

# Holy Eucharist

## Rite II



**Fourth Sunday after the Epiphany**

**The Rev. Robert Odom, Celebrant  
February 1, 2026**

*The altar flowers are given by John Bridges & Jeremy Cole  
in celebration of Jeremy's birthday &  
Ann Bush in thanksgiving.*

# The Word of God

## Opening Hymn

*Tell out, my soul, the greatness of the Lord!* 437

1 Tell out, my soul, the greatness of the Lord!  
2 Tell out, my soul, the greatness of his Name!  
3 Tell out, my soul, the greatness of his might!  
4 Tell out, my soul, the glories of his word!

Un - num - bered bless - ings give my spi - rit voice;  
Make known his might, the deeds his arm has done;  
Powers and do - min - ions lay their glo - ry by.  
Firm is his prom - ise, and his mer - cy sure.

ten - der to me the prom - ise of his word;  
his mer - cy sure, from age to age the same;  
Proud hearts and stub - born wills are put to flight,  
Tell out, my soul, the great - ness of the Lord

in God my Sa - vior shall my heart re - joice.  
his ho - ly Name— the Lord, the Might - y One.  
the hun - gry fed, the hum - ble lift - ed high.  
to chil - dren's chil - dren and for ev - er - more!

Words: Timothy Dudley-Smith (b. 1926); based on *The Song of Mary*. Copyright © 1962 by Hope Publishing Company Carol Stream, IL 60188. All Rights Reserved. Used by permission. Music: *Birmingham*, from *Repository of Sacred Music, Part II*, 1813; harm. *Songs of Praise*, 1925.

## The Opening Acclamation

People      Blessed be God: Father, Son, and Holy Spirit  
                  *And blessed be his kingdom, now and for ever. Amen.*

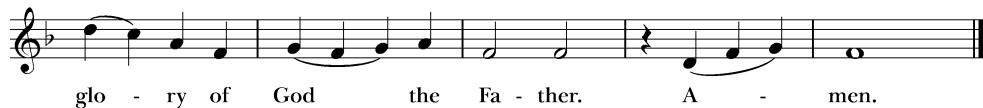
## The Collect of Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of the Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name, through Christ our Lord. *Amen.*

### Gloria

*Hymnal S-280*

1. Glo - ry to God in the high - est, and  
peace to his peo - ple on earth. 2. Lord God, heaven - ly  
King, al - might - y God and Fa - ther, we wor - ship you, we  
give you thanks, we praise you for your glo - ry. 3. Lord Je - sus  
Christ, on - ly Son of the Fa-ther, Lord God, Lamb of God, 4. you  
take a - way the sin of the world: have mer - cy  
on us; 5. you are seat - ed at the right hand of the Fa-ther: re -  
ceive our prayer. 6. For you a - lone are the Ho - ly One,  
you a - lone are the Lord, 7. you a - lone are the Most  
High, Je - sus Christ, with the Ho - ly Spi - rit, in the



Music: Robert Powell (b. 1932), rev. Setting: Copyright © Church Publishing Inc.

## The Collect of the Day

*Celebrant* The Lord be with you.

*People* And also with you.

*Celebrant* Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

## First Lesson

## Micah 6:1-8

Hear what the Lord says: Rise, plead your case before the mountains, and let the hills hear your voice. Hear, you mountains, the controversy of the Lord, and you enduring foundations of the earth; for the Lord has a controversy with his people, and he will contend with Israel. “O my people, what have I done to you? In what have I wearied you? Answer me! For I brought you up from the land of Egypt, and redeemed you from the house of slavery; and I sent before you Moses, Aaron, and Miriam. O my people, remember now what King Balak of Moab devised, what Balaam son of Beor answered him, and what happened from Shittim to Gilgal, that you may know the saving acts of the Lord.” “With what shall I come before the Lord, and bow myself before God on high? Shall I come before him with burnt-offerings, with calves a year old? Will the Lord be pleased with thousands of rams, with tens of thousands of rivers of oil? Shall I give my firstborn for my transgression, the fruit of my body for the sin of my soul?” He has told you, O mortal, what is good; and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?

*After the reading, the lector says*

The Word of the Lord.  
*People* Thanks be to God.

