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him"— these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God. And we speak of these things in words not taught by human wisdom but taught by the Spirit, interpreting spiritual things to those who are spiritual. Those who are unspiritual do not receive the gifts of God's Spirit, for they are foolishness to them, and they are unable to understand them because they are spiritually discerned. Those who are spiritual discern all things, and they are themselves subject to no one else's scrutiny. "For who has known the mind of the Lord so as to instruct him?" But we have the mind of Christ.

*After the reading, the lector says*

*The Word of the Lord.*  
*People      Thanks be to God.*

**Sequence Hymn**

*Be thou my vision 488*  
*Vs. 1-2, Gospel, vs. 3*



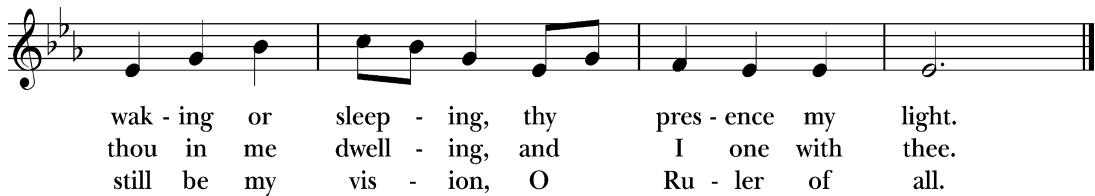
1 Be thou my vi - sion, O Lord of my heart;  
 2 Be thou my wis - dom, and thou my true word;  
 3 High King of hea - ven, when vic - tory is won,



all else be nought to me, save that thou art—  
 I ev - er with thee and thou with me, Lord;  
 may I reach hea - ven's joys, bright hea - ven's Sun!



thou my best thought,— by day or by night,  
 thou my great Fa - ther; thine own may I be;  
 Heart of my heart,— what - ev - er be - fall,



Words: Irish, ca. 700; versified Mary Elizabeth Byrne (1880-1931); tr. Eleanor H. Hull (1860-1935), alt. Music: *Slane*, Irish ballad melody; adapt. *The Church Hymnary*, 1927; harm. David Evans (1874-1948). By permission of Oxford University Press.

*Then, all standing, the Deacon or Celebrant reads the Gospel, first saying*

*People*      The Holy Gospel of our Lord Jesus Christ according to Matthew.  
*Glory to you, Lord Christ.*

### **The Gospel Lesson**

**Matthew 5:13-20**

Jesus said, “You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot. “You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven. “Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.”

*After the Gospel, the Deacon or Celebrant says*

*People*      The Gospel of the Lord.  
*Praise to you, Lord Christ.*

### **The Sermon**

#### **The Nicene Creed**

We believe in one God,  
 the Father, the Almighty,  
 maker of heaven and earth,  
 of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
 the only Son of God,

eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
    he came down from heaven:  
by the power of the Holy Spirit  
    he became incarnate from the Virgin Mary,  
    and was made man.  
For our sake he was crucified under Pontius Pilate;  
    he suffered death and was buried.  
On the third day he rose again  
    in accordance with the Scriptures;  
he ascended into heaven  
    and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
    and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

### **Prayers of the People VI**

*The Leader and People pray responsively*

In peace, we pray to you, Lord God.

*Silence*

For all people in their daily life and work;  
*For our families, friends, and neighbors, and for those who are alone.*

For this community, the nation, and the world;  
*For all who work for justice, freedom, and peace.*  
For the just and proper use of your creation;  
*For the victims of hunger, fear, injustice, and oppression.*

For all those who are in danger, sorrow, or any kind of trouble;  
*For those who minister to the sick, the friendless, and the needy.*

For the peace and unity of the Church of God;  
*For all who proclaim the Gospel, and all who seek the Truth.*

For Sean, our Presiding Bishop, for Andy, Jeff, Kai, Hector, and Brian, our bishops, for our supply priests, and for all bishops and other ministers,

*For all who serve God in his Church.*

For the special needs and concerns of this congregation.

*Silence*

Hear us, Lord;

*For your mercy is great.*

We thank you, Lord, for all the blessings of this life (including the birthdays of [ ] and the anniversaries of [ ].)

*Silence*

We will exalt you, O God our King;

*And praise your Name for ever and ever.*

We pray for all who have died, [especially \_\_\_\_\_,] that they may have a place in your eternal kingdom.

*Silence*

Lord, let your loving-kindness be upon them;

*Who put their trust in you.*

We pray to you also for the forgiveness of our sins.

*Silence may be kept.*

*Leader and People*

Have mercy upon us, most merciful Father;

In your compassion forgive us our sins,

Known and unknown,

Things done and left undone;

And so uphold us by your Spirit

That we may live and serve you in newness of life,

To the honor and glory of your Name;

Through Jesus Christ our Lord. Amen.

*The Celebrant concludes with an absolution or a suitable Collect.*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

## **The Peace**

*Celebrant*      The peace of the Lord be always with you.

*People*            And also with you.

## The Announcements

Sunday, 2/8      9:45a Adult Lectionary Discussion  
                    Children's Sunday School on request  
                    12:00p **Conversations exploring Cultural Perspectives**

Wednesday, 2/11 12:00p Morning Prayer Service  
                    12:30p Bible Study  
                    2:00p Grief Support Group  
                    7:00p Choir Practice

Thursday, 2/12    5:30p Handbell Practice

### **UPCOMING EVENTS**

Sunday, 2/15      9:45a Adult Lectionary Discussion  
                    Children's Sunday School on request

Monday, 2/16      6:30p **Book Club**

Tuesday, 2/17      11:30a **Out-to-Lunch Bunch**  
                    6:00p Pancake Supper

Wednesday, 2/18    7:30a **Ashes-to-Go until 9:30a** at St. Clare's  
                    12:00p **Ash Wednesday Eucharist**  
                    6:00p **Ash Wednesday Eucharist**  
                    7:00p Choir Practice

Thursday, 2/19      5:30p Handbell Practice

Saturday, 2/21      6:00p **Thrive**

### **SAVE THE DATE**

Wednesday, 2/25    12:00p **Lenten Healing Service and Luncheon begins**

Saturday, 2/28      8:30a **Breakfast for All**  
                    9:00a Men's Group Meeting  
                    10:00a **Church Under a Bridge Lunch Prep**

Saturday, 3/14      9:00a **DOK Meeting**

### **Prayer for a New Rector**

Almighty God, giver of every good gift: look graciously on St. Francis and so guide the minds of those who shall choose a rector for this parish, that we may receive a faithful pastor, who will care for your people and equip us for your ministries; through Jesus Christ our Lord. Amen.

### **Prayer 51. For a Birthday**

Watch over thy child, O Lord, as *his* days increase; bless and guide *him* wherever he may be. Strengthen *him* when *he* stands; comfort *him* when discouraged or sorrowful; raise *him* up if *he* fall; and in *his* heart may your peace which passes understanding abide all the days of *his* life; through Jesus Christ our Lord. Amen.

### **The Prayer for St. Francis**

Heavenly Father, we come to you at this time, seeking your perfect plan for St. Francis. We seek your wisdom, discernment, and guidance as to how we may serve you best and to your glory. Make us a church where your Son, Jesus, is lifted up as Lord and Savior and

where the healing power and presence of the Holy Spirit is known. Even as your people trusted in you to bring them to the Promised Land, we look to you as God and Father to lead us in all things. We trust you to bring to us the people and resources to help us accomplish your work. Through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God forever and ever. Amen.

## The Holy Communion

### The Offertory

### Doxology

*Praise God from whom all blessings flow.  
Praise him all creatures here below.  
Praise him above ye heavenly hosts.  
Praise Father, Son, and Holy Ghost. Amen*

### The Great Thanksgiving

#### *Eucharistic Prayer A*

*The people remain standing. The Celebrant faces them and sings or says*

	The Lord be with you.
People	<i>And also with you.</i>
Celebrant	Lift up your hearts.
People	<i>We lift them to the Lord.</i>
Celebrant	Let us give thanks to the Lord our God.
People	<i>It is right to give him thanks and praise.</i>

*Then, facing the Holy Table, the Celebrant proceeds*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

*Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.*

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

### The Sanctus

*S-130*

*The following is sung or said, all standing.*

Holy, holy, holy Lord, God of power and might, Holy, holy, holy Lord, God of power and might, heaven and earth are full, of your glory. Hosanna in the highest. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the name of the Lord.



Music: From *Deutsche Messe*, Franz Peter Schubert (1797-1828); arr. Richard Proulx (b. 1937). Copyright © 1985 GIA Publications, Inc.

*The people stand or kneel. Then the Celebrant continues*

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

*At the following words concerning the bread, the Celebrant is to hold it or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.*

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:

*Celebrant and People*

Christ has died.

Christ is risen.

Christ will come again.

*The Celebrant continues*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever.  
**AMEN.**

And now, as our Savior

Christ has taught us,  
we are bold to say,

*People and Celebrant*

Our Father, who art in heaven,  
hallowed be thy Name.  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.

Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.

For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.

## The Breaking of Bread

*The Celebrant breaks the consecrated Bread. A period of silence is kept.*

*Then may be sung or said*

[Alleluia.] Christ our Passover is sacrificed for us;  
*Therefore let us keep the feast. [Alleluia.]*

## The Fraction

*s-169*

*Cantor or Choir*

My flesh is food in - deed, and my blood is drink in -

*All*

1 2 *Cantor or Choir*

deed, says the Lord. My Lord. Those who eat my

*All*

flesh and drink my blood dwell in me and I in them. My

flesh is food in - deed, and my blood is drink in - deed, says the Lord.