## Psalm 15

1 Lord, who may dwell in your tabernacle? \*  
who may abide upon your holy hill?

2 Whoever leads a blameless life and does what is right, \*  
who speaks the truth from his heart.

3 There is no guile upon his tongue;

he does no evil to his friend; \*  
he does not heap contempt upon his neighbor.

4 In his sight the wicked is rejected, \*  
but he honors those who fear the Lord.

5 He has sworn to do no wrong \*  
and does not take back his word.

6 He does not give his money in hope of gain, \*  
nor does he take a bribe against the innocent.

7 Whoever does these things \*  
shall never be overthrown.

## Second Lesson

## 1 Corinthians 1:18-31

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, “I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart.” Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength. Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, “Let the one who boasts, boast in the Lord.”

*After the reading, the lector says*

The Word of the Lord.  
People      *Thanks be to God.*

## Sequence Hymn

*'Tis the gift to be simple  
Vs. 1, Gospel, vs. 1*



'Tis the gift to be sim - ple, 'tis the gift to be free,

'tis the gift to come down where we ought to be,  
 and when we find our - selves in the place just right,  
 'twill be in the val - ley of love and de - light.  
 When true sim - pli - ci - ty is gained to  
 bow and to bend we shan't be a-shamed, to turn, turn, will  
 be our de-light till by turn - ing, turn - ing we come round right.

Words: Shaker song, 18th cent. Music: *Simple Gifts*, Joseph Brackett (1797-1822); acc. Margaret W. Mealy (b. 1922).

*Then, all standing, the Deacon or Celebrant reads the Gospel, first saying*

*People*      The Holy Gospel of our Lord Jesus Christ according to Matthew.  
*Glory to you, Lord Christ.*

### **The Gospel Lesson**

**Matthew 5:1-12**

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying:

“Blessed are the poor in spirit, for theirs is the kingdom of heaven.  
 “Blessed are those who mourn, for they will be comforted.  
 “Blessed are the meek, for they will inherit the earth.  
 “Blessed are those who hunger and thirst for righteousness, for they will be filled.  
 “Blessed are the merciful, for they will receive mercy.  
 “Blessed are the pure in heart, for they will see God.  
 “Blessed are the peacemakers, for they will be called children of God.  
 “Blessed are those who are persecuted for righteousness’ sake, for theirs is the kingdom of heaven.

“Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.”

*After the Gospel, the Deacon or Celebrant says*

*People*      The Gospel of the Lord.  
*Praise to you, Lord Christ.*

## **The Sermon**

### **The Nicene Creed**

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
    he came down from heaven:  
by the power of the Holy Spirit  
    he became incarnate from the Virgin Mary,  
    and was made man.  
For our sake he was crucified under Pontius Pilate;  
    he suffered death and was buried.  
On the third day he rose again  
    in accordance with the Scriptures;  
he ascended into heaven  
    and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
    and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

## Prayers of the People VI

*The Leader and People pray responsively*

In peace, we pray to you, Lord God.

*Silence*

For all people in their daily life and work;

*For our families, friends, and neighbors, and for those who are alone.*

For this community, the nation, and the world;

*For all who work for justice, freedom, and peace.*

For the just and proper use of your creation;

*For the victims of hunger, fear, injustice, and oppression.*

For all those who are in danger, sorrow, or any kind of trouble;

*For those who minister to the sick, the friendless, and the needy.*

For the peace and unity of the Church of God;

*For all who proclaim the Gospel, and all who seek the Truth.*

For Sean, our Presiding Bishop, for Andy, Jeff, Kai, Hector, and Brian, our bishops, for our supply priests, and for all bishops and other ministers,

*For all who serve God in his Church.*

For the special needs and concerns of this congregation.

*Silence*

Hear us, Lord;

*For your mercy is great.*

We thank you, Lord, for all the blessings of this life (including the birthdays of

[ ] and the anniversaries of [ ].)

*Silence*

We will exalt you, O God our King;

*And praise your Name for ever and ever.*

We pray for all who have died, [especially \_\_\_\_\_,] that they may have a place in your eternal kingdom.

*Silence*

Lord, let your loving-kindness be upon them;

*Who put their trust in you.*

We pray to you also for the forgiveness of our sins.

*Silence may be kept.*

*Leader and People*

Have mercy upon us, most merciful Father;

In your compassion forgive us our sins,

Known and unknown,  
Things done and left undone;  
And so uphold us by your Spirit  
That we may live and serve you in newness of life,  
To the honor and glory of your Name;  
Through Jesus Christ our Lord. Amen.

*The Celebrant concludes with an absolution or a suitable Collect.*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

## **The Peace**

*Celebrant*      The peace of the Lord be always with you.  
*People*            And also with you.

## **The Announcements**

Sunday, 2/1	<b>Undesignated Offering to Discretionary Fund</b>
	9:45a Adult Lectionary Discussion
	Children's Sunday School on request
Monday, 2/2	6:30p <a href="#">Book Club</a>
Wednesday, 2/4	12:00p Morning Prayer Service
	12:30p Bible Study
	2:00p Grief Support Group
	7:00p Choir Practice
Thursday, 2/5	5:30p Handbell Practice
Saturday, 2/7	9:00a <a href="#">DOK Meeting</a>
	11:00a Vestry Retreat

### **UPCOMING EVENTS**

Sunday, 2/8	9:45a Adult Lectionary Discussion
	Children's Sunday School on request
	12:00p Conversations exploring Cultural Perspectives
Wednesday, 2/11	12:00p Morning Prayer Service
	12:30p Bible Study
	2:00p Grief Support Group
	7:00p Choir Practice
Thursday, 2/12	5:30p Handbell Practice

### **SAVE THE DATE**

Monday, 2/16	6:30p <a href="#">Book Club</a>
Tuesday, 2/17	11:30a <a href="#">Out-to-Lunch Bunch</a>
	Pancake Supper
Wednesday, 2/18	Ash Wednesday

Saturday, 2/21 6:00p **Thrive**

Wednesday, 2/25 12:00p **Lenten Healing Service and Luncheon begins**

#### Prayer for a New Rector

Almighty God, giver of every good gift: look graciously on St. Francis and so guide the minds of those who shall choose a rector for this parish, that we may receive a faithful pastor, who will care for your people and equip us for your ministries; through Jesus Christ our Lord. Amen.

#### Prayer 51. For a Birthday

Watch over thy child, O Lord, as *his* days increase; bless and guide *him* wherever he may be. Strengthen *him* when *he* stands; comfort *him* when discouraged or sorrowful; raise *him* up if *he* fall; and in *his* heart may your peace which passes understanding abide all the days of *his* life; through Jesus Christ our Lord. Amen.

#### The Prayer for St. Francis

Heavenly Father, we come to you at this time, seeking your perfect plan for St. Francis. We seek your wisdom, discernment, and guidance as to how we may serve you best and to your glory. Make us a church where your Son, Jesus, is lifted up as Lord and Savior and where the healing power and presence of the Holy Spirit is known. Even as your people trusted in you to bring them to the Promised Land, we look to you as God and Father to lead us in all things. We trust you to bring to us the people and resources to help us accomplish your work. Through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God forever and ever. Amen.

## **The Holy Communion**

### **The Offertory**

#### **Doxology**

*Praise God from whom all blessings flow.  
Praise him all creatures here below.  
Praise him above ye heavenly hosts.  
Praise Father, Son, and Holy Ghost. Amen*

### **The Great Thanksgiving**

#### *Eucharistic Prayer A*

*The people remain standing. The Celebrant faces them and sings or says*

	The Lord be with you.
<i>People</i>	<i>And also with you.</i>
<i>Celebrant</i>	Lift up your hearts.
<i>People</i>	<i>We lift them to the Lord.</i>
<i>Celebrant</i>	Let us give thanks to the Lord our God.
<i>People</i>	<i>It is right to give him thanks and praise.</i>

*Then, facing the Holy Table, the Celebrant proceeds*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

*Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.*

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

## The Sanctus

*S-130*

*The following is sung or said, all standing.*

Ho - ly, ho - ly, ho - ly Lord, God of power and might,

Ho - ly, ho - ly, ho - ly Lord,

God of power and might, hea - ven and earth are

full, of your glo - ry. Ho -

san - na in the high - est. Ho - san - na

Music: From *Deutsche Messe*, Franz Peter Schubert (1797-1828); arr. Richard Proulx (b. 1937). Copyright © 1985 GIA Publications, Inc.