Music: Ray W. Urwin (b. 1950). Copyright © 1984 by Ray W. Urwin. Used by permission.

*Facing the people, the Celebrant says the following Invitation*

The Gifts of God for the People of God.

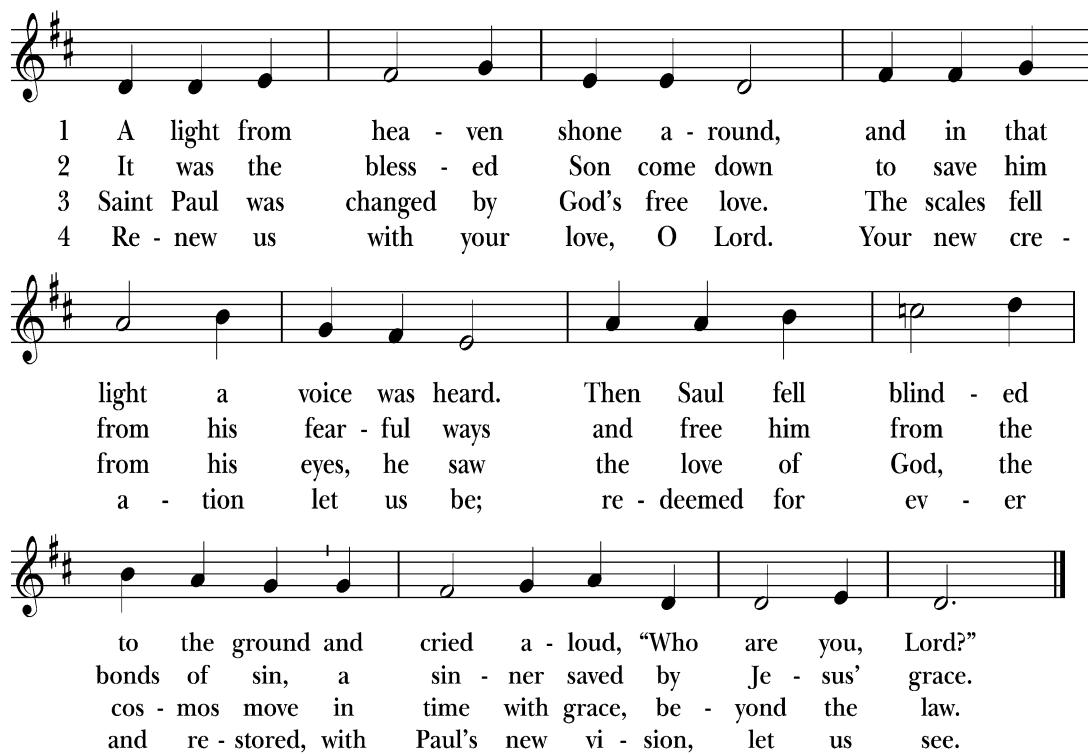
*and may add Take them in remembrance that Christ died for  
you, and feed on him in your hearts by faith, with thanksgiving.*

*The ministers receive the Sacrament and then immediately deliver it to the people.  
The Bread and the Cup are given to the communicants with these words*

The Body of Christ, the bread of heaven. [Amen.]  
The Blood of Christ, the cup of salvation. [Amen.]

### Communion Hymns

*A light from heaven shone around 256*



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### Post Communion Prayer

*After Communion, the Celebrant says*

Let us pray.

*Celebrant and People*

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

*The Priest may bless the people.*

## Closing Hymn

*Awake, thou spirit of the watchman* 540

1 A - wake, thou Spi - rit of the watch - men  
 2 O Lord, now let thy fire en - kin - dle  
 3 Send forth, O Lord, thy strong E - van - gel

who nev - er held their peace by day or night,  
 our hearts, that ev - ery - where its flame may go,  
 by man - y mes - sen - gers, all hearts to win;

con - tend - ing from the walls of Zi - on  
 and spread the glo - ry of re - demp - tion  
 make haste to help us in our weak - ness;

a - gainst the foe, con - fid - ing in thy might.  
 till all the world thy sav - ing grace shall know.  
 break down the realm of Sa - tan, death, and sin:

Through - out the world their cry is ring - ing still,  
 O har - vest Lord, look down on us and view  
 the cir - cle of the earth shall then pro - claim

and bring - ing peo - ples to thy ho - ly will.  
 how white the fields; the la - bor - ers, how few!  
 thy king - dom, and the glo - ry of thy Name.

Words: Karl Heinrich von Bogatzky (1690-1774); tr. Arthur William Farlander (1898-1952) and Charles Winfred Douglas (1867-1944). Copyright © The Church Pension Fund. Music: *Dir, dir, Jehovah*, melody from *Hamburger Musikalisches handbuch*, 1690.

*The Deacon, or the Celebrant, dismisses them with these words*

*People*      Let us go forth into the world, rejoicing in the power of the Spirit.  
*Thanks be to God.*