*The people stand or kneel. Then the Celebrant continues*

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

*At the following words concerning the bread, the Celebrant is to hold it or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.*

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:

*Celebrant and People*

Christ has died.

Christ is risen.

Christ will come again.

### *The Celebrant continues*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever. **AMEN.**

And now, as our Savior  
Christ has taught us,  
we are bold to say,

## *People and Celebrant*

Our Father, who art in heaven,  
hallowed be thy Name.  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.

Give us this day our daily bread.  
And forgive us our trespasses,  
    as we forgive those  
    who trespass against us.  
And lead us not into temptation,  
    but deliver us from evil.

For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.

## The Breaking of Bread

*The Celebrant breaks the consecrated Bread. A period of silence is kept.*

*Then may be sung or said*

[Alleluia.] Christ our Passover is sacrificed for us;  
*Therefore let us keep the feast. [Alleluia.]*

## The Fraction

s-169

Music score for 'My flesh is food indeed' (Cantor or Choir). The score consists of a single line of music in common time, treble clef, and a key signature of one sharp. The lyrics are: 'My flesh is food in - deed, and my blood is drink in -'. The music features a variety of note values including eighth and sixteenth notes, and rests. The vocal line is supported by a harmonic background consisting of sustained notes on the third and fourth strings of a guitar.

Music: Ray W. Urwin (b. 1950). Copyright © 1984 by Ray W. Urwin. Used by permission.

*Facing the people, the Celebrant says the following Invitation*

## The Gifts of God for the People of God.

*and may add* Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*The ministers receive the Sacrament and then immediately deliver it to the people. The Bread and the Cup are given to the communicants with these words*

The Body of Christ, the bread of heaven. [Amen.]  
The Blood of Christ, the cup of salvation. [Amen.]

## Communion Hymns

*In the cross of Christ I glory* 441

1 In the cross of Christ I glo - ry, tower - ing  
 2 When the woes of life o'er - take me, hopes de -  
 3 When the sun of bliss is beam - ing light and  
 4 Bane and bless - ing, pain and plea - sure, by the  
 \*5 In the cross of Christ I glo - ry, tower - ing

1 o'er the wrecks of time; all the light of  
 2 ceive, and fears an - noy, nev - er shall the  
 3 love up - on my way, from the cross the  
 4 cross are sanc - ti - fied; peace is there that  
 5 o'er the wrecks of time; all the light of

1 sa - cred sto - ry gath - ers round its head sub - lime.  
 2 cross for - sake me: lo, it glows with peace and joy.  
 3 ra - diance stream - ing adds new lus - ter to the day.  
 4 knows no mea - sure, joys that through all time a - bide.  
 5 sa - cred sto - ry gath - ers round its head sub - lime.

Words: John Bowring (1792-1872). Music: Rathbun, Ithamar Conkey (1815-1867).

## Post Communion Prayer

*After Communion, the Celebrant says*

Let us pray.

*Celebrant and People*

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

*The Priest may bless the people.*

## Closing Hymn

*Blest are the pure in heart 656*

1 Blest are the pure in heart, for they shall see our God; the  
 2. The Lord, who left the heavens our life and peace to bring, to  
 3. he to the low - ly soul will still him - self im - part and  
 4. Lord, we thy pres - ence seek; may ours this bless - ing be; give

se - cret of the Lord is theirs, their soul is Christ's a - bode.  
dwell in low - li - ness with us, our pat - tern and our King;  
for his dwell-ing and his throne will choose the pure in heart.  
us a pure and low - ly heart, a tem - ple fit for thee.

Words: Sts. 1 and 3, John Keble (1792-1866), alt.; sts. 2 and 4, William John Hall (1793-1861), alt. Music: *Franconia*, melody Johann Balthasar König (1691-1758); adapt. and harm. William Henry Havergal (1793-1870).

*The Deacon, or the Celebrant, dismisses them with these words*

*Let us go forth into the world, rejoicing in the power of the Spirit.*  
**People**      *Thanks be to God.